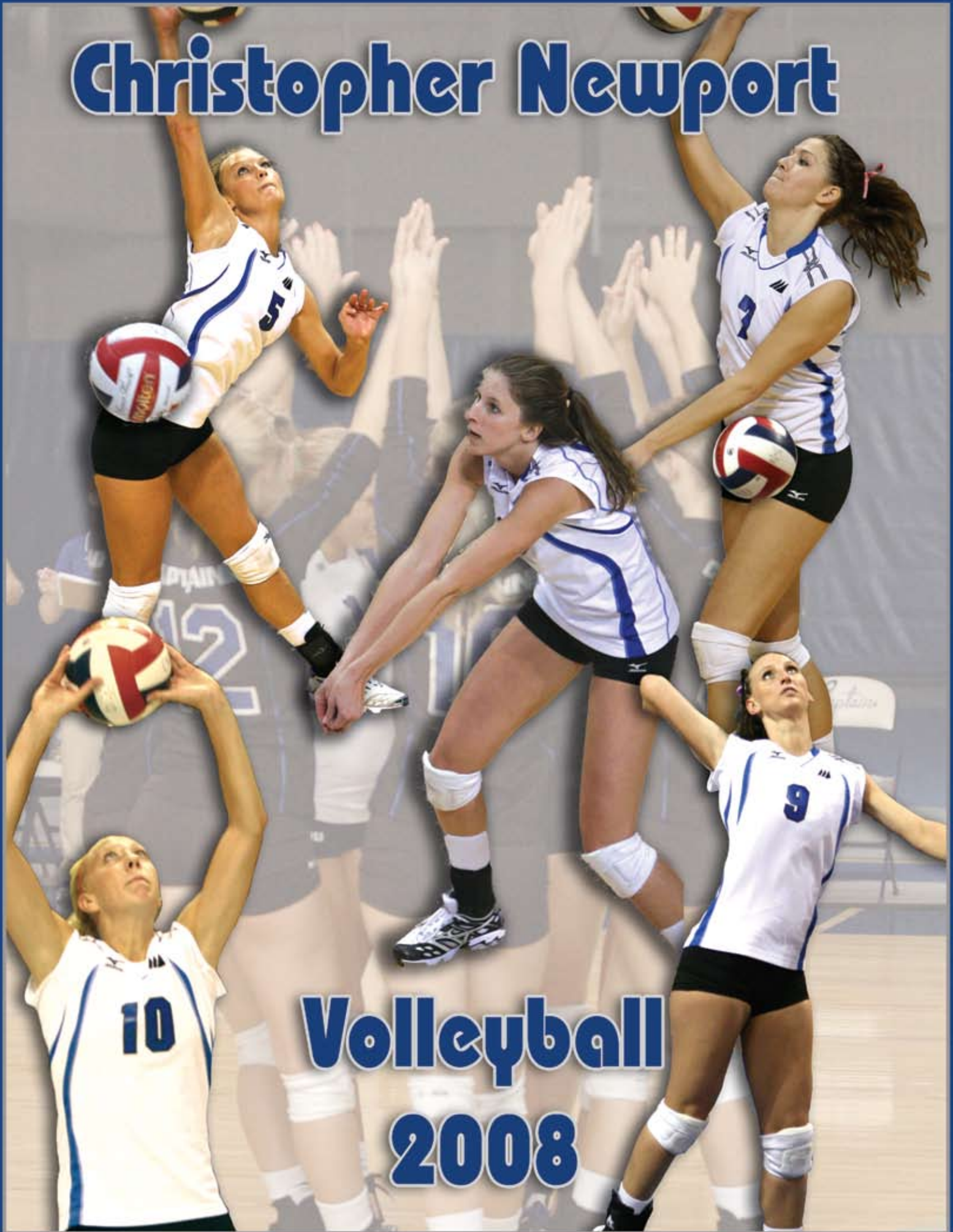


Christopher Newport



Volleyball
2008

Captains' Quarters



The Freeman Center



Field Hockey/Lacrosse



Tennis Complex



Pomoco Stadium & Belk Track



Baseball Stadium



Soccer Stadium



Softball Stadium

CNU Athletic Facilities

Captains Volleyball



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2008 SCHEDULE

August			
30-31	Sat-Sun	Boxer Kickoff Inv.	Forest Grove, Ore.
30	Sat	CNU vs. Puget Sound	4:00
		CNU vs. Pacific Lutheran	9:00
31	Sun	CNU vs. Cal State East Bay	4:00
		CNU vs. Pacific	11:00
September			
12-13	Fri-Sat	CNU Invitational	Freeman Center
12	Fri	CNU vs. Southern Virginia	12:00
		CNU vs. Emory	8:00
13	Sat	CNU vs. West Va. Wesleyan	12:00
		CNU vs. Franklin & Marshall	6:00
19	Fri	USA South Tri-match	Ferrum, Va.
		CNU vs. Methodist*	3:30
		CNU vs. Greensboro*	5:30
20	Sat	USA South Tri-match	Raleigh, N.C.
		CNU vs. Peace*	12:00
		CNU vs. Meredith*	2:00
24	Wed	N.C. Wesleyan* (DH)	Rocky Mount, N.C.
27	Sat	USA South Tri-match	Freeman Center
		CNU vs. Ferrum*	11:00
		CNU vs. Averett*	5:00
		Washington & Lee	1:00
28	Sun		Crozet, Va.*
October			
1	Wed	Shenandoah*	Freeman Center
3	Fri	Salisbury	Freeman Center
4	Sat	USA South Tri-match	Freeman Center
		CNU vs. Methodist*	11:00
		CNU vs. Greensboro*	5:00
10-11	Fri-Sat	Washington Univ. Inv.	St. Louis, Mo.
10	Fri	CNU vs. Baldwin-Wallace	4:00
		CNU vs. Endicott	8:30
11	Sat	CNU vs. Washington Univ.	11:00
		CNU vs. Williams	1:15
15	Wed	Mary Baldwin* (DH)	Staunton, Va.
17	Fri	Elizabethtown	Elizabethtown, Pa.
		Junia	Elizabethtown, Pa.
22	Wed	Va. Wesleyan	Freeman Center
24	Fri	Bridgewater	Freeman Center
25	Sat	USA South Tri-match	Raleigh, N.C.
25	Sat	CNU vs. Meredith*	12:00
		CNU vs. Peace*	2:00
		Shenandoah*	6:00
Wed 29			Winchester, Va.
November			
1	Sat	USA South Tri-match	Ferrum, Va.
		CNU vs. Averett*	5:00
		CNU vs. Ferrum*	3:00
Tue. 4		USA South Quarter Finals	TBA
Fri. 7		USA South Semi Finals	TBA
Sat 8		USA South Finals	TBA
*USA South matches			
*at Western Albemarle H.S.			
Home matches bold			

CNU Quick Facts/Directory

Location	Newport News, Va.
Area Population	500,000 est.
Founded	1961
Enrollment	4,800
Nickname	Captains
Colors	Royal Blue and Silver
Conference	USA South Athletic Conference
President	Sen. Paul S. Trible, Jr.
Director of Athletics	C.J. Woollum
Athletic Department Phone	757-594-7025

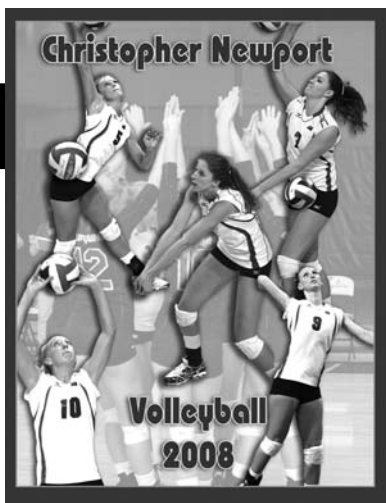
Athletic Department Staff

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Men's Soccer	Steve Shaw	594-7383
Women's Soccer	Ruth Keegan	594-7381
Volleyball	Lindsay Birch	594-7890
Cross Country	Keith Maurer	594-7213
Field Hockey	Carrie Moura	594-7920
Men's Basketball	C.J. Woollum	594-7217
Women's Basketball ..	Carolyn Hunter	594-7103
Track	Tyler Wingard	594-7289
Baseball	John Harvell	594-7054
Softball	Keith Parr	594-7352
Men's Tennis	Rush Cole	594-7372
Women's Tennis	Jenny Nuttycombe	594-8751
Golf	Jamie Coleman	594-7891
Women's Lacrosse	Carolyn Raveia	594-8946
Men's Lacrosse	Chris Swanenburg	594-7976
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Student Assistant	Kaitlyn Vincie	-- 594-7886
Student Assistant	Sarah Stinebaugh	-- 594-7886
Student Assistant	Craig Lilly	-- 594-7886



ON THE COVER

CNU's outstanding senior class is pictured. Clockwise, from top left, Ellen Koch, Liz Bush, Sarah Brown, Michelle Puckli with Allison Wolfe in the center.

Wolfe was a first team all-USA South selection in 2007, Koch was a second team choice and Bush and Puckli were both honorable mention.

CREDITS

The 2008 Volleyball Media Guide is a publication of the Christopher Newport University Department of Athletic Communications.

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Christopher Newport

HEAD COACH LINDSAY BIRCH



The accomplishments that Lindsay Birch has put together over the last few years have been so unique that even *Sports Illustrated* took notice.

In one year, Birch went from being the Dixie Conference Player of the Year on Christopher Newport's first championship team, to being named the league's Coach of the Year in her first season as a head coach. She led the Captains to another conference title and second straight NCAA appearance.

It moved *Sports Illustrated* to include her in it's "Faces in the Crowd" section in December of 2002.

There is no way to be certain, but the double of going from Player of the Year to Coach of the Year in just one season may be a first in college sports history. It certainly hasn't been done often.

After a season that could easily have been called the greatest in Christopher Newport history, Birch could be justifiably proud of the way she completed her career. Little did she know that months later she would be starting a new career - head coach of the Captain team she led just the previous season.

Birch was named CNU's new coach when Ken Shibuya departed to become full-time head coach of the men's team at Juniata College.

Christopher Newport Athletic Director C.J. Woollum didn't have to look far for his replacement. Birch, who had just graduated, was set to begin work as Facility Coordinator of the Freeman Center, site of her many accomplishments in her senior season. She relished the chance to lead the Captains to even greater heights than they attained in 2001.

And she promptly made that come true. Her first season on the bench proved even better than the previous year.

The Captains produced one of the best records in school history, a 24-8 mark. They won their second consecutive Dixie Conference regular season and tournament championships and appeared in the NCAA Division III National Championship Tournament for the second year in a row.

In addition, CNU attained its highest regional ranking ever, rising as high as No. 5 in the South Region, and remained among the top eight for five weeks.

The Captains also registered two of the biggest wins in school history with two victories over nationally-ranked Washington & Lee both at home and on the road.

Faced with the loss of most of that squad, she pulled together a team of mostly freshmen the following year and still posted a 20-win season at 20-19.

With a year of maturity under their belts, most of those same players, then sophomores and juniors, outdid even the outstanding team of 2002.

The Captains improved the school's all-time best season winning percentage to .800 with a 32-8 record in 2004. They captured their third USA South Athletic Conference title in four years and earned a bid to the NCAA Tournament also for the third time in four years.

Not content with those accomplishments, Birch guided her 2005 team to an even better record, 32-6, as well as a fourth conference title and NCAA berth in five years.

During the 2005 season she became CNU's winningest volleyball coach and went over the 100-win plateau with a dramatic victory over Randolph-Macon.

Last season her team reached new heights. The Captains went 33-7 and won their fifth USA South title in seven years. They advanced to the NCAA Tournament where they scored their first-ever post-season win, a 3-0 victory over Salisbury, and then took second-ranked Juniata to the limit, falling in a thrilling five-game match. Individually, senior Brittany Collins, already CNU's first All-American, received the award again.

With Birch leading the way as a player, Christopher Newport produced its greatest season ever with a 24-11 record in 2001, a perfect 14-0 Dixie Conference mark, a conference tournament championship and CNU's first-ever bid to the NCAA Division III National Tournament.

Birch was awesome in her senior year. In addition to setting most of CNU's career records, she was named Dixie Conference Player of the Year and conference championship tournament MVP. In addition, she was a first team All-Virginia Division II-III choice, a three-time member of the American Volleyball Coaches Association 30-kill club (at the time the only one in CNU history), the Peninsula Sports Club/CNU Athlete of the Year and capped it all by having her number 11 jersey retired, the first CNU volleyball player ever to receive that honor.

As a senior she ranked seventh nationally in Division III in total kills, 10th in kills per game, ninth in total aces and 26th in aces per game.

She was also very active on campus at Christopher Newport, serving as President of the Student Athlete Advisory Committee, working as a volunteer with the Virginia Special Olympics and working with CNU's Community Outreach Program.

To top it all off, she was a Dean's List student and a member of the Dixie Conference All-Academic Team.

She even found time to play a year of basketball with the Captains, playing point guard.

At nearby Bruton H.S. she was a three-sport athlete playing basketball and softball in addition to being District Player of the Year in volleyball. She has served as an assistant coach in volleyball and softball at Bruton in recent years.

Birch vs. Opponents

Allegheny (Pa.)	1-0
Averett	12-8
Berry	0-1
Bridgewater (Va.)	0-5
Campbellsville (Ky.)	0-2
Capital (Ohio)	0-1
Catholic (D.C.)	3-3
Centre (Ky.)	0-1
Chowan (N.C.)	8-0
Concordia-Moorhead (Mn.)	0-1
Dallas (Texas)	1-0
East Texas Baptist	1-0
Elizabethtown (Pa.)	2-0
Emory (Ga.)	0-4
Ferrum	12-0
Frostburg St. (Md.)	0-3
Gallaudet (D.C.)	1-1
Gettysburg (Pa.)	1-0
Greensboro	14-3
Guilford (N.C.)	3-0
Hampton	1-0
Hanover (Ind.)	3-0
Hardin-Simmons (Texas)	1-0
Hollins (Va.)	1-0
Johnson Bible (Tn.)	1-0
Juniata (Pa.)	0-2
Mary Baldwin	2-0
Maryville (Tn.)	2-3
Mary Washington (Va.)	1-0
McDaniel	1-0
Meredith	3-0
Methodist	15-0
Muskingum (Ohio)	0-1
Nazareth (N.Y.)	0-1
N.C. Wesleyan	13-0
Ohio St.-Newark	1-0
Oneonta (N.Y.) St.	1-0
Peace	11-0
Penn St.-Behrend	0-1
Piedmont (Ga.)	2-0
Puget Sound	0-1
Ramapo (N.J.)	2-0
Randolph-Macon (Va.)	5-2
Rutgers-Newark (N.J.)	1-0
Salem (N.C.)	1-0
Salisbury (Md.)	4-0
Savannah A&D (Ga.)	0-1
Shenandoah	14-0
Southern Virginia	1-0
Southwestern (Texas)	0-3
St. Mary's (Md.)	1-0
St. Thomas (Mn.)	0-1
Susquehanna	1-0
Texas-Dallas	1-0
Texas Lutheran	0-1
Trinity (Texas)	0-2
Thomas More (Ky.)	0-1
Univ. of the South (Tn.)	1-0
Ursinus (Pa.)	1-0
Virginia Wesleyan	7-0
Virginia-Wise	1-0
Washington & Lee (Va.)	6-3
Waynesburg (Pa.)	1-0
West Virginia Wesleyan	1-0
Wisconsin-Oshkosh	0-1
Wittenberg (O.)	0-1

And Birch certainly hasn't given up her own playing career.

During the summer of 2004 she teamed with former CNU star Oksana Boukhtina on the Eastern beach volleyball circuit at the Open Level, winning five championships. The victories came in tournaments in Fort Lauderdale, Fla., Hilton Head, S.C., Isle of Palms, S.C. and twice in Virginia Beach, Va.

She married former CNU football player Josh Birch in July of 2006. They are eagerly anticipating the adoption of a baby boy from Kyrgyzstan.

BIRCH AMONG WINNINGEST COACHES

No.	Coach, Team	Years	W-L	Pct.
1.	Pace Labrador, Wittenberg	5	170-24	.876
2.	Larry Bock, Juniata	31	1,147-177	.866
3.	Don Flora, LaVerne	10	242-56	.812
4.	Amber Wamers, Calvin	7	197-51	.794
5.	Jim Spagle, Cal St. East Bay	12	321-85	.791
6.	Jennifer McDowell, Emory	12	371-106	.778
7.	Bryan Snyder, Washington & Lee	10	276-79	.777
8.	J.J. O'Connell, Stevens Institute	6	164-48	.774
9.	Thanh Pham, St. Thomas (Minn.)	5	131-39	.771
10.	Ed Caesar, NYU	6	201-61	.767
11.	Paul Dill, MIT	12	333-104	.762
12.	Leann Ulmer, Carthage	7	195-62	.759
13.	Kate Witte, Ohio Northern	17	454-147	.755
14.	Rich Luenemann, Washington (Mo.)	27	904-303	.749
15.	Michele Benoit, Mt. St. Joseph's	13	371-126	.746
16.	Ed Garza, Austin	12	323-110	.746
17.	Dorothy Webb, Wellesley	15	375-129	.744
18.	Lindsay Birch, CNU	6	168-58	.743
19.	Janet Donovan, Ithaca	17	527-189	.736
20.	Amy Bergin, Haverford	5	111-40	.735
21.	Jennifer Bowman, Trinity (Conn.)	10	242-88	.733
22.	Kent Clayberg, Central (Iowa)	5	131-48	.732
23.	Fran Vandermeer, Williams	12	290-115	.716
24.	Skip Tately, Mount Ida	6	125-50	.714
25.	Sue Everden, Amherst	22	497-202	.711

BIRCH'S RECORD

Year	Overall W-L	Pct.	USA South W-L	Pct.	Finish	Post Season
2002	24-8	.750	13-1	.929	1st	NCAA First Round
2003	20-19	.513	13-3	.813	3rd	
2004	32-8	.800	12-2	.857	T1st	NCAA First Round
2005	32-6	.842	13-1	.929	T1st	NCAA First Round
2006	27-10	.730	13-1	.929	T1st	
2007	33-7	.825	18-0	1.000	1st	NCAA Second Round
Career	168-58	.743	82-8	.911		



ASSISTANT COACH GAIL CLINCH

ASSISTANT COACHES



Veteran player and coach Gail Clinch joins the CNU volleyball staff for the first time this season.

A scholarship player at Catonsville Community College, she had also played four years at Glenelg (Md.) H.S. There she also played basketball and softball.

After her marriage to 1985 U.S. Naval Academy graduate Kevin Clinch in 1986, she continued to play wherever they were stationed.

Her career has now spanned 28 years and she continues to play two indoor volleyball seasons per year as captain of her "Spiker, Hiker, Biker" team. She is also now an active beach volleyball player. She and teammate Dianne Koske were Virginia Beach summer champions in 2003.

Her coaching career began as a volunteer with her daughter's team and has included work with youth teams as well as high school.

In 2006-07 she led the Hampton Roads Juniors Club team, something she plans to continue this year, and has been head coach for the Williamsburg Volleyball Club.

In addition, she coached the Hampton Roads Academy JV team to a 14-3 record in 2007.

She and her husband have three children, Kyle, a junior at William & Mary; Tyler, a senior at Phoebus H.S. and Corinne, a junior at Phoebus.

ASSISTANT COACH SARA KOHOUT

COACHES



A former player at the University of Missouri-St. Louis, Sara Kohout enters her second season as a member of the Christopher Newport coaching staff.

Kohout was a middle and right side at Missouri-St. Louis and was recruited on a partial athletic scholarship. She won an athletic department award by having a 4.0 GPA in her first semester.

She eventually transferred to the University of Illinois-Urbana Champaign where she played on the "A" club team that placed fourth in the nation at the club national championships.

She graduated in 2005 with a major in Psychology and a minor in Sociology and then received a Masters Degree from Illinois State University in College Student Personnel Administration.

In high school she was co-captain of the Stevenson H.S. team as a senior, a team that reached the state semi-finals. She was named all-conference and all-area and was chosen to play on the Illinois all-star team.

She works at CNU in the Office of Career Development, working as a career counselor helping students choose a major.

STUDENT ASSISTANT COACH CASEY MARTIN

2008



Casey Martin, who played on two of coach Lindsay Birch's squads at CNU, will serve as a student assistant coach for the second year.

Martin's career was cut short by a severe concussion she received during a match with Washington & Lee.

She was rapidly gaining playing time in her sophomore year as a defensive specialist when she was injured.

Martin was an honorable mention all-state performer, and Piedmont District Player of the Year at Martinsville (Va.) H.S. She was a National Honor Society member for three years.

She is majoring in Communications at CNU.



2008 OUTLOOK

Setter

This season will feature a new look at the setter position. Gone is All American Brittany Collins who graduated after a record-breaking four year career. Also new will be CNU's 6-2 offense featuring the use of two setters to run the offense. Filling these roles will be sophomore Ryann Lowery and freshman Jessie Heavenrich. Lowery, the most experienced setter on the Captains roster, provides CNU with a smart and confident setter that has a potent jump float serve and a solid all-around game. Heavenrich, an explosive athlete, puts great touch on the ball and is developing a strong jumpserve. Heavenrich will also compete at times at the outside hitter position.

"Running a 6-2 allows us to always have a big block on the opposing team's outside hitter --- a necessity against top-ranked teams. We are quite fortunate to have two setters capable of playing at a high level. We feel as though by putting our team in a 6-2, we get the most talented group of players on the court with the best possible matchups we can assemble. Ryann and Jessie will be instrumental to how well this improves our offensive efficiency. I expect them both to have sensational seasons this year for us."

Also, in the mix at the setter position is freshman Megan Roth. Roth gives the Captains a quality third setter, allowing Heavenrich to also train as an outside hitter.

Outside Hitter

Experience and athleticism are keys to this year's crop of outside hitters. Leading the way, once again, will be seniors Allie Wolfe and Ellen Koch. Wolfe, a transfer last season, proved to be a significant force last season as a steady passer and potent offensive player. Koch, a starter at outside for all four years, has improved each year and this year, Birch expects a break-out season for Koch offensively. Adding depth to this group will be junior Sarah Coffey, traditionally just a back-row player for the Captains. Coffey has proven to give CNU another strong hitter on the left side when needed. Also, freshmen Jessie Heavenrich and Becca Davis will contribute at times at the outside hitter position. Heavenrich, is a very strong passer with explosive jumping ability. Davis, a very solid all-around player with great athleticism.

"We are in good shape with our group of outside hitters. There is a lot of athleticism and versatility from these players.

Allie and Ellen will anchor the group and with their ability and experience, we expect them to contribute and put up big numbers. Coffey will be ready to play front-row when needed but knows her role is to contribute more as a back-row player, which she does very well. Jessie and Becca are great young players and I expect both of them to make significant contributions this year, despite being first year players. We will need great productions from our outside hitters to accomplish our goals for this season."

Middle Blocker

Improved depth and offensive production are expectations for Birch this season from the group of middle blockers. Returning are seniors Sarah Brown and Meghan Puckli, and sophomore Caitlyn Jansen. New to the Captains is freshman Chelsea McClure. Birch credits the middle blockers with making this year's

for this team and will work hard to help us achieve our goals. CJ and Chelsea are more than capable of filling the middle blocker role and we are quite fortunate to have two great young players in the mix at this position. Our practices are quite competitive with these four, which makes everyone better."

Right Side Hitter

The 2008 CNU Volleyball team features a 6-2 offense, which in turn features two right side hitters. Leading the way will be senior Liz Bush, while freshman Becca Davis will be a very significant player in the Captains lineup this season. Birch will utilize the 6-2 offense to use the great blocking abilities of Bush and Davis, in addition to always having a right side attacker in the game.

"Liz and Becca are going to mean a lot to both our offense and defense this season. They will both be expected to slow

down the opposing team's left side attack while bolstering our offense with aggressive attacking from the right antenna. They both are also very capable of hitting quick sets which keeps our offense very dynamic and difficult to defend. Expect these two to produce a lot for us this season."

Defensive Specialist

Athleticism and consistency is what Birch is hoping to see from this season's defensive specialists. Leading the way will be sophomore Mary Horner as she gets promoted to the libero position after holding down the right back position last season as a freshman. Junior

Sarah Coffey will continue her backrow duties, mainly filling in for one of the outside hitters in the backrow. Furthermore, freshman Rebecca Dancy should figure prominently for CNU in the DS position, although slowed by an early-season injury. Freshman Meghan Killion will also make contributions in the backrow.

"I am very pleased with the production we are getting from our DS's. Our defensive range and serve receive consistency have all improved. Mary has stepped up big and proven she deserves the libero position on this team. We are in great shape, if she continues to play at a high level. Sarah continues to be solid for us in the backrow with her solid serving and serve receive. Rebecca has a very bright future ahead of her. We expect great things from her as she is such a great athlete with outstanding skills. As she recovers, we hope to get great play from her. Meghan was a pleasant addition to this team and I'm enjoying her progression as a backrow player."



team better, not just because of the talent at the position, but because the competition they embrace everyday in practice. Brown, a significant contributor since her freshman year has been a mainstay in the CNU lineup providing both solid offensive and defensive numbers. Puckli, a very explosive athlete with great blocking ability, has significantly improved offensively and should provide great production this season. Jansen has been the understudy to Brown and Puckli and has shown great progress in her game. McClure shows great promise for the future for CNU at the middle blocker position with great offensive ability and quickness.

"The middle blocker position is probably our most improved position this season. I expect us to use our middles much more in our offense and they will continue to anchor our defense at the net. Sarah and Meghan have played in so many big matches and proven to step up for these. I know they will have high expectations

Captains Volleyball



2008 ROSTER

Numerical

No.	Name	Class	Pos.	Ht.	Hometown	High School
1	Jessie Heavenrich	Fr.	S/OH	5-8	Cambria, Calif.	James River (Va.)
2	Chelsea McClure	Fr.	MB	5-11	Montclair, Va.	Forest Park
3	Meghan Killion	Fr.	DS	5-6	Virginia Beach, Va.	Cox
4	Ryann Lowery*	So.	S	5-7	Centreville, Va.	Centreville
5	Ellen Koch***	Sr.	OH	5-10	Crozet, Va.	Western Albemarle
6	Sarah Coffey**	Jr.	OH	5-9	Waynesboro, Va.	Waynesboro
7	Liz Bush***	Sr.	RS	6-1	Springfield, Va.	West Springfield
8	Caitlyn Jansen*	So.	MB	6-0	Lorton, Va.	Robinson
9	Sarah Brown***	Sr.	MB	5-11	Williamsburg, Va.	Jamestown
10	Meghan Puckli***	Sr.	MB	5-11	Leesburg, Va.	Loudoun Co.
12	Allison Wolfe*	Sr.	OH	6-0	Yorktown, Va.	Grafton
14	Mary Horner*	So.	DS	5-8	Springfield, Va.	R.E. Lee
15	Rebecca Dancy	Fr.	DS	5-7	Leesburg, Va.	Loudoun Co.
16	Becca Davis	Fr.	OH/RS	5-10	Richmond, Va.	Hermitage
17	Megan Roth	Fr.	S	5-7	Herndon, Va.	Herndon

*previous CNU experience

Head Coach: Lindsay Birch

Assistant Coaches: Sara Kohout, Gail Clinch

Student Assistant Coach: Casey Martin

Alphabetical

No.	Name	Class	Pos.	Ht.	Hometown	High School
9	Sarah Brown***	Sr.	MB	5-11	Williamsburg, Va.	Jamestown
7	Liz Bush***	Sr.	RS	6-1	Springfield, Va.	West Springfield
6	Sarah Coffey**	Jr.	OH	5-9	Waynesboro, Va.	Waynesboro
15	Rebecca Dancy	Fr.	DS	5-7	Leesburg, Va.	Loudoun Co.
16	Becca Davis	Fr.	OH/RS	5-10	Richmond, Va.	Hermitage
1	Jessie Heavenrich	Fr.	S/OH	5-8	Cambria, Calif.	James River (Va.)
14	Mary Horner*	So.	DS	5-8	Springfield, Va.	R.E. Lee
8	Caitlyn Jansen*	So.	MB	6-0	Lorton, Va.	Robinson
3	Meghan Killion	Fr.	DS	5-6	Virginia Beach, Va.	Cox
5	Ellen Koch***	Sr.	OH	5-10	Crozet, Va.	Western Albemarle
4	Ryann Lowery*	So.	S	5-7	Centreville, Va.	Centreville
10	Meghan Puckli***	Sr.	MB	5-11	Leesburg, Va.	Loudoun Co.
2	Chelsea McClure	Fr.	MB	5-11	Montclair, Va.	Forest Park
17	Megan Roth	Fr.	S	5-7	Herndon, Va.	Herndon
12	Allison Wolfe*	Sr.	OH	6-0	Yorktown, Va.	Grafton

*previous CNU experience

ROSTER & SQUAD BREAKDOWN

2008 SEASON

2008

Squad Breakdown

By Class

Senior -	5
Junior -	1
Sophomores -	2
Freshmen -	6

By Major

Art Education	Sarah Coffey
Biology	Chelsea McClure
Business	Meghan Killion
Communications	Liz Bush, Becca Davis, Ryann Lowery
Communications/Eductaion	Meghan Puckli
Criminology/Sociology	Megan Roth
Education	Rebecca Dancy
History	Ellen Koch, Allison Wolfe
Marketing	Sarah Brown, Caitlyn Jansen
Undecided	Jessie Heavenrich, Mary Horner

How to say it

Jessie Heavenrich	just as is sounds
Meghan Killion	KILL-ee-un
Ellen Koch	COOK
Sara Kohout	kuh-HOOT
Ryann Lowery	Ryan
Meghan Puckli	PUCK-lee



Brown at a Glance

Coach Birch on Brown

"Sarah has been a steady force for us as a middle the past three seasons. She should continue to give us a confident attacker and smart defensive player. I expect her leadership and strong play to be instrumental for our team this season."

2007 Season Highs

Kills	14 vs. UVa-Wise, 9/8
Attempts	36 vs. Puget Sound, 9/1
	36 vs. Washington & Lee, 10/13
Aces	6 vs. St. Thomas (Mn.), 9/1
Block solo	2 five times
Block assist	5 three times
Digs	6 vs. UVa-Wise, 9/8
Assists	3 vs. Greensboro, 9/28

Career Highs

Kills	15 vs. Gallaudet, 10/7/06
Attempts	38 vs. Averett, 11/4/06
Aces	4 three times
Block solo	3 vs. Guilford, 10/7/05
Block assist	6 vs. Shenandoah, 10/11/06
Digs	6 vs. E. Texas Baptist, 10/1/05
	6 vs. UVa-Wise, 9/8
Assists	3 three times

Sarah Brown

Senior - 5-11 - Middle Blocker

Williamsburg, Va. - Jamestown H.S.

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2007 - Junior Season - Placed second on the squad in blocks with a total of 104, including 23 solos... Had five block assists three times, against Washington & Lee, UVa-Wise and Juniata in the NCAA Tournament...Was fourth in CNU's balanced attack with a total of 238 kills and hit at a fine. 272 rate...Had 14 kills against UVa-Wise and 13 versus St. Thomas (Mn.)...Added ten more each in matches with Barry (Ga.) and Puget Sound...Added six service aces against St. Thomas and six digs in the UVa-Wise match.

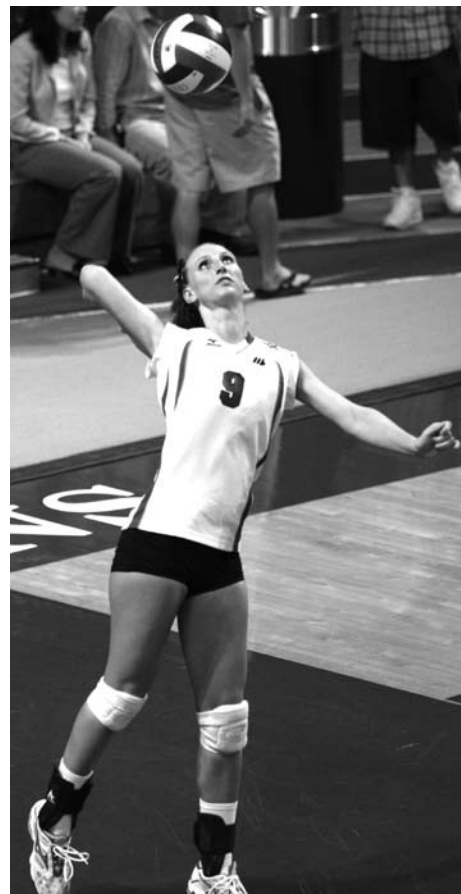
2006 - Sophomore Season

Made a great leap in her career by being named second team all-USA South in just her sophomore season...Ranked second on the team with a total of 86 blocks with a high of seven against Gallaudet...She was also fourth in kills with 287 including 11 matches with at least ten...Her top effort was 15 vs. Shenandoah and she added 14 in the Gallaudet match...Had a .243 attack percentage, tenth best in the conference... Added 40 service aces.

2005 - Freshman Season

Stepped right in and contributed in a major way in her freshman year... Had a season-high 13 kills in CNU's NCAA match against Trinity (Tx.) and added 11 each against Greensboro and Randolph-Macon...Ranked third on the squad in blocking with a total of 76, with a high of four each versus Randolph-Macon twice, Guilford, Bridgewater and Methodist...Had six digs in the East Texas Baptist match.

AT JAMESTOWN - Earned second team all-state, first team all-region and All-Bay Rivers District honors as a senior...Also a Virginia Gazette Fall Athlete and first team Daily Press all-star...Second team all-conference as a junior...Played for coach Krista Carpenedo, who was a former CNU assistant...Participated in the Virginia High School Coaches Association East-West All-Star Game, that was played in CNU's Freeman Center,



where she led the East team with ten blocks...Won the Athletic Scholarship Award...A member of the Spanish Club, Key Club and a tutor...Played for the Richmond Volleyball Club... Won the USA National Invitational in 2003 with the Wisconsin Select Volleyball Club.

PERSONAL - Sarah Christine Brown was born May 31, 1987 in Washington, D.C...She is the daughter of Curtis and Sheryl Brown and is majoring in Business Marketing...Has a brother Eric, 11 and a sister Rebecca, 16... Likes to go rock climbing and boating and is a big Green Bay Packer fan.

BROWN'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	97	182	1.88	87	491	.193	20	0.21	4	0.04	22	54	0.78	38	0.39
2006	120	287	2.39	103	758	.243	40	0.33	33	0.28	18	68	0.72	56	0.47
2007	113	238	2.11	71	614	.272	36	0.32	31	0.27	23	81	0.92	66	0.58
Career	330	707	2.14	261	1863	.239	96	0.29	68	0.21	63	203	0.81	160	0.48



Liz Bush

Senior - 6-1 - Right Side
Springfield, Va. - West Springfield H.S.

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Bush at a Glance Coach Birch on Bush

"Liz proved at the end of last season just how dominate she can be at times. If she can perform at the level she's capable of from beginning to end this season, we will be well-equipped to have another great season."

2007 Season Highs

Kills	17 vs. N.C. Wesleyan, 11/2
Attempts	46 vs. Washington & Lee, 10/13
Aces	0
Block solo	1 three times
Block assist	7 vs. UVA-Wise, 9/8
Digs	5 vs. Washington & Lee, 9/7
Assists	1 four times

Career Highs

Kills	17 vs. N.C. Wesleyan, 11/2
Attempts	46 vs. Washington & Lee, 10/13
Aces	5 vs. Waynesburg, 10/14/06
Block solo	2 several times
Block assist	7 vs. UVA-Wise, 9/8
Digs	5 vs. Washington & Lee, 9/7
Assists	1 several times

2007 - Junior Season - An honorable mention all-USA South selection after a year which saw her place third on the Captains with 279 kills and add 70 total blocks...Produced 11 matches with double figures in kills, including both of CNU's NCAA matches...There she had 14 against Salisbury and 11 versus Juniata... Season high was 17 in a match with N.C. Wesleyan and she had three others of 14 each...Had seven block assists against UVA-Wise and five three other times...Named to the USA South all-tournament team.

2006 - Sophomore Season - Established herself as one of the top players in the USA South when she was selected first team all-conference...In addition, she was a second team all-Virginia Division II-III choice and was named to the USA South all-academic team...Led CNU with 342 kills including 17 matches in double figures...Banged home 16 against both Gallaudet and Greensboro and added 14 vs. Washington & Lee...Also had 75 total blocks led by seven in a match with Peace.

2005 - Freshman Season - One of the top freshman seasons in school history...Named second team All-USA South and the league's Rookie of the Year...Ranked fourth on the team in kills with 265 including 14 against Shenandoah and 13 versus Ferrum...Also second among the Lady Captains in blocking with a total of 77...Had six blocks against East Texas Baptist and four each in matches with Methodist, Greensboro and Averett.

AT WEST SPRINGFIELD - A second team all-region and first team



All-Patriot District choice as a senior playing for coach Rick Dunetz...She was the team MVP as a senior and won the Coaches Award...Played for the Metro America Volleyball Club under coach Fran DuVall.

PERSONAL - Elizabeth Chapin Bush was born July 8, 1987 in Alexandria, Va...She is a Communications major and the daughter of Joe and Janet Bush...Has a sister Megan, 22, who participates in crew at West Virginia University.

BUSH'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	104	265	2.55	93	579	.297	26	0.25	5	0.05	17	60	0.74	25	0.24
2006	119	342	2.87	132	914	.230	31	0.26	6	0.05	7	68	0.63	36	0.30
2007	100	279	2.79	73	709	.291	0	0.00	4	0.04	3	67	0.70	36	0.36
Career	323	886	2.74	298	2202	.267	57	0.18	15	0.05	27	195	0.69	97	0.30



Coffey at a Glance

Coch Birch on Coffey

"Sarah may be our most improved player from last fall to now. She has become a legitimate threat offensively. This offense goes well with her great ability to serve and serve receive."

2007 Season Highs

Kills	13 vs. Puget Sound, 9/1
	13 vs. Randolph-Macon, 9/4
Attempts	45 vs. Puget Sound, 9/1
Aces	4 six times
Block solo	1 twice
Block assist	1 twice
Digs	23 vs. Puget Sound, 9/1
Assists	3 vs. Randolph-Macon, 9/4

Career Highs

Kills	13 vs. Puget Sound, 9/1
	13 vs. Randolph-Macon, 9/4
Attempts	45 vs. Puget Sound, 9/1
Aces	6 vs. Greensboro, 10/28/06
Block solo	1 four times
Block assist	2 vs. Shenandoah, 10/11/06
Digs	23 vs. Puget Sound, 9/1
Assists	3 vs. Randolph-Macon, 9/4

Sarah Coffey

Junior - 5-9 - Outside Hitter

Waynesboro, Va. - Waynesboro H.S.

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2006 - Sophomore Season - One of five CNU players with at least 300 digs, she had a total of 305...Had ten matches in double figures with highs of 23 against Puget Sound and 20 versus St. Thomas...Also second on the squad in service aces with 63 including four in six different matches...Had four games in double figures in kills, topped by 13 each against Puget Sound and Randolph-Macon.

2006 - Freshman Season - Became a starter in her first year with CNU...Contributed 196 digs, with a high of 12 against Muskingum on opening day...Also added ten each versus Gettysburg and Methodist...Also one of the team's top servers with 56 aces, ranking third on the club...She had six in a match with Greensboro and five each against Ferrum and Hanover.

AT WAYNESBORO - Earned second team all-state honors as a senior playing for coach Candice Kimmett...Also first team all-region and first team all-Valley District...Played in the Virginia High School Coaches Association All-Star Game, that was played in the Freeman Center...She was the team captain as a senior as well as in softball where she was also an all-district performer...A member of the National Art Honor Society, on the Principal's Honor Roll and attended the Art Governor's School. In addition, she was a member of the YoungLife Club, and Key Club.

PERSONAL - Sarah Elizabeth Coffey was born Dec. 10, 1987 in Waynesboro, Va...She's majoring in Art Education and is the daughter of Dale and Tammy Coffey...Has a brother Josh, 24, who played baseball at Concord University...Enjoys going to the beach, shopping and camping with her friends.



COFFEY'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2006	116	37	0.32	42	161	-.031	56	0.48	11	0.09	2	6	0.07	196	1.69
2007	128	60	0.47	36	200	.120	63	0.49	25	0.20	2	2	0.03	305	2.38
Career	244	97	0.40	78	361	.053	119	0.49	36	0.15	4	8	0.05	501	2.05



Mary Horner

Sophomore - 5-8 - Defensive Specialist
Springfield, Va. - R.E. Lee H.S.

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Horner at a Glance

Coach Birch on Horner

"Mary had a very solid freshman season as a defensive specialist. Her strong defense, steady serving and passing made her a big contributor. I expect her performance on the court to improve this season as she becomes a more confident player."

Season & Career Highs

Kills	1 twice
Attempts	4 vs. St. Thomas, 9/1
Aces	5 vs. W. Va. Wesleyan, 10/13
	5 vs. Meredith, 10/20
Block solo	0
Block assist	0
Digs	24 vs. Washington & Lee, 10/13
Assists	3 vs. Mary Baldwin, 10/10

2007 - Freshman Season - A key reserve for CNU in her first season on a team with lots of experience... Ranked fourth on the squad in digs with 323, including 13 matches in double figures... Her best was 24 against Washington & Lee, but she also had 18 in her first collegiate match, versus Berry, and 16 in a match with Salisbury... Had a total of 24 in CNU's two NCAA matches... Was also number three on the team in service aces, pounding home five each against West Virginia Wesleyan and Meredith... A USA South all-academic team member.

AT R.E. LEE - As a senior she was second team all-Patriot District, team MVP and captain... In her junior year she was named honorable mention all-region after picking up first team all-district honors, as well as being coach Rebecca Waters' MVP and captain... Even earned honorable mention all-district honors as a sophomore... Set school records for most kills and digs in a season and career, as well as match records for kills and aces... Secretary of the National Honor Society and a member of the German Honor Society... She was also a Peer Mediator... Was selected to CNU's President's Leadership Program and the Honors Program.

PERSONAL - Mary C. Horner was born March 16, 1989 in Alexandria, Va... The daughter of Colin and Chris Horner has not yet chosen a major... She has four brothers; Matthew, 29, James, 27, Colin, 24 and David, 21, and an identical twin sister, Pam, 19, who is playing volleyball at Franklin & Marshall this season.

HORNER'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2007	128	2	0.02	0	19	.105	62	0.48	35	0.27	0	0	0.0	323	2.52



Jansen at a Glance

Coach Birch on Jansen

"CJ is developing very nicely for us as a middle. There were times last year in practice that no one could stop her. As her confidence and aggression develop, she will be a player to watch out for."

Season & Career Highs

Kills	7 vs. Meredith, 9/15
	7 vs. Meredith, 10/20
Attempts	13 vs. McDaniel, 9/8
Aces	4 vs. Shenandoah, 9/26
Block solo	3 vs. Ferrum, 9/22
Block assist	5 vs. Mary Baldwin, 9/12
Digs	6 vs. Randolph-Macon, 9/4
Assists	3 vs. Randolph-Macon, 9/4
	3 vs. Shenandoah, 9/26

Caitlyn Jansen

Sophomore - 6-0 - Middle Blocker

Lorton, Va. - Robinson H.S.

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2007 - Freshman Season -

Gained lots of experience in her first season with the Captains, seeing action in 46 games...Had seven kills each in two matches with Meredith and six each against Shenandoah, Mary Baldwin and Ferrum...Also contributed six digs in a match with Randolph-Macon, five block assists versus Mary Baldwin and four service aces in a match with Shenandoah and ...Named the team's academic MVP, was a Dean's List student in the Fall and included on the USA South all-academic team.

AT ROBINSON - A second team all-Northern Region and first team all-Concorde District selection for coach Jill Pearson as a senior...Previously she had been second team all-Patriot District as a sophomore and honorable mention all-Concorde District in her junior year...She was team captain and MVP as a senior and was second in the district in kills...Won the Robinson Athletic Boosters' Award...Named all-Met all-Extra in her final year and was a scholar-athlete...Took AP classes and was a member of FCA, DECA and worked in Sports Medicine...Also a Peer Mediator.

PERSONAL - Caitlyn Michelle Jansen was born June 15, 1989 in Fairfax, Va...She is the daughter of Paul and Melissa Jansen and has chosen Marketing as her major...Has a sister Regan, 14.



JANSEN'S CNU CAREER															
Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2007	46	80	1.84	23	171	.333	23	0.50	10	0.22	9	28	0.80	33	0.72



Ellen Koch

Senior - 5-10 - Outside Hitter

Crozet, Va. - Western Albemarle H.S.

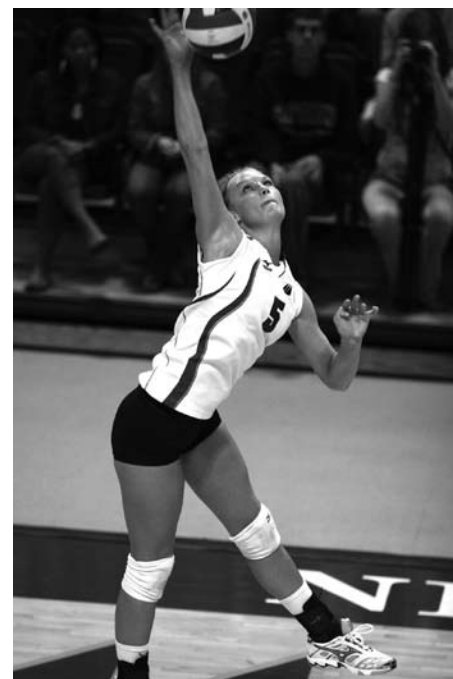
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2007 - Junior Season - Improved to second team all-USA South after placing second on the team in kills with 341...Also named to the USA-South all-tournament team...Was in double figures in kills 17 times with a high of 21 against N.C. Wesleyan... Also had 17 versus Averett and 14 in another N.C. Wesleyan match... Added 13 digs versus N.C. Wesleyan in the same match in which she had 21 kills.

2006 - Sophomore Season - An honorable mention all-USA South selection and a member of the all-tournament team at the conference tournament...Second on the team with 334 kills, including at least ten in 17 matches...Her top kill figure for the year was 21 against Averett in the conference championship match, but she also had 16 versus Greensboro and 14 in a match with Virginia Wesleyan...In addition, she was third on the team in digs with 246 including 13 each against Catholic, Capital, Virginia Wesleyan and Averett...

2005 - Freshman Season - Another freshman who made a major impact in her first season at CNU... Chosen Honorable Mention All-USA South after a season in which she was second on the squad in kills with 303...Had a season-high 20 against Southwestern and added 18 against Averett and 16 in CNU's NCAA match with Trinity (Tx.) as well as in a match with Greensboro...Those were the best among her 11 matches in double figures...Also contributed four blocks against Bridgewater and three each in matches with Randolph-Macon, Virginia Wesleyan and Peace... Also had eight digs versus Ferrum and six against N.C. Wesleyan.

AT WESTERN ALBEMARLE - Named second team all-state as a senior after gaining first team All-Region II honors and being named Jefferson District Player of the Year...



Also first team All-Central Virginia and team captain...Played in the Virginia High School Coaches Association East-West All-Star Game in the Freeman Center...As a junior she was first team all-district and second team all-region and set a school record for kills in a season with 235...Played for coach Lance Rogers...The team won three district regular season titles and two tournament crowns...Also a cheerleader for two years...Does volunteer work at a church summer camp every year.

PERSONAL - Ellen Marie Koch was born Aug. 20, 1987 in Annapolis, Md. She is majoring in History...Daughter of Mike and Robin Koch...Has two brothers, Steve, 25 and Chris, 23.

Koch at a Glance

Coach Birch on Koch

"Ellen has come a long way in her first three seasons. Her improvement in hitting efficiency last year showed me that she can become a great hitter. If her ball control continues to progress, she should be a big player for us this year."

2007 Season Highs

Kills	21 vs. N.C. Wesleyan, 9/18
Attempts	55 vs. Washington & Lee, 10/13
Aces	0
Block solo	1 twice
Block assist	5 vs. St. Thomas, 9/1
Digs	13 vs. N.C. Wesleyan, 9/18
Assists	2 twice

Career Highs

Kills	21 vs. Averett, 11/4/06
	21 vs. N.C. Wesleyan, 9/18/07
Attempts	55 vs. Averett, 11/4/06
	55 vs. Washington & Lee, 10/13/06
Aces	4 vs. Washington & Lee, 9/15/06
Block solo	1 several times
Block assist	5 vs. St. Thomas, 9/1/07
Digs	13 five times
Assists	2 four times

KOCH'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	127	303	2.39	162	886	.159	8	0.06	2	0.02	6	35	0.32	64	0.50
2006	114	334	2.93	182	986	.154	21	0.18	13	0.11	5	20	0.22	246	2.16
2007	117	341	2.91	132	1000	.209	0	0.00	10	0.09	2	42	0.38	108	0.92
Career	358	978	2.73	476	2872	.175	29	0.08	25	0.07	13	97	0.31	418	1.17



Lowery at a Glance

Coach Birch on Lowery

"Ryann is a very skilled setter and I'm very confident in her ability to run the offense. I expect her to direct the offense very well and to develop into a leader on the court. Ryann is in a great position to have a strong sophomore season."

Season & Career Highs

Kills	4 vs. N.C. Wesleyan, 9/18
Attempts	6 vs. N.C. Wesleyan, 9/18
	6 vs. Methodist, 9/21
Aces	4 vs. Shenandoah, 9/26
	4 vs. Methodist, 9/28
Block solo	1 twice
Block assist	4 vs. Mary Baldwin, 9/12
Digs	12 vs. Puget Sound, 9/1
Assists	22 vs. UVa-Wise, 9/8

Ryann Lowery

Sophomore - 5-7 - Setter

Centreville, Va. - Centreville H.S.

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2007 - Freshman Season - Saw action in 45 games and did quite well...Had over 20 assists three times, with 22 against UVa-Wise and 20 each versus McDaniel and Meredith...Also had 15 or more assists in five other matches...Added a total of 70 digs, with 12 in a match with Puget Sound and had four block assists against Mary Baldwin...Added four kills in a match with N.C. Wesleyan.

AT CENTREVILLE - Earned second team all-state honors in her senior season, after capturing first team all-region and Concorde District MVP accolades...She was the district finals MVP and on the all-tournament team...As a junior she was honorable mention all-state, first team all-region and all-district...District tournament MVP...She was also first team all-Examiner as a senior and honorable mention all-Examiner in her junior year...Played for coach Ken Moser.

PERSONAL - Ryann Alexandra Lowery was born Sept. 25, 1989 in Centreville, Va...She is the daughter of Darlene and Patrick Lowery and has a sister Staci, 28...She is a Communications major.



LOWERY'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2007	45	21	0.47	7	56	.232	21	0.47	212	4.71	2	7	0.20	70	1.56



Meghan Puckli

Senior - 5-11 - Middle Blocker

Leesburg, Va. - Loudoun Co. H.S.

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Puckli at a Glance

Coach Birch on Puckli

"Meghan also proved last year what she is capable of, having her best match against perennial power Juniata. If we can see that productivity consistently, she could become a big hitter for our offense --- which will compliment her great ability to play defense at the net."

2007 Season Highs

Kills	14 vs. Puget Sound, 9/1
Attempts	14 vs. Juniata, 11/9
Aces	25 vs. Juniata, 11/9
Block solo	2 vs. Shenandoah, 10/24
Block assist	4 vs. UVa-Wise, 9/8
Digs	6 vs. UVa-Wise, 9/8
Assists	4 vs. Puget Sound, 9/1
	5 vs. Peace, 10/20

Career Highs

Kills	14 vs. Puget Sound, 9/1/07
Attempts	14 vs. Juniata, 11/9/07
Aces	26 vs. Gallaudet, 10/7/06
Block solo	3 vs. Methodist, 9/16/06
Block assist	3 vs. Greensboro, 10/28/06
Digs	4 vs. UVa-Wise, 9/8/07
Assists	7 vs. Hardin-Simmons, 9/9/06
	7 four times
	5 vs. Concordia Moorhead, 9/8/06
	5 vs. Peace, 10/20/07

2007 - Junior Season - Earned honorable mention all-USA South honors...The team's top blocker with a total of 105 with a total of ten versus UVA-Wise...Had at least one block assist in all but four matches... One of five Captains with more than 200 kills, totalling 210...Banged home 14 each against Puget Sound and Juniata, the latter in an NCAA tournament match...Also had 11 each in matches with St. Thomas and Virginia Wesleyan...A member of the all-academic team in the USA South and a Dean's List student in the Spring.

2006 - Sophomore Season - Led CNU in blocking with a total of 109... Was very consistent with a high of seven block assists against Hardin-Simmons and at least five blocks in eight total matches...Added six each versus Salisbury and Ferrum...Also ranked fifth on the squad with 160 kills, topped by nine in matches with Virginia Wesleyan, Methodist twice and Shenandoah.

2005 - Freshman Season - Put up some fine numbers coming off the bench...Had ten kills against Ohio St.-Newark in the season's second match and added six each versus Shenandoah and Methodist...Had a total of 47 digs in her 37 games with seven each in matches with Ohio St.-Newark, Methodist, Guilford and Ferrum...Also had six in the season-opener with Johnson Bible.

AT LOUDOUN CO. - First team All-Dulles District and team MVP as a senior for coach Jenica Brown... Washington Post Loudoun All-Extra



Team Honorable Mention...Won the 110% Award as a junior and was co-captain in her senior season...A National Honor Society member...Also worked on the school newspaper and with Young Life...A volunteer assistant coach at a local middle school.

PERSONAL - Meghan Catherine Puckli was born July 19, 1987 in Tampa, Fla...She is the daughter of Paul and Patti Puckli and is majoring in Communications...Has a brother Mike, 24 and a sister Michelle, 20, who played volleyball at CNU last year. Mike played baseball at George Mason University and Marist College.

PUCKLI'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	37	66	1.78	48	210	.086	4	0.11	8	0.22	3	8	0.30	47	1.27
2006	120	160	1.33	77	452	.184	17	0.14	47	0.39	15	94	0.91	34	0.28
2007	115	210	1.83	63	431	.341	2	0.02	60	0.52	24	81	0.91	23	0.20
Career	272	436	1.60	188	1093	.227	23	0.08	115	0.42	42	183	0.83	104	0.38



Wolfe at a Glance

Coach Birch on Wolfe

"Allie was a big reason our team took the 'next step' last season. Her offense stands out but her defense and ball control is what makes her so important. I look for Allie to become noticed as one of the top performers in our region this season."

CNU Season & Career Highs

Kills	20 vs. Washington & Lee, 10/13
Attempts	84 vs. Washington & Lee, 10/13
Aces	7 vs. Meredith, 10/20
Block solo	1 several times
Block assist	3 vs. Mary Baldwin, 9/12
Digs	21 vs. Washington & Lee, 10/13
Assists	2 vs. Washington & Lee, 9/7

Career Highs (at Albany & UNF)

Kills	8 three times
Attempts	N/A
Aces	1 several times
Block solo	N/A
Block assist	N/A
Digs	14 vs. Coastal Carolina
Assists	N/A

Allison Wolfe

Senior - 6-0 - Outside Hitter
Yorktown, Va. - Grafton H.S.

12

2007 - Junior Season - Became a first team all-USA South choice, as well as a member of the USA South all-tournament team, after transferring to CNU for her junior year...Led CNU with 373 kills, just missing the top ten totals in school history...Her top effort was 20 against Washington & Lee and she had 19 as the Captains battled second-ranked Juniata through five games in the NCAA tournament...Also had 19 in a match with N.C. Wesleyan as part of 23 total matches in double figures...In addition, she was third on the squad in digs with 331 with 17 double-figure efforts...Her best for the year was 21 versus Washington & Lee, but she also had 19 in a match with Methodist and 17 in CNU's NCAA win over Salisbury...Also contributed 41 service aces with seven against Meredith.

AT NORTH FLORIDA - Sophomore Season - Appeared in 22 matches and 61 games...Had eight kills against Bethune Cookman and seven versus Coastal Carolina...A total of six games with double-figure kills paced by 15 versus Jacksonville...On the Atlantic Sun all-academic team.

AT ALBANY - Freshman Season - Played in 23 matches with four starts...Had 38 kills with a .231 attack percentage...Also had 29 digs and nine blocks...Had eight kills each against Penn and Morgan St.

AT GRAFTON - As a senior she was a first team all-state, all-region and all-Bay Rivers District selection...Named Daily Press Player of the Year and was MVP of the Virginia High School Coaches Association all-star game in CNU's Freeman Center who she was teammates with CNU's



Sarah Brown and Ellen Koch...In her junior year she was district and region Player of the Year and earned the same honor from the Daily Press...First team all-district and region as a sophomore and won the first of her three Daily Press Player of the Year awards...A second team all-district selection as a freshman for coach Dena Montini...Set state records for kills (1,015 with a .357 hitting percentage), blocks (228) and digs (703)...A member of the National Honor Society, the Key Club, Keyettes and FCA.

PERSONAL - Allison R. Wolfe was born May 4, 1987 in Weurzburg, Germany...She is a History major and is the daughter of Mark and Marcia Wolfe...Her sister Lauren played volleyball at USC-Aiken, cousin Ian is playing football at Kansas and uncle Jack played basketball at Ohio State.

WOLFE'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
*2005	46	38	0.83	11	117	.231	0	0.0	2	0.04	2	7	0.20	29	0.63
^2006	61	38	0.62	24	186	.075	4	0.07	10	0.16	0	3	0.02	137	2.25
2007	106	373	3.52	101	1011	.269	41	0.39	12	0.11	8	29	0.35	331	3.12
#Career	107	76	0.71	35	303	.135	4	0.04	12	0.11	2	10	0.11	166	1.55
*at Univ. at Albany															
^at North Florida															
#Non-CNU career															

Captains Volleyball



NEWCOMERS

Rebecca Dancy

Fr. - 5-7 - S
Leesburg, Va.
Loudoun Co. H.S.
15

AT LOUDOUN CO. - A Washington Post all-Met runner-up selection, as well as first team Loudoun all-Extra first team... In her senior year coach Jenica Matthias' team went unbeaten and won the Virginia Group AA state championship... The Raiders had also been state runners-up the previous year... Took first place at the DECA Leadership Conference and was President of VFEEA... Also a member of Keyettes and did volunteer work for the Loudoun Literacy Council and highway cleanup.

PERSONAL - Rebecca A. Dancy was born July 13, 1990 in Charlotte, N.C... She is majoring in Education, and is the daughter of John and Michelle Dancy... Has two sisters, Erin, 14 and LeeAnn, 10.

Coach Birch on Dancy

"Rebecca is a very gifted athlete and will become a great backrow player for this program. She has the ability to be a deadly server and defensively she can get touches on balls that are quite challenging. I expect her backrow play to be pivotal to our overall success this season."



Becca Davis

Fr. - 5-10 - OH/RS
Richmond, Va.
Hermitage H.S.
16

AT HERMITAGE - A second team all-Region choice and first team all-Colonial District as a senior... She was coach Alexis Tompkins' team MVP that year and captain for her final two seasons... Also first team all-district as a junior and honorable mention in her sophomore season... Won the Fred McCracken Award as a senior and was a member of the Times-Dispatch all-star team... An Honor Roll student all four years, as well as an all-academic athlete... A member of the National Honor Society and Beta, along with the Triangle II Community Service Club, Science Club and French Club.

PERSONAL - Rebecca Neale Davis was born June 12, 1990 in Richmond, Va... She is the daughter of Harry and Beth Davis and is majoring in Communications... Has a brother Andrew, 20, who is a student at James Madison.

Coach Birch on Davis

"Becca is another great addition to this team. I'm quite excited to add a player of Becca's ability to our program. She will give us great depth at a couple of different positions this season which will be key to our team progressing."



Jessie Heavenrich

Fr. - 5-8 - S/OH
Cambria, Ca.
James River (Va.) H.S.
1

AT JAMES RIVER - Chosen honorable mention all-state, as well as first team all-region and first team all-Dominion District as a senior... She was coach Micah White's Most Valuable Player as a junior... A Scholar-Athlete each year as well as academic all-district and all-region... A member of the yearbook staff.

PERSONAL - Jessie Ann Heavenrich was born June 9, 1990 in San Luis Obispo, Calif... Her major is undecided... The daughter of Sandy and Kate Heavenrich has a brother Jeb, 19 and a sister Kari, 14.

Coach Birch on Heavenrich

"Jessie is quite an addition to our program. She adds versatility, athleticism, and a lot of ability. Her development at two different positions this season will be very important to our success."



2008 SEASON

2008



Meghan Killion

Fr. - 5-6 - DS
Virginia Beach, Va.
Cox H.S.
3

AT COX - Played four years for coach Claire LeBlanc...The Falcons went 27-1 in her senior year and reached the state semi-finals...On the Principal's List in her freshman and junior years...A member of the National Honor Society, Latin National Honor Society and Latin Club.

PERSONAL - Meghan Adaire Killion was born Oct. 24, 1989 in Virginia Beach, Va...The daughter of Robert and Susan Killion is a Business major...She has a brother Sean, 28 and a sister Tiffany, 24.

Chelsea McClure

Fr. - 5-11 - MB
Montclair, Va.
Forest Park H.S.
2

AT FOREST PARK - Honorable mention all-state as a senior playing for coach Dan Jones...Was chosen all-area twice, team Most Improved as a junior and co-captain in her senior season...An Honor Roll student and member of Key Club, T.V. Club and Class of '08 Club...Volunteered with Learn and Serve.

PERSONAL - Chelsea Joy McClure was born March 29, 1990 in Montclair, Va... She's majoring in Biology and is the daughter of Kevin and Melanie McClure... Has three brothers, Ryan, 19; Collin, 16 and Kolton, 11.

Megan Roth

Fr. - 5-7 - S
Herndon, Va.
Herndon H.S.
17

AT HERNDON - A second team all-Region choice and first team all-Concorde District selection in her senior year...She was coach Smith's team captain for two years and was on the all-district tournament team...Also played basketball where she was team captain...A nine-time Honor Roll student and a member of Young Life.

PERSONAL - Megan Leigh Roth was born June 12, 1990 in Escondido, Calif... She is majoring in Criminology/Sociology and is the daughter of Jim and Kelly Roth...Has a sister Mandy, 16.

Coach Birch on Killion

"Meghan is a very pleasant addition to our team. She joined us after pre-season and has worked hard to catch up quickly. She gives us solid depth in the backrow."

Coach Birch on McClure

"Chelsea is going to be a top-notch middle for our program for the next four years. She is quite an athlete and I expect her to develop very quickly into a significant contributor for our team."

Coach Birch on Roth

"Megan is a skilled setter with the work ethic needed to become a significant contributor to our program. Her development as a setter for our team will be important to our team getting better. I fully expect her to be a different player by the end of the season."





CNU's Top 5 Matches of 2007

1. CNU vs. Juniata – NCAA Regional Semifinals

Arguably the best match in the history of the CNU Volleyball program, despite the result ending in a loss for the Captains. CNU took the most storied Division III program to the wire and barely missed a chance to make a run at the Final Four. One of the biggest highlights was the defense for CNU limiting National Player of the Year, Amber Thomas, to 19 kills and 12 errors for a .132 attack percentage. The next Division III poll after this loss featured CNU receiving votes for the first time in program history.

*Match scores: 24-30, 23-30, 30-26, 30-21, 9-15

*Highlights for CNU: Brittany Collins – 55 assists; Allie Wolfe – 19 kills, 12 digs; Meghan Puckli – 14 kills; Liz Bush – 11 kills; Sarah Brown – 8 kills, 5 blocks; Christie Kirby – 24 digs

2. CNU vs. Salisbury – NCAA Regional Quarterfinals

The next big accomplishment in front of the CNU Volleyball program was the program's first NCAA Tournament victory, which came at the disposal of Salisbury University. It was the third setback for Salisbury vs. the Captains in 2007. The defense again put on a show for CNU as they limited the Sea Gulls to a .000 team attack % and limited All American Stacey Krebs to just 6 kills for the match.

*Match scores: 30-22, 30-18, 30-18

*Highlights for CNU: Liz Bush – 14 kills, .538 hitting %; Brittany Collins – 42 assists, 15 digs; Allie Wolfe – 12 kills, 17 digs; Ellen Koch – 11 kills; Christie Kirby – 15 digs; Mary Horner – 13 digs

3. CNU vs. Salisbury - @ Salisbury

An important win as it kept the Captains winning streak at a then-program record 16 consecutive victories. However, the win did not come without dramatics as the back-and-forth match went CNU's way in the end. Notably in the third game, CNU trailed most of the way by 2 or 3 points. Salisbury charged ahead to take a 28-21 lead when CNU ran out of subs. Ellen Koch, normally just a front row player, had to go back to serve and she led CNU back to a 29-28 lead and the eventual victory.

*Match scores: 31-29, 30-15, 31-29

*Highlights for CNU: Brittany Collins – 42 assists, 13 digs; Allie Wolfe – 11 kills, 11 digs; Christie Kirby – 17 digs; Mary Horner – 16 digs; Ellen Koch – 9 kills

4. CNU vs. Washington & Lee - @ WLU

A rivalry among two of the top teams in Virginia, CNU prevailed on W & L's home court in what ended up being a very one-sided affair. CNU took control and played very well throughout in a very important non-conference match vs. a strong South Region opponent.

*Match scores: 30-26, 30-16, 30-14

*Highlights for CNU: Brittany Collins – 28 assists, 13 digs, 8 kills; Allie Wolfe – 10 kills, 10 digs; Christie Kirby – 13 digs; Sarah Coffey – 12 digs; Liz Bush – 9 kills

5. CNU vs. Greensboro – USA South Championship @ CNU

Clinching another NCAA Tournament appearance made this match quite important for CNU Volleyball. However there were few dramatics in this final match-up of CNU vs. Greensboro in 2007. The defense again led the way for CNU as they limited Greensboro to a .023 attack %.

*Match scores: 30-19, 30-26, 30-11

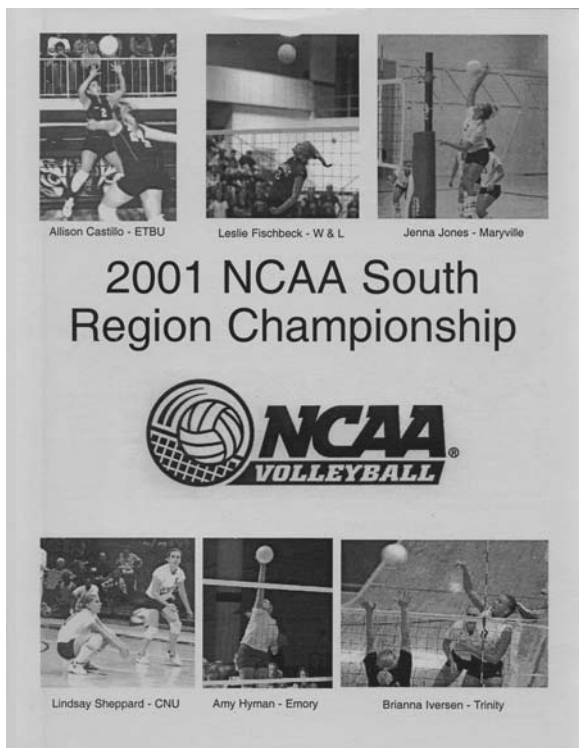
*Highlights for CNU: Allie Wolfe – 14 kills, Brittany Collins – 35 assists; Liz Bush – 12 kills, .550 attack %; Christie Kirby – 17 digs; Ellen Koch – 9 kills



**CNU celebrates another key point versus Juniata
in the NCAA Regionals**

NCAA PLAYOFFS

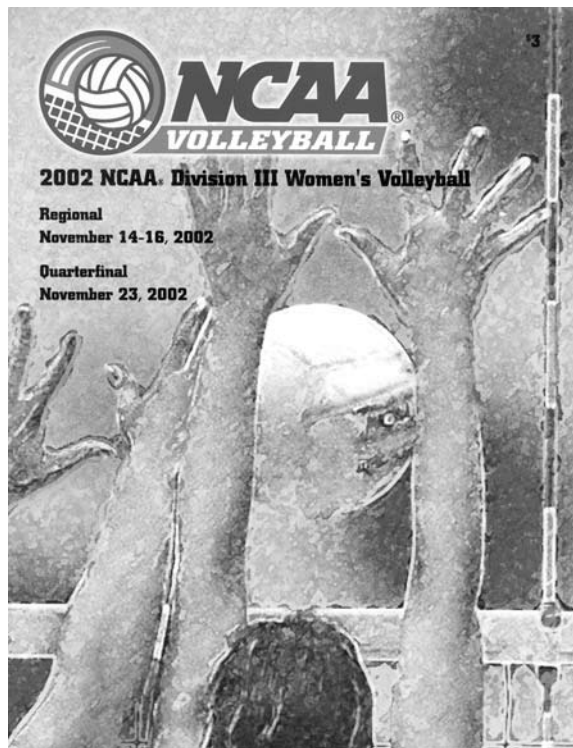
NCAA TOURNAMENTS



The Lady Captains made their first-ever NCAA appearance after sweeping to a perfect Dixie Conference season. CNU went 14-0 in the regular season and won the post-season tournament to gain the league's NCAA automatic bid.

Playing at Trinity University in Texas, CNU fell to in-state rival Washington & Lee, 30-21, 30-15, 30-15.

Lindsay Sheppard led the way for the Lady Captains with seven kills and six digs, while Amy Johnson and Jenny Steele had four kills each and Nina Richardson added 18 assists.



In its second NCAA appearance CNU again faced Washington & Lee and was much better prepared. The Lady Captains lost the first game, 30-19 and barely fell in the second, 30-27. They then won their first game in NCAA competition, 30-28, before falling 30-20 to end the match.

Mary Whiting and Amber Bradshaw each had 12 kills in the match and Oksana Boukhtina added 11. Bradshaw also had 16 digs, Whiting 15 and Boukhtina 12, while Nina Richardson also had 40 assists.



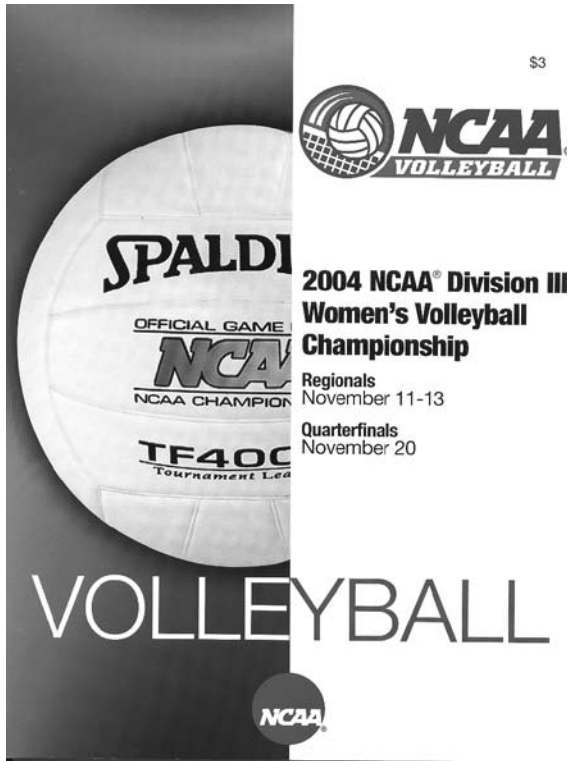
POST-SEASON

2008

Captains Volleyball

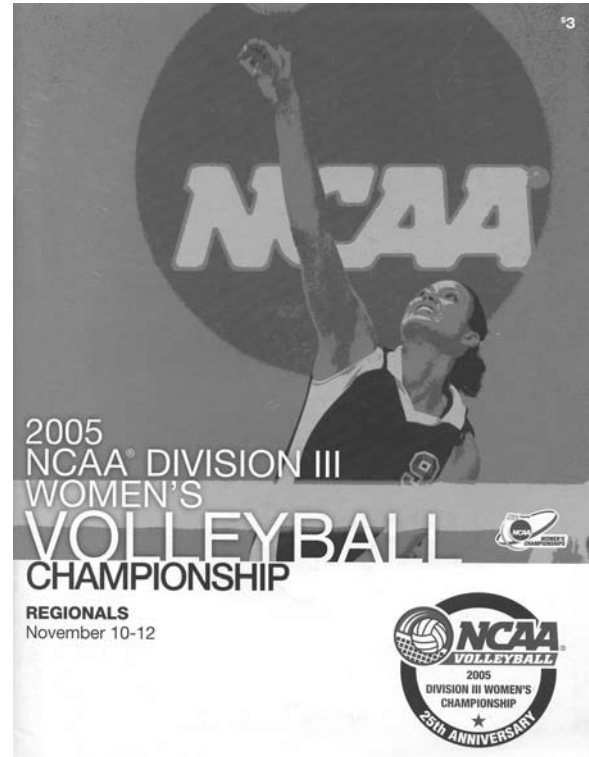


NCAA PLAYOFFS



The Lady Captains made their third NCAA appearance in the last four years, playing in the South Regional against No. 4 ranked Texas Lutheran. CNU fell, 30-20, 30-27 and 30-24.

Freshman Tricia Nelsen led CNU with nine kills, while junior Amber Bradshaw had seven kills and ten digs. In addition, freshman Brittany Collins contributed 16 digs and 25 assists and sophomore Jenna Williams had 12 digs.



For the fourth time in the last five years, CNU was back in the NCAA Tournament following another USA South conference title.

The Lady Captains fell to third-ranked Trinity (Tx.), in a classic battle, 30-28, 35-33, 18-30, 25-30, 16-18, coming within a match point of winning first the first time in NCAA play.

Freshman Ellen Koch had 16 kills, senior Amber Bradshaw 15, freshman Sarah Brown 13 and senior Erin Bradshaw 13. Sophomore Brittany Collins added 53 assists and junior Jenna Williams had 20 digs.



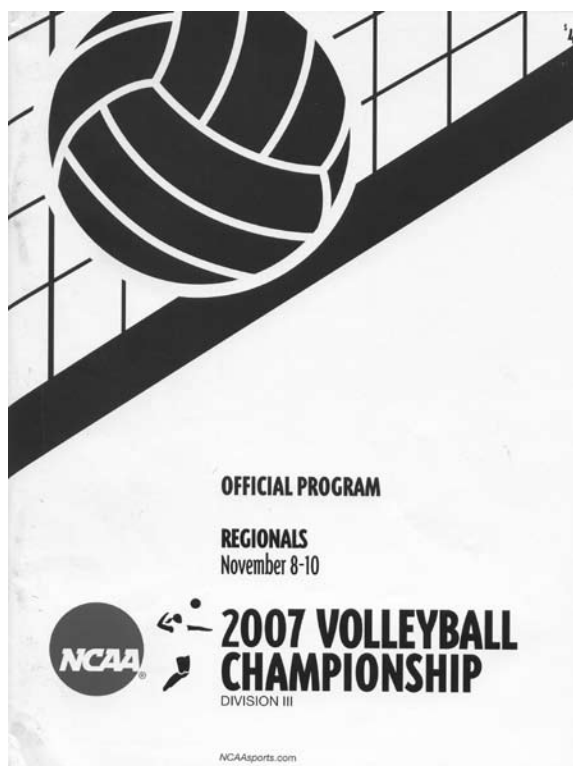
NCAA TOURNAMENTS

POST-SEASON

2008

NCAA PLAYOFFS

NCAA TOURNAMENTS



The Captains made a major breakthrough in their fifth NCAA appearance in the last seven years.

First, they scored their first-ever NCAA win in a 3-0 victory over Salisbury as Liz Bush led with 14 kills, Allison Wolfe added 12 kills and 17 digs and Brittany Collins contributed 42 assists and 15 digs.

Then CNU took second-ranked Juniata to the limit, before finally falling in five games.

Wolfe had 19 kills and 12 digs, Meghan Puckli 14 kills, Christy Kirby 24 digs and Collins 55 assists.

Down, 2-0, CNU took game three 30-26 and scored an easy, 30-21, win in game four, before finally falling, 15-7.



Sarah Coffey



Sarah Brown

2008 SEASON

2008



Captains Volleyball



THE FREEMAN CENTER

Freeman Center Matches Played by CNU

THE FREEMAN CENTER

VOLLEYBALL HOME

2008



Freeman Center Records

Kills	30 Tricia Nelsen vs. Averett, 9/26/04
Total Attempts	84 Allison Wolfe vs. Washington & Lee, 10/13/07
Attack Percentage	.786 Brittany Collins vs. Va. Wesleyan, 11/2/04
Service Aces	16 Amber Bradshaw vs. N.C. Wesleyan, 10/23/02
Block solo	4 Nicole Kendra vs. Bridgewater, 8/31/02
Block Assists	7 Jessica O'Neal vs. Randolph-Macon, 10/21/04
Digs	35 Christy Kirby vs. Washington & Lee, 10/13/07
Setting Assists	56 Erin Bradshaw vs. Greensboro, 10/25/03
	56 Brittany Collins vs. Washington & Lee, 10/13/07

Kills	114 vs. Averett, 9/26/04
Total Attempts	262 vs. Washington & Lee, 10/13/07
Attack Percentage	.506 vs. Shenandoah (42K/3E/77TA), 9/26/07
Service Aces	27 vs. Ferrum, 9/28/02
Block Solo	5 vs. Chowan, 10/30/01
Block Assists	19 vs. Randolph-Macon, 10/24/01
Digs	127 vs. Washington & Lee, 10/13/07
Setting Assists	104 vs. Washington & Lee, 10/10/02

Most Victories	13 in 2004 & 2007
Fewest Victories	8 in 2005
Most Losses	4 in 2003
Fewest Losses	0 in 2001, 2004 & 2005
Most Consecutive Wins	27 (Oct. 24, 2003-Sept. 23, 2006)
Most Consecutive Home Conference Wins	34 (Oct. 28, 2000-Sept. 23, 2006)
Most Consecutive Losses	1 several times

Freeman Center Records vs. All Opponents

Opponent	Record	Streak	First Met	Last Met	Last CNU Win	Last Opp. Win
Averett	3-1	-1	2002	2006	2005	2006
Bridgewater (Va.)	0-2	-2	2002	2003	---	2003
Chowan (N.C.)	5-0	+5	2001	2004	2004	---
Elizabethtown (Pa.)	2-0	+2	2004	2004	2004	---
Ferrum	4-0	+4	2001	2004	2004	---
Gallaudet	1-0	+1	2007	2007	2007	---
Greensboro	6-1	+6	2000	2007	2007	2000
Hampton	1-0	+1	2007	2007	2007	---
Hollins (Va.)	1-0	+1	2002	2002	2002	---
Mary Baldwin	1-0	+1	2007	2007	2007	---
Maryville (Tenn.)	0-1	-1	2003	2003	---	2003
Mary Washington (Va.)	1-0	+1	2003	2003	2003	---
Meredith	2-0	+2	2007	2007	2007	---
Methodist	5-0	+5	2000	2006	2006	---
Nazareth (N.Y.)	0-1	-1	2003	2003	---	2003
N.C. Wesleyan	9-0	+9	2000	2007	2007	---
Peace	5-0	+5	2003	2007	2007	---
Ramapo (N.J.)	2-0	+2	2003	2003	2003	---
Randolph-Macon (Va.)	5-0	+5	2001	2007	2007	---
Salem (W.Va.)	1-0	+1	2004	2004	2004	---
Salisbury	1-0	+1	2006	2006	2006	---
Shenandoah	9-0	+9	2001	2007	2007	---
Southern Virginia	1-0	+1	2004	2004	2004	---
Susquehanna	1-0	+1	2007	2007	2007	---
Ursinus (Pa.)	1-0	+1	2003	2003	2003	---
Va. Wesleyan	3-0	+3	2002	2006	2006	---
Washington & Lee (Va.)	3-2	-1	2002	2007	2006	2007
West Virginia Wesleyan	1-0	+1	2007	2007	2007	---

Greensboro* ²	10/28	2000 (2-1)	L 8-15,15-17,7-15
Methodist* ²	10/28		W 15-9,15-9,15-6
N.C. Wesleyan*	10/31		W 15-5,15-10,15-7
N.C. Wesleyan*	9/18	2001 (9-0)	W30-22, 30-20, 30-10
Shenandoah*	10/3		W30-16, 30-20, 30-16
Methodist*	10/8		W30-21, 30-19, 30-21
Greensboro*	10/8		W30-26, 30-18, 30-19
Randolph-Macon	10/24		W30-24, 30-27, 30-19
Chowan*	10/30		W30-20, 30-20, 30-20
Chowan ¹	11/2		W30-24, 30-20, 30-20
Ferrum ¹	11/3		W30-17, 30-20, 30-20
Methodist ¹	11/3		W30-12, 30-24, 30-17
Va. Wesleyan	8/31	2002 (9-1)	W30-10,30-11,30-12
Hollins	8/31		W30-20,30-26,30-16
Bridgewater	8/31		L27-30,27-30,30-11,30-25,11-15
Shenandoah*	9/17		W30-16,30-19,29-31,30-18
Ferrum* ²	9/28		W30-17,26-30,30-12,30-12
Averett* ²	9/28		W30-25,30-19,30-17
Chowan*	10/3		W30-23,30-18,30-23
Washington & Lee	10/10		W21-30,30-27,19-30,30-28,15-6
N.C. Wesleyan*	10/23		W30-12,32-34,30-9,30-27
Randolph-Macon	10/28		W32-34,32-30,30-28,24-30,15-13
Ursinus ³	8/30	2003 (11-4)	W30-26,22-30,30-19,30-28
Mary Washington ³	8/30		W30-23,30-24,31-29
Bridgewater ³	8/30		L20-30,24-30,16-30
N.C. Wesleyan*	10/8		W30-17,30-19,30-18
Nazareth ⁴	10/10		L19-30,30-21,25-30,12-30
Ramapo ⁴	10/10		W30-25,30-18,30-25
Maryville ⁴	10/11		L25-30,10-30,18-30
Ramapo ⁴	10/11		W30-24,30-23,30-20
Washington & Lee	10/16		L29-31,28-30,20-30
Peace*	10/24		W30-25,30-24,30-24
Peace*	10/24		W30-15,30-21,32-30
Ferrum* ²	10/25		W30-9,24-30,30-21,30-25
Greensboro* ²	10/25		W28-30,23-30,30-21,31-29,15-11
Chowan*	10/27		W30-20, 30-24, 30-27
Shenandoah*	10/29		W30-19,30-21,30-28
N.C. Wesleyan*	9/8	2004 (13-0)	W30-21,30-10, 30-28
Randolph-Macon	9/21		W30-26,30-19,25-30,28-30,15-13
Averett*	9/25		W27-30,25-30,30-26,30-22,15-11
Methodist*	9/25		W30-23,30-21,30-19
Ferrum*	9/26		W30-12,30-8,30-9
Greensboro*	9/26		W30-21,30-21,30-28
Shenandoah*	9/29		W30-16,30-14,30-21
Salem ⁵	10/1		W30-15,30-14,30-12
Southern Virginia ⁵	10/1		W30-21,32-30,30-22
Elizabethtown ⁵	10/2		W30-27,30-22,30-27
Elizabethtown ⁵	10/2		W27-30,30-27,30-24,32-30
Chowan	10/13		W30-12,30-10,30-19
Va. Wesleyan	11/2		W30-15,30-22,30-23
Peace*	9/14	2005 (8-0)	W30-21,30-17,30-21
Greensboro*	9/24		W30-23,29-31,22-30,30-25,15-6
Averett*	9/24		W30-23,30-20,30-22
Shenandoah*	9/27		W30-26,31-29,30-23
N.C. Wesleyan*	10/18		W30-18,30-20,18-30,30-24
Randolph-Macon	10/21		W20-30,30-21,24-30,30-28,16-14
Va. Wesleyan	10/25		W30-12,30-23,19-30,30-18
Shenandoah ¹	11/1		W30-15,30-23,30-15
Va. Wesleyan	9/5	2006 (9-1)	W30-25,30-20,26-30, 30-18
Washington & Lee	9/15		W30-17,28-30,30-26,30-25
N.C. Wesleyan*	9/19		W30-18,30-20,30-24
Greensboro* ²	9/23		W30-4,30-21,30-26
Averett* ²	9/23		L25-30,21-30,26-30
Shenandoah*	10/11		W30-23,28-30,30-27,30-14
Salisbury	10/20		W28-30,30-14,30-20,30-18
Methodist*	10/21		W30-23,30-22,30-16
Peace*	10/24		W30-18,30-11,31-29
Shenandoah ¹	10/31		W30-19,30-21,30-24
Randolph-Macon	9/4	2007 (13-1)	W30-16,28-30,30-26,30-26
Meredith*	9/15		W30-16,30-10,30-24
Peace*	9/15		W30-15,30-14,30-16
N.C. Wesleyan*	9/18		W27-30,30-15,30-21,28-30,15-8
Hampton	9/28		W30-15,30-24,30-11
Mary Baldwin*	10/10		W30-12,30-15,30-22
Gallaudet ⁵	10/12		W30-22,30-23,30-16
Susquehanna ⁵	10/12		W30-11,30-28,30-14
West Va. Wesleyan ⁵	10/13		W30-27,30-20,30-21
Washington & Lee ⁵	10/13		L30-32,30-25,31-33,32-30,15-6
Shenandoah*	10/14		W30-14,30-9,30-8
Meredith ¹	10/30		W30-7,30-15,30-12
N.C. Wesleyan ¹	11/2		W30-13,30-19,30-25
Greensboro ¹	11/3		30-19,30-26,30-11

*USA South matches
¹ USA South Tournament
² USA South Round Robins
³ CNU Early Bird Tournament
⁴ Captains Classic
⁵ CNU/Comfort Inn Classic

Directions to The Freeman Center

From Chesapeake, Suffolk and Portsmouth

Follow routes to the Monitor-Merrimack Bridge Tunnel (I-664).

Cross the tunnel into Newport News and take Exit 5 to 35th Street and Warwick Blvd. (Route 60 West).

After about five miles on Warwick Blvd. (Route 60) you will pass the entrance to the Mariner's Museum on the left.

At the third light after the Museum entrance, University Place, go left. The Freeman Center is on your left as you enter the campus.

From Norfolk and Virginia Beach

Take I-64 West across the Hampton Roads Bridge Tunnel. About 10 miles west of the tunnel take Exit 258B (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

From Richmond and Northern Virginia

Take I-64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

From Northwestern Virginia

Travel to I-95 South the head South around Richmond

on I-295 until it meets I-64. Then take I 64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

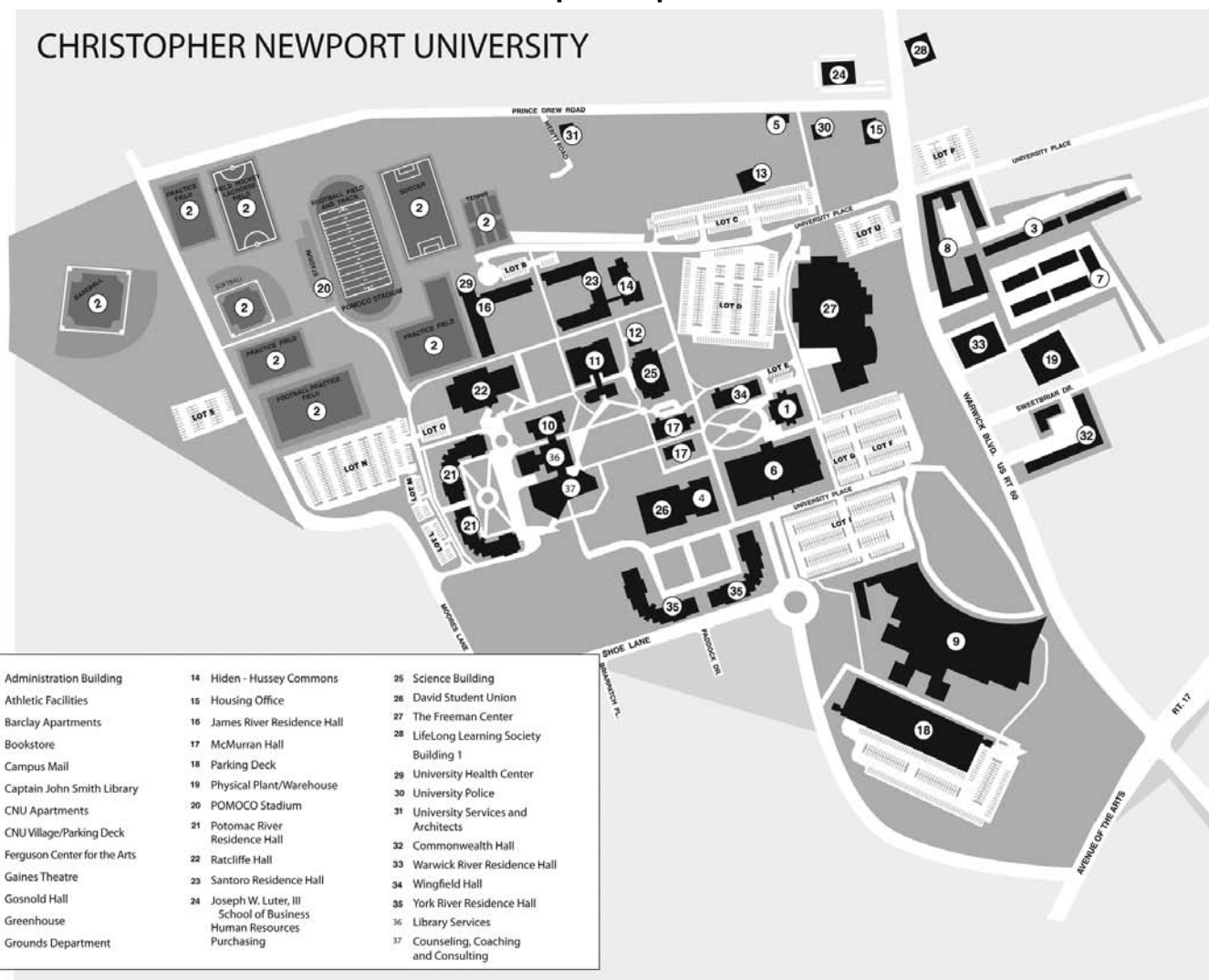
From Western Virginia

Depending upon your location travel to I-81 North until it meets I-64 East and then follow I-64 around Richmond (you may elect to take the by-pass I-295 in case of heavy traffic in downtown Richmond). Then take I 64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

If you are nearer to U.S. 58, take it East until it meets I-664 heading toward the Monitor Merrimack Bridge Tunnel. Cross the tunnel into Newport News and take Exit 5 to 35th Street and Warwick Blvd. (Route 60 West). Then follow last two paragraphs of directions from Chesapeake

Campus Map

CHRISTOPHER NEWPORT UNIVERSITY



2008

USA SOUTH OPPONENTS - 2008

Averett

Sat. Sept. 27 at The Freeman Center.
Sat. Nov. 1 at Ferrum, Va.
Averett leads series 33-27

Location: Danville, Va.
Enrollment: 1,000
President: Dr. Tiffany Franks
Athletic Director: Sam Ferguson
Conference: USA South
Nickname: Cougars
Colors: Gold & Navy
Arena: Grant Center, Capacity: 1,500
Head Coach: Danny Miller
2007 Record: 25-14, 14-4 (3rd)
Letterwinners Returning/Lost: 11/4
Starters Returning/Lost: 4/2
Top Returning Players:
Jordan Maupin, Jr., OH, 5-9
Meredith Schwane, Sr., D, 5-5
SID: Drew Wilson (434) 791-5737
Website: <http://www.averettcougars.com>

Ferrum

Sat. Sept. 27 at The Freeman Center
Sat. Nov. 1 at Ferrum, Va.
CNU leads series 27-24

Location: Ferrum, Va.
Enrollment: 1,200
President: Dr. Jennifer L. Braaten
Athletic Director: Abe Naff
Conference: USA South
Nickname: Panthers
Colors: Black & Gold
Arena: Swartz Gym, Capacity: 1,200
Head Coach: Nancy Howlett
2007 Record: 16-17, 10-8 (5th)
Letterwinners Returning/Lost: 8/4
Starters Returning/Lost: 4/2
Top Returning Players: 5/1
Jessica Flanigan, So., OH, 5-7
Jessica Walker, Sr., MB, 5-9
SID: Gary Holden (540) 365-4306
Website: <http://www.ferrumpanthers.com>

Greensboro

Fri. Sept. 19 at Ferrum, Va.
Sat. Oct. 4 at The Freeman Center
Greensboro leads series 44-20

Location: Greensboro, N.C.
Enrollment: 1,302
President: Dr. Craven E. Williams
Athletic Director: Kim Strable
Conference: USA South
Nickname: Pride
Colors: Green, White & Silver
Arena: Hanes Gym, Capacity: 800
Head Coach: Jean Lojko
2007 Record: 23-16, 15-3 (2nd)
Letterwinners Returning/Lost: 4/4
Starters Returning/Lost: 4/2
Top Returning Players:
Kacie Hyatt, Jr., OH, 5-10
Sha McDuffie, So., MH/OH, 5-9
SID: Bob Lowe (336) 272-7102 Ext. 279
Website: <http://www.gborocollegesports.com>

Mary Baldwin

Wed. Oct. 15 at Staunton, Va. (2)
CNU leads series: 9-0

Location: Staunton, Va.
Enrollment: 806
President: Pamela Fox
Athletic Director: Sharon Spalding
Conference: USA South
Nickname: Squirrels
Colors: Yellow, White & Hunter Green
Arena: Physical Activity Center (300)
Head Coach: Paul Yee
2007 Record: 8-27, 5-13 (7th)
Letterwinners Returning/Lost: 7/6
Starters Returning/Lost: 5/2
Top Returning Players:
Kim Clum, Jr., S, 5-7
Colena Roberts, Jr., OH, 5-11
SID: Donna Miller (540) 887-7160
Website: <http://www.mbc.edu/athletics>

Meredith

Sat. Sept. 20 at Raleigh, N.C.
Sat. Oct. 25 at Raleigh, N.C.
CNU leads series: 10-1

Location: Raleigh, N.C.
Enrollment: 2,298
President: Maureen Hartford
Athletic Director: Jackie Myers
Conference: USA South
Nickname: Avenging Angels
Colors: Maroon & White
Arena: Weatherspoon Gym, Capacity 500
Head Coach: Fiona Barkley
2007 Record: 8-25, 4-14 (8th)
Letterwinners Returning/Lost: 7/4
Starters Returning/Lost: 5/1
Top Returning Players:
Morgan White, Jr., OH, 5-10
Laura Sayabouth, Sr., S, 5-4
SID: Greg Jarvis (919) 760-8811
Website: <http://www.meredith.edu/athletics>

Methodist

Fri. Sept. 19 at Ferrum, Va.
Sat. Oct. 4 at The Freeman Center
CNU leads series: 35-29

Location: Fayetteville, N.C.
Enrollment: 2,200
President: Dr. M. Elton Hendricks
Athletic Director: Bob McEvoy
Conference: USA South
Nickname: Monarchs
Colors: Greens & Gold
Arena: March F. Riddle Center, Capacity: 1,500
Head Coach: Eddie Matthews
2007 Record: 16-16, 9-9 (6th)
Letterwinners Returning/Lost: 7/4
Starters Returning/Lost: 5/1
Top Returning Players:
Sara Yeatman, Sr., OH, 5-8
Jordan Grady, Jr., L, 5-7
SID: Kirbie Britt (910) 630-7172
Website: <http://www.mumonarchs.com>

N.C. Wesleyan

Wed. Sept. 24 at Rocky Mount, N.C. (2)
CNU leads series 44-18

Location: Rocky Mount, N.C.
Enrollment: 1,200
President: Dr. Stanley Caine
Athletic Director: John Thompson
Conference: USA South
Nickname: Bishops
Colors: Navy Blue & Vegas Gold
Arena: Everett Gym, Capacity: 1,200
Head Coach: Robin Pietryk
2007 Record: 21-14, 11-7 (4th)
Letterwinners Returning/Lost: 9/4
Starters Returning/Lost: 5/1
Top Returning Players:
Brittany Insley, So., MH, 5-9
Brittany Insley, Jr., MH, 5-9
SID: Rikki Rich (252) 985-5271
Website: <http://www.ncwc.edu/Athletics>

Peace

Sat. Sept. 20 at Raleigh, N.C.
Sat. Oct. 25 at Raleigh, N.C.
CNU leads series 12-0

Location: Raleigh, N.C.
Enrollment: 700
President: Dr. Laura Bingham
Athletic Director: Kelly Johnson
Conference: USA South
Nickname: Pacers
Colors: Green & White
Arena: Hermann Center, Capacity: 500
Head Coach: Beverly Lineberger
2007 Record: 10-25, 3-15 (9th)
Letterwinners Returning/Lost: 8/9
Starters Returning/Lost: 1/6
Megan Melchiorre, Jr., OH, 5-8
SID: Wendy Jones (919) 508-2331
Website: <http://www.gopeacepacers.org>

Shenandoah

Wed. Oct. 1 at The Freeman Center
Wed. Oct. 29 at Winchester, Va.
CNU leads series 29-9

Location: Winchester, Va.
Enrollment: 1,700
President: Dr. Tracy Fitzsimmons
Athletic Director: John Hill
Conference: USA South
Nickname: Hornets
Colors: Red, White & Midnight Blue
Arena: Shingleton Gym, Capacity: 680
Head Coach: Sarah Pelster
2007 Record: 10-23, 1-17 (10th)
Letterwinners Returning/Lost: 6/2
Starters Returning/Lost: 4/2
Top Returning Players:
Chevon Parker, Jr., OH, 5-10
Jessi Johnson, Jr., MH, 6-0
SID: Scott Musa (540) 665-5417
Website: <http://www.su.edu/athletics>



Captains Volleyball



NON-CONFERENCE OPPONENTS - 2008

Baldwin-Wallace

Fri. Oct. 10 at St. Louis, Mo.
First meeting

Location: Berea, Ohio
Enrollment: 4,260
President: Richard W. Durst
Athletic Director: Kris Diaz
Conference: Ohio A.C.
Nickname: Jackets
Colors: Brown and Gold
Arena: Rudolph Ursprung Gym (2,700)
Head Coach: Vicki Brault
2007 Record: 18-14
SID: Kevin Rupple, 440-826-2327
e-mail: kruple@bw.edu
Website: <http://bw.edu/athletics>

Bridgewater

Sat. Sept. 6 at The Freeman Center
BC leads series 10-3

Location: Bridgewater, Va.
Enrollment: 1,220
President: Philip Stone
Athletic Director: Barbara Lang
Conference: Old Dominion A.C.
Nickname: Eagles
Colors: Crimson and Gold
Arena: Nininger Hall (1,050)
Head Coach: Greg Spector
2007 Record: 31-2
SID: Steve Cox, 540-828-5360
e-mail: scox@bridgewater.edu
Website: <http://www.bridgewater.edu/Athletics>

Cal St. East Bay

Sun. Aug. 31 at Forest Grove, Ore.
First meeting

Location: Hayward, Calif.
Enrollment: 12,500
President: Mohammad Qayoumi
Athletic Director: Debby DeAngelis
Conference: California Pacific
Nickname: Pioneers
Colors: Red, Black and White
Arena: Pioneer Gym (3,600)
Head Coach: Jim Spagle
2007 Record: 29-5
SID: Marty Valdez, 510-885-3528
e-mail: marty.valdez@csueastbay.edu
Website: <http://www.csueastbay.edu>

Emory

Fri. Sept. 12 at The Freeman Center
Emory leads series 7-0

Location: Atlanta, Ga.
Enrollment: 12,500
President: James W. Wagner
Athletic Director: Tim Downes
Conference: University Athletic Assoc.
Nickname: Eagles
Colors: Blue & Gold
Arena: George W. Woodruff Center (4,000)
Head Coach: Jennifer McDowell
2007 Record: 33-6
SID: John Farina, 404-727-6553
e-mail: jfarina@emory.edu
Website: <http://www.go.emory.edu>

Endicott

Fri. Oct. 10 at St. Louis, Mo.
First meeting

Location: Beverly, Mass.
Enrollment: 1,700
President: Richard Wylie
Athletic Director: Brian Wylie
Conference: Commonwealth Coast
Nickname: Gulls
Colors: Blue and Green
Arena: Richard and Helen Post Center (1,250)
Head Coach: Tim Bryan
2007 Record: 26-11
SID: Jeff Pardue, 978-232-2305
e-mail: jpardue@endicott.edu
Website: <http://ecgulls.cstv.com>

Franklin & Marshall

Sat. Sept. 13 at The Freeman Center
CNU leads: 1-0

Location: Lancaster, Pa.
Enrollment: 2,000
President: John A. Fry
Athletic Director: Patricia Epps
Conference: Centennial
Nickname: Diplomats
Colors: Navy Blue & White
Arena: Mayser Center (3,000)
Head Coach: Mary Boland
2007 Record: 19-10
SID: Jill Yamma, 717-358-4857
e-mail: jyamma@fandm.edu
Website: <http://www.godiplomats.com>

Juniata

Sat. Sept. 6 at The Freeman Center
JC leads series 1-0

Location: Huntington, Pa.
Enrollment: 1,400
President: Thomas Kepple, Jr.
Athletic Director: Larry Bock
Conference: Landmark
Nickname: Eagles
Colors: Blue & Gold
Arena: Kennedy Sports & Rec. Center (1,400)
Head Coach: Larry Bock
2007 Record: 37-5
SID: Pete Lefresne, 814-641-3134
e-mail: lefresne@juniata.edu
Website: www.juniata.edu/athletics

Marymount

Fri. Sept. 5 at The Freeman Center
MU leads series 13-6

Location: Arlington, Va.
Enrollment: 3,600
President: James Bundschuh
Athletic Director: Bill Finney
Conference: Capital A.C.
Nickname: Saints
Colors: Royal Blue & White
Arena: Verizon Sports Arena (1,000)
Head Coach: Beth Wilson
2007 Record: 5-26
SID: Judy Finney, 703-284-3838
e-mail: judy.finney@marymount.edu
Website: <http://www.marymount.edu/athletics>

Pacific

Sun. Aug. 31 at Forest Grove, Ore.
First meeting

Location: Forest Grove, Ore.
Enrollment: 2,500
President: Phil Creighton
Athletic Director: Ken Schemann
Conference: Northwest Conf.
Nickname: Boxers
Colors: Red & Black
Arena: Pacific Athletic Center (2,500)
Head Coach: Lena Chan
2007 Record: 14-9
SID: Blake Timm, 503-352-2161
e-mail: timmbr@pacific.edu
Website: <http://www.goboxers.com>

NON-CONFERENCE OPPONENTS

2008 SEASON

2008

Pre-Season American Volleyball Coaches Association (AVCA) National Rankings Of CNU Opponents

1. Juniata
2. Washington (Mo.)
3. Emory
7. Puget Sound
12. Cal St. East Bay
14. Pacific Lutheran
24. Cal Lutheran
- ORV. Williams



CNU fans celebrate another point

Christopher Newport

NON-CONFERENCE OPPONENTS - 2007

Pacific Lutheran

Sat. Aug. 30 at Forest Grove, Ore.
First meeting

Location: Tacoma, Wash.
Enrollment: 3,600
President: Loren Anderson
Athletic Director: Laurie Turner
Conference: Northwest Conf.
Nickname: Kutes
Colors: Gold and Black
Arena: Olson Auditorium (3,200)
Head Coach: Kevin Aoki
2007 Record: 23-4
SID: Nick Dawson, 253-535-7356
e-mail: dawsonen@plu.edu
Website: <http://www.plu.edu/athletics>

Puget Sound

Sat. Aug. 30 at Forest Grove, Ore.
UPS leads: 1-0

Location: Tacoma, Wash.
Enrollment: 2,576
President: Ron Thomas
Athletic Director: Amy Hackett
Conference: Northwest
Nickname: Loggers
Colors: Maroon & White
Arena: Memorial Field House (4,000)
Head Coach: Mark Massey
2007 Record: 20-9
SID: Chris Thompson, 253-879-3974
e-mail: cpthompson@ups.edu
Website: www.ups.edu/athletics.xml

Salisbury

Wed. Oct. 1 at The Freeman Center
Salisbury leads series 13-4

Location: Salisbury, Md.
Enrollment: 7,383
President: Dr. Janet Dudley-Eshbach
Athletic Director: Michael Vienna
Conference: Capital A.C.
Nickname: Sea Gulls
Colors: Maroon & Gold
Arena: Maggs PA Center (2,000)
Head Coach: Margie Knight
2007 Record: 28-11
SID: Sam Atkinson, 410-543-6016
e-mail: satkinson@salisbury.edu
Website: <http://www.suseagulls.com>

Southern Virginia

Fri. Sept. 12 at The Freeman Center
CNU leads: 5-2

Location: Buena Vista, Va.
Enrollment: 750
President: Rodney K. Smith
Athletic Director: Tom Longenecker
Conference: Ind.
Nickname: Knights
Colors: Hunter Green, Black and White
Arena: Knight Arena (525)
Head Coach: Brian Pendleton
2007 Record: 31-10
SID: Kyle Chilton, 540-261-4524
e-mail: kyle.chilton@svu.edu
Website: <http://www.svu.edu/athletics>

Virginia Wesleyan

Wed. Oct. 22 at The Freeman Center
CNU leads series 6-0

Location: Virginia Beach, Va.
Enrollment: 1,446
President: Dr. William T. Greer
Athletic Director: Joanne Renn
Conference: Old Dominion AC
Nickname: Blue Marlins
Colors: Navy Blue and Silver
Arena: Batten Center (1,120)
Head Coach: Andrea Hoover
2007 Record: 17-14
SID: Joe Wasiluk, 757-455-3393
e-mail: jwasiluk@wvc.edu
Website: www.wvc.edu/athletics

Washington (Mo.)

Sat. Oct. 11 at St. Louis, Mo.
First meeting

Location: St. Louis, Mo.
Enrollment: 6,000
President: Mark S. Wrighton
Athletic Director: John Schael
Conference: University Athletic Assoc.
Nickname: Bears
Colors: Red and Green
Arena: Washington Univ. Field House (2,800)
Head Coach: Richlunenmann
2007 Record: 33-7
SID: Chris Mitchell, 314-935-5077
e-mail: mitchell@wstlu.edu
Website: <http://www.bearsports.wstlu.edu>

Washington & Lee

Sun. Sept. 28 at Crozet, Va.
W&L leads series 12-6

Location: Lexington, Va.
Enrollment: 2,200
President: Ken Ruscio
Athletic Director: Jan Hathorn
Conference: Old Dominion AC
Nickname: Generals
Colors: Royal Blue & White
Arena: Warner Center (2,500)
Head Coach: Bryan Snyder
2007 Record: 29-6
SID: Brian Laubscher, 540-458-8668
e-mail: blaubsc@wlu.edu
Website: <http://www.athletics.wlu.edu>

West Virginia Wesleyan

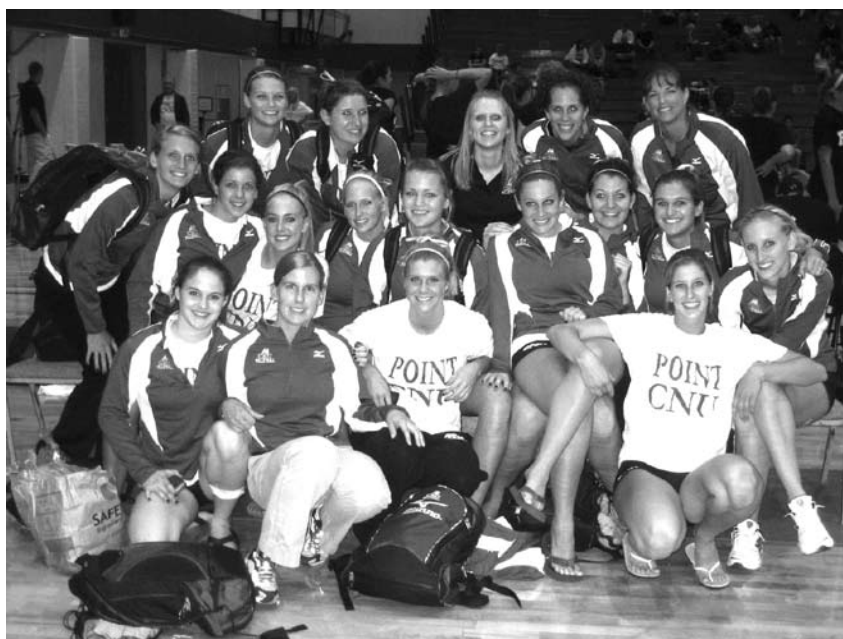
Sat. Sept. 13 at The Freeman Center
CNU leads: 1-0

Location: Buckhannon, W.Va.
Enrollment: 1,222
President: Pamela Balch
Athletic Director: Ken Tyler
Conference: West Virginia Intercollegiate AC
Nickname: Lady Bobcats
Colors: Orange & Black
Arena: J.D. Rockefeller Gym (3,500)
Head Coach: Andi Morgan
2007 Record: 25-11
SID: Duane Carpenter, 304-473-8102
e-mail: carpenter_d@wwvc.edu
Website: <http://bobcats.wwvc.edu>

Williams

Sat. Oct. 11 at St. Louis, Mo.
First meeting

Location: Williamston, Mass.
Enrollment: 2,000
President: Morton O. Schapiro
Athletic Director: Harry Sheehy
Conference: NESAC
Nickname: Ephs
Colors: Purple and Gold
Arena: Chandler Gym (1,600)
Head Coach: Fran Vandermeer
2007 Record: 28-8
SID: Dick Quinn, 413-597-4982
e-mail: dquinn@williams.edu
Website: <http://www.williams.edu/athletics>



The Captains celebrate another win



REVIEW OF 2007

NCAA BREAKTHROUGH

Although earning a spot in the NCAA Division III national championship tournament has become a regular occurrence for the Christopher Newport volleyball team, one thing was lacking. A victory in the tournament. The Captains had come close several times, usually against a top-ranked opponent, but in 2007 not only did CNU get its first-ever NCAA win, it came within a hair of pulling a huge upset and finally gained the national respect coach Lindsay Birch has been seeking.

It's first match opponent turned out to be Salisbury, a team the Captains had already beaten twice in the regular season, both times by 3-0 scores. It appeared to be the perfect match-up for CNU to gain that elusive first NCAA win, and it was.

With junior Liz Bush leading the way with 14 kills and junior Allison Wolfe adding 12 and junior Ellen Koch 11, CNU raced to a 30-22, 30-18, 30-18 win. Wolfe contributed 17 digs, while junior Christie Kirby and senior All-American Brittany Collins each had 15. Collins added 42 assists. But looming in the next match was second-ranked Juniata, perhaps the best-known Division III program in the country.

After dropping the first two games, 30-24, 30-23, the Captains bounced back for a 30-26 win in game three. The momentum had shifted and Christopher Newport took total control of game four with a 30-21 win. But Juniata's tournament experience prevailed in a 15-9 game five, to earn the right to move on. The Eagles eventually reached the national semi-finals.

This time CNU got 19 kills from Wolfe, 14 from junior Meghan Puckli and 11 from Bush. Kirby was sensational with 24 digs, while junior Sarah Coffey had 15 and Collins closed her career with an outstanding 55 assists.

CONFERENCE FINALS AGAIN - PART 7

For the seventh straight year CNU reached the championship match in the USA South tournament, but the Captains didn't need a lucky number seven to claim yet another conference title.

Playing at home in the Freeman Center, after losing several coin flips for the right to do so in recent years, Christopher Newport raced to three easy wins and received the conference's automatic bid to the NCAA Tournament for the fifth time in the last seven years.

In the quarterfinals CNU blanked

Meredith, 30-7, 30-15, 30-12, behind 12 kills from junior Ellen Koch and 10 from junior Allsion Wolfe.

In the semi-finals it was North Carolina Wesleyan that was the victim, 30-13, 30-19, 30-25 as junior Liz Bush slammed home 17 kills and Wolfe had 13.

Then, in the championship match against Greensboro, Wolfe added 14 more kills and Bush 12 as CNU prevailed, 30-19, 30-26, 30-11, for its fifth conference crown in seven years.

Senior Brittany Collins was named the tournament's Most Valuable Player for the third time in her four-year career. Also named to the all-tournament team were Bush, Koch and Wolfe.

ALL-AMERICA

In 2006 Brittany Collins became the first CNU volleyball All-American. In 2007 she duplicated the feat.

The senior setter earned honorable mention honors from the American Volleyball Coaches Association after a season in which she contributed 1,277 assists to CNU's great 33-7 year. She also had 123 service aces and 354 digs to cap the greatest CNU career in history.

COLLINS BY THE NUMBERS

Brittany Collins cemented herself as the best volleyball player in CNU history with some amazing numbers. Not the least of which was 13, the uniform number she wore in her four years with the Captains, which was retired at Christopher Newport's final home regular season match. It was only the second time a CNU volleyball number had been retired. The first was current coach Lindsay Birch, who's number 11 was retired in 2001.

Collins finished her career with some outstanding numbers. Her

5,103 assists not only easily placed her first in CNU history, but were one of the top totals of all time in Division III. She also finished as the Captains' all-time leader in service aces (441), was second in digs (1,515) and seventh in blocks (211).

ALL-USA SOUTH

After a dominating USA South season, which saw CNU race through the conference unbeaten, the Captains claimed numerous spots on the all-conference squad.

Brittany Collins was chosen Player of the Year for the second straight time and was joined on the first team by Allison Wolfe. Ellen Koch was placed on the second team and Liz Bush, Christie Kirby and Meghan Puckli took home honorable mention honors.

Coach Lindsay Birch was also named Coach of the Year for the third time.

ALL-STATE

For the second straight year Brittany Collins claimed the title of Virginia Division II-III Player of the Year.

Junior Allsion Wolfe joined Collins on the all-state team, earning second team honors.

RANKINGS AND RATINGS

CNU again spent most of the year among the top teams in the South region according to the American Volleyball Coaches Association, and even slipped into the "others receiving votes" category in the national poll.

ACADEMICALLY STRONG

Four players were included on the USA South all-academic team.

Sisters Meghan and Michelle Puckli, earned the honor along with Mary Horner and Caitlyn Jensen.

Meghan Puckli was also on the Dean's List in the Spring semester.

2007 REVIEW

2007 SEASON

2008

The Official volleyball
of the
USA South
Athletic Conference



Christopher Newport

2007 OVERALL STATISTICS

##	STATS SUMMARY	G	ATTACK					Pct	A	SET			SE	SERVE			BLOCKING					Points
			K	K/G	E	TA	A/G			SA	Pct	RE		DIG	Dig/GBS	BA	Total	B/G	BE	BHE		
12	WOLFE, Allison	106	373	3.52	101	1011	.269	12	0.11	41	58	.867	22	331	3.12	8	29	37	0.35	2	13	436.5
5	KOCH, Ellen	117	341	2.91	132	1000	.209	10	0.09	0	2	.917	24	108	0.92	2	42	44	0.38	2	24	364.0
9	BROWN, Sarah	113	238	2.11	71	614	.272	31	0.27	36	44	.878	1	66	0.58	23	81	104	0.92	3	12	337.5
7	BUSH, Liz	100	279	2.79	73	709	.291	4	0.04	0	0	.000	0	36	0.36	3	67	70	0.70	5	2	315.5
10	PUCKLI, Meghan	115	210	1.83	63	431	.341	60	0.52	2	1	.889	2	23	0.20	24	81	105	0.91	6	9	276.5
13	COLLINS, Brittany	120	119	0.99	28	283	.322	1277	10.64	123	63	.900	1	354	2.95	6	36	42	0.35	6	34	266.0
1	HUNKELE, Sarah	69	166	2.41	51	417	.276	2	0.03	1	1	.800	7	45	0.65	1	14	15	0.22	1	0	175.0
6	COFFEY, Sarah	128	60	0.47	36	200	.120	25	0.20	63	53	.901	39	305	2.38	2	2	4	0.03	1	7	126.0
8	JANSEN, Caitlyn	46	80	1.74	23	171	.333	10	0.22	23	18	.897	0	33	0.72	9	28	37	0.80	1	7	126.0
14	HORNER, Mary	128	2	0.02	0	19	.105	35	0.27	62	73	.868	22	323	2.52	0	0	0	0.00	0	2	64.0
4	LOWERY, Ryann	45	21	0.47	8	56	.232	212	4.71	21	24	.864	1	70	1.56	2	7	9	0.20	2	18	47.5
3	KIRBY, Christie	131	1	0.01	2	6	-.167	33	0.25	43	46	.922	64	536	4.09	0	0	0	0.00	0	1	44.0
15	BANGIT, Virginia	55	0	0.00	1	5	-.200	7	0.13	14	21	.860	3	42	0.76	0	0	0	0.00	0	0	14.0
2	PUCKLI, Michelle	33	0	0.00	1	2	-.500	5	0.15	6	8	.864	10	30	0.91	0	0	0	0.00	0	0	6.0
TEAM													9									
CHRISTOPHER NEWPORT.		132	1890	14.32	590	4924	.264	1723	13.05	435	412	.889	205	2302	17.44	80	387	273.5	2.07	29	129	2598.5

2007 USA SOUTH CONFERENCE MATCHES

		ATTACK						SET				SERVE			BLOCKING							
##	STATS SUMMARY	G	K	K/G	E	TA	Pct	A	A/G	SA	SE	Pct	RE	DIG	Dig/GBS	BA	Total	B/G	BE	BHE	Points	
12	WOLFE, Allison	50	166	3.32	27	395	.352	5	0.10	23	29	.865	14	145	2.90	3	13	16	0.32	1	11	198.5
5	KOCH, Ellen	48	156	3.25	35	391	.309	5	0.10	0	2	.867	7	50	1.04	1	19	20	0.42	0	10	166.5
13	COLLINS, Brittany	47	47	1.00	8	96	.406	474	10.09	67	24	.901	0	106	2.26	3	17	20	0.43	4	9	125.5
9	BROWN, Sarah	42	84	2.00	27	214	.266	10	0.24	14	17	.866	0	23	0.55	6	36	42	1.00	0	6	122.0
7	BUSH, Liz	42	105	2.50	28	269	.286	1	0.02	0	0	.000	0	10	0.24	1	29	30	0.71	2	0	120.5
10	PUCKLI, Meghan	44	75	1.70	18	156	.365	26	0.59	2	1	.889	0	3	0.07	4	30	34	0.77	1	4	96.0
1	HUNKELE, Sarah	31	88	2.84	20	189	.360	0	0.00	1	1	.750	3	28	0.90	0	8	8	0.26	0	0	93.0
8	JANSEN, Caitlyn	27	60	2.22	13	110	.427	5	0.19	15	11	.898	0	21	0.78	6	21	27	1.00	1	7	91.5
6	COFFEY, Sarah	53	9	0.17	4	27	.185	6	0.11	31	21	.907	12	81	1.53	1	0	1	0.02	0	4	41.0
4	LOWERY, Ryann	17	17	1.00	5	37	.324	139	8.18	14	10	.859	0	26	1.53	1	6	7	0.41	2	13	35.0
14	HORNER, Mary	54	0	0.00	0	5	.000	17	0.31	29	34	.860	8	98	1.81	0	0	0	0.00	0	0	29.0
3	KIRBY, Christie	56	0	0.00	0	1	.000	16	0.29	23	16	.942	24	217	3.88	0	0	0	0.00	0	0	23.0
2	PUCKLI, Michelle	21	0	0.00	1	1	-1.000	5	0.24	6	5	.878	7	13	0.62	0	0	0	0.00	0	0	6.0
15	BANGIT, Virginia	20	0	0.00	1	2	-.500	4	0.20	3	6	.882	1	17	0.85	0	0	0	0.00	0	0	3.0
TEAM													5									
CHRISTOPHER NEWPORT.		56	807	14.41	187	1893	.328	713	12.73	228	177	.891	81	838	14.96	26	179	115.5	2.06	11	64	1150.5

2007 RESULTS

Date	Opponent	Score	Score-by-game	Overall	Conf
Aug 31	vs Berry (GA)	1-3	L 24-30,21-30,31-29,27-30	0-1	0-0
Aug 31	at Emory University	0-3	L 26-30,24-30,16-30	0-2	0-0
Sep 1	vs Puget Sound (WA)	1-3	L 27-30,32-30,24-30,26-30	0-3	0-0
Sep. 1	vs St. Thomas (MN)	2-3	L 30-22,29-31,24-30,30-25,10-15	0-4	0-0
Sep 4	RANDOLPH-MACON	W 3-1	30-16,28-30,30-26,30-26	1-4	0-0
Sep 7	vs Southwestern (TX)	0-3	L 20-30,20-30,23-30	1-5	0-0
Sep 7	at Washington & Lee	W 3-0	30-26,30-16,30-14	2-5	0-0
Sep 8	vs McDaniel	W 3-0	30-20,30-23,30-27	3-5	0-0
Sep 8	vs UVA-Wise	W 3-1	30-23,30-14,28-30,30-11	4-5	0-0
*Sep 12	at Mary Baldwin	W 3-0	30-19,30-19,30-23	5-5	1-0
*Sep 15	MEREDITH	W 3-0	30-16,30-10,30-24	6-5	2-0
*Sep 15	PEACE	W 3-0	30-15,30-14,30-16	7-5	3-0
*Sep 18	NC WESLEYAN	W 3-2	27-30,30-15,30-21,28-30,15-8	8-5	4-0
*Sep 21	at Methodist	W 3-0	30-14,30-16,30-25	9-5	5-0
*Sep 21	vs Greensboro	W 3-0	30-14,30-19,30-16	10-5	6-0
*Sep 22	vs Averett	W 3-0	30-21,30-15,30-27	11-5	7-0
*Sep 22	vs Ferrum	W 3-0	30-13,30-20,30-10	12-5	8-0
*Sep 26	at Shenandoah	W 3-0	30-17,30-24,30-15	13-5	9-0
Sep 28	HAMPTON	W 3-0	30-15,30-24,30-11	14-5	9-0
*Sep 28	at Greensboro	W 3-0	30-19,30-20,30-22	15-5	10-0
*Sep 28	vs Methodist	W 3-0	30-18,30-12,30-26	16-5	11-0
Oct 3	at Salisbury	W 3-0	31-29,30-15,31-29	17-5	11-0
*Oct 10	MARY BALDWIN	W 3-0	30-12,30-15,30-22	18-5	12-0
Oct 12	GALLAUDET	W 3-0	30-22,30-23,30-16	19-5	12-0
Oct 12	SUSQUEHANNA	W 3-0	30-11,30-28,30-14	20-5	12-0
Oct 13	WEST VA WESLEYAN	W 3-0	30-27,30-20,30-21	21-5	12-0
Oct 13	WASHINGTON & LEE	2-3	L 32-30,25-30,33-31,30-32,6-15	21-6	12-0
*Oct 17	at NC Wesleyan	W 3-0	30-20,30-14,30-24	22-6	13-0
*Oct 20	vs Peace	W 3-0	30-14,30-14,30-11	23-6	14-0
*Oct 20	vs Meredith	W 3-0	30-14,30-10,30-15	24-6	15-0
*Oct 24	SHENANDOAH	W 3-0	30-14,30-9,30-8	25-6	16-0
*Oct 26	at Ferrum	W 3-0	30-12,30-15,30-20	26-6	17-0
*Oct 26	at Averett	W 3-0	30-20,30-20,30-26	27-6	18-0
Oct 27	vs Salisbury	W 3-0	30-15,30-27,30-24	28-6	18-0
Oct 27	at VA Wesleyan	W 3-0	30-20,30-22,30-23	29-6	18-0
#Oct 30	MEREDITH	W 3-0	30-7,30-15,30-12	30-6	18-0
#Nov 2	NC WESLEYAN	W 3-0	30-13,30-19,30-25	31-6	18-0
#Nov 3	GREENSBORO	W 3-0	30-19,30-26,30-11	32-6	18-0
\$Nov 8	vs Salisbury	W 3-0	30-22,30-18,30-18	33-6	18-0
\$Nov 9	vs. Juniata	2-3	L 24-30,23-30,30-26,30-21,9-15	33-7	18-0
* USA South Matches					
# USA South Tournament					
\$ NCAA Tournament					



Captains Volleyball



CATEGORY LEADERS

##	ATTACK (by K)	G	K	K/Game	E	TA	Pct
12	WOLFE, Allison	106	373	3.52	101	1011	.269
5	KOCH, Ellen	117	341	2.91	132	1000	.209
7	BUSH, Liz	100	279	2.79	73	709	.291
9	BROWN, Sarah	113	238	2.11	71	614	.272
10	PUCKLI, Meghan	115	210	1.83	63	431	.341
1	HUNKELE, Sarah	69	166	2.41	51	417	.276

##	SET (by A)	G	A	A/Game
13	COLLINS, Brittany	120	1277	10.64
4	LOWERY, Ryann	45	212	4.71
10	PUCKLI, Meghan	115	60	0.52
14	HORNER, Mary	128	35	0.27
3	KIRBY, Christie	131	33	0.25

##	BLOCK (by Total)	G	BS	BA	Total	B/Game
10	PUCKLI, Meghan	115	24	81	105.0	0.91
9	BROWN, Sarah	113	23	81	104.0	0.92
7	BUSH, Liz	100	3	67	70.0	0.70
5	KOCH, Ellen	117	2	42	44.0	0.38
13	COLLINS, Brittany	120	6	36	42.0	0.35

##	KILL (by K)	G	K	K/Game
12	WOLFE, Allison	106	373	3.52
5	KOCH, Ellen	117	341	2.91
7	BUSH, Liz	100	279	2.79
9	BROWN, Sarah	113	238	2.11
10	PUCKLI, Meghan	115	210	1.83

##	SERVE (by SA)	G	SA	SE	TA	Pct	SA/G
13	COLLINS, Brittany	120	123	63	627	.900	1.02
6	COFFEY, Sarah	128	63	53	533	.901	0.49
14	HORNER, Mary	128	62	73	552	.868	0.48
3	KIRBY, Christie	131	43	46	593	.922	0.33
12	WOLFE, Allison	106	41	58	437	.867	0.39

##	DEFENSE (by Dig)	G	DIG	Dig/G
3	KIRBY, Christie	131	536	4.09
13	COLLINS, Brittany	120	354	2.95
12	WOLFE, Allison	106	331	3.12
14	HORNER, Mary	128	323	2.52
6	COFFEY, Sarah	128	305	2.38

TEAM STATISTICS

TEAM STATISTICS	CNU	OPP
ATTACK		
Kills	1890	880
Errors	590	606
Total Attacks	4924	3229
Attack Pct	.264	.085
Kills/Game	14.3	6.7

SET		
Assists	1723	826
Assists/Game	13.1	6.3

SERVE		
Aces	435	144
Errors	412	192
Attempts	3702	1882
Serve Pct	.889	.898
Aces/Game	3.3	1.1

SERVE RECEPTIONS		
Errors	205	347
Errors/Game	1.6	2.6
Attempts	2411	2369
Reception Pct	.915	.854

DEFENSE		
Digs	2302	1556
Digs/Game	17.4	11.8

BLOCKING		
Block Solo	80	39
Block Assist	387	162
Total Blocks	273.5	120.0
Blocks Per Game	2.1	0.9
Block Errors	29	31

BALL HANDLING ERRORS		
Errors	129	98
ATTENDANCE		
Total	1683	1694
Dates/Avg Per Date	15/112	12/141
Neutral site #/Avg	13/38	
Current win streak	0	-
Home win streak	5	-

MATCH WINS BY #GAMES	1	2	3	4	5	Total
Christopher Newport	0	0	30	2	1	33
Opponents	0	0	2	2	3	7

GAMES WON BY GAME	1	2	3	4	5	Total
Christopher Newport	34	33	35	4	1	107
Opponents	6	7	5	4	3	25

POINTS BY GAME	1	2	3	4	5	Total
Christopher Newport	1171	1162	1170	231	40	3774
Opponents	789	812	858	205	53	2717

NATIONAL STATISTICAL LEADERS

Category	Player	Statistic	Rank
Aces per game	Brittany Collins	1.03	12th

Category	Team	Statistic	Rank
Hitting percentage	CNU	.264	13th
Aces per game	CNU	3.3	19th
Won-Lost percentage	CNU	.825	21st
Assists per game	CNU	13.05	41st
Kills per game	CNU	14.32	50th

CNU's LONGEST WINNING STREAKS

Streak	No.	Specifics
Consecutive Wins	20	Sept. 7, 2007 (def. Washington & Lee, 3-0) to Oct. 13, 2007 (def. West Va. Wesleyan, 3-0)
Consecutive Home Wins	31	Oct. 24, 2003 (def. Peace, 3-0) to Sept. 23, 2006 (def. Greensboro, 3-0)
Consecutive conference wins	29	Oct. 28, 2000 (def. Methodist, 3-0) to Nov. 2, 2002 (def. Ferrum, 3-1)
Consecutive Home conference wins	36	Oct. 28, 2000 (def. Methodist, 3-0) to Sept. 23, 2006 (def. Greensboro, 3-0)

Longest overall winning streaks

No.	Start (Opponent)	Last Win (Opponent)	End (Opponent)
20	Sept. 7, 2007 (Wash. & Lee)	Oct. 13, 2007 (West Va. Wesleyan)	Oct. 13, 2007 (Wash. & Lee)
16	Oct. 2, 1985 (Longwood)	Oct. 20, 1985 (Longwood)	Oct. 20, 1985 (Methodist)
16	Sept. 17, 2002 (Shenandoah)	Nov. 2, 2002 (Ferrum)	Nov. 2, 2002 (Averett)
15	Sept. 15, 2004 (Chowan)	Oct. 10, 2004 (Chowan)	Oct. 10, 2004 (Bridgewater)
12	Oct. 17, 2007 (N.C. Wesleyan)	Nov. 8, 2007 (Salisbury)	Nov. 9, 2007 (Juniata)
10	Sept. 8, 2001 (Shenandoah)	Oct. 8, 2001 (Greensboro)	Oct. 12, 2001 (Monmouth)



2007 INDIVIDUAL MATCH HIGHS

ATTACK PERCENT (K-E-TA) minimum 12 kills

.636 (14- 0-22) BROWN, Sarah vs UVA-Wise (Sep 8)
 .571 (12- 0-21) KOCH, Ellen vs Meredith (Oct 30)
 .559 (19- 0-34) WOLFE, Allison at NC Wesleyan (Oct 17)
 .550 (12- 1-20) BUSH, Liz vs Greensboro (Nov 3)
 .538 (14- 0-26) BUSH, Liz vs Salisbury (Nov 8)
 .536 (17- 2-28) BUSH, Liz vs NC Wesleyan (Nov 2)
 .522 (12- 0-23) WOLFE, Allison vs Meredith (Oct 20)
 .481 (14- 1-27) WOLFE, Allison vs Greensboro (Sep 21)
 .464 (14- 1-28) WOLFE, Allison vs Peace (Sep 15)
 .464 (14- 1-28) KOCH, Ellen at NC Wesleyan (Oct 17)

KILLS (K-E-TA)

21 (21- 2-47) 5g KOCH, Ellen vs NC Wesleyan (Sep 18)
 20 (20- 7-84) 5g WOLFE, Allison vs WASHINGTON & LEE (Oct 13)
 19 (19- 0-34) 3g WOLFE, Allison at NC Wesleyan (Oct 17)
 19 (19-10-71) 5g WOLFE, Allison at Juniata (Nov 9)
 17 (17- 1-37) 3g KOCH, Ellen at Averett (Oct 26)
 17 (17- 2-28) 3g BUSH, Liz vs NC Wesleyan (Nov 2)
 16 (16- 3-33) 3g WOLFE, Allison vs WEST VA WESLEYAN (Oct 13)
 15 (15- 6-40) 4g WOLFE, Allison vs UVA-Wise (Sep 8)
 14 (14- 4-25) 5g PUCKLI, Meghan at Juniata (Nov 9)
 14 (14- 0-22) 4g BROWN, Sarah vs UVA-Wise (Sep 8)

TOTAL ATTEMPTS (K-E-TA)

84 (20- 7-84) 5g WOLFE, Allison vs WASHINGTON & LEE (Oct 13)
 71 (19-10-71) 5g WOLFE, Allison at Juniata (Nov 9)
 55 (12- 9-55) 5g KOCH, Ellen vs WASHINGTON & LEE (Oct 13)
 47 (21- 2-47) 5g KOCH, Ellen vs NC Wesleyan (Sep 18)
 46 (14- 6-46) 5g BUSH, Liz vs WASHINGTON & LEE (Oct 13)
 45 (13- 7-45) 4g COFFEY, Sarah vs Puget Sound (WA) (Sep 1)
 41 (13- 3-41) 3g WOLFE, Allison vs NC Wesleyan (Nov 2)
 41 (11- 9-41) 5g COFFEY, Sarah vs St. Thomas (MN) (Sep. 1)
 40 (15- 6-40) 4g WOLFE, Allison vs UVA-Wise (Sep 8)
 40 (11- 7-40) 4g KOCH, Ellen vs Randolph-Macon (Sep 4)

POINTS

24.0 (20- 2- 2.0) 5g WOLFE, Allison vs WASH. & LEE (Oct 13)
 22.5 (13- 6- 3.5) 5g BROWN, Sarah vs St. Thomas (MN) (Sep. 1)
 22.5 (21- 0- 1.5) 5g KOCH, Ellen vs NC Wesleyan (Sep 18)
 21.0 (19- 1- 1.0) 5g WOLFE, Allison at Juniata (Nov 9)
 21.0 (19- 2- 0.0) 3g WOLFE, Allison at NC Wesleyan (Oct 17)

ASSISTS

56 (5g) COLLINS, Brittany vs WASHINGTON & LEE (Oct 13)
 55 (5g) COLLINS, Brittany at Juniata (Nov 9)
 52 (4g) COLLINS, Brittany vs Puget Sound (WA) (Sep 1)
 50 (5g) COLLINS, Brittany vs St. Thomas (MN) (Sep. 1)
 44 (4g) COLLINS, Brittany vs Randolph-Macon (Sep 4)

DIGS

35 (5g) KIRBY, Christie vs WASHINGTON & LEE (Oct 13)
 29 (5g) KIRBY, Christie vs NC Wesleyan (Sep 18)
 24 (5g) HORNER, Mary vs WASHINGTON & LEE (Oct 13)
 24 (5g) KIRBY, Christie at Juniata (Nov 9)
 23 (4g) COFFEY, Sarah vs Puget Sound (WA) (Sep 1)

ACES

10 COLLINS, Brittany vs Peace (Sep 15)
 7 COLLINS, Brittany vs Ferrum (Sep 22)
 7 COLLINS, Brittany vs Meredith (Oct 30)
 7 COLLINS, Brittany vs Shenandoah (Oct 24)
 7 WOLFE, Allison vs Meredith (Oct 20)

BLOCKS (BS-BA)

10 (4- 6) PUCKLI, Meghan vs UVA-Wise (Sep 8)
 7 (0- 7) BUSH, Liz vs UVA-Wise (Sep 8)
 6 (2- 4) BROWN, Sarah vs Ferrum (Sep 22)
 6 (1- 5) BROWN, Sarah at Washington & Lee (Sep 7)
 6 (1- 5) BROWN, Sarah at Juniata (Nov 9)
 5 (3- 2) JANSEN, Caitlyn vs Ferrum (Sep 22)
 5 (2- 3) BROWN, Sarah vs NC Wesleyan (Nov 2)
 5 (2- 3) BROWN, Sarah vs St. Thomas (MN) (Sep. 1)
 5 (2- 3) PUCKLI, Meghan vs Puget Sound (WA) (Sep 1)
 5 (1- 4) BROWN, Sarah vs Greensboro (Sep 21)

2007 TEAM MATCH HIGHS

ATTACK PERCENT (K-E-TA)

.506 (42- 3- 77) vs Shenandoah (Oct 24)
 .419 (43- 7- 86) vs Meredith (Oct 20)
 .415 (40- 6- 82) vs Greensboro (Sep 21)
 .402 (43- 8- 87) vs Peace (Oct 20)
 .390 (46- 7-100) vs Meredith (Oct 30)

KILLS (K-E-TA)

69 (69-30-262) 5g vs WASHINGTON & LEE (Oct 13)
 68 (68-13-190) 5g vs NC Wesleyan (Sep 18)
 60 (60-29-181) 4g vs Puget Sound (WA) (Sep 1)
 60 (60-26-182) 5g at Juniata (Nov 9)
 59 (59-27-165) 4g vs Berry (GA) (Aug 31)

TOTAL ATTEMPTS (K-E-TA)

262 (69-30-262) 5g vs WASH. & LEE (Oct 13)
 190 (68-13-190) 5g vs NC Wesleyan (Sep 18)
 186 (58-25-186) 5g vs St. Thomas (MN) (Sep. 1)
 182 (60-26-182) 5g at Juniata (Nov 9)
 181 (60-29-181) 4g vs Puget Sound (WA) (Sep 1)

ASSISTS

63 (5g) vs WASHINGTON & LEE (Oct 13)
 60 (5g) vs NC Wesleyan (Sep 18)
 59 (4g) vs Puget Sound (WA) (Sep 1)
 57 (5g) at Juniata (Nov 9)
 56 (4g) vs Randolph-Macon (Sep 4)

DIGS

127 (5g) vs WASHINGTON & LEE (Oct 13)
 96 (5g) vs St. Thomas (MN) (Sep. 1)
 96 (4g) vs Puget Sound (WA) (Sep 1)
 93 (5g) vs NC Wesleyan (Sep 18)
 80 (4g) vs Randolph-Macon (Sep 4)

ACES

20 at Shenandoah (Sep 26)
 20 vs Shenandoah (Oct 24)
 19 vs UVA-Wise (Sep 8)
 18 vs Meredith (Oct 20)
 16 vs Peace (Sep 15)

BLOCKS

17.5 vs UVA-Wise (Sep 8)
 14.0 vs Ferrum (Sep 22)
 11.5 vs NC Wesleyan (Sep 18)
 11.0 vs Meredith (Oct 20)
 10.0 vs NC Wesleyan (Nov 2)



Team dinner

Captains Volleyball



SEASON LEADERS

Kills

1.	Lindsay Sheppard	2001	612
2.	Tricia Nelsen	2004	523
3.	Lindsay Sheppard	2000	498
4.	Amber Bradshaw	2003	464
5.	Oksana Boukhtina	2000	449
	Amber Bradshaw	2004	449
7.	Amanda Adkins	1997	404
8.	Tiffany Libeu	1995	387
	Jenna Williams	2003	387
10.	Heather Vaden	2000	384

Attempts

1.	Lindsay Sheppard	2001	1488
2.	Amber Bradshaw	2004	1451
3.	Tricia Nelsen	2004	1353
4.	Lindsay Sheppard	2000	1314
5.	Amber Bradshaw	2003	1309
6.	Amber Bradshaw	2005	1204
7.	Jenna Williams	2003	1191
8.	Heather Vaden	1999	1068
9.	Amanda Adkins	1997	1031
10.	Allison Wolfe	2007	1011

Assists

1.	Brittany Collins	2004	1356
2.	Nina Richardson	2000	1337
3.	Brittany Collins	2007	1277
4.	Nina Richardson	2001	1271
5.	Brittany Collins	2005	1254
6.	Brittany Collins	2006	1216
7.	Rachel Hull	1997	1179
8.	Nina Richardson	2002	1114
9.	Erin Bradshaw	2003	1102
20.	Heidi Jackson	1999	1004

Service Aces

1.	Brittany Collins	2007	123
2.	Lindsay Sheppard	2001	119
3.	Brittany Collins	2004	117
4.	Brittany Collins	2006	108
5.	Amber Bradshaw	2002	96
	Amber Bradshaw	2003	96
7.	Amber Bradshaw	2004	95
8.	Brittany Collins	2005	93
9.	Lou Long	1986	87
	Erin Bradshaw	2003	87

Digs

1.	Jenna Williams	2006	577
2.	Jenna Williams	2005	553
3.	Christy Kirby	2007	536
4.	Jenna Williams	2004	532
5.	Jessica DeWitt	1995	486
6.	Amber Bradshaw	2004	444
7.	Brittany Collins	2004	432
8.	Lindsay Sheppard	2000	413
9.	Jennifer McDaniel	1990	393
10.	Courtney Barnett	2003	390



Ellen Koch

Block Solo

1.	Angie Cook	1985	100
2.	Dawn Terry	1985	82
3.	Dawn Terry	1984	66
4.	Dawn Terry	1986	60
	Tina Sage	1985	60
6.	Beth Spurell	1989	53
7.	Lou Long	1985	49
8.	Beth Spurell	1986	47
9.	Angie Cook	1985	46
10.	Sandy Miller	1987	45

Block Assist

1.	Oksana Boukhtina	2000	126
2.	Meghan Puckli	2006	94
3.	Sarah Brown	2007	81
	Meghan Puckli	2007	81
5.	Nina Richardson	2000	78
6.	Oksana Boukhtina	1998	74
7.	Nicole Kendra	2001	73
8.	Miranda Swaim	1997	70
9.	Oksana Boukhtina	1999	69
10.	Liz Bush	2006	68

Total Blocks

1.	Oksana Boukhtina	2000	148
2.	Angie Cook	1985	122
3.	Miranda Swaim	1997	112
4.	Meghan Puckli	2006	109
5.	Meghan Puckli	2007	105
6.	Sarah Brown	2007	104
7.	Oksana Boukhtina	1999	101
8.	Nicole Kendra	2001	100
9.	Oksana Boukhtina	1999	99
10.	Oksana Boukhtina	1998	97
	Jessica O'Neal	2004	97

Games Played

1.	Amanda Adkins	1997	141
2.	Miranda Swaim	1997	140
3.	Jenna Williams	2005	139
4.	Heather Vaden	1997	138
	Rachel Hull	1997	138
6.	Amber Bradshaw	2004	137
	Brittany Collins	2004	137
8.	Nicole Sperlazza	2005	136
9.	Heidi Jackson	1997	132
	Brittany Collins	2005	132

2007 performances in bold



Ryann Lowery



Liz Bush



Mary Horner

SEASON LEADERS

RECORD BOOK

2008



CAREER LEADERS

Kills

1.	Lindsay Sheppard	1998-01	1632
2.	Amber Bradshaw	2002-05	1554
3.	Oksana Boukhtina	1998-00, 02	1464
4.	Heather Vaden	1997-00	1187
5.	Ellen Koch	2005-	978
6.	Dawn Terry	1983-86	966
7.	Liz Bush	2005-	886
8.	Erin Bradshaw	2002-05	871
9.	Ruth Castellon	1986-89	738
10.	Amanda Adkins	1996-97	710

Attempts

1.	Amber Bradshaw	2002-05	4809
2.	Lindsay Sheppard	1998-01	4425
3.	Oksana Boukhtina	1998-00,02	3436
4.	Heather Vaden	1997-00	3391
5.	Ellen Koch	2005-	2872
6.	Erin Bradshaw	2002-05	2770
7.	Liz Bush	2005-	2202
8.	Jennifer Martin	1990-92	2126
9.	Ruth Castellon	1986-89	2048
10.	Hollie Fuller	1995-98	2044

Assists

1.	Brittany Collins	2004-07	5103
2.	Nina Richardson	1999-02	3982
3.	Heidi Jackson	1996-99	2234
4.	Rachel Hull	1995-97	2085
5.	Erin Bradshaw	2002-05	1436
6.	Michelle Masco	1985-86	1248
7.	Angie Crandal	1989-92	1014
8.	Linda Machie	1988-90	537
9.	Paul Hockster	1988-89	518
10.	Patty Patenaude	1986-87	484

Service Aces

1.	Brittany Collins	2004-07	441
2.	Amber Bradshaw	2002-05	365
3.	Lindsay Sheppard	1998-01	288
4.	Erin Bradshaw	2002-05	268
5.	Ruth Castellon	1986-89	226
6.	Dawn Terry	1983-86	218
7.	Heidi Jackson	1996-99	201
8.	Heather Vaden	1997-00	200
9.	Nicole Sperlazza	2003-06	185
10.	Oksana Boukhtina	1998-00,02	165

Digs

1.	Jenna Williams	2003-06	2001
2.	Brittany Collins	2004-07	1515
3.	Lindsay Sheppard	1998-01	1495
4.	Heather Vaden	1997-00	1371
5.	Amber Bradshaw	2002-05	1320
6.	Holly Umstead	1991-94	1051
7.	Jennifer McDaniel	1988-91	988
8.	Jennifer Martin	1990-92	934
9.	Ruth Castellon	1986-89	925
10.	Oksana Boukhtina	1998-00,02	900

2007 performances in bold

Block Solo

1.	Dawn Terry	1983-86	245
2.	Angie Cook	1982-85	155
3.	Beth Spurell	1985-86,89	104
4.	Oksana Boukhtina	1998-00,02	93
5.	Ruth Castellon	1986-89	82
6.	Lou Long	1985-86	72
7.	Holly Umstead	1991-94	70
8.	Jennifer Martin	1990-92	66
9.	Mitchell Whitmore	1983-84	65
10.	Dana Forrest	1994-97	64

Block Assists

1.	Oksana Boukhtina	1998-00,02	335
2.	Nina Richardson	1999-02	247
3.	Sarah Brown	2005-	203
4.	Liz Bush	2005-	195
5.	Meghan Puckli	2005-	183
6.	Lindsay Sheppard	1998-01	179
7.	Brittany Collins	2004-07	177
8.	Nicole Kendra	2000-03	175
9.	Jenny Steele	1999-01	168
10.	Heather Vaden	1997-00	160

Total Blocks

1.	Oksana Boukhtina	1998-00,02	428
2.	Dawn Terry	1983-86	321
3.	Sarah Brown	2005-	266
4.	Lindsay Sheppard	1998-01	237
5.	Nina Richardson	1999-02	231
6.	Meghan Puckli	2005-	225
7.	Liz Bush	2005-	222
8.	Angie Cook	1982-85	218
9.	Brittany Collins	2004-07	211
10.	Jenny Steele	1999-01	208

Games Played

1.	Jenna Williams	2003-06	527
2.	Brittany Collins	2004-07	510
3.	Amber Bradshaw	2002-05	499
4.	Erin Bradshaw	2002-05	485
5.	Lindsay Sheppard	1998-01	484
6.	Nicole Sperlazza	2003-06	483
7.	Heather Vaden	1997-00	475
8.	Nina Richardson	1999-02	466
9.	Oksana Boukhtina	1998-00,02	416
10.	Heidi Jackson	1996-99	419



Oksana Boukhtina



Amber Bradshaw



Erin Bradshaw



Ruth Castellon



Brittany Collins



Tiffany Libeu



Nina Richardson



Lindsay Sheppard



Dawn Terry



Heather Vaden



Jenna Williams



ELITE PERFORMANCE CLUBS

Kills (25 minimum)

35 -	Lindsay Sheppard	Averett	10/27/01
34 -	Lindsay Sheppard	Ursinus	9/01/00
31 -	Lindsay Sheppard	Averett	10/21/00
30 -	Tricia Nelsen	Averett	9/26/04
29 -	Oksana Boukhtina	Averett	10/21/00
29 -	Oksana Boukhtina	Randolph Macon	10/14/00
29 -	Oksana Boukhtina	Averett	9/21/00
29 -	Heather Vaden	Shenandoah	11/05/99
28 -	Lindsay Sheppard	Shenandoah	10/19/01
28 -	Lindsay Sheppard	Ferrum	9/22/01
27 -	Oksana Boukhtina	Shenandoah	11/05/99
27 -	Angie Cook	St Andrews	11/2/85
27 -	Tricia Nelsen	Frostburg St.	9/11/04
26 -	Heather Vaden	N.C. Wesleyan	10/06/99
25 -	Lindsay Sheppard	Chowan	11/02/01
25 -	Lindsay Sheppard	Randolph Macon	10/06/01
25 -	Lindsay Sheppard	Hollins	10/06/01
25 -	Amanda Adkins	Chowan	10/30/96
25 -	Andrea Spurell	N.C. Wesleyan	11/4/89

Total Attempts (60 minimum)

91 -	Amber Bradshaw	Bridgewater	10/10/04
84 -	Allison Wolfe	Washington & Lee	10/13/07
82 -	Dawn Terry	Greensboro	10/27/84
78 -	Lindsay Sheppard	Averett	10/21/00
74 -	Lindsay Sheppard	Southwestern	10/13/01
73 -	Tricia Nelsen	Averett	9/26/04
71 -	Allison Wolfe	Juniata	11/9/07
68 -	Tricia Nelsen	Bridgewater	10/10/04
67 -	Amber Bradshaw	Randolph Macon	10/28/02
67 -	Lindsay Sheppard	Averett	10/27/01
67 -	Amanda Adkins	Averett	11/9/96
66 -	Tricia Nelsen	Frostburg St.	9/11/04
65 -	Lindsay Sheppard	Shenandoah	10/19/01
65 -	Lindsay Sheppard	Ferrum	9/22/01
65 -	Lindsay Sheppard	Shenandoah	9/08/01
65 -	Oksana Boukhtina	Averett	10/21/00
65 -	Oksana Boukhtina	Averett	9/21/00
64 -	Lindsay Sheppard	Ursinus	9/01/00
64 -	Lindsay Sheppard	Averett	9/22/01
62 -	Lindsay Sheppard	Greensboro	9/23/00
62 -	Andrea Spurell	N.C. Wesleyan	11/4/89
62 -	Amber Bradshaw	Randolph-Macon	9/6/05
61 -	Lindsay Sheppard	Randolph Macon	10/14/00
61 -	Amber Bradshaw	Southwestern (Tx)	9/3/04
61 -	Amber Bradshaw	Trinity (Tx.)	11/10/05
60 -	Lindsay Sheppard	Monmouth	10/12/01

Attack % (.500% with 15 attempts minimum)

.778	Liz Bush	Shenandoah	11/1/05
.765	Tiffany Libeu	N.C. Wesleyan	10/31/95
.750	Sarah Brown	Oneonta St.	10/7/06
.692	Tiffany Libeu	Greensboro	10/14/95
.687	Amanda Adkins	Barton	9/6/97
.680	Tiffany Libeu	Allentown	9/29/95
.667	Amanda Adkins	Meredith	9/20/97
.652	Heather Vaden	Eastern Mennonite	9/23/97
.650	Tiffany Libeu	Dickinson	9/29/95
.636	Sarah Brown	UVA- Wise	9/8/07
.611	Angie Cook	Mary Washington	10/2/85
.606	Lindsay Sheppard	Methodist	10/20/01
.600	Dana Forrest	Averett	9/21/96
.588	Jenny Steele	Methodist	11/03/01
.579	Mary Whiting	St. Mary's	9/06/02
.571	Mary Whiting	Averett	9/28/02
.571	Ruth Castellon	Sweetbriar	10/25/86
.571	Sarah Brown	Va. Wesleyan	9/5/06
.571	Ellen Koch	Meredith	10/30/07
.565	Tiffany Libeu	Greensboro	9/23/95
.560	Dawn Terry	Maryland E. Shore	9/16/86
.560	Dawn Terry	St. Andrews	10/5/85
.559	Allison Wolfe	N.C. Wesleyan	10/17/07
.556	Jacqui Rollandini	Ferrum	10/05/03
.550	Andrea Spurell	Greensboro	10/25/86
.550	Liz Bush	Greensboro	10/3/07
.545	Oksana Boukhtina	Ferrum	10/23/99
.542	Heather Vaden	Methodist	10/25/98
.538	Liz Bush	Salisbury	10/8/07
.536	Liz Bush	N.C. Wesleyan	10/2/07
.531	Mary Whiting	Ferrum	9/28/02

Aces (8 minimum)

16 -	Amber Bradshaw	N.C. Wesleyan	10/23/02
12 -	Lu Long	Elizabeth City	9/11/86
12	Brittany Collins	N.C. Wesleyan	10/18/06
11 -	Lindsay Sheppard	St. Mary's	9/7/01
11 -	Jennifer McDaniel	N.C. Wesleyan	9/24/91
11 -	Dawn Terry	Hampton	10/21/86
10 -	Amber Bradshaw	Randolph Macon	10/28/02
10 -	Holly Umstead	N.C. Wesleyan	11/3/92
10 -	Lu Long	Averett	9/12/86
10 -	Brittany Collins	N.C. Wesleyan	9/8/04
10 -	Brittany Collins	Chowan	10/13/04
10 -	Brittany Collins	Peace	9/15/07
9 -	Lu Long	Mount Olive	9/19/86
9 -	Kim Wagner	N.C. Wesleyan	10/3/84
9 -	Brittany Collins	Virginia Wesleyan	10/25/05
8 -	Amber Bradshaw	Ursinus	8/30/03
8 -	Amber Bradshaw	Shenandoah	9/30/03
8 -	Amber Bradshaw	Methodist	10/07/03
8 -	Nicole Kendra	Ferrum	11/2/02
8 -	Amber Bradshaw	Chowan	10/03/02
8 -	Nina Richardson	Ferrum	9/28/02
8 -	Lindsay Sheppard	Greensboro	10/08/01
8 -	Colleen O'Neil	Greensboro	10/17/92
8 -	Dawn Terry	Washington	10/17/86
8 -	Dawn Terry	UNC Greensboro	10/20/84
8 -	Amber Bradshaw	Shenandoah	10/26/04
8 -	Brittany Collins	Piedmont	10/7/05

Block Solo

11 -	Andrea Spurell	N.C. Wesleyan	11/4/89
9 -	Courtney Barnett	Bridgewater	8/30/03
9 -	Beth Ann Pauler	Chowan	9/29/93
8 -	Lu Long	Greensboro	9/28/86
8 -	Andrea Spurell	Randolph Macon	10/27/89
7 -	Andrea Spurell	Averett	10/20/89
7 -	Angie Cook	Greensboro	9/28/1985
6 -	Oksana Boukhtina	Ferrum	9/18/99
6 -	Angie Cook	Greensboro	10/12/85
6 -	Dawn Terry	UNC Greensboro	10/20/84
6 -	Dawn Terry	Greensboro	10/27/84
6 -	Angie Cook	Greensboro	10/27/84

Block Assists

10 -	Nicole Kendra	Randolph Macon	10/06/01
10 -	Angie Cook	N.C. Wesleyan	9/15/84
8 -	Oksana Boukhtina	N.C. Wesleyan	10/03/00
8 -	Oksana Boukhtina	Greensboro	9/23/00
7 -	Oksana Boukhtina	Methodist	9/21/02
7 -	Nicole Kendra	Averett	10/27/01
7 -	Oksana Boukhtina	Averett	10/21/00
7 -	Nicole Kendra	Rowan	10/14/00
7 -	Oksana Boukhtina	Averett	9/21/00
7 -	Nina Richardson	Averett	9/21/00
7 -	Oksana Boukhtina	N.C. Wesleyan	10/06/99
7 -	Jenny Steele	Oglethorpe	10/02/99
7 -	Oksana Boukhtina	Chowan	9/15/98
7 -	Donnna Fudella	N.C. Wesleyan	11/8/96
7 -	Jesica O'Neal	Randolph-Macon	9/21/04
7 -	Meghan Puckli	Hardin-Simmons	9/9/06
7 -	Liz Bush	UVA-Wise	9/8/07

Digs (30 minimum)

44 -	Ruth Castellon	N.C. Wesleyan	11/4/89
35 -	Christie Kirby	Washington & Lee	10/13/07
32 -	Heather Vaden	Greensboro	9/23/00
32 -	Linda Machie	Ferrum	10/26/90
32 -	Linda Machie	Ferrum	10/19/90
32 -	Janna Williams	Allegheny	10/6/06
31 -	Jennifer Wood	Frostburg State	10/08/99
31 -	Holly Umstead	Greensboro	10/16/93
30 -	Jennifer McDaniel	Ferrum	10/26/90
30 -	Jenna Williams	Randolph-Macon	9/21/04
30 -	Jenna Williams	Averett	9/10/05

Assists (60 minimum)

74 -	Nina Richardson	Averett	10/21/00
74 -	Nina Richardson	Averett	9/21/00
74 -	Michelle Masco	St. Andrews	9/20/86
74 -	Michelle Masco	Maryland E. Shore	9/16/86
64 -	Nina Richardson	Shenandoah	9/08/01
63 -	Nina Richardson	Ursinus	9/01/00
63 -	Heidi Jackson	N.C. Wesleyan	10/06/99

YEARLY LEADERS

Attack Percentage

Year	Name	Class	Pct.
1982	Vicki Gunn	Fr.	.236
1983	Dawn Terry	Fr.	.264
1984	Dawn Terry	So.	.303
1985	Dawn Terry	Jr.	.377
1986	Dawn Terry	Sr.	.326
1987	Ruth Castellon	So.	.147
1988	Ruth Castellon	Jr.	.206
1989	Beth Spurell	Sr.	.243
1990	Jennifer Martin	So.	.120
1991	Jennifer McDaniel	Sr.	.112
1992	Jennifer Martin	Sr.	.179
1993	Beth Ann Pauler	Fr.	.151
1994	Holly Umstead	Sr.	.161
1995	Tiffany Libeu	Sr.	.409
1996	Amanda Adkins	Fr.	.217
1997	Miranda Swaim	Fr.	.263
1998	Oksana Boukhtina	Fr.	.212
1999	Oksana Boukhtina	So.	.241
2000	Oksana Boukhtina	Jr.	.329
2001	Amy Johnson	Fr.	.314
2002	Oksana Boukhtina	Sr.	.254
2003	Nicole Sperlazza	Fr.	.199
2004	Brittany Collins	Fr.	.345
2005	Liz Bush	Fr.	.297
2006	Brittany Collins	Jr.	.388
2007	Meghan Puckli	Jr.	.341

Kills

Year	Name	Class	Kills
1982	Vicki Gunn		22
1983	Mitchell Whitmore	Jr.	113
1984	Dawn Terry	So.	243
1985	Tina Sage	Sr.	191
1986	Dawn Terry	Sr.	329
1987	Ruth Castellon	So.	166
1988	Ruth Castellon	Jr.	162
1989	Ruth Castellon	Sr.	278
1990	Jennifer Martin	So.	232
1991	Jennifer Martin	Jr.	203
1992	Jennifer Martin	Jr.	205
1993	Holly Umstead	Jr.	123
1994	Holly Umstead	Sr.	186
1995	Tiffany Libeu	Sr.	387
1996	Amanda Adkins	Fr.	306
1997	Amanda Adkins	So.	404
1998	Oksana Boukhtina	Fr.	297
1999	Heather Vaden	Jr.	384
2000	Lindsay Sheppard	Jr.	498
2001	Lindsay Sheppard	Sr.	612
2002	Oksana Boukhtina	Sr.	357
2003	Amber Bradshaw	So.	464
2004	Tricia Nelsen	Fr.	523
2005	Amber Bradshaw	Sr.	368
2006	Liz Bush	So.	342
2007	Allison Wolfe	Jr.	373

Assists

Year	Name	Class	Assists
1986	Michelle Masco	Sr.	681
1987	Patty Patenaude	Jr.	279
1988	Patty Patenaude	Sr.	203
1989	Paula Hockster	Sr.	337
1990	Angie Crandol	So.	334
1991	Angie Crandol	Jr.	295
1992	Dana Kirts	Jr.	205
1993	Kim Lee	So.	353
1994	Nicole Antkiewicz	Fr.	422
1995	Rachel Hull	So.	528
1996	Faith McGovern	Fr.	396
1997	Rachel Hull	Sr.	1197
1998	Heidi Jackson	Jr.	917
1999	Heidi Jackson	Sr.	1004
2000	Nina Richardson	So.	1337
2001	Nina Richardson	Jr.	1271
2002	Nina Richardson	Sr.	1114
2003	Erin Bradshaw	So.	1102
2004	Brittany Collins	Fr.	1355
2005	Brittany Collins	So.	1254
2006	Brittany Collins	Jr.	1216
2007	Brittany Collins	Sr.	1277

Digs

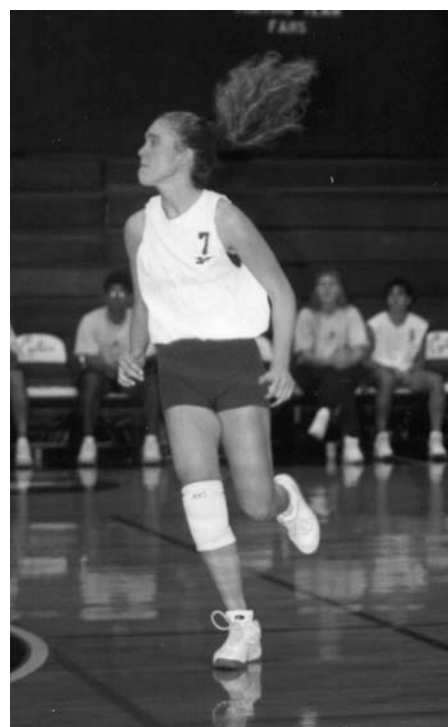
Year	Name	Class	Digs
1982	Vicki Gunn		12
	Shelly Pidgeon		12
1983	Kim Wagner	Fr.	39
1984	Kim Wagner	So.	136
1985	Tina Sage	Sr.	210
1986	Dawn Terry	Sr.	210
1987	Sandy Miller	Jr.	255
1988	Missy Crawley	Fr.	221
1989	Ruth Castellon	Sr.	301
1990	Jennifer McDaniel	Jr.	393
1991	Jennifer Martin	Jr.	304
1992	Jennifer Martin	Sr.	341
1993	Holly Umstead	Jr.	343
1994	Holly Umstead	Sr.	296
1995	Jessica DeWitt	Fr.	486
1996	Rochelle Bailey	Fr.	275
1997	Amanda Adkins	So.	333
1998	Lindsay Sheppard	So.	362
1999	Lindsay Sheppard	So.	387
2000	Lindsay Sheppard	Jr.	413
2001	Lindsay Sheppard	Sr.	333
2002	Mary Whiting	Fr.	246
2003	Courtney Barnett	Jr.	390
2004	Jenna Williams	So.	532
2005	Jenna Williams	Jr.	553
2006	Jenna Williams	Sr.	577
2007	Christie Kirby	So.	536

Total Blocks

Year	Name	Class	Blks
1982	Shelley Pidgeon		19
1983	Mitchell Whitmore	Jr.	84
1984	Dawn Terry	So.	83
1985	Angie Cook	Sr.	122
1986	Dawn Terry	Sr.	74
1987	Sandy Miller	Jr.	47
1988	Missy Crawley	Fr.	26
1989	Beth Spurell	Sr.	70
1990	Jennifer Martin	So.	29
1991	Jennifer Martin	Jr.	27
1992	Jennifer Martin	Sr.	44
1993	Beth Ann Pauler	Fr.	46
1994	Holly Umstead	Sr.	36
1995	Michelle Hirsch	Fr.	61
	Nicole Antkiewicz	Fr.	61
1996	Dana Forrest	Jr.	60
1997	Miranda Swaim	Fr.	112
1998	Oksana Boukhtina	Fr.	97
1999	Oksana Boukhtina	So.	101
2000	Oksana Boukhtina	Jr.	148
2001	Nicole Kendra	So.	100
2002	Oksana Boukhtina	Sr.	82
2003	Nicole Kendra	Sr.	48
2004	Jesica O'Neal	So.	97
2005	Jesica O'Neal	Jr.	85
2006	Meghan Puckli	So.	109
2007	Meghan Puckli	Jr.	105

Service Aces

Year	Name	Class	Aces
1982	Ervin		7
	Shelly Pidgeon		7
1983	Kim Wagner	Fr.	67
1984	Kim Wagner	So.	70
1985	Dawn Terry	Jr.	57
1986	Lu Long	Sr.	87
1987	Patty Patenaude	Jr.	80
1988	Ruth Castellon	Jr.	53
1989	Ruth Castellon	Sr.	70
1990	Angie Crandol	So.	52
1991	Jennifer McDaniel	Sr.	45
1992	Colleen O'Neill	Fr.	59
1993	Dana Kirts	Sr.	46
1994	Holly Umstead	Sr.	34
1995	Tiffany Libeu	Sr.	53
1996	Heidi Jackson	Fr.	50
1997	Heather Vaden	Fr.	84
1998	Heidi Jackson	Jr.	52
1999	Lindsay Sheppard	So.	60
2000	Lindsay Sheppard	Jr.	65
2001	Lindsay Sheppard	Sr.	119
2002	Amber Bradshaw	Fr.	93
2003	Amber Bradshaw	So.	96
2004	Brittany Collins	Fr.	117
2005	Brittany Collins	So.	93
2006	Brittany Collins	Jr.	108
2007	Brittany Collins	Sr.	123



Amanda Adkins



Ruth Castellon

Captains Volleyball



COACHING RECORDS

BERT JONES (16-57, .219, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1977	no record						
1978	6	16	.273	---	---	---	---
1979	8	18	.306	---	---	---	---
1980	2	23	.080	---	---	---	---

ROE RUSSO (19-37, .339, 2 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1982	0	21	.000	0	10	.000	6th
1983	19	16	.543	5	7	.417	4th

JOHN BAUMANN (57-42, .576, 3 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1984	12	15	.444	4	8	.333	T5th
1985	32	9	.780	9	3	.750	T1st
1986	13	19	.406	3	9	.250	5th

COCO HOFMANN (47-164, .223, 7 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1987	1	35	.028	0	12	.000	7th
1988	9	20	.310	3	7	.310	T4th
1989	14	17	.452	5	5	.500	3rd
1990	10	21	.323	6	4	.600	T2nd
1991	6	22	.214	3	7	.300	5th
1992	4	25	.138	2	8	.200	5th
1993	3	24	.111	1	11	.083	T6th

ART THATCHER (54-81, .400, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1994	3	31	.088	2	10	.167	6th
1995	14	19	.424	7	5	.583	4th
1996	19	13	.594	7	5	.583	4th
1997	18	18	.500	5	7	.417	T4th

KEN SHIBUYA (77-59, .566, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1998	7	26	.212	1	11	.083	7th
1999	20	13	.606	6	6	.500	3rd
2000	26	9	.743	8	4	.667	3rd
2001	24	11	.686	14	0	1.000	1st

LINDSAY BIRCH (168-58, .743, 6 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
2002	24	8	.750	13	1	.929	1st
2003	20	19	.513	13	3	.813	3rd
2004	32	8	.800	12	2	.857	T1st
2005	32	6	.842	13	1	.929	T1st
2006	27	10	.730	13	1	.929	T1st
2007	33	7	.825	18	0	1.000	1st



CNU's first Dixie Conference champions, the 1985 Lady Captains

VOLLEYBALL RECORD BOOK

Individual

KILLS

Match	35 Lindsay Sheppard vs. Averett, 10/27/01
Season	612 Lindsay Sheppard, 2001
Career	1632 Lindsay Sheppard, 1998-01

TOTAL ATTEMPTS

Match	91 Amber Bradshaw vs. Bridgewater, 10/9/04
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Season	1488 Lindsay Sheppard, 2001
Career	4805 Amber Bradshaw, 2002-05

ATTACK PERCENTAGE

Match	.765 Tiffany Libeu, vs. N.C. Wesleyan, 10/31/95, (14-1-17)
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Season	.409 Tiffany Libeu, 1995
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Career	.327 Dawn Terry, 1983-86
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SERVICE ACES

Match	16 Amber Bradshaw vs. N.C. Wesleyan, 10/23/02
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Season	119 Lindsay Sheppard, 2001
Career	441 Brittany Collins, 2004-07

BLOCK SOLO

Match	11 Beth Spurell vs. N.C. Wesleyan, 11/4/89
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Season	100 Angie Cook, 1985
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Career	245 Dawn Terry, 1983-86
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BLOCK ASSISTS

Match	10 Nicole Kendra vs. Randolph-Macon, 10/6/01
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Season	148 Oksana Boukhtina, 2000
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Career	335 Oksana Boukhtina, 1998-00,02
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DIGS

Match	44 Ruth Castellon vs. NC Wesleyan, 11/4/89
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Season	577 Jenna Williams, 2006
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Career	2001 Jenna Williams, 2003-06
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SETTING ASSISTS

Match	74 Nina Richardson vs. Averett, 10/21/00
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	74 Nina Richardson vs. Averett, 9/21/00
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	74 Michelle Masco vs. St. Andrews, 9/20/86
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Season	1355 Brittany Collins, 2004
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Career	5103 Brittany Collins, 2004-07
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Team

KILLS

Match	96 vs. Greensboro, 10/27/84
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Season	1890 in 2007
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TOTAL ATTEMPTS

Match	244 vs. Averett, 10/21/2000
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Season	5558 in 2004
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ATTACK PERCENTAGE

Match	.533 vs. Bennett, 9/28/85
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Season	.300 in 1985
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SERVICE ACES

Match	30 vs. Greensboro, 10/12/85
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Season	538 in 2004
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BLOCK SOLO

Match	23 vs. Methodist, 10/11/85
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Season	321 in 1985
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BLOCK ASSISTS

Match	23 vs. N.C. Wesleyan, 9/15/84
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Season	461 in 2000
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DIGS

Match	159 vs. N.C. Wesleyan, 11/4/89
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Season	2509 in 2004
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SETTING ASSISTS

Match	83 vs. Averett 10/21/2000
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Season	1723 in 2007
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Misc.

Most Victories	33 in 2007
Fewest Victories	0 in 1982
Most Losses	35 in 1987
Fewest Losses	6 in 2005
Most Consecutive Wins	20 in 2007
Most Consecutive Losses	24 in 1982-83
Most Consecutive Conf. Wins	30 - 2000-2002
Most Consecutive Home Wins	31 10/23/04 to 9/23/06
Most Consecutive Home Conf. Wins	33 10/28/00 to 9/23/06
Most Home Victories	13 in 2004
2007 performances bold	



Christopher Newport

ALL-TIME ROSTER

ALL-TIME ROSTER/HISTORY

A

Adkins, Amanda, 96, 97
Antkiewicz, Nicole, 94, 95
Ashe, Wendy, 95
Ayers, Misty, 95

B

Bailey, Rochelle, 96
Bangit, Virginia 07
Barnett, Courtney 02,03,04
Bocrie, Donna, 85
Bookwalter, Evonne, 87
Boukhtina, Oksana, 98,99,00,02
Bradshaw, Amber 02,03,04,05
Bradshaw, Erin 02,03,04,05
Brown, Dawn, 92
Brown, Francis, 82
Brown, Sarah 05,06,07
Bullock, Julie, 78
Bush, Liz 05,06,07

C

Castellon, Ruth 86, 87, 88, 89
Claiborne, Kristen, 00
Coburn, Laurie, 89
Coffey, Sarah 06,07
Coker, Benita, 82
Collins, Brittany 04,05,06,07
Collins, Kim, 94
Cook, Angie, 82, 83, 84, 85
Coviello, Roberta, 88
Crandal, Angie, 89, 90, 91, 92
Crawley, Missy, 88
Creech, Jessie, 01,02
Curran, Connie, 80, 84

D

D'Ambro, Katie, 01
Davis, Beverly, 84
Dean, Tina, 92
DeWitt, Jessica, 95, 96
Diggs, Teresa, 90
Dirska, Donnajean, 79
Drewry, Gwynn, 78, 79, 80

E

Elliott, Julie, 78
Ervin, Joanne, 82

F

Farino, Joy, 96
Farmer, Beth, 93, 94, 95
Fields, Sandra, 85
Fleming, Kim, 94
Fletcher, Lisa, 87
Foard, Karen, 78
Forrest, Dana, 94, 95, 96, 97
French, Alexis, 01
Fudella, Donna, 96, 97,98
Fuller, Hollie, 95, 96, 97,98

G

Geesaman, Angelique, 87
Gibson, Lisa, 95
Glasheen, Peggy, 80
Gordon, Nancy, 98
Gunn, Vicky, 82, 83
Gwaltney, Jessie 05,06

H

Hammack, Kim, 98,99,00,01
Hammack, Rebecca, 98,99,00,01
Hanna, Christi, 92
Hastings, Karen, 82
Henson, Sheila, 78
Herrington, Melanie 04
Hill, Amy, 93
Hinz, Jessi 03,04
Hirsch, Michelle, 95
Hockster, Paula, 88, 89
Holland, Susan, 95, 96
Hooyer, Shelley, 01
Horner, Mary 07
Houser, Leslie, 94
Hull, Rachel, 95, 96, 97
Hunkele, Sarah 06,07

J

Jackson, Heidi, 96, 97,98,99
Jango, May, 87
Jansen, Caitlyn, 07
Jensen, Adrienne, 94
Jensen, Katie 04
Johnson, Amy, 01
Johnson, Gigi, 78
Jones, Kim, 99
Joyner, Karen, 83

K

Kautz, Cheri, 79, 80
Keeter, Lori, 78
Keeter, Tracy, 78
Kendra, Nicole, 00,01,02,03
Kirby, Christie 05,07
Kirts, Dana, 90, 91, 92, 93
Knoll, Katie 05,06
Koch, Ellen 05,06,07
Kundrat, Ginny, 80

L

LeCount, Dawn, 87, 88, 89, 91
Lee, Kim, 92, 93
Libeu, Tiffany, 95
Lippus, Dawn, 88
Lockie, Kenzie 06
Loftheim, Anja, 96
Long, Lou, 85, 86
Lowery, Ryann 07
Luoto, Ellen, 78

M

Machie, Linda, 88, 89, 90
Martin, Casey 05,06
Martin, Jennifer, 90, 91, 92
Masco, Michelle, 85, 86
Matthews, Laura 03
McCalley, Meghan, 99,00
McCannon, Chrissy 02
McDaniel, Jennifer, 88, 89, 90, 91
McGovern, Faith, 96
Miller, Michelle, 96
Miller, Miranda, 95
Miller, Sandy, 86, 87
Morgan, Becky, 78, 79, 80
Morris, Jaci, 96

N

Nelsen, Tricia 04
Newman, Mindy 03
Noble, Melissa, 00,01,02

O

O'Neal, Jessica 04,05
O'Neill, Colleen, 92
Osborn, Cathy, 87, 89
Otterness, Teresa, 90

P

Parent, Stephanie, 96, 97
Parmely, Katie 06
Patenaude, Patty, 86, 87, 88
Pauler, Beth Ann, 93
Percival, Sandi, 80
Pidgeon, Shelly, 82, 83
Pimblett, Mary, 78, 80
Pinckney, Sonya, 79
Plunkett, Tricia, 88
Powell, Jennifer, 93
Puckli, Megan 05,06,07
Puckli, Michelle 07

R

Rangel, Betty, 82
Re, Debbie, 84, 85, 86
Rhodes, Kendall, 00
Richardson, Nina, 99,00,01,02
Rockey, Mary, 78, 80, 82
Rollandini, Jacqui 03,04

S

Sage, Tina, 85
Samuelson, Heidi, 89
Schrock, Georgia, 82, 83
Schulman, Shannon, 90, 91
Severin, Kristy 02
Sheppard, Lindsay, 98,99,00,01
Skillman, Pam, 78
Smith, Cindy, 84, 86
Sperlazza, Nicole 03,04,05,06
Spiller, Kathy, 78, 79
Sprinkle, Barbie, 91
Spurell, Beth, 85, 86, 89
Standish, Liz, 99,00,01,02

Steele, Jenny, 99,00,01
Stokes, Alicia, 94
Swaim, Miranda, 97

T

Taylor, Amy, 95, 96
Terry, Dawn, 83, 84, 85, 86
Thibault, Leslie, 78
Tracey, Bonnie, 80

U

Umstead, Holly, 91, 92, 93, 94

V

Vaden, Heather, 97,98,99,00

W

Waddy, Janet, 78, 79, 80
Wagner, Kim, 83, 84
Walker, Elyse 03
Walsh, Amanda 04
Walsh, Anne, 83, 84
Wells, Kim, 91, 92
Whiting, Mary 02
Whitley, Ammie, 91
Whitmore, Mitchell, 83, 84
Williams, Jenna 03,04,05,06
Williams, Sandy, 78, 79
Witham, Tina, 93
Wolfe, Allison, 07
Wood, Jennifer, 99
Wright, Jessica 03,04

Z

Zoric, Sarah 02

HISTORY AND RECORDS

2008

VOLLEYBALL HISTORY

Year	Record	Pct.	DIAC	Pct.	Place	Coach	Post Season
1977	No record avail.						
1978	6-16	.273				Bert Jones	
1979	8-18	.308				Bert Jones	
1980	2-23	.080				Bert Jones	
1981	No team						
1982	0-21	.000	0-10	.000	6th	Roe Russo	
1983	19-16	.543	5-7	.417	4th	Roe Russo	
1984	12-15	.444	4-8	.333	T5th	JohnBauman	
1985	32-9	.780	9-3	.750	T1st	John Bauman	
1986	13-19	.406	3-9	.250	5th	John Bauman	
1987	1-35	.028	0-12	.000	7th	Coco Hofmann	
1988	9-20	.310	3-7	.300	T4th	Coco Hofmann	
1989	14-17	.452	5-5	.500	3rd	Coco Hofmann	
1990	10-21	.323	6-4	.600	T2nd	Coco Hofmann	
1991	6-22	.214	3-7	.300	5th	Coco Hofmann	
1992	4-25	.138	2-8	.200	5th	Coco Hofmann	
1993	3-24	.111	1-11	.083	T6th	Coco Hofmann	
1994	3-31	.088	2-10	.167	6th	Art Thatcher	
1995	14-19	.424	7-5	.583	4th	Art Thatcher	
1996	19-13	.594	7-5	.583	4th	Art Thatcher	
1997	18-18	.500	5-7	.417	T4th	Art Thatcher	
1998	7-26	.212	1-11	.083	7th	Ken Shibuya	
1999	20-13	.606	6-6	.500	3rd	Ken Shibuya	
2000	26-9	.743	8-4	.667	3rd	Ken Shibuya	
2001	24-11	.686	14-0	1.000	1st	Ken Shibuya	NCAA
2002	24-8	.750	13-1	.929	1st	Lindsay Sheppard	NCAA
2003	20-19	.513	13-3	.813	3rd	Lindsay Sheppard	
2004	32-8	.800	12-2	.857	T1st	Lindsay Sheppard	NCAA
2005	32-6	.842	13-1	.929	T1st	Lindsay Sheppard	NCAA
2006	27-10	.730	13-1	.929	T1st	Lindsay Birch	
2007	33-7	.825	18-0	1.000	1st	Lindsay Birch	NCAA
Total	338-499	.467	172-147	.539			



NUMBER HISTORY

1	
Ruth Castellon	1988
Cathy Osborn	1989
Dawn LeCount	1991
Dawn Brown	1992
Alicia Stokes	1994
Susan Holland	1995-96
Oksana Boukhtina	1998-00
Mandy Cox	2001
Chrissy McCannon	2002
Elyse Walker	2003
Jesica O'Neal	2004-05
Sarah Hunkele	2006-07

2	
Michelle Masco	1985-86
Cathy Osborn	1987
Dawn Lippus	1988
Laurie Doburn	1989
Linda Machie	1990
Kim Fleming	1994
Jaci Morris	1996
Liz Standish	1999-02
Melanie Herrington	2004
Casey Martin	2005-06
Michelle Puckli	2007

3	
Angie Cook	1984-85
Ruth Castellon	1986-87
Paula Hockster	1988
Ruth Castellon	1988
Shannon Schulman	1990-91
Kim Wells	1992
Dana Forrest	1994-97
Kim Hammack	1998-01
Kristy Severin	2002
Jacqui Rollandini	2003-04
Christie Kirby	2005, 2007
Kenzie Lockie	2006

4	
Patty Patenaude	1984
Sandra Fields	1985
Sandy Self (Miller)	1986-87
Roberta Coviello	1988
Jennifer Martin	1991-92
Beth Farmer	1993-95
Anja Loftheim	1996
Heather Vaden	1997-00
Jessie Creech	2002
Jenna Williams	2003-06
Ryann Lowery	2007

5	
Beverly Davis	1984
Debbie Re	1985
Cindy Smith	1986
May Jango	1987
Linda Machie	1988
Angie Crandal	1989
Kim Lee	1992
Jennifer Powell	1993
Wendy Ashe	1995
Rochelle Bailey	1996
Rebecca Hammack	1998-01
Mary Whiting	2002
Jessi Hinz	2003-04
Ellen Koch	2005-07

6	
Kim Wagner	1984
Beth Spurell	1985-86
Lisa Fletcher	1987
Missi Crawley	1988
Linda Machie	1989
Holly Umstead	1991-94
Heidi Jackson	1996-99

Kristin Claiborne	2000
Alexis French	2001
Oksana Boukhtina	2002
Jessica Wright	2003-04
Jessie Gwaltney	2005
Sarah Coffey	2006-07

7	
Cindy Smith	1984
Sandra Fields	1985
Sandra Self (Miller)	1986-87
Roberta Coviello	1988
Jennifer Martin	1990-92
Tina Witham	1993
Nicole Antkiewicz	1994
Michelle Hirsch	1995
Amanda Adkins	1996-97
Nina Richardson	1999-02
Mindy Newman	2003
Liz Bush	2005-07

8	
Mitchell Whitmore	1984
Lu Long	1985
Debbie Re	1986
Tricia Plunkett	1988
Paula Hockster	1989
Teresa Otterness	1990
Ammie Whitley	1991
Colleen O'Neill	1992
Kim Lee	1993
Tiffany Libeu	1995
Amy Taylor	1996
Nancy Gordon	1998
Brandy Henry	1999
Shelley Hooyer	2001
Erin Bradshaw	2002-05
Jessie Gwaltney	2006
Caitlyn Jansen	2007

9	
Connie Curran	1984
Teresa Diggs	1990
Christi Hanna	1992
Amy Hill	1993
Leslie Houser	1994
Lisa Gibson	1995
Michelle Miller	1996
Miranda Swaim	1997
Donna Fudella	1998
Meghan McCalley	1999-00
Amy Johnson	2001
Sarah Zoric	2002
Amber Bradshaw	2003
Sarah Brown	2005-07

10	
Debbie Re	1984
Tina Sage	1985
Dawn LeCount	1987-89
Dana Kirts	1990-93
Adrienne Jensen	1994
Hollie Fuller	1995-98
Jennifer Wood	1999
Nicole Kendra	2000-03
Tricia Nelsen	2004
Meghan Puckli	2005-07

11	
Anne Walsh	1984
Donna Bocrie	1985
Lu Long	1986
Evonne Bookwalter	1987
Angie Crandal	1990-92
Misty Ayers	1995
Faith McGovern	1996
Lindsay Sheppard	1998-01

12	
Dawn Terry	1984
Tina Dean	1992
Beth Ann Pauler	1993
Kim Collins	1994
Rachel Hull	1995-97
Jenny Steele	1999-01
Courtney Barnett	2002-04
Katie Knoll	2005-06
Allison Wolfe	2007

13	
Jessica DeWitt	1995-96
Kendall Rhodes	2000
Katie D'Ambro	2001
Brittany Collins	2004-07

14	
Dawn Terry	1985-86
Angelique Geesaman	1987
Jennifer McDaniel	1988-91
Nicole Antkiewicz	1995
Donna Fudella	1996-97
Melissa Noble	1999-02
Nicole Sperlazza	2003-06
Mary Horner	2007

15	
Miranda Miller	1995
Stephanie Parent	1996-97
Amber Bradshaw	2002, 2004-05
Laura Matthews	2003
Virginia Bangit	2007

16	
Amy Taylor	1995
Joy Farino	1996
Katie Parmely	2006

Retired numbers in bold



Brittany Collins at the ceremony retiring her jersey in 2008



Christopher Newport

ALL-TIME RESULTS

ALL-TIME RESULTS



1977 (no record available)
Coach: Bert Jones
No results available

at George Mason Tr.
at Mary Washington
vs. Lynchburg @MWC
at Chowan
vs. Meredith @Chowan
at Bridgewater
at Eastern Mennonite
vs. Lynchburg at EMU
George Mason
at N.C. Wesleyan
vs. Chowan @ NCW
at William & Mary
vs. Peace @WMC
at William & Mary
vs. Longwood at WMC
Chowan

1978 (6-16)
Coach: Bert Jones
No results available

1979 (8-18)
Coach: Bert Jones

N.C. Wesleyan
Randolph-Mac. W.C.
Mary Washington
Hampton
Roanoke
Virginia Intermont
Bridgewater
E. Mennonite
Messiah
William & Mary
Hampton
N.C. Wesleyan
Chowan
Va. Commonwealth
Virginia
Longwood
E. Mennonite JV
William & Mary
Chowan
Meredith
Lynchburg
E. Mennonite
Hampton
Virginia Intermont
Mary Washington
Lynchburg

1980 (2-23)
Coach: Bert Jones
Partial results available

Randolph-Macon WC
Ferrum
Longwood
Hampton
Louisburg J.C.
Roanoke
Hampton
Mary Washington
Bridgewater
N.C. Wesleyan
Eastern Mennonite
Ferrum
at N.C. Wesleyan
William & Mary
Chowan
at Chowan
vs. UNC-Wilm. at Cho.
at Lynchburg
vs. Emory & Enry @Lyn.11/1
Div. III Tr. @ Mary Wash.11/7-8

1981 - No team



1982 (0-21)
Coach: Roe Russo

Greensboro*
St. Andrews*
Atlantic Christian
Coker
N.C. Wesleyan*
Atlantic Christian
UNC-Greensboro*
Elon
Lynchburg
St. Andrews*
William & Mary
Methodist*
UNC-Greensboro*
Va. Commonwealth
N.C. Wesleyan*
Hampton
St. Mary's (Md.)
Methodist*
Greensboro*
Lynchburg

1983 (19-16)
Coach: Roe Russo

Methodist*
Mary Washington
St. Andrews*
Lynchburg
Norfolk St.
Averett
Mary Baldwin
Greensboro*
Hampton
N.C. Wesleyan*
16-14, 11-15, 15-10, 14-16, 15-13
Elon
Longwood
Sweet Briar
William & Mary
UNC-Wilmington
Salisbury St.
Mary Washington
St. Mary's (Md.)
Liberty
Methodist*
St. Andrews*
Newberry
N.C. Wesleyan*
Norfolk St.
UNC-Greensboro*
Averett*
Maryland-E. Shore
Norfolk St.
Greensboro*
UNC-Greensboro*
Mary Washington
Longwood
N.C. Wesleyan*
UNC-Greensboro*



1984 (12-15)
Coach: John Bauman

Methodist*
Mary Washington
N.C. Wesleyan*
Norfolk St.
Hampton
Methodist*
Bennett
St. Andrews*

St. Andrews*
Pembroke St.
Averett*
Greensboro*
UNC-Greensboro*
N.C. Wesleyan*
Norfolk St.
Catholic²
Liberty²
Rosemont²
UNC-Greensboro*
Randolph-Mac. W.C.³
UNC-Greensboro³
Radford³
Averett*
Greensboro*
Longwood
Mary Washington
Methodist¹

1985 (32-9)
Coach: John Bauman

Averett*
Norfolk St.
Methodist*
Fayetteville St.
St. Andrews*
Pembroke St.
Hampton
Maryland-E. Shore
N.C. Wesleyan*
Averett*
Greensboro*
Bennett
UNC-Greensboro*
Mary Washington
Longwood
Norfolk St.
St. Andrews*
Hampton
Elizabeth City St.
N.C. Wesleyan*
Methodist*
Greensboro*
Lynchburg
Longwood
Sweet Briar
Southern Seminary
Longwood Tour. @ Farmville, Va., 10/19-20
Ferrum³
Sweet Briar³
Randolph-Macon W.C.³
Longwood³
Methodist³
Randolph-Macon W.C.³
Methodist³
Eastern Mennonite
Mary Baldwin
UNC-Greensboro*
Maryland E-Shore
Morgan St.
N.C. Wesleyan¹
UNC-Greensboro¹
St. Andrews¹

Dixie Conf. Tour. @Laurinburg, N.C., 11/1-2

1986 (13-19)
Coach: John Bauman

Elizabeth City St.
Averett*
Longwood
Maryland E-Shore
Methodist*
Mt. Olive
St. Andrews*
Pembroke St.
Mary Washington
Hampton
Averett*
UNC-Greensboro*
Greensboro*
N.C. Wesleyan*
Norfolk St.
Elizabeth City St.
Maryland E-Shore
Salisbury St.
St. Andrews*
Washington (Md.)⁴
Catholic⁴
Glassboro St.⁴
Methodist⁴
Hampton
UNC-Greensboro*

Gallaudet Tour. @ Washington, D.C., 10/17-18

HISTORY AND RECORDS

2008

Captains Volleyball



ALL-TIME RESULTS

RECORD BOOK

2008

Greensboro*	10/25	H/L	3-15, 3-15, 14-16
Sweet Briar	10/25	H/L	15-9, 11-15, 10-15
N.C. Wesleyan*	10/30	A/W	15-6, 15-1, 9-15, 18-16
Methodist*	11/1	H/L	11-15, 12-15, 15-10, 2-15
Longwood	11/5	A/L	15-7, 10-15, 2-15
Randolph-Macon W.C.	11/5	N/W	8-15, 15-7, 15-12
<i>Dixie Conf. Tour @ Newport News, Va., 11/7-8</i>			
UNC-Greensboro*		H/L	5-15, 9-15, 1-15



1987 (1-35)
Coach: Coco Hofmann

Atlantic Christian	9/9	A/L	1-15, 4-15
N.C. Central	9/9	N/L	10-15, 5-15
Averett*	9/12	H/L	15-12, 16-14, 11-15, 14-16, 4-15
St. Paul's	9/13	N/L	2-15, 7-15
Elizabeth City St.	9/13	A/L	8-15, 11-15
Mt. Olive	9/14	N/L	13-15, 6-15
Norfolk St.	9/15	H/L	15-7, 8-15, 11-15, 8-15
Methodist*	9/18	A/L	1-15, 2-15, 5-15
Mt. Olive	9/18	N/L	15-11, 2-15, 9-15
St. Andrews*	9/19	A/L	5-15, 0-15, 11-15
Pembroke St.	9/19	N/L	14-16, 5-15
Elizabeth City St.	9/21	N/L	8-15, 6-15, 13-15
Hampton	9/23	H/L	7-15, 15-10, 6-15, 11-15
Averett*	9/25	A/L	7-15, 10-15, 15-11, 10-15
Greensboro*	9/26	A/L	4-15, 6-15, 3-15
UNC-Greensboro*	9/27	A/L	7-15, 3-15, 4-15
N.C. Wesleyan*	9/30	H/L	13-15, 10-15, 5-15
St. Andrews*	10/3	H/L	3-15, 8-15, 1-15
Hampton	10/7	A/L	6-15, 2-15, 6-15

Dickinson Tour. @ Carlisle, Pa., 10/9-10

Franklin & Marshall*		N/W	9-15, 15-6, 15-11
Glassboro St.*		N/L	1-15, 8-15
Messiah*		N/L	2-15, 6-15
Moravian*		N/L	9-15, 1-15
N.C. Wesleyan*	10/14	A/L	3-15, 10-15, 5-15
<i>Gallaudet Tour. @ Washington, D.C., 10/16-17</i>			
Glassboro St.*		N/L	2-15, 1-15
Catholic*		N/L	12-15, 5-15
Salisbury St.*		N/L	4-15, 2-15
Norfolk St.	10/21	A/L	12-15, 15-7, 14-16
UNC-Greensboro*	10/22	H/L	4-15, 4-15, 6-15
Methodist*	10/24	H/L	7-15, 0-15, 7-15
Catholic	10/27	A/L	8-15, 9-15
Marymount	10/27	N/L	12-15, 13-15
Greensboro*	10/31	H/L	7-15, 7-15, 8-15
Mary Washington	11/1	A/L	1-15, 5-15
Ferrum*	11/1	N/L	15-17, 10-15

Dixie Conf. Tour. @ Rocky Mount, N.C.

UNC-Greensboro*		N/L	3-15, 1-15, 9-15
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1988 (9-20)
Coach: Coco Hofmann

Elon	9/11	N/L	15-13, 6-15, 4-15
Methodist*	9/11	A/L	2-15, 3-15, 11-15
E. Mennonite	9/16	A/L	4-15, 3-15
Lynchburg	9/16	N/W	15-0, 8-15, 15-4
Averett*	9/17	H/W	15-8, 15-10, 15-6
Marymount	9/17	H/L	10-15, 8-15
Elizabeth City St.	9/21	N/L	14-16, 9-15
Ferrum*	9/23	A/L	4-15, 8-15, 15-12, 8-15
Hollins	9/23	N/W	15-11, 15-13
N.C. Wesleyan*	9/28	H/L	3-15, 7-15, 15-12, 0-15
Greensboro*	10/1	H/L	15-8, 7-15, 14-16, 4-15
Catholic	10/2	H/W	15-10, 6-15, 15-12
Ferrum*	10/2	H/W	15-8, 3-15, 15-6, 10-15, 15-10
Hampton	10/5	H/L	14-16, 15-9, 6-15
Norfolk St.	10/7	A/W	15-1, 15-7
Hampton	10/7	N/L	15-8, 11-15, 4-15
Methodist*	10/13	H/L	11-15, 1-15, 15-12, 5-15
Mary Washington	10/13	H/W	9-15, 15-11, 16-14
<i>Gallaudet Tour. @ Washington, D.C., 10/14-15</i>			
Western Maryland*		N/L	9-15, 7-15
Greensboro*		N/L	8-15, 6-15
Catholic*		N/L	9-15, 7-15
Salisbury St.*		N/L	13-15, 9-15
Salisbury St.	10/22	A/L	8-15, 5-15, 15-9, 3-15
Roanoke	10/25	N/L	9-15, 8-15
Randolph-Macon W.C.	10/25	A/W	15-7, 12-15, 15-10
Averett*	10/28	A/W	8-15, 15-4, 5-15, 15-6, 15-11
Greensboro*	10/29	A/L	3-15, 8-15, 15-13, 5-15
N.C. Wesleyan*	10/30	A/L	11-15, 15-11, 12-15, 3-15
<i>Dixie Conf. Tour. @ Ferrum, Va., 11/4-5</i>			
Ferrum*	11/4	A/L	9-15, 7-15, 12-15

1989 (14-17)
Coach: Coco Hofmann

Methodist*	9/9	A/W	15-9, 14-16, 12-15, 15-12, 15-0
Atlantic Christian	9/9	N/W	15-11, 16-14
N.C. Wesleyan*	9/10	A/L	15-7, 9-15, 15-7, 12-15, 7-15
Norfolk St.	9/15	A/W	15-4, 15-5, 8-15, 15-2
Mary Washington	9/16	A/L	12-15, 11-15
Morgan St.	9/16	N/W	15-8, 15-8
Hampton	9/20	H/W	10-15, 15-12, 15-9, 15-12
Marymount	9/22	A/W	15-3, 8-15, 15-6
Notre Dame (O.)	9/22	N/W	12-15, 15-4, 15-8
Averett*	9/23	H/W	7-15, 15-3, 15-6, 15-12
Sweet Briar	9/23	H/L	3-15, 15-11, 7-15
N.C. Wesleyan*	9/26	H/L	15-6, 11-15, 10-15, 11-15
Greensboro*	9/30	H/L	12-15, 5-15, 15-13, 4-15
Ferrum*	10/1	H/W	15-6, 9-15, 12-15, 15-10, 15-12
Catholic	10/5	A/L	15-5, 14-16, 11-15, 7-15

Dickinson Tour. @ Carlisle, Pa., 10/6-7

High Point*		N/L	3-15, 5-15
Upsala*		N/L	6-15, 14-16
Gettysburg*		A/L	15-10, 3-15, 7-15
Methodist*		N/W	15-10, 4-15, 13-15, 15-12, 15-7
<i>Gallaudet Tour. @ Washington, D.C., 10/13-14</i>			
Guilford*		N/L	1-15, 12-15
Gallaudet*		A/L	9-15, 15-13, 8-15
Methodist*		N/L	13-15, 15-9, 0-15
Washington (Md.)*		N/L	0-15, 15-12, 10-15
Averett*	10/20	A/W	8-15, 15-7, 18-16, 15-17, 15-5
Ferrum*	10/21	A/L	14-16, 15-17
Greensboro*	10/22	A/L	11-15, 14-16, 12-15
Hampton	10/25	N/L	15-13, 12-15, 11-15
Randolph-Macon W.C.	10/27	H/W	15-8, 11-15, 15-3, 9-15, 15-3
<i>Dixie Conf. Tour. @ Greensboro, N.C., 11/3-4</i>			
Averett*		N/W	15-12, 15-10, 15-8
N.C. Wesleyan*		N/W	14-16, 15-11, 7-15, 19-17, 15-11
Greensboro*		A/L	15-11, 10-15, 10-15, 13-15

1990 (10-21)
Coach: Coco Hofmann

Greensboro*	9/8	H/L	13-15, 9-15, 6-15
Sweet Briar	9/14	N/L	15-9, 10-15, 7-15
Marymount	9/15	N/L	15-11, 6-15, 11-15
Gettysburg	9/15	N/L	8-15, 3-15
N.C. Wesleyan*	9/18	H/W	15-13, 13-15, 15-7, 15-9
Sweet Briar	9/24	A/W	15-10, 5-15, 15-10
Shenandoah	9/24	N/L	14-16, 16-14, 11-15
Salisbury St.	9/26	H/L	6-15, 6-15, 11-15
Atlantic Christian	9/28	A/L	3-15, 13-15, 3-15
N.C. Wesleyan*	9/29	A/W	15-13, 15-8, 14-15
Methodist*	9/30	A/W	15-5, 15-3, 13-15, 9-15, 15-2
Marymount	10/4	H/W	9-15, 15-13, 15-12
Mary Baldwin	10/4	H/W	15-11, 15-7
Averett*	10/6	H/W	3-15, 15-11, 10-15, 11-15
Methodist*	10/11	H/L	9-15, 15-13, 11-15, 15-17
<i>Gallaudet Tour. @ Washington, D.C., 10/12-13</i>			
Gallaudet*		A/L	15-2, 9-15, 9-15
Salisbury St.*		N/L	8-15, 7-15
Washington (Md.)*		N/L	15-9, 13-15, 9-15
Methodist*		N/L	11-15, 5-15
Bridgewater	10/18	N/L	0-15, 16-14, 3-15
Washington & Lee	10/18	A/L	8-15, 15-10, 4-15
Ferrum*	10/19	A/W	10-15, 15-13, 15-10, 0-15, 15-13
Catawba	10/19	N/L	0-15, 6-15
Averett*	10/20	A/L	11-15, 13-15, 6-15
Greensboro*	10/21	A/L	13-15, 4-15, 6-15
Hampton	10/25	A/L	2-15, 3-15, 12-15
Ferrum*	10/26	H/W	15-17, 16-14, 15-13, 12-15, 15-12
Mary Washington	10/27	A/L	9-15, 6-15, 5-15
Roanoke	10/29	N/W	15-7, 13-15, 15-2
<i>Dixie Conf. Tour. @ Newport News, Va., 11/3-4</i>			
Ferrum*	11/3	H/L	3-15, 12-15, 10-15

1991 (6-22)
Coach: Coco Hofmann

Ferrum*	9/12	A/L	1-15, 0-15, 4-15
<i>Gettysburg Tour. @ Gettysburg, Pa., 9/13-14</i>			
Seton Hill*		N/L	6-15, 10-15
Marymount*		N/L	15-5, 7-15, 8-15
Salisbury St.*		N/L	9-15, 12-15
Western Maryland*		N/L	4-15, 3-15
Hampton	9/20	H/L	13-15, 16-14, 14-16
Barton	9/20	H/L	13-15, 10-15
Marymount	9/21	A/W	15-12, 15-8
St. Mary's (Md.)	9/21	N/W	15-1, 16-14
N.C. Wesleyan*	9/24	H/W	15-2, 15-3, 7-15, 15-10
Sweet Briar	9/28	H/W	7-15, 15-9, 15-10, 15-13
Hampton	10/3	A/L	6-15, 15-11, 10-15, 11-15
N.C. Wesleyan*	10/4	A/W	15-8, 15-8, 15-2
Methodist*	10/5	A/L	15-13, 4-15, 11-15, 7-15
Methodist*	10/10	H/L	12-15, 14-16, 16-18
<i>Gallaudet Tour. @ Washington, D.C., 10/11-12</i>			
Gallaudet*		A/L	5-15, 11-15
Salisbury St.*		N/L	3-15, 3-15
Washington (Md.)*		N/L	5-15, 12-15
Methodist*		N/L	12-15, 8-15
Meredith	10/16	N/L	15-3, 5-15, 12-15

Averett*	10/18	A/L	5-15, 4-15, 6-15
Greensboro*	10/19	A/L	7-15, 1-15, 13-15
Ferrum*	10/22	H/L	4-15, 9-15, 6-15
Averett*	10/25	H/L	2-15, 4-15, 13-15
Greensboro*	10/26	H/W	15-8, 15-10, 15-11
Salisbury St.	11/2	A/L	3-15, 8-15, 15-11, 12-15
Mary Washington	11/2	N/L	1-15, 11-15, 5-15
<i>Dixie Conf. Tour. @ Fayetteville, N.C., 11/8-9</i>			
Greensboro*	11/8	N/L	7-15, 6-15, 12-15

1992 (4-25)
Coach: Coco Hofmann

Washington & Lee	9/12	H/L	13-15, 14-16, 6-15
St. Mary's (Md.)	9/12	H/L	7-15, 5-15, 8-15
Sweet Briar	9/18	A/L	5-15, 15-4, 10-15, 11-15
Methodist*	9/19	H/L	9-15, 5-15, 13-15
Averett*	9/19	H/L	5-15, 9-15, 15-10, 15-9, 6-15
Marymount	9/23	H/W	11-15, 15-6, 15-7
Salisbury St.	9/23	H/L	10-15, 5-15
Greensboro*	9/26	A/L	4-15, 17-19, 15-5, 1-15
Ferrum*	9/27	A/L	7-15, 10-15, 12-15
Mary Baldwin	9/29	N/W	15-11, 15-12
Mary Washington	9/29	A/L	2-15, 1-15

Emory Tour. @ Atlanta, Ga., 10/2-3

Rhodes*		N/L	7-15, 7-15
St. Catherine*		N/L	5-15, 5-15
Emory*		N/L	12-15, 11-15
Emory & Henry*		N/L	1-15, 10-15
Gordon*		N/L	15-10, 3-15, 4-15
N.C. Wesleyan*	10/6	A/W	15-11, 15-10, 14-16, 15-12

Gallaudet Tour. @ Washington, D.C., 10/9-10

Eastern Mennonite*		N/L	6-15, 2-15
Western Maryland*		N/L	1-15, 8-15
Guilford*		N/L	3-15, 9-15
Catholic*		N/L	12-15, 11-15
Ferrum*	10/16	H/L	7-15, 6-15, 11-15
Greensboro*	10/17	H/L	7-15, 7-15, 15-13, 10-15
Hampton	10/21	H/L	8-15, 4-15, 11-15
Barton	10/30	A/L	10-15, 11-15, 8-15
Methodist*	10/31	A/L	12-15, 5-15, 9-15
Averett*	11/1	A/L	3-15, 7-15, 2-15
N.C. Wesleyan*	11/3	H/W	15-8, 20-18, 15-5
<i>Dixie Conf. Tour. @ Rocky Mount, N.C., 11/6-7</i>			
Greensboro*	11/6	N/L	8-15, 6-15, 9-15

1993 (3-24)
Coach: Coco Hofmann

Coach: Coco Hoffman			
Washington & Lee	9/11	H/L	9-15, 4-15, 2-15
Marymount	9/11	H/L	15-13, 2-15, 3-15, 3-15
Methodist*	9/17	A/L	5-15, 8-15, 10-15
Averett*	9/18	A/L	3-15, 6-15, 7-15
Greensboro*	9/25	H/L	11-15, 6-15, 7-15
Ferrum*	9/25	H/L	8-15, 13-15, 3-15
Chowan	9/29	A/L	15-13, 4-15, 11-15
Chowan	9/29	A/L	15-10, 9-15, 3-15
Mary Baldwin	10/1	A/W	18-16, 15-4, 15-10
St. Mary's (Md.)	10/2	A/L	4-15, 10-15
Washington Bible	10/2	N/W	15-6, 15-10
N.C. Wesleyan*	10/4	H/L	9-15, 15-7, 5-15, 15-13, 14-16
Barton	10/5	H/L	4-15, 12-15
Chowan	10/5	H/L	15-5, 11-15, 7-15

Christopher Newport

ALL-TIME RESULTS

Roanoke ⁸		N/L		6-15,5-15
Shepherd ⁸		N/L		4-15,9-15
Averett ¹	9/18	H/L		1-15,6-15,3-15
Greensboro*	9/24	A/L		1-15,6-15,12-15
Roanoke	9/25	N/L		8-15,2-15,7-15
Ferrum*	9/25	A/L		6-15,9-15,6-15
Shenandoah*	9/28	H/L		15-8,4-15,7-15,8-15
Dickinson Tour. @ Carlisle, Pa., 9/30-10/1				
Gettysburg ⁵		A/L		0-15,10-15
Marymount ⁵		N/L		13-15,9-15
Washington & Jefferson ⁵		N/L		5-15,7-15
Westminster ⁵		N/L		0-15,2-15
N.C. Wesleyan*	10/4	A/L	7-15,13-15,	16-14,8-15
Gallaudet Tour. @ Washington, D.C., 10/7-8				
Washington (Md.) ⁴		N/L		5-15,5-15
Gallaudet ⁴		A/L		6-15,2-15
Ferrum*		N/L		5-15,4-15
Greensboro ⁴		N/L	1-15,11-15,	3-15
Ferrum*	10/14	H/L	6-15,5-15,3-15,	
Greensboro*	10/15	H/L	1-15,11-15,3-15,	
Shenandoah*	10/19	A/L	3-15,11-15,5-15,	
Chowan	10/22	H/L	8-15,5-15,16-14,	13-15
St. Mary's (Md.)	10/22	H/L	7-15,4-15,6-15,	
Methodist*	10/29	A/W	10-15,15-11,15-11,	15-9
Averett*	10/30	A/L	2-15,0-15,6-15,	
N.C. Wesleyan*	11/1	H/W	16-14,15-2,7-15,	15-8
Dixie Conf. Tour. @ Winchester, Va., 11/4-5				
Ferrum ¹	11/4	N/L	6-15,9-15,	10-15

1995 (14-19)

Coach: Art Thatcher

Chowan	9/1	H/L	2-12,12-15,15-17
Mary Washington	9/1	H/L	11-15,8-15,13-15
Barton	9/7	A/L	7-15,7-15,16-14,16-18
Washington & Lee	9/9	H/L	2-15,3-15,7-15
Randolph-Macon	9/12	H/W	15-7,15-12,13-15,10-15,15-13
Salisbury St.	9/13	A/L	13-15,9-15,11-15
Methodist*	9/16	A/W	15-5,15-4,18-16
Averett*	9/17	A/L	9-15,15-12,15-5,13-15
Mary Baldwin	9/20	H/W	15-7,14-16,15-3,15-7
Ferrum*	9/22	H/L	11-15,13-15,9-15
Greensboro*	9/23	H/L	15-17,8-15,6-15
Marymount	9/23	H/L	16-14,15-10,5-15,7-15,10-15
Shenandoah*	9/26	A/W	15-8,12-15,15-9,15-12
<i>Dickinson Tour. @ Carlisle, Pa., 9/29-30</i>			
Rutgers-Newark ⁵	N/L		4-15,10-15
Dickinson ⁵	H/W		11-15,15-3,15-3
Allegheny ⁵	N/L		6-15,5-15
Allentown ⁵	N/L		17-15,8-15,4-15
Mary Washington ⁵	N/L		11-15,3-15
N.C. Wesleyan*	10/3	H/W	14-16,15-9,16-14,15-1
<i>Ferrum Tour. @ Ferrum, Va., 10/7</i>			
N.C. Wesleyan ⁹	N/W		15-9,9-15,15-10
Randolph-Macon W.C. ⁹	N/W		15-7,6-15,15-12
Lynchburg ⁹	N/L		10-15,10-15
Meredith ⁹	N/W		15-4,15-6
Ferrum*	10/13	A/L	41-5,11-15,6-15
Roanoke	10/13	A/L	4-15,15-12,15-7,13-15
Greensboro*	10/14	A/W	11-15,15-9,12-15,15-3,15-11
Shenandoah*	10/18	H/W	15-1,15-2,15-13
Methodist*	10/20	H/W	15-3,15-1,15-13
St. Mary's (Md.)	10/21	A/L	12-15,6-15,9-15
Averett*	10/29	H/L	15-12,15-8,14-16,4-15,12-15
N.C. Wesleyan*	10/31	A/W	15-5,15-6,15-7
<i>Dixie Conf. Tour. @ Greensboro, N.C., 11/3-4</i>			
N.C. Wesleyan ¹	11/3	N/W	15-6,13-15,16-14
Averett ¹	11/4	N/L	1-15,9-15,12-15

1996 (19-13)

Coach: Art Thatcher

Mary Washington	8/31	A/L	9-15,9-15,3-15
<i>Averett Tour. @ Danville, Va., 9/2</i>			
Marymount ¹⁰	A/W		15-8,15-8,16-14
Washington (Md.) ¹⁰	N/W		7-15,15-11,15-5,11-15,15-11
Johns Hopkins ¹⁰	N/L		10-15,15-13,9-15,10-15
<i>Bridgewater Tour. @ Bridgewater, Va., 9/7</i>			
Randolph-Macon W.C. ⁸	N/W		15-3,15-6,15-8
Hood ⁸	N/W		15-6,15-1,15-4
Lynchburg ⁸	A/L		9-15,6-15,15-13,8-15
Randolph-Macon	9/11	A/W	12-15,15-10,11-15,15-12,15-10
Mary Baldwin	9/17	A/W	15-6,15-10,15-6
Methodist*	9/21	H/W	15-7,15-2,15-7
Averett*	9/21	H/L	11-15,10-15,16-14,11-15
<i>Gallaudet Tour. @ Washington, D.C., 9/27-28</i>			
Emory & Henry ⁴	N/W		9-15,15-10,12-15,15-9,15-11
Hollins ⁴	N/W		9-15,15-5,15-8,15-12
Marietta ⁴	N/L		12-15,5-15,5-15
Randolph-Macon W.C. ⁴	N/W		15-9,15-1,15-13
Marietta ⁴	N/L		8-15,12-15,15-4,11-15
Shenandoah*	10/2	A/W	15-6,15-1,15-15,16-14
Ferrum*	10/5	N/L	15-10,15-8,12-15,8-15,9-15
Greensboro*	10/5	A/L	8-15,7-15,12-15
N.C. Wesleyan*	10/8	A/W	15-5,10-15,15-11,15-4
Meredith	10/16	A/W	15-12,10-15,15-2,14-16,15-12
Greensboro*	10/19	H/L	16-14,7-15,15-9,7-15,13-15
St. Mary's (Md.)	10/19	H/L	13-15,5-15,11-15

Shenandoah*	10/22	H/W	15-9,15-9,15-11
Ferrum*	10/25	H/W	15-12,17-15,12-15,15-9
Washington & Lee	10/26	H/L	6-15,8-15,9-15
Chowan	10/30	A/W	7-15,10-15,16-14,15-4,15-12
Methodist*	11/2	A/W	15-10,12-15,15-7,15-7
Averett*	11/2	A/L	9-15,1-15,1-15
N.C. Wesleyan*	11/3	H/W	15-7,15-5,8-15,15-9
<i>Dixie Conf. Tour. @ Newport News, Va., 11/8-9</i>			
N.C. Wesleyan ¹	11/8	H/W	12-15,5-15,15-5,8-15,17-15
Averett ¹	11/9	H/L	17-15,11-15,14-16,8-15

1997 (18-18)

Coach: Art Thatcher

Chowan	9/1	H/W	15-11,15-11,15-11
Mary Washington	9/1	H/L	3-15,6-15,15-11,12-15
Barton	9/6	H/L	7-15,9-15,15-17
Virginia St.	9/6	H/W	15-6,17-15,15-17,15-5
Randolph-Macon	9/11	H/W	15-5,10-15,5-15,15-7,19-17
<i>Bridgewater Tour. @ Bridgewater, Va., 9/12-13</i>			
Ursinus ⁸	N/W		15-0,15-0,15-5
Roanoke ⁸	N/W		15-8,11-15,10-15,15-13,15-8
Marymount ⁸	N/L		9-15,9-15,5-15
Bridgewater ⁸	A/L		13-15,13-15,16-14,15-11,8-15
Meredith	9/16	A/W	9-15,15-3,15-10,8-15,15-10
Peace	9/16	N/W	15-9,15-3,15-8
Meredith	9/20	N/W	15-4,15-5,15-8
Methodist*	9/20	A/W	15-9,16-14,15-13
Ferrum*	9/21	A/L	10-15,7-15,15-13,9-15
Eastern Mennonite	9/23	H/W	15-6,13-15,11-15,15-11,15-10
Greensboro*	9/27	H/L	4-15,15-17,15-8,4-15
Shenandoah*	9/30	A/L	17-15,15-9,10-15,14-16,11-15
<i>Ferrum Tour. @ Ferrum, Va., 10/3-4</i>			
Lynchburg ⁹	N/W		15-17,15-7,15-6,11-15,12-15
Shenandoah ⁹	N/W		15-2,15-13,8-15,15-6
Hollins ⁹	N/W		15-10,15-7,15-3
Ferrum ⁹	A/L		13-15,15-12,13-15,14-16
<i>Gallaudet Tour. @ Washington, D.C., 10/10-11</i>			
Chowan ⁴	N/W		15-13,15-4,10-15,12-15,16-14
Gallaudet ⁴	A/L		8-15,2-15,9-15
Kean ⁴	N/W		15-11,15-17,10-15,15-11,15-11
Marymount ⁴	N/W		15-6,15-8,3-15,15-10
Averett*	10/17	A/L	11-15,13-15,14-16
Greensboro*	10/18	A/L	11-15,6-15,12-15
N.C. Wesleyan*	10/18	N/W	14-16,16-14,10-15,11-15
Shenandoah*	10/22	H/W	15-7,6-15,16-14,15-10
Averett*	10/25	H/L	9-15,14-16,13-15
Washington & Lee	10/25	H/L	9-15,14-16,15-13,12-15
Ferrum*	10/26	H/W	9-15,15-2,15-13,15-13
Methodist*	10/26	H/W	11-15,15-9,15-11,15-7
St. Mary's (Md.)	11/1	A/L	7-15,15-13,13-15,10-15
N.C. Wesleyan*	11/4	A/W	6-15,15-11,5-15,15-10,15-10
<i>Dixie Conf. Tour. @ Fayetteville, N.C., 11/7-8</i>			
N.C. Wesleyan ¹	11/7	N/L	9-15,9-15,13-15



1998 (7-26)

Coach: Ken Shibuya

Mary Washington	9/1	A/L	10-15,10-15,8-15
<i>Bridgewater Tour. @ Bridgewater, Va., 9/12</i>			
Bridgewater ⁸	N/L		6-15,5-15,6-15
Roanoke ⁸	N/L		11-15,8-15,0-15
Sweet Briar ⁸	N/W		15-10,15-12,10-15,15-9
Chowan	9/15	A/L	13-15,3-15,15-9,15-12,10-15
Methodist*	9/19	H/L	8-15,13-15,15-10,8-15
Averett*	9/19	H/L	7-15,7-15,7-15
Ferrum*	9/20	H/W	15-8,7-15,15-13,17-15
Randolph-Macon	9/24	A/L	10-15,15-8,4-15,15-9,8-15
Greensboro*	9/26	A/L	11-15,1-15,3-15
N.C. Wesleyan*	9/26	N/L	15-12,15-13,10-15,4-15,13-15
Shenandoah*	9/30	H/L	11-15,11-15,4-15
<i>Ferrum Tour. @ Ferrum, Va., 10/2-3</i>			
Ferrum ⁹	A/L		7-15,8-15,5-15
Emory & Henry ⁹	N/L		5-15,15-12,15-4,12-15,7-15
Shenandoah ⁹	N/L		15-5,14-16,10-15,3-15
Lynchburg ⁹	N/L		15-12,1-15,7-15,10-15
<i>Gallaudet Tour. @ Washington, D.C., 10/9-10</i>			
Chowan ⁴	N/W		8-15,16-14,10-15,15-12
Marymount ⁴	N/L		

Captains Volleyball



ALL-TIME RESULTS

RECORD BOOK

2008

Emory ¹⁰	N/L	27-30, 18-30, 23-30
Austin ¹⁰	N/L	22-30, 27-30, 16-30
Guilford ¹⁰	N/W	30-28, 30-25, 30-22
<i>Washington & Lee Tour. @ Lexington, Va., 9/7-8</i>		
St. Mary's ¹⁴	N/W	30-20, 30-22, 30-17
Catholic ¹⁴	N/L	22-30, 23-30, 33-31, 15-30
Washington & Lee ¹⁴	A/L	23-30, 20-30, 30-21, 18-30
Shenandoah ¹⁴	N/W33-30, 30-17, 28-30, 28-30, 15-13	
N.C. Wesleyan*	9/18 H/W	30-22, 30-20, 30-10
Averett ¹¹	9/22 N/W	30-25, 25-30, 30-23, 30-27
Ferrum ¹¹	9/22 N/W	30-27, 27-30, 30-24, 30-28
Chowan ¹	9/26 A/W	30-21, 30-26, 30-23
Shenandoah*	10/3 H/W	30-16, 30-20, 30-16
Hollins	10/6 N/W	27-30, 30-21, 30-19, 30-13
Randolph-Macon	10/6 A/W	30-18, 30-24, 25-30, 28-30, 15-6
Methodist*	10/8 H/W	30-21, 30-19, 30-21
Greensboro*	10/8 H/W	30-26, 30-18, 30-19
<i>Southwestern Tour. @ Georgetown, Texas, 10/12-13</i>		
Monmouth ¹⁵	N/L	29-31, 24-30, 21-30
Mary Hardin-Baylor ¹⁵	N/L	23-30, 20-30, 30-28, 18-30
Southwestern (Tx) ¹⁵	N/L	33-31, 26-30, 27-30, 24-30
Cal Lutheran ¹⁵	N/L	22-30, 27-30, 16-30
N.C. Wesleyan*	10/17 A/W	30-21, 30-19, 30-22
Shenandoah*	10/19 A/W	25-30, 30-22, 30-18, 30-22
Greensboro ¹¹	10/20 N/W	30-25, 30-20, 30-15
Methodist ¹¹	10/20 N/W	30-21, 31-29, 30-23
Catholic	10/22 A/L	21-30, 23-30, 20-30
Randolph-Macon	10/24 H/W	30-24, 30-27, 30-19
Ferrum ¹¹	10/26 N/W	30-22, 30-19, 30-19
Averett ¹¹	10/26 N/W	30-26, 30-25, 24-30, 28-30, 15-7
Chowan*	10/30 H/W	30-20, 30-20, 30-20
<i>Dixie Conf. Tour. @ Newport News, Va., 11/2-3</i>		
Chowan ¹	H/W	30-24, 30-20, 30-20
Ferrum ¹	H/W	30-17, 30-20, 30-20
Methodist ¹	H/W	30-12, 30-24, 30-17
<i>NCAA Tour. @ San Antonio, Texas, 11/8</i>		
Washington & Lee ¹⁶	11/8 N/L	21-30, 15-30, 15-30



2002 (24-8)
Coach: Lindsay Sheppard

<i>CNU Earlybird Tour. @ Newport News, Va., 8/31</i>		
Virginia Wesleyan ¹⁷	H/W	30-10, 30-11, 30-12
Hollins ¹⁷	H/W	30-20, 30-26, 30-16
Bridgewater ¹⁷	H/L	27-30, 27-30, 30-11, 30-25, 11-15
<i>Washington & Lee Tour. @ Lexington, Va., 9/6-7</i>		
St. Mary's ¹⁴	N/W	30-15, 30-21, 30-22
Catholic ¹⁴	N/L	30-26, 30-24, 30-22, 30-30
Washington & Lee ¹⁴	A/W	21-30, 30-28, 30-25, 19-30, 15-12
Catholic ¹⁴	N/L	24-30, 23-30, 20-30
<i>Emory Tour. @ Atlanta, Ga., 9/13-14</i>		
U. of the South ⁷	N/W	30-19, 26-30, 30-27, 30-22
Emory ⁷	A/L	19-30, 16-30, 30-27, 27-30
Maryville ⁷	N/L	12-30, 33-35, 26-30
Shenandoah*	9/17 H/W	30-16, 30-19, 30-18
Randolph-Macon	9/18 A/W	30-24, 30-23, 33-31
Greensboro ¹¹	9/21 N/W	30-26, 23-30, 30-21, 30-25
Methodist ¹¹	9/21 A/W	30-21, 30-20, 30-17
N.C. Wesleyan*	9/25 A/W	30-15, 30-17, 30-16
Ferrum ¹¹	9/28 H/W	30-17, 26-30, 30-12, 30-12
Averett ¹¹	9/28 H/W	30-25, 30-19, 30-17
Chowan*	10/3 H/W	30-23, 30-18, 30-23
Shenandoah*	10/9 A/W	30-23, 30-11, 30-22
Washington & Lee	10/10 H/W	21-30, 30-27, 19-30, 30-28, 15-6
N.C. Wesleyan*	10/23 H/W	30-12, 32-34, 30-9, 30-27
Methodist ¹¹	10/26 N/W	30-26, 25-30, 30-25, 30-24
Greensboro ¹¹	10/26 A/W	30-27, 30-27, 21-30, 31-29
Randolph-Macon	10/28 H/W	32-34, 32-30, 30-28, 24, 15-13
Chowan*	10/30 A/W	30-14, 21-30, 33-31, 30-24
Ferrum ¹¹	11/2 A/W	27-30, 30-23, 30-20, 30-27
Averett ¹¹	11/2 N/L	20-30, 16-30, 23-30
Bridgewater	11/5 A/L	23-30, 19-30, 18-30
<i>Dixie Conf. Tour. @ Greensboro, N.C., 11/8-9</i>		
Chowan ¹	N/W	30-15, 30-24, 30-26
Methodist ¹	N/W	30-25, 30-21, 30-27
Averett ¹	N/W	30-19, 24-30, 30-24, 30-25
<i>NCAA Tour. @ Atlanta, Ga., 11/14</i>		
Washington & Lee ¹⁶	N/L	19-30, 27-30, 30-28, 20-30
2003 (20-19) Coach: Lindsay Sheppard		
<i>CNU Earlybird Tour. @ Newport News, Va., 8/30</i>		
Ursinus ¹⁷	H/W	30-26, 22-30, 30-19, 30-28
Mary Washington ¹⁷	H/W	30-23, 30-24, 31-29
Bridgewater ¹⁷	H/L	20-30, 24-30, 16-30
Frostburg St.	9/1 N/L	16-30, 30-28, 27-30, 24-30
Catholic	9/1 A/L	12-30, 21-30, 10-30
N.C. Wesleyan*	9/9 A/W	30-25, 30-22, 30-19
<i>Washington & Lee Tour. @ Lexington, Va., 9/12-13</i>		
Emory ¹⁴	N/L	21-30, 22-30, 22-30

Savannah A&D ¹⁴	N/L	30-23, 15-30, 19-30, 17-30
Shenandoah ¹⁴	N/W	30-27, 30-24, 30-17
Averett ¹⁴	N/L	22-30, 15-30, 27-30
Methodist ¹¹	9/27 A/W	30-22, 33-35, 30-26, 30-21
Averett ¹¹	9/27 N/L	23-30, 30-26, 22-30, 26-30
Shenandoah*	9/30 A/W	30-25, 30-20, 21-30, 30-20
<i>Centre Tour. @ Danville, Ky., 10/3-4</i>		
Thomas More ¹⁸	N/L	17-30, 23-30, 20-30
Centre ¹⁸	A/L	11-30, 14-30, 13-30
Campbellsville ¹⁸	N/L	17-30, 16-30, 9-30
Campbellsville ¹⁸	N/L	23-30, 20-30, 25-30
Ferrum ¹¹	10/5 A/W	30-19, 28-30, 30-18, 30-18
Greensboro ¹¹	10/5 N/L	21-30, 23-30, 30-28, 25-30
N.C. Wesleyan*	10/8 H/W	30-17, 30-19, 30-18
<i>Captains Classic @ Newport News, Va., 10/10-11</i>		
Nazareth ¹²	H/L	19-30, 30-21, 25-30, 12-30
Ramapo ¹²	H/W	30-25, 30-18, 30-25
Maryville ¹²	H/L	25-30, 10-30, 18-30
Ramapo ¹²	H/W	30-24, 30-23, 30-20
Chowan*	10/15 A/W	30-20, 30-18, 30-26
Washington & Lee	10/16 H/L	29-31, 28-30, 20-30
Penn St.-Behrend	10/19 N/L	30-28, 27-30, 20-30, 22-30
Frostburg St.	10/19 A/L	13-30, 15-30, 28-30
Peace*	10/24 H/W	30-25, 30-24, 30-24
Peace*	10/24 H/W	30-15, 30-21, 32-30
Ferrum ¹¹	10/25 H/W	30-9, 24-30, 30-21, 30-25
Greensboro ¹¹	10/25 H/W	28-30, 23-30, 30-21, 31-29, 15-11
Chowan*	10/27 H/W	30-20, 30-23, 24-30
Shenandoah*	10/29 H/W	30-19, 30-21, 30-28
Averett ¹¹	11/1 A/L	31-29, 20-30, 12-30, 20-30
Methodist ¹¹	11/1 N/W	30-20, 30-18, 30-18
<i>USA South Conf. Tour. @ Winchester, Va., 11/7-8</i>		
Methodist ¹	11/7 N/W	30-12, 30-22, 30-19
Greensboro ¹	11/8 A/W	30-23, 30-28, 30-25
Averett ¹	11/8 N/L	21-30, 19-30, 21-30

2004 (32-8)
Coach: Lindsay Sheppard

<i>Maryville Tour. @ Maryville, Tenn., 9/3-4</i>		
Guilford ¹⁹	N/W	30-14, 30-18, 30-14
Southwestern (Tx) ¹⁹	N/L	17-30, 30-21, 26-30, 29-31
Maryville ¹⁹	A/L	30-23, 27-30, 27-30, 25-30
Hanover ¹⁹	N/W	30-24, 26-30, 27-30, 22-15, 12
N.C. Wesleyan*	9/8 H/W	30-21, 30-10, 30-28
<i>Washington & Lee Tour. @ Lexington, Va., 9/10-11</i>		
Catholic ¹⁴	N/W	30-10, 30-12, 30-22
Washington & Lee ¹⁴	A/W	30-23, 23-30, 30-26, 30-24
Averett ¹⁴	N/W	30-16, 30-15, 30-10
Frostburg St. ¹⁴	N/L	30-15, 25-30, 30-24, 26-30, 11-15
Chowan	9/15 A/W	30-14, 30-14, 32-30
Randolph-Macon	9/21 H/W	30-26, 30-19, 25-30, 28-30, 15-13
Averett ¹	9/25 H/W	27-30, 25-30, 30-26, 30-22, 15-11
Methodist*	9/25 H/W	30-23, 30-21, 30-19
Ferrum*	9/26 H/W	30-12, 30-8, 30-9
Greensboro*	9/26 H/W	30-21, 30-21, 30-28
Shenandoah*	9/29 H/W	30-16, 30-14, 30-21
<i>CNU/Comfort Inn Classic @ Newport News, Va., 10/1-2</i>		
Salem ²⁰	H/W	30-15, 30-14, 30-12
Southern Virginia ²⁰	H/W	30-21, 32-30, 30-22
Elizabethtown ²⁰	H/W	30-27, 30-22, 30-27
Elizabethtown ²⁰	H/W	27-30, 30-27, 30-24, 32-30
N.C. Wesleyan*	10/5 A/W	30-11, 30-24, 30-27
<i>Guilford Tour. @ Greensboro, N.C., 10/8-9</i>		
Methodist ²¹	N/W	30-13, 30-24, 30-20
Guilford ²¹	A/W	30-18, 30-18, 30-23
Chowan ²¹	N/W	30-7, 30-23, 30-21
Bridgewater ²¹	N/L	30-24, 30-27, 22-30, 30-32, 12-15
Chowan	10/13 H/W	30-12, 30-10, 30-19
Rutgers-Newark	10/17 H/W	30-20, 30-19, 30-24
Randolph-Macon	10/17 A/L	30-28, 30-32, 21-30, 30-20
Peace*	10/22 A/W	30-15, 30-28, 30-27
Peace*	10/22 A/W	32-30, 30-24, 32-30
Greensboro*	10/23 A/L	22-30, 28-30, 12-30
Ferrum*	10/23 N/W	30-15, 30-13, 30-16
Shenandoah*	10/26 A/W	30-16, 29-31, 30-18, 30-16
Averett ¹	10/30 A/L	30-28, 28-30, 22-30, 23-30
Methodist*	10/30 N/W	30-21, 30-13, 30-21
Va. Wesleyan	11/2 H/W	30-15, 30-22, 30-23
<i>USA South Conf. Tour. @ Fayetteville, N.C., 11/5-6</i>		
Peace ¹	N/W	30-16, 30-17, 30-13
Averett ¹	N/W	30-25, 31-33, 30-22, 30-27
Greensboro ¹	N/W	30-25, 30-19, 30-26
<i>NCAA Regionals @ Atlanta, Ga., 11/11</i>		
Texas Lutheran ¹⁶	11/11 N/L	20-30, 27-30, 24-30

2005 (32-6)
Coach: Lindsay Sheppard

<i>Maryville Tour. @ Lexington, Va., 9/9-10</i>		
Hanover (In.) ¹⁹	N/W28-30, 32-30, 30-14, 26-30, 15-8	
Johnson Bible ¹⁹	N/W	30-14, 30-10, 30-28
Ohio St.-Newark ¹⁹	N/W	30-15, 30-13, 30-19
Maryville ¹⁹	A/W	30-15, 30-21, 30-17
Randolph-Macon	9/16 A/L	30-26, 23-30, 24-30, 30-26, 10-15
<i>Washington & Lee Inv. @ Maryville, Tenn., 9/2-3</i>		
Washington & Lee ¹⁴	A/W	30-27, 21-30, 30-21, 30-17
Catholic ¹⁴	N/W	27-30, 30-19, 30-27, 30-24
Averett ¹⁴	N/W	25-30, 30-28, 30-19, 30-12
Emory	N/L	26-30, 29-31, 26-30

Peace*	9/14 H/W	30-21, 30-17, 30-21
Ferrum ¹¹	9/17 A/W	30-18, 30-21, 30-18
Methodist ¹¹	9/17 N/W	30-11, 30-20, 30-26
N.C. Wesleyan*	9/20 A/W	30-21, 30-24, 30-26
Greensboro ¹¹	9/24 H/W	30-23, 29-31, 22-30, 30-25, 15-6
Averett ¹¹	9/24 H/W	30-23, 30-20, 30-22
Shenandoah*	9/27 H/W	30-26, 31-29, 30-23
<i>Southwestern (Tx.) Tr. @ Georgetown, Tx., 9/30-10/1</i>		
Texas-Dallas ¹⁵	N/W	30-26, 30-19, 30-22
Southwestern (Tx.) ¹⁵	A/L	23-30, 28-30, 29-31
Dallas ¹⁵	N/W	31-29, 30-17, 30-26
East Texas Baptist ¹⁵	N/W	29-31, 31-29, 30-18, 22-30, 19-17
Va. Wesleyan	10/4 A/W	32-30, 30-26, 21-30, 30-23
<i>Guilford Tr. @ Greensboro, N.C., 10/7-8</i>		
Piedmont ²¹	N/W	30-19, 30-19, 30-18
Guilford ²¹	N/W	30-14, 32-30, 30-24
Maryville ²¹	N/W	30-26, 31-29, 30-24
Bridgewater ²¹	N/L	29-31, 30-19, 30-26, 26-30, 13-15
Shenandoah*	10/11 A/W	30-19, 30-21, 30-28
N.C. Wesleyan*	10/18 H/W	30-18, 30-20, 18-30, 20-30
Randolph-Macon	10/21 H/W	20-30, 30-21, 24-30, 30-28, 16-14
Methodist ¹¹	10/22 A/W	30-19, 30-21, 30-15
Ferrum ¹¹	10/22 N/W	30-11, 30-23, 30-19
Va. Wesleyan	10/25 H/W	30-12, 30-23, 19-30, 30-18
Peace*	10/26 A/W	30-13, 30-17, 30-17
Averett ¹¹	10/29 A/W	26-30, 30-20, 30-27, 27-30, 17-15
Greensboro ¹¹	10/29 N/L	30-22, 19-30, 30-28, 29-31, 8-15
<i>USA South Conf. Tour. 1st Round @ Freeman Ctr., 11/1</i>		
Shenandoah ¹	11/1 H/W	30-15, 30-23, 30-15
<i>USA South Conf. Tour. @ Greensboro, N.C., 11/4-5</i>		
Averett ¹	11/4 N/W	30-23, 30-25, 30-14
Greensboro ¹	11/5 A/W	16-30, 18-30, 30-16, 30-9, 15-11
<i>NCAA Regionals @ Atlanta, Ga., 11/10</i>		
Trinity (Tx.) ¹⁶	11/10 N/L	30-28, 35-33, 18-30, 25-30, 16-18

2006 (27-10)
Coach: Lindsay Birch

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Christopher Newport

ALL-TIME RESULTS

Averett* ¹¹	9/22	N/W	30-21,30-15,30-27	Ferrum* ¹¹	10/26	N/W	30-12,30-15,30-20	⁸ Bridgewater Tr.
Ferrum* ¹¹	9/22	N/W	30-13,30-20,30-10	Averett* ¹¹	10/26	A/W	30-20,30-20,30-26	⁹ Ferrum Tr.
Shenandoah*	9/26	A/W	30-17,30-24,30-15	Salisbury	10/27	N/W	30-15,30-27,30-24	¹⁰ Averett Tr.
Hampton	9/28	H/W	30-15,30-24,30-11	Virginia Wesleyan	10/27	A/W	30-20,30-22,30-23	¹¹ USA South Round Robins
Greensboro* ¹¹	9/29	A/W	30-19,30-20,30-22	Meredith ¹	10/30	H/W	30-7,30-15,30-12	¹² CNU Captains Classic
Methodist* ¹¹	9/29	N/W	30-18,30-12,30-26	N.C. Wesleyan ¹	11/2	H/W	30-13,30-19,30-25	¹³ Catholic Tr.
Salisbury	10/3	A/W	31-29,30-15,31-29	Greensboro ¹	11/3	H/W	30-19,30-26,30-11	¹⁴ Washington & Lee Tr.
Mary Baldwin*	10/10	H/W	30-12,30-15,30-22	Salisbury ¹⁶	11/8	N/W	30-22,30-18,30-18	¹⁵ Southwestern (Texas) Tr.
CNU Inv. @ Freeman Center, 10/12-13				Juniata ¹⁶	11/9	N/L	24-30,23-30,30-26,30-21,9-15	¹⁶ NCAA Tournament
Gallaudet ²⁰	10/12	H/W	30-22,30-23,30-16	*USA South matches				¹⁷ CNU Earlybird Tr.
Susquehanna ²⁰	10/12	H/W	30-11,30-28,30-14	¹ USA South Tournament				¹⁸ Centre (Ky.) Tr.
West Virginia Wesleyan ²⁰	10/13	H/W	30-27,30-20,30-21	² Catonsville Tr.				¹⁹ Maryville Tr.
Washington & Lee ²⁰	10/13	H/L	32-30,25-30,33-31,30-32,6-15	³ Longwood Tr.				²⁰ CNU/Comfort Inn Classic
N.C. Wesleyan*	10/17	A/W	30-20,30-14,30-24	⁴ Gallaudet Tr.				²¹ Guilford Tr.
Peace* ¹¹	10/20	N/W	30-14,30-14,30-11	⁵ Dickinson Tr.				²² Juniata Tr.
Meredith* ¹¹	10/20	N/W	30-14,30-10,30-15	⁶ Gettysburg Tr.				²³ Trinity Tr.
Shenandoah*	10/24	H/W	30-14,30-9,30-8	⁷ Emory Tr.				²⁴ Thomas More Tr.



Following the Athletic Awards Ceremony
in the Spring of 2008



Captains Volleyball Camp
Summer 2008



Visiting the St. Louis Zoo



At the St. Louis Zoo

HISTORY AND RECORDS

2008



HONORS

All-American

2006	Brittany Collins	AVCA Hon. Men.
2007	Brittany Collins	AVCA Hon. Men.

All-South Region

2006	Brittany Collins	AVCA 1st team
2007	Brittany Collins	AVCA 1st team

All-Conference

1985	Dawn Terry	1st team
	Tina Sage	2nd team
1986	Dawn Terry	2nd team
	Michelle Masco	2nd team
1988	Paula Hockster	2nd team
1989	Ruth Castellon	1st team
	Paula Hockster	2nd team
1990	Linda Machie	1st team
	Jennifer Martin	1st team
1991	Jennifer Martin	1st team
1992	Jennifer Martin	2nd team
1995	Tiffany Libeu	1st team
	Rachel Hull	2nd team
1996	Amanda Adkins	2nd team
1997	Rachel Hull	2nd team
1999	Oksana Boukhtina	1st team
	Heather Vaden	2nd team
2000	Oksana Boukhtina	1st team
	Lindsay Sheppard	1st team
2001	Lindsay Sheppard	1st team
	Nina Richardson	1st team
	Amy Johnson	2nd team
2002	Oksana Boukhtina	1st team
	Nina Richardson	1st team
	Mary Whiting	2nd team
2003	Amber Bradshaw	1st team
	Erin Bradshaw	1st team
2004	Amber Bradshaw	1st team
	Tricia Nelsen	1st team
	Brittany Collins	2nd team
	Jessica O'Neal	Hon. Men.
	Jenna Williams	Hon. Men.
2005	Amber Bradshaw	1st team
	Brittany Collins	1st team
	Liz Bush	2nd team
	Jenna Williams	2nd team
	Erin Bradshaw	Hon. Men.
	Ellen Koch	Hon. Men.
2006	Brittany Collins	1st team
	Liz Bush	1st team
	Sarah Brown	2nd team
	Jenna Williams	2nd team
	Ellen Koch	Hon. Men.
	Sarah Hunkele	Hon. Men.
2007	Brittany Collins	1st team
	Allison Wolfe	1st team
	Ellen Koch	2nd team
	Liz Bush	Hon. Men.
	Christie Kirby	Hon. Men.
	Meghan Puckli	Hon. Men.

Conference Player of the Year

2001	Lindsay Sheppard
2006	Brittany Collins
2007	Brittany Collins

Conference Rookie of the Year

2001	Amy Johnson
2004	Tricia Nelsen
2005	Liz Bush

Conference Libero of the Year

2005	Jenna Williams
2006	Jenna Williams

Conference Coach of the Year

1989	Coco Hofmann
1999	Ken Shibuya
2001	Ken Shibuya
2002	Lindsay Sheppard
2005	Lindsay Sheppard
2007	Lindsay Birch

All-Conference Tournament

1985	Tina Sage
	Michelle Masco
1989	Andrea Spurell
	Ruth Castellon
1990	Linda Machie
1996	Faith McGovern
2001	Lindsay Sheppard
	Nina Richardson
	Amy Johnson
2002	Mary Whiting
	Oksana Boukhtina
	Nina Richardson
	Erin Bradshaw

2004	Amber Bradshaw
	Brittany Collins
	Tricia Nelsen
2005	Brittany Collins
	Erin Bradshaw
	Amber Bradshaw
2006	Brittany Collins
	Sarah Hunkele
	Ellen Koch
2007	Brittany Collins
	Liz Bush
	Ellen Koch
	Allison Wolfe

Conference Tournament MVP

2001	Lindsay Sheppard
2002	Mary Whiting
2004	Brittany Collins
2005	Brittany Collins
2007	Brittany Collins

CoSIDA Academic All-District

1989	Paula Hockster	
VaSID All-Virginia		
1996	Amanda Adkins	Hon. Mention
1997	Rachel Hull	Hon. Mention
1998	Heidi Jackson	Hon. Mention
1999	Oksana Boukhtina	2nd team
	Heather Vaden	2nd team
	Heidi Jackson	Hon. Mention
2000	Oksana Boukhtina	1st team
	Lindsay Sheppard	2nd team
2001	Lindsay Sheppard	1st team
	Nina Richardson	2nd team
2002	Oksana Boukhtina	1st team
	Nina Richardson	1st team
2003	Amber Bradshaw	2nd team
	Erin Bradshaw	2nd team
	Jenna Williams	2nd team
2004	Tricia Nelsen	1st team
	Amber Bradshaw	2nd team
2005	Amber Bradshaw	2nd team
	Brittany Collins	2nd team
2006	Brittany Collins	1st team
	Liz Bush	2nd team
2007	Brittany Collins	1st team
	Allison Wolfe	2nd team

VaSID All-Virginia All-Academic

1990	Teresa Otterness
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VaSID All-Virginia Coach of the Year

2004	Lindsay Sheppard
2005	Lindsay Sheppard
2007	Lindsay Birch

VaSID All-Virginia Player of the Year

2006	Brittany Collins
2007	Brittany Collins

Conference All-Academic

1982	Vicky Gunn
	Leanne Eyler
1983	Dawn Terry
	Anne Walsh
	Karen Joyner
1984	Dawn Terry
	Anne Walsh
1985	Dawn Terry
1986	Dawn Terry
	Sandy Miller
1987	Sandy Miller
1988	Paula Hockster
	Patty Patenaude
1989	Laurie Coburn
1990	Teresa Otterness
1991	Barbie Sprinkle
1992	Dawn Brown
	Colleen O'Neill
1993	Dana Kirts
1995	Michelle Hirsch
	Dana Forrest
1998	Nancy Gordon
	Becca Hammack
1999	Becca Hammack
	Kim Hammack
	Meghan McCalley
	Melissa Noble

	Nina Richardson
	Jenny Steele
	Jennifer Wood
2000	Kim Hammack
	Becca Hammack
	Meghan McCalley
	Nina Richardson
	Jenny Steele
2001	Rebecca Hammack
	Nina Richardson
	Lindsay Sheppard
	Jenny Steele
2002	Nina Richardson
	Kristy Severin
	Liz Standish
	Sarah Zoric
2003	Courtney Barnett
	Jessi Hinz
	Laura Mathews
	Nicole Sperlazza
	Jenna Williams
2004	Courtney Barnett
	Melanie Herrington
	Jessica Hinz
	Nicole Sperlazza
	Jessica Wright
2005	Liz Bush
	Katie Knoll
2006	Kenzie Lockie
	Meghan Puckli
	Nicole Sperlazza
2007	Mary Horner
	Caitlyn Jansen
	Meghan Puckli
	Michelle Puckli



Ali Wolfe

USA SOUTH ATHLETIC CONFERENCE

FINAL 2007 STANDINGS

SCHOOL	Conf. W-L	Games For Opp.	Pct.	Overall W-L	Games For. Opp.	Pct.
CNU	18-0	54 2	1.000	33-7	107-25	.825
Greensboro	15-3	47 21	.833	23-16	78 69	.590
Averett	14-4	43 15	.778	25-14	84 51	.641
N.C. Wesleyan	11-7	38 27	.611	21-14	73 55	.600
Ferrum	10-8	37 25	.556	16-17	59 58	.485
Methodist	9-9	33 32	.500	16-16	55 58	.500
Mary Baldwin	5-13	17 41	.278	8-27	37 84	.229
Meredith	4-14	18 47	.222	8-25	33 81	.242
Peace	3-15	12 48	/.167	10-25	39 87	.286
Shenandoah	1-17	11 52	.056	10-23	41 77	.303

ALL-TOURNAMENT TEAM

Brittany Collins	CNU	MVP
Liz Bush	CNU	
Ellen Koch	CNU	
Allison Wolfe	CNU	
Michelle Gabson	Greensboro	
Kacie Hyatt	Greensboro	
Samantha Kirby	Averett	

CONFERENCE STATISTICAL

LEADERS

Attack Percentage (Min. .200, 3.0 attacks/game)

Player	Team	G	Kills	E	TA	Pct.
Kirby	AU	135	647	115	1257	.423
Judd	GC	124	300	76	643	.348
Puckli, Me.	CNU	115	210	63	431	.341
Altice	FC	117	596	167	1353	.317
Insley	NCW	128	539	186	1186	.298
McEvoy	MU	112	232	75	539	.291
Bush	CNU	100	279	73	709	.291
Hunkeler	CNU	69	166	51	417	.276
Brown	CNU	113	238	71	614	.272
Weavil	GC	125	251	87	603	.272

Kills per Game (Min. 2.00 per game)

Player	School	G	Kills	Ave.
Altice	FC	117	596	5.09
Kirby	AU	135	647	4.79
Insley	NCW	128	539	4.21
Roberts	MB	117	474	4.05
Yeatman	MU	112	418	3.73
Gabson	GC	134	493	3.68
Wolfe	CNU	106	373	3.52
Hyatt	GC	146	493	3.38
Maupin	AU	127	417	3.28
White	MC	107	350	3.27

Blocks per Game (Min. 0.50 per game)

Player	School	G	BS	BA	BAVE.
Gore	PC	99	53	63	1.17
Kirby	AU	135	82	74	1.16
Weavil	GC	125	20	102	0.98
McEvoy	MU	112	50	58	0.96
Insley	NCW	128	44	76	0.94
Brown	CNU	113	23	81	0.91
Puckli, Me.	CNU	115	24	81	0.91
Phillips	PC	65	22	30	0.80
Johnson	SU	113	19	64	0.73
Kidd	SU	89	11	52	0.71

Assists per Game (Min. 5.00/game)

Player	School	G	Kills	Ave.
Carpenter	AU	130	1442	11.09
Lemmons	GC	134	1433	10.69
Collins	CNU	120	1277	10.64
George	NCW	128	1260	9.84
Zellhart	MU	99	973	9.83
Sayabouth	MC	114	948	8.32
Clum	MB	119	964	8.10
Walker	FC	117	729	6.23

First Team

Brittany Collins
Allison Wolfe
Mindy Altice
Michelle Gabson
Brittany Insley
Samantha Kirby

CNU
CNU
Ferrum
Greensboro
N.C. Wesleyan
Averett

ALL-CONFERENCE TEAM

Second Team

Ellen Koch
Kasey Carpenter
Joy Daniels
Kacie Hyatt
Jordan Maupin
Sara Yeatman

CNU
Averett
Greensboro
Greensboro
Averett
Methodist

Honorable Mention

Liz Bush, CNU
Christie Kirby, CNU
Meghan Puckli, CNU
Jessica Flanigan, Ferrum
Colena Roberts, Mary Baldwin
Meredith Schwane, Averett
Morgan White, Meredith

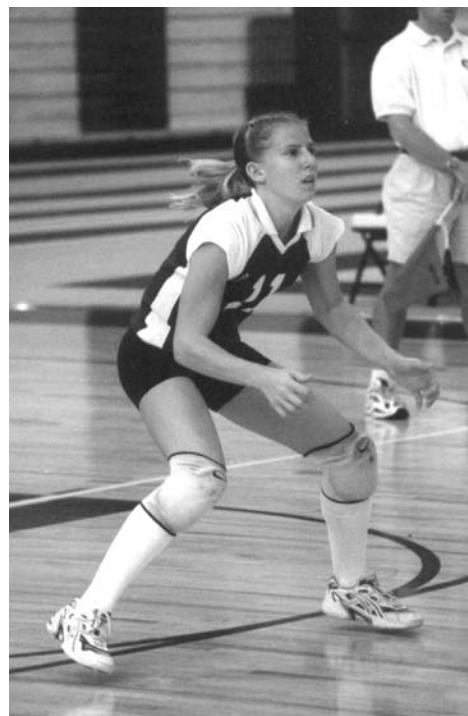
Player of the Year: **Brittany Collins, CNU**
Rookie of the Year: Michelle Gabson, Greensboro
Libero of the Year: Joy Daniels, Greensboro
Coach of the Year: **Lindsay Birch, CNU**

Digs per Game (Min. 1.00 per game)

Thurman	FC	117	560	4.79
Guffey	MB	113	538	4.76
Grady	MU	113	514	4.55
Schwane	AU	135	599	4.44
Daniels	GC	147	617	4.20
Kirby	CNU	131	536	4.09
George	NCW	128	501	3.91
Haywood	SU	115	441	3.83
Thompson	SU	94	344	3.66
Flanagan	FC	117	427	3.65

Aces per Game (Min. 0.50/game)

Player	School	G	Aces	Ave.
Collins	CNU	120	123	1.02
George	NCW	128	80	0.62
Schwane	AU	135	78	0.58
Hill	MB	119	66	0.55
Lemmons	GC	134	74	0.55
Apple	AU	105	57	0.54
Hyatt	GC	146	77	0.53
Chandler	SU	118	62	0.53
Sayabouth	MC	114	58	0.51



CNU Coach Lindsay Sheppard, now Lindsay Birch, in her playing days. She was conference Player of the Year as a senior



Captains Volleyball



USA SOUTH VOLLEYBALL HISTORY

Year	Regular Season Champ.	Tournament Champ.	Coach of Year	School
1981	NC Wesleyan	UNC Greensboro	Debbie Allison	NC Wesleyan
1982	UNC Greensboro	UNC Greensboro	Tere Dail	UNCG
1983	UNC Greensboro Greensboro St. Andrews	UNC Greensboro	Jean Lojko	Greensboro
1984	UNC Greensboro	UNC Greensboro	Tere Dail	UNCG
1985	St. Andrews Christopher Newport UNC Greensboro	St. Andrews	Tere Dail	UNCG
1986	Greensboro	Methodist	Jean Lojko	Greensboro
1987	St. Andrews	St. Andrews	JoAnn Williams	St. Andrews
1988	Methodist	Methodist	Diane Scherzer	Methodist
			Jetanna McClain	NC Wesleyan
1989	Greensboro	Greensboro	Coco Hofmann Jean Lojko	Christopher Newport Greensboro
			Jetanna McClain	NC Wesleyan
1990	Greensboro	Greensboro	Kelly Caputo	Ferrum
1991	Averett	Greensboro	Karen Smith	Methodist
1992	Averett	Averett	Barbara Kushubar	Averett
1993	Averett	Averett	Barbara Kushubar	Averett
1994	Averett	Averett	Barbara Kushubar	Averett
1995	Averett	Averett	Danny Miller	Averett
1996	Averett	Averett	Danny Miller	Averett
1997	Averett	Greensboro	Danny Miller	Averett
1998	Averett	Averett	Danny Miller	Averett
1999	Averett	Averett	Ken Shibuya	Christopher Newport
2000	Averett	Averett	Danny Miller	Averett
			Jean Lojko	Greensboro
2001	Christopher Newport	Christopher Newport	Ken Shibuya	Christopher Newport
2002	Christopher Newport	Christopher Newport	Lindsay Sheppard	Christopher Newport
2003	Averett	Averett	Danny Miller	Averett
2004	Christopher Newport Averett Greensboro	Christopher Newport	Jean Lojko	Greensboro
2005	Christopher Newport Greensboro	Christopher Newport	Lindsay Sheppard	Christopher Newport
2006	Christopher Newport Averett	Averett	Danny Miller	Averett
2007	Christopher Newport	Christopher Newport	Lindsay Birch	Christopher Newport



Dawn Terry, jumping, with Michelle Masco

THE HISTORY OF THE USA SOUTH

The USA South Athletic Conference might be one of the newest names in Division III athletics, but that doesn't mean the 11-team conference is new on the scene. One of the oldest Division III conferences in the nation, the USA South was born as the Dixie Intercollegiate Athletic Conference in 1963 when six institutions with similar philosophies of academics and athletics joined as founding members. Those colleges were: Charlotte College (now UNC-Charlotte), College of Charleston (S.C.), Methodist College (now Methodist University), North Carolina Wesleyan College, St. Andrews Presbyterian College, and Lynchburg College. The basis for the new athletic conference was that participation would be strictly amateur, and thus no athletically awarded financial aid or athletic scholarships would be awarded. That philosophy still exists today.

In February 2003, it was announced that the Dixie Intercollegiate Athletic Conference would change its name to the USA South Athletic Conference. The name change was made official on July 1, 2003 and the first USA South Athletic Conference championships were awarded in the fall of that year.

The Conference was originally affiliated with the National Association of Intercollegiate Athletics (NAIA) and remained with that affiliation until 1973. At that time the NCAA divided into three legislative and competitive divisions, with Division III allowing membership for non-athletic scholarship institutions only. The Dixie joined the NCAA, and in so doing, became one of the first conferences accepted into Division III. Since the inception of Division III, the USA South has been a leader in many areas, and has gained an outstanding regional and national reputation in a number of sports.

The Conference sponsored athletic programs for men only until 1981. In that year, the NCAA expanded its sponsorship to include women's sports, and the Dixie followed that lead by including women's sports. The Conference now sponsors championships in men's and women's cross country, men's and women's soccer, women's volleyball, football, men's and women's basketball, baseball, softball, men's and women's tennis, golf and women's lacrosse for a total of 14 sports.

Each year the Conference not only recognizes the participants for outstanding athletic achievements, but academic excellence as well. Student athletes who maintain academic averages of 3.0 or better on a 4.0 scale in both academic semesters are named to the Academic All-Conference team. This group annually averages well over 500 students.

Each year, the President's Cup is awarded to the school that accumulates the most points throughout the academic year in sports that are sponsored by the USA South. Points are awarded on a scale from 1-8 with each regular season conference champion receiving one point for every school sponsoring that sport. In 2004-05, the President's Cup was changed to have one winner for men's sports and one winner for women's. An overall men's and women's cup is awarded which Christopher Newport has won for 11 consecutive years.

Presently, the Conference features 11 institutions, five in Virginia, five in North Carolina and one in Tennessee. The Tennessee institution, Maryville College, became a competing member of the Conference in the fall of 2005 as a football only member. Averett University, Christopher Newport University, Ferrum College, Greensboro College, Mary Baldwin College, Meredith College, Peace College and Shenandoah University have joined Methodist and N.C. Wesleyan to make up today's Conference membership.

USA SOUTH HISTORY

USA SOUTH

2008

Home of Champions

Few, if any, Division III schools have had the overall success of the Christopher Newport athletic program.

Through the end of the 2007-08 season, CNU teams had won 12 national championships, either won or shared 162 conference titles and have produced an amazing number of individual accomplishments.

CNU athletes have won All-America recognition an amazing 537 times and have captured 64 individual national championships.

In the USA South Athletic Conference, CNU has won 11 consecutive President's Cups and 15 of the last 24. Statewide, in Virginia, Christopher Newport has had the best win-loss record of any school in the state for six of the last 11 years.

Nationally, CNU teams have made 65 NCAA appearances since 1982, not counting hundreds of individuals in track, cross country and golf.



ROSTER OF CHAMPIONSHIPS

A LIST OF CHAMPIONSHIPS AND NCAA APPEARANCES

BY CHRISTOPHER NEWPORT TEAMS OVER THE YEARS

FOOTBALL

2001	Dixie Conference
2001	NCAA
2002	Dixie Conference
2002	NCAA
2003	USA South
2003	NCAA
2004	USA South
2004	NCAA
2006	USA South
2006	NCAA

BASEBALL

2001	Dixie Conference
2001	NCAA Regional
2002	Dixie Conference
2002	NCAA 3rd place
2003	NCAA Regional
2003	NCAA 2nd place
2007	USA South
2007	NCAA Regional

MEN'S BASKETBALL

1986	Dixie Conference
1986	NCAA First Round
1988	Dixie Conference
1988	NCAA First Round
1989	Dixie Conference
1989	NCAA First Round
1990	NCAA First Round
1991	Dixie Conference
1991	NCAA Sweet 16
1993	Dixie Conference
1993	NCAA Sweet 16
1994	NCAA Second Round
1995	NCAA First Round
1996	Dixie Conference
1996	NCAA Sweet 16
1997	NCAA Second Round
1998	Dixie Conference
1998	NCAA Sweet 16
1999	Dixie Conference
1999	NCAA First Round
2000	Dixie Conference
2000	NCAA Second Round
2001	Dixie Conference
2001	NCAA Elite 8
2003	Dixie Conference
2003	NCAA First Round
2006	USA South
2006	NCAA First Round

WOMEN'S BASKETBALL

1980	AAIA Regionals
1982	NCAA First Round
1986	Dixie Conference
1986	NCAA Regional
1990	Dixie Conference
1992	NCAA Sweet 16
1993	Dixie Conference
1993	NCAA First Round
1995	NCAA First Round
1997	NCAA First Round
1998	Dixie Conference
1998	NCAA Second Round
2001	Dixie Conference
2001	NCAA First Round
2002	NCAA Second Round
2006	USA South
2006	NCAA Second Round

MEN'S CROSS COUNTRY

1980	Dixie Conference
1981	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1984	Dixie Conference
1984	NCAA Regionals
1985	Dixie Conference
1986	Dixie Conference
1988-92	No competition
1993	Dixie Conference
1993	Mason-Dixon Conf.
1994	Dixie Conference
1994	NCAA Regionals
1994	Mason-Dixon Conf.
1995	Dixie Conference
1996	Dixie Conference
1997	Dixie Conference
1998	Dixie Conference
1999	Dixie Conference
2000	Dixie Conference
2001	Dixie Conference
2001	Mason-Dixon Conf.
2002	Dixie Conference

2003	Mason-Dixon Conf.
2003	USA South
2004	Mason-Dixon Conf.
2004	USA South
2005	USA South
2006	USA South
2007	USA South

WOMEN'S CROSS COUNTRY

1994	Dixie Conference
1995	Dixie Conference
1998	Dixie Conference
1999	Dixie Conference
2000	Dixie Conference
2001	Dixie Conference
2001	Mason-Dixon Conf.
2002	Dixie Conference
2003	Mason-Dixon Conf.
2003	USA South
2004	Mason-Dixon Conf.
2004	USA South
2005	USA South
2006	USA South
2007	USA South

GOLF

1990	NCAA Nationals
1991	NCAA Nationals
1992	NCAA Nationals
1994	NCAA Nationals
1995	NCAA Nationals
1996	NCAA Nationals
2000	NCAA Nationals

FIELD HOCKEY

2006	NCAA Elite 8
2007	NCAA Sweet 16

WOMEN'S SOCCER

2000	Dixie Conference
2000	NCAA First Round
2004	USA South
2004	NCAA Elite 8
2005	USA South
2005	NCAA
2006	USA South
2006	NCAA

MEN'S SOCCER

1986	NCAA First Round
2000	Dixie Conference
2000	NCAA Elite 8
2006	NCAA Second Round

SOFTBALL

1993	Dixie Conference
1993	NCAA Regionals
1994	Dixie Conference
1995	Dixie Conference
1995	NCAA Regionals
1997	Dixie Conference
1998	NCAA Regionals
2001	Dixie Conference
2001	NCAA Regionals
2006	NCAA Regionals
2007	USA South
2007	NCAA Regionals

WOMEN'S LACROSSE

2006	USA South
2006	NCAA First Round
2006	USA South
2006	NCAA Regionals
2007	USA South
2007	NCAA Regionals

MEN'S TENNIS

1976	Dixie Conference
1977	Dixie Conference
1978	Dixie Conference
1979	Dixie Conference
1980	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1990	Dixie Conference
1993	Dixie Conference
2006	USA South
2007	USA South
2007	NCAA Regionals

WOMEN'S TENNIS

1993	Dixie Conference
2006	USA South

MEN'S TRACK & FIELD

1980	Dixie Conference
1981	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1984	Dixie Conference
1985	Dixie Conference
1986	Dixie Conference
1986	Mason-Dixon Conf. Out.
1994	Mason-Dixon Conf. Ind.
1995	Mason-Dixon Conf. Ind.
1995	Mason-Dixon Conf. Out.
1996	Mason-Dixon Conf. Ind.
1998	Mason-Dixon Conf. Ind.
1999	Mason-Dixon Conf. Ind.
1999	Mason-Dixon Conf. Out.
2000	Mason-Dixon Conf. Ind.
2001	Mason-Dixon Conf. Ind.
2001	Mason-Dixon Conf. Out.
2002	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Out.
2003	Mason-Dixon Conf. Ind.
2003	Mason-Dixon Conf. Out.
2004	Mason-Dixon Conf. Ind.
2004	Mason-Dixon Conf. Out.
2005	Mason-Dixon Conf. Ind.
2005	Mason-Dixon Conf. Out.
2006	Mason-Dixon Conf. Ind.
2006	Mason-Dixon Conf. Out.
2007	Mason-Dixon Conf. Ind.
2007	Mason-Dixon Conf. Out.

WOMEN'S TRACK & FIELD

1987	Mason-Dixon Conf. Out.
1987	NCAA Outdoor Champs
1988	NCAA Indoor Champs
1988	NCAA Outdoor Champs
1989	NCAA Indoor Champs
1989	NCAA Outdoor Champs
1990	Mason-Dixon Conf. Ind.
1990	NCAA Indoor Champs
1990	Mason-Dixon Conf. Out.
1991	Mason-Dixon Conf. Ind.
1991	Mason-Dixon Conf. Out.
1992	Mason-Dixon Conf. Ind.
1992	NCAA Indoor Champs
1992	NCAA Outdoor Champs
1994	Mason-Dixon Conf. Ind.
1994	Mason-Dixon Conf. Out.
1994	NCAA Outdoor Champs
1995	Mason-Dixon Conf. Ind.
1996	Mason-Dixon Conf. Ind.
1997	NCAA Indoor Champs
1998	Mason-Dixon Conf. Ind.
1998	Mason-Dixon Conf. Out.
1998	NCAA Indoor Champs
1998	NCAA Outdoor Champs
2000	Mason-Dixon Conf. Ind.
2000	Mason-Dixon Conf. Out.
2001	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Out.
2003	Mason-Dixon Conf. Ind.
2003	Mason-Dixon Conf. Out.
2004	Mason-Dixon Conf. Ind.
2004	Mason-Dixon Conf. Out.
2005	Mason-Dixon Conf. Ind.
2005	Mason-Dixon Conf. Out.
2006	Mason-Dixon Conf. Ind.
2006	Mason-Dixon Conf. Out.
2007	Mason-Dixon Conf. Ind.
2007	Mason-Dixon Conf. Out.

VOLLEYBALL

2001	Dixie Conference
2001	NCAA Regionals
2002	Dixie Conference
2002	NCAA Regionals
2004	USA South
2004	NCAA Regionals
2005	USA South
2005	NCAA Regionals
2007	USA South
2007	NCAA Regionals

The Virginia Peninsula

A Great Place To Live



The Virginia Peninsula is an exciting place to live with all kinds of entertainment and history right at your doorstep.

Some of the best entertainment in the world can be found in numerous venues, as well as on the CNU campus.

Then, of course, there are the beaches, many historical attractions, pro sports, theme parks such as Busch Gardens and Water Country and much more.

There's always lots to do on the Peninsula and in the Tidewater area.



Fast Facts

Location

- Newport News, Va.

Enrollment

- 4,800 students (1,200 freshmen)

Student Profile

- Average high school GPA: 3.6 (4.0 scale)
- Average SAT score: 1181 (Critical Reading and Math)
- 43 percent male; 57 percent female
- Students representing every region in Virginia, 32 additional states, and foreign countries

Faculty

- Nearly 90 percent hold Ph.D. or highest degree in their fields

Average Class Size

- 25 students

New State-of-the-Art Facilities

- The Freeman Sports and Convocation Center
- The Ferguson Center for the Arts
- The David Student Union
- The Tribble Library

NCAA Athletics

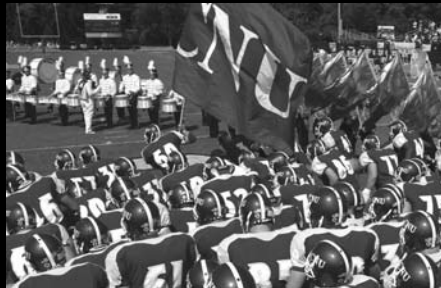
- 11 varsity men's teams;
12 varsity women's teams

Campus Life

- More than 100 student organizations — academic, special-interest, Greek and more

Residence Life

- 3,000 students residing on campus
- Four new residence halls; two new apartment complexes
- Phone, cable and Internet connections



Christopher Newport University

“Where students come first”

A dramatic transformation spanning the past decade has placed CNU among the United States' preeminent public liberal arts universities. The youngest university in Virginia, CNU is getting better, not bigger.

Our students enroll in rigorous academic programs through the College of Liberal Arts and the Joseph W. Luter, III College of Business and Leadership. CNU offers an unbeatable combination of a personal approach to teaching, small classes, and an emphasis on leadership, civic engagement and honor. In everything we do — both inside and outside the classroom — students remain our No. 1 priority.

www.cnu.edu
(757) 594-7000



2008 Schedule

August

30-31	Sat-Sun	Boxer Kickoff Inv.	Forest Grove, Ore.	
30	Sat	CNU vs. Puget Sound		4:00
		CNU vs. Pacific Lutheran		9:00
31	Sun	CNU vs. Cal State East Bay		4:00
		CNU vs. Pacific		11:00

September

12-13	Fri-Sat	CNU Invitational	Freeman Center	
12	Fri	CNU vs. Southern Virginia		12:00
		CNU vs. Emory		8:00
13	Sat	CNU vs. West Va. Wesleyan		12:00
		CNU vs. Franklin & Marshall		6:00
19	Fri	USA South Tri-match	Ferrum, Va.	
		CNU vs. Methodist*		3:30
		CNU vs. Greensboro* 5:30		
20	Sat	USA South Tri-match	Raleigh, N.C.	
		CNU vs. Peace*		12:00
		CNU vs. Meredith*		2:00
24	Wed	N.C. Wesleyan* (DH)	Rocky Mount, N.C.	5:00

27	Sat	USA South Tri-match	Freeman Center	
		CNU vs. Ferrum*		
		CNU vs. Averett*		
28	Sun	Washington & Lee	Crozet, Va. [^]	

October

1	Wed	Shenandoah*	Freeman Center	
3	Fri	Salisbury	Freeman Center	
4	Sat	USA South Tri-match	Freeman Center	
		CNU vs. Methodist*		
		CNU vs. Greensboro*		
10-11	Fri-Sat	Washington Univ. Inv.	St. Louis, Mo.	
10	Fri	CNU vs. Baldwin-Wallace		
		CNU vs. Endicott		
11	Sat	CNU vs. Washington Univ.		
		CNU vs. Williams		
15	Wed	Mary Baldwin* (DH)	Staunton, Va.	
17	Fri	Elizabethtown	Elizabethtown, Pa.	
		Juniata	Elizabethtown, Pa.	
22	Wed	Va. Wesleyan	Freeman Center	

24	Sat	Bridgewater	Freeman Center	7:00
25	Sat	USA South Tri-match	Raleigh, N.C.	
25	Sat	CNU vs. Meredith*		12:00
		CNU vs. Peace*		2:00
Wed 29		Shenandoah*	Winchester, Va.	6:00

November				
1	Sat	USA South Tri-match	Ferrum, Va.	5:00
		CNU vs. Averett*		3:00
		CNU vs. Ferrum*		5:00
Tue. 4		USA South Quarter Finals	TBA	TBA
Fri. 7		USA South Semi Finals	TBA	TBA
Sat 8		USA South Finals	TBA	TBA

*USA South matches
[^]at Western Albemarle H.S.
Home matches bold

