

# christopher newport VOLLEYBALL 2007





# Captains' Quarters



The Freeman Center



Field Hockey/Lacrosse



Tennis Complex



Pomoco Stadium & Belk Track



Baseball Stadium



Soccer Stadium



Softball Stadium

## CNU Athletic Facilities



## GENERAL INFORMATION

Athletic Staff Directory .....	3
Athletic Staff Photos .....	4
Campus Map .....	25
Team activities .....	9
Welcome to Christopher Newport .....	IBC

## COACHING STAFF

Head Coach Lindsay Birch .....	5
Assistant Coach Melissa Bakian .....	6
Assistant Coach Sara Kohout .....	6
Student Asst. Casey Martin .....	6

## 2007 SEASON

Meet the Captains .....	10
Opponent Information .....	27
Pre-Season Preview .....	7
Pronunciation Guide .....	8
Roster - Alphabetical .....	8
Roster - Numerical .....	8
Schedule .....	3, BC
Squad Breakdown .....	8

## 2006 SEASON

Category Leaders .....	32
Individual Match Highs .....	33
Individual Statistics .....	31
Match Results .....	31
Review of 2006 .....	30
Team Statistics .....	32
Top Five Wins of 2006 .....	21

## USA SOUTH CONFERENCE

All-Conference Team 2006 .....	46
All-Tournament Team 2006 .....	46
Conference History .....	47
Individual Statistics 2006 .....	46
Standings 2006 .....	46
Year-By-Year Champions .....	47

## NCAA PLAY

NCAA Results .....	22
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## RECORD BOOK

All-Time Roster .....	39
All-Time Scores .....	41
Career Leaders .....	35
Coaching Records .....	38
Honors .....	45
Individual Records .....	38
Number History .....	40
Season Leaders .....	34
Series Records vs. all Opponents .....	26
Team Records .....	38
Top Performance Clubs .....	36
Year-By-Year Records .....	39
Yearly Leaders .....	37

## FREEMAN CENTER

Directions to Freeman Center .....	25
Freeman Center Match Records .....	24
Records vs. Opponents at Home .....	24
Year-By-Year Records at Freeman Ctr. 24	

## THE PROGRAM

Fantastic Facilities .....	IFC
Home of Champions .....	48
Peninsula Area .....	49

## 2007 SCHEDULE

Date	Day	Opponent	Site	Time
August				
31-1	Fri.-Sat.	Emory (GA) Tournament	Atlanta, GA	
31	Fri.	Berry (GA)	Atlanta, GA	2:00
31	Fri.	Emory	Atlanta, GA	4:30
1	Sat.	Puget Sound (WA)	Atlanta, GA	11:30
1	Sat.	St. Thomas (MN)	Atlanta, GA	4:30
September				
4	Tue.	Randolph-Macon	Freeman Center	6:30
7-8	Fri.-Sat.	Washington & Lee Tr.	Lexington, VA	
7	Fri.	Southwestern (TX)	Lexington, VA	4:00
7	Fri.	Washington & Lee	Lexington, VA	8:00
8	Sat.	McDaniel	Lexington, VA	1:00
8	Sat.	UVA-Wise	Lexington, VA	3:30
12	Wed.	Mary Baldwin*	Staunton, VA	6:30
15	Sat.	USA South Quad Match	Freeman Center	
15	Sat.	CNU vs. Meredith*	Freeman Center	11:00 am
15	Sat.	CNU vs. Peace*	Freeman Center	5:00
18	Tue.	NC Wesleyan*	Freeman Center	6:30
21	Fri.	USA South Tri-Match	Fayetteville, NC	
21	Fri.	Methodist*	Fayetteville, NC	1:30
21	Fri.	Greensboro*	Fayetteville, NC	3:30
22	Sat.	USA South Tri-Match	Rocky Mount, NC	
22	Sat.	Ferrum*	Rocky Mount, NC	1:30
22	Sat.	Averett*	Rocky Mount, NC	4:00
26	Wed.	Shenandoah*	Winchester, VA	6:30
28	Fri.	Hampton	Freeman Center	6:00
29	Sat.	USA South Tri-Match	Greensboro, NC	
29	Sat.	Greensboro*	Greensboro, NC	10:00 am
29	Sat.	Methodist*	Greensboro, NC	12:00
October				
3	Wed.	Salisbury	Salisbury, MD	7:00
10	Wed.	Mary Baldwin*	Freeman Center	6:30
12	Fri.	CNU Invitational	Freeman Center	
12	Fri.	Gallaudet - Pool A	Freeman Center	1:00
12	Fri.	Susquehanna - Pool A	Freeman Center	7:00
13	Sat.	WV Wesleyan - Pool A	Freeman Center	11:00 am
13	Sat.	Playoffs/TBD	Freeman Center	3:00 or 5:00
		Pool B Teams - Elizabethtown, Nazareth, VA Wesleyan, Washington & Lee		
17	Wed.	NC Wesleyan*	Rocky Mount, NC	6:30
20	Sat.	USA South Tri-Match	Ferrum, VA	
20	Sat.	Peace*	Ferrum, VA	1:00
20	Sat.	Meredith*	Ferrum, VA	3:00
24	Wed.	Shenandoah*	Freeman Center	6:30
26	Fri.	USA South Tri-Match	Danville, VA	
26	Fri.	Ferrum*	Danville, VA	5:30
26	Fri.	Averett*	Danville, VA	7:30
27	Sat.	VA Wesleyan Tri-Match	VA Beach, VA	
27	Sat.	Salisbury	VA Beach, VA	3:00
27	Sat.	VA Wesleyan	VA Beach, VA	5:00
30	Tue.	USA South Quarterfinals	TBD	TBD
November				
2-3	Fri.-Sat.	USA South Final Four	TBD	TBD

Home games in bold  
\* USA South matches

## CNU Quick Facts/Directory

Location .....	Newport News, Va.
Area Population .....	500,000 est.
Founded .....	1961
Enrollment .....	4,800
Nickname .....	Captains
Colors .....	Royal Blue and Silver
Conference .....	USA South Athletic Conference
President .....	Sen. Paul S. Trible, Jr.
Director of Athletics .....	C.J. Woollum
Athletic Department Phone .....	757-594-7025

## Athletic Department Staff

### All phone numbers area code 757

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Cross Country .....	Keith Maurer	594-7213
Field Hockey .....	Carrie Moura	594-7920
Men's Basketball .....	C.J. Woollum	594-7217
Women's Basketball .....	Carolyn Hunter	594-7103
Track .....	Tyler Wingard	594-7289
Baseball .....	John Harvell	594-7054
Softball .....	Keith Parr	594-7352
Men's Tennis .....	Rush Cole	594-7372
Women's Tennis .....	Jenny Nuttycombe	594-8751
Golf .....	Chad Wilson	594-7891
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## CREDITS

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CHRISTOPHER NEWPORT  
VOLLEYBALL  
2007

## ON THE COVER

Christopher Newport, the namesake of Christopher Newport University, was the commander of the expedition that settled Jamestown, Va., first first permanent English-speaking colony in the New World.

Christopher Newport University's volleyball team honored the 400th anniversary of the that event, by posing on *Jamestown Settlement's re-creation of the Susan Constant*, "the largest of the three ships that brought America's first permanent English colonists to Virginia in 1607.



**PRESIDENT**  
**PAUL S. TRIBBLE, JR.**

**ATHLETIC**  
**DIRECTOR**  
**C.J. WOOLLUM**



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Athletic Turf Manager



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Bobby Jordan  
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Matt Kelchner  
Football  
Coach



Tina Kihara  
Golf  
Coach



Kwame Lloyd  
Women's Soccer,  
Lacrosse Coach



Keith Maurer  
Men's and Women's  
Cross Country Coach



Heather Moody  
Director of  
Athletic Development



Carrie Moura  
Field Hockey  
Coach



Lacey Nordsiden  
Head Football, Men's  
Lacrosse trainer



Jenny Nuttycombe  
Women's Tennis  
Coach, Asst. BKB



Keith Parr  
Softball  
Coach



Roland Ross  
Coordinator  
Athletic Outreach



Lou Serio  
Athletic Materials  
Manager



Steve Shaw  
Men's Soccer  
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Judy Stenzhorn  
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Cindy Sutphin  
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Men's Lacrosse  
Coach



Francis Tommasino  
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Jon Waters  
Associate Athletic  
Director



Tyler Wingard  
Men's & Women's  
Track & Field



Lisa Wingfield  
Treishmann Fitness  
Center Director



Dan Winters  
Sailing  
Coach

## HEAD COACH LINDSAY BIRCH

The accomplishments that Lindsay Birch has put together over the last few years have been so unique that even *Sports Illustrated* took notice.

In one year, Birch went from being the Dixie Conference Player of the Year on Christopher Newport's first championship team, to being named the league's Coach of the Year in her first season as a head coach. She led the Lady Captains to another conference title and second straight NCAA appearance.

It moved *Sports Illustrated* to include her in its "Faces in the Crowd" section in December of 2002.

There is no way to be certain, but the double of going from Player of the Year to Coach of the Year in just one season may be a first in college sports history. It certainly hasn't been done often.

After a season that could easily have been called the greatest in Christopher Newport history, Birch could be justifiably proud of the way she completed her career. Little did she know that months later she would be starting a new career - head coach of the Lady Captain team she led just the previous season.

Birch was named CNU's new coach when Ken Shibuya departed to become full-time head coach of the men's team at Juniata College.

Christopher Newport Athletic Director C.J. Woollum didn't have to look far for his replacement. Birch, who had just graduated, was set to begin work as Facility Coordinator of the Freeman Center, site of her many accomplishments in her senior season. She relished the chance to lead the Lady Captains to even greater heights than they attained in 2001.

And she promptly made that come true. Her first season on the bench proved even better than the previous year.

The Lady Captains produced the best record in school history, a 24-8 mark. They won their second consecutive Dixie Conference regular season and tournament championships and appeared in the NCAA Division III National Championship Tournament for the second year in a row.

In addition, CNU attained its highest regional ranking ever, rising as high as No. 5 in the South Region, and remained among the top eight for five weeks.

The Lady Captains also registered two of the biggest wins in school history with victories over nationally-ranked Washington & Lee both at home and on the road.

Faced with the loss of most of that squad, she pulled together a team of mostly freshmen the following year and still posted a 20-win season at 20-19.

With a year of maturity under their belts, most of those same players, then sophomores and juniors, outdid even the outstanding team of 2002.

The Lady Captains improved the school's all-time best winning percentage to .800 with a 32-8 record in 2004. They captured their third USA South Athletic Conference title in four years and earned a bid to the NCAA Tournament also for the third time in four years.

Not content with those accomplishments, Birch guided her 2005 team to an even better record, 32-6, as well as a fourth conference title and NCAA berth in five years.

During the 2005 season she became CNU's winningest volleyball coach and went over the 100-win plateau with a dramatic victory over Randolph-Macon.

With Birch leading the way as a player, Christopher Newport produced its greatest season ever with a 24-11 record in 2001, a perfect 14-0 Dixie Conference mark, a conference tournament championship and CNU's first-ever bid to the NCAA Division III National Tournament.

Birch was awesome in her senior year. In addition to setting most of CNU's career records, she was named Dixie Conference Player of the Year and conference championship tournament MVP. In addition, she was a first team All-Virginia Division II-III choice, a three-time member of the American Volleyball Coaches Association 30-kill club (at the time the only one in CNU history), the Peninsula Sports Club/CNU Athlete of the Year and capped it all by having her number 11 jersey retired, the first CNU volleyball player ever to receive that honor.

As a senior she ranked seventh nationally in Division III in total kills, 10th in kills per game, ninth in total aces and 26th in aces per game.

She was also very active on campus at Christopher Newport, serving as President of the Student Athlete Advisory Committee, working as a volunteer with the Virginia Special Olympics and working with CNU's Community Outreach Program.

To top it all off, she was a Dean's List student and a member of the Dixie Conference All-Academic Team.

She even found time to play a year of basketball with the Lady Captains, playing point guard.

At nearby Bruton H.S. she was a three-sport athlete playing basketball and softball in addition to being District Player of the Year in volleyball. She has served as an assistant coach in volleyball and softball at Bruton in recent years.

And Birch certainly hasn't given up her own playing career.

During the summer of 2004 she teamed with former CNU star Oksana Boukhina on the Eastern beach volleyball circuit at the Open Level, winning five championships. The victories came in tournaments in Fort Lauderdale, Fla., Hilton Head, S.C., Isle of Palms, S.C. and twice in Virginia Beach, Va.

She married former CNU football player Josh Birch in July of 2006.



### Birch vs. Opponents

Allegheny (Pa.)	1-0
Averett	10-8
Bridgewater (Va.)	0-5
Campbellsville (Ky.)	0-2
Capital (O.)	0-1
Catholic (D.C.)	3-3
Centre (Ky.)	0-1
Chowan (N.C.)	8-0
Concordia-Moorhead (Mn.)	0-1
Dallas (Texas)	1-0
East Texas Baptist	1-0
Elizabethtown (Pa.)	2-0
Emory (Ga.)	0-3
Ferrum	10-0
Frostburg St. (Md.)	0-3
Gallaudet (D.C.)	0-1
Gettysburg (Pa.)	1-0
Greensboro	11-3
Guilford (N.C.)	3-0
Hanover (Ind.)	3-0
Hardin-Simmons (Texas)	1-0
Hollins (Va.)	1-0
Johnson Bible (Tn.)	1-0
Juniata (Pa.)	0-1
Maryville (Tn.)	2-3
Mary Washington (Va.)	1-0
Methodist	13-0
Muskingum (O.)	0-1
Nazareth (N.Y.)	0-1
N.C. Wesleyan	10-0
Ohio St.-Newark	1-0
Oneonta (N.Y.) St.	1-0
Peace	9-0
Penn St.-Behrend	0-1
Piedmont (Ga.)	2-0
Ramapo (N.J.)	2-0
Randolph-Macon (Va.)	4-2
Rutgers-Newark (N.J.)	1-0
Salem (N.C.)	1-0
Salisbury (Md.)	1-0
Savannah A&D (Ga.)	0-1
Shenandoah	12-0
Southern Virginia	1-0
Southwestern (Texas)	0-2
St. Mary's (Md.)	1-0
Texas-Dallas	1-0
Texas Lutheran	0-1
Trinity (Texas)	0-2
Thomas More (Ky.)	0-1
Univ. of the South (Tn.)	1-0
Ursinus (Pa.)	1-0
Virginia Wesleyan	6-0
Washington & Lee (Va.)	5-2
Waynesburg (Pa.)	1-0
Wisconsin-Oshkosh	0-1
Wittenberg (O.)	0-1

### BIRCH AMONG WINNINGEST COACHES

No.	Coach, Team	Years	W-L	Pct.
1.	Larry Bock, Juniata	30	1107-172	.866
2.	Ed Caesar, NYU	5	182-42	.813
3.	Jim Spagle, Cal St. East Bay	11	292-80	.785
4.	Amber Warners, Calvin	6	167-46	.784
	Joel Dearing, Springfield	6	167-46	.784
6.	Jennifer McDowell, Emory	11	338-99	.773
7.	Bryan Snyder, Wash. & Lee	9	247-73	.772
8.	Michele Benoit, Mt. St. Joseph	12	351-109	.763
9.	Julie Jenkins, Trinity (Tex.)	7	208-65	.762
10.	Katt Witte, Ohio Northern	16	425-140	.752
11.	J.J. O'Connell, Stevens Institute	5	128-43	.748
12.	Paul Dill, MIT	11	297-101	.746
13.	Rich Luenemann, Washington (Mo.)	26	871-298	.745
14.	Leanne Ulmer, Carthage	6	162-57	.740
15.	Janet Donovan, Ithaca	16	497-180	.734
16.	Ed Garza, Austin	11	285-104	.733
17.	<b>Lindsay Birch, CNU</b>	<b>5</b>	<b>135-51</b>	<b>.726</b>
18.	Shane Kimura, Linfield	5	88-34	.721
19.	Kim Kelly, Carnegie Mellon	11	292-115	.717
20.	Steve Humm, Alma	5	120-48	.714
21.	Fran Vandermeer, Williams	11	262-107	.710
22.	Mark Birtwistle, Eastern	17	383-157	.709
23.	Linda Downey, Rochester	8	224-92	.709
24.	Skip Tately, Mount Ida	5	102-42	.708
25.	Sue Everden, Amherst	21	467-197	.703

### BIRCH'S RECORD

Year	Overall W-L	Pct.	USA South W-L	Pct.	Finish	Post Season
2002	24-8	.750	13-1	.929	1st	NCAA First Round
2003	20-19	.513	13-3	.813	3rd	
2004	32-8	.800	12-2	.857	T1st	NCAA First Round
2005	32-6	.842	13-1	.929	T1st	NCAA First Round
2006	27-10	.730	13-1	.929	T1st	
Career	135-51	.726	64-8	.889		





## ASSISTANT COACH MELISSA BAKIAN



Christopher Newport volleyball fans might remember Melissa Bakian as Melissa Noble, who played for CNU from 1999-02.

Now married, she joins the CNU staff for the first time in 2007.

Bakian was an outstanding middle blocker for the Captains and ranks seventh all-time in block assists with 151 and eighth in total blocks with 205.

She was an academic all-conference member and helped CNU to one of its finest eras, posting a 94-41 record during her years with two conference championships and two NCAA appearances.

Bakian's first three seasons were as a teammate to now head coach Lindsay Birch, and in her senior year she was a member of Birch's first squad as a

coach.

She played four seasons volleyball at Denbigh Baptist Christian School.

She graduated from CNU in 2004 with a degree in Applied Physics and currently works for Loyola Enterprises, a government contracting company, as a database administrator.

She is married to Samuel Bakian. They reside in Newport News.

## ASSISTANT COACH SARA KOHOUT



A former player at the University of Missouri-St. Louis, Sara Kohout makes her debut as a member of the Christopher Newport coaching staff.

Kohout was a middle and right side at Missouri-St. Louis and was recruited on a partial athletic scholarship. She won an athletic department award by having a 4.0 gpa in her first semester.

She eventually transferred to the University of Illinois-Urbana Champaign where she played on the "A" club team that placed fourth in the nation at the club national championships.

She graduated in 2005 with a major in Psychology and a minor in Sociology and then received a Masters Degree from Illinois State University in College Student Personnel Administration.

In high school she was co-captain of the Stevenson H.S. team as a senior, a team that reached the state semi-finals. She was named all-conference and all-area and was chosen to play on the Illinois all-star team.

She works at CNU in the Office of Career Development, working as a career counselor helping students choose a major.

## STUDENT ASSISTANT COACH CASEY MARTIN



Casey Martin, who played on coach Lindsay Birch's last two squads at CNU, will serve as a student assistant coach this year.

Martin's career was cut short by a severe concussion she received last season during a match with Washington & Lee.

She was rapidly gaining playing time in her sophomore year as a defensive specialist when she was injured.

Martin was an honorable all-state performer, and Piedmont District Player of the Year at Martinsville (Va.) H.S. She was a National Honor Society member for three years.

She is majoring in Communications at CNU.

## 2007 OUTLOOK

The 2007 version of the CNU Volleyball team boasts a very deep and talented squad. Birch feels as though this is the deepest squad she has had at CNU in her 10 seasons as a player and coach. In addition, Birch is confident that each and every position for CNU has improved from last season, which says a lot considering the success CNU had in 2006.

Position by Position break-down of the 2007 Captains Volleyball Team

**Setter**

Easily one of the most important positions on a successful Volleyball team, equivalent to a Quarterback on a football team or Point Guard on a basketball team, having capable players at the setter position is a 'must' for any team with postseason aspirations. This season will hopefully prove this mantra for the Captains Volleyball team as they boast the best depth at the setter position ever at CNU and potentially the best group of setters in the state of Virginia in Division III this season. Returning senior starter Brittany Collins returns after a stellar junior campaign which saw her rack up more accolades than any other volleyball player in CNU history. Collins was named the USA South Player of the Year for 2006 and followed that up with Honorable Mention All America status, a first for a CNU Volleyball player. "Brittany has been such a significant part of our success over the past 3 seasons... it was very rewarding to have her noticed last year for the great player she has become," says Birch. Collins combines superior athleticism at the setter position as an accurate setter, aggressive attacker, quick defender and solid blocker.

Backing up the senior is freshman Ryann Lowery of Centerville High School. Lowery is a great addition to the Captain's roster as she provides CNU with a bright future at this important position. "Ryann could easily start for us and we wouldn't miss a beat. She is so talented and shows us at times that she is going to be great. We are excited to have her waiting in the wings ready to take over and this season will be a great opportunity for her to get ready for that responsibility."

**Outside Hitter**

Depth and talent are again mentioned when discussing CNU's prospects at the Outside Hitter position. Returning last year's starters and adding a significant player to the mix, has Birch very excited about this season's crop of "Left sides". "We are very solid at the left side position. All four hitters in that group are very capable of producing big numbers offensively and defensively. If this group can continue to compete with each other for time on the court and continually improve as they have so far... we will be in for a treat this season."

Leading the way for this group is a newcomer, Allison Wolfe, a junior transfer from University of Albany and the University of North Florida. Wolfe provides CNU with a very balanced all-around player, capable of putting up huge numbers as an attacker in the front-row and back-row as well as being a solid defensive player in the backcourt. "Adding Allie to this team has been huge. She adds a confidence to our team because everyone knows what she is capable of," adds Birch.

Junior Ellen Koch returns for another season on the left side after two very successful seasons for CNU as a freshman and sophomore. She gives the Captains a very explosive hitter capable of producing big numbers offensively. "If Ellen can continue to develop into a great all-around player as she has, and continue to develop consistency, she could become a dominant outside hitter."

Sophomore Sarah Hunkele, a returning starter from the 2006 version of the Volleyball

Captains, is also in the mix at the Outside Hitter position. Hunkele gives the group another potent offensive weapon to utilize at this position, as well as the Right Side Hitter position. She is a physically strong player with the ability to mix up her shots and find ways to create points for the team. "Sarah has really grown into a smart hitter for us in the past year, which is great for such a young player. She understands different ways to get kills and uses them to her advantage. In addition, she has also proven in the past to provide this team with an emotional toughness that is needed in big games."

Finally, the Captains will also rely heavily on sophomore Sarah Coffey to add depth and ball control to this group of "left sides." Coffey, who played mainly as a backrow specialist as a freshman, gives CNU another explosive hitter to the arsenal. However, Birch believes her role for this team will be predominantly as a backrow player. "Sarah has improved tremendously since her freshman season. She remains one of our strongest servers and passers and we will continue to utilize her in this very important role on our team. We are excited to have her in this role again."

**Middle Blocker**

A position that is often underappreciated, Birch is quite proud of the group of middles she has this season. Juniors Sarah Brown and Meghan Puckli and freshman Caitlyn Jansen headline a group of middles that Birch expects to produce big numbers for CNU this season. "We have a special group of middles this season, greatly improved from previous seasons. Sarah and Meghan have both improved tremendously in the offseason and adding CJ to this mix gives us three outstanding players to throw at opponents on any given night."

Brown returns after two seasons as the starter for the Captains and should continue to highlight the team's offensive production from the middle blocker position. "Sarah brings a confidence to the court that we need. Everyone knows she can produce in a big way for us and we will rely on her again to carry us at times."

Puckli returns for her junior season after playing out of position as an outside hitter her freshman season and starting as a middle blocker last season as a sophomore. She again should spearhead the team's blocking efforts as well as improve on last year's offensive numbers. "Meghan is a very explosive athlete that has become our go-to blocker that we oftentimes match up with another team's best middle. However, this past spring we really worked hard to develop her offensive game and she has proven that can be quite a weapon for us."

Jansen is a solid all-around player that joined the Captains this season as a freshman with experience at multiple positions, having played setter, outside hitter and middle blocker all at different times in her prep career. Birch feels as though the middle blocker position is where she will contribute the most for CNU and could potentially contribute right away. "CJ is quite a player. Having her battle the other middles every day in practice has been fun to watch. I believe she will find her way on the court in some way before the season is over."

**Right Side Hitter**

Strong blocking and consistent attacking from the "right side" position is another necessity for any successful team. Returning Right Side Hitter Liz Bush provides these abilities at a high level for the Captains. At 6'1", Bush is as intimidating as any blocker on the right side in Division III. In addition, Bush

gives CNU another quick attacker, a dimension to the CNU offense that most teams don't have from their right side attacker. "Liz had a very good sophomore season as our right side. She dictated a lot on defense by her ability to block the ball and channel opposing offenses to our diggers. Furthermore, we are excited to have someone with her ability as an attacker as well, giving our team the ability to spread opposing defenses."

Sophomore Sarah Hunkele will be the primary back-up to Bush at the Right Side Hitter position, giving CNU another solid attacker to threaten opposing defenses. "Sarah is a former middle so when she plays right side, she takes advantage of her experience hitting quick sets which makes the transition between her and Liz fairly seamless."

**Defensive Specialist**

The defensive specialist position for CNU took a big hit when four-year starter Jenna Williams graduated last spring. Williams became the first player in Conference history to record 2,000 digs as she completed her career with 2,001. "Losing Jenna is a huge blow to us defensively and because we will miss her leadership and the chemistry she brought to the team. However, we have a great group of players to fill that void and I expect them to perform at a very high level."

Sophomore Christie Kirby returns after missing the 2006 season to headline the group of defensive specialists for this season's team. She started as a freshman in 2005 and provided the very successful 2005 team with outstanding ball control and serve receive. "Christie is as solid as anyone in our conference at the DS position. As she continues to improve, our team will greatly benefit."

Freshman Mary Horner from Robert E. Lee High School in Northern VA provides Birch with another outstanding defender in her arsenal. Horner who boasts a great jump float serve, is very quick and agile and should be able to use this athletic ability to produce a lot of digs. "Mary is going to be a very important player for us this season. She should play quite a bit as a freshman and we expect her to step in right away and play with confidence."

Sophomore Virginia Bangit transfers in to CNU from Emory & Henry College and will transfer her position as well. She was primarily a Right side hitter for EHC but will become a defensive specialist for the Captains, adding depth to the position. Birch feels that Bangit has the ability to give CNU quite a solid reserve for the 2007 season. "VA is one of our best spot servers and has very solid ball control skills. I'm glad she has joined us for this season and I expect her to contribute in different ways for us this season."

Freshman Michelle Puckli rounds out the group of defensive specialists. According to Birch, Puckli is probably the quickest of the four players at this position, which should lend herself to becoming quite a defensive demon for the Captains in the future. "Michelle has already improved a ton in the practices we've had this preseason. She has a great ability to run down balls and we are hopeful to utilize this speed as she continues to develop."



## 2007 ROSTER

### Numerical

No.	Name	Class	Pos.	Ht.	Hometown	High School
1	Sarah Hunkele*	So.	OH	5-11	Providence Forge, Va.	New Kent
2	Michelle Puckli	Fr.	DS	5-4	Leesburg, Va.	Loudoun Co.
3	Christie Kirby*	So.	DS	5-3	Manassas, va.	Osborn Park
4	Ryann Lowery	Fr.	S	5-7	Centreville, Va.	Centreville
5	Ellen Koch**	Jr.	OH	5-10	Crozet, Va.	Western Albemarle
6	Sarah Coffey*	So.	OH	5-9	Waynesboro, Va.	Waynesboro
7	Liz Bush**	Jr.	RS	6-1	Springfield, Va.	West Springfield
8	Caitlyn Jansen	Fr.	MB	6-0	Lorton, Va.	Robinson
9	Sarah Brown**	Jr.	MB	5-11	Williamsburg, Va.	Jamestown
10	Meghan Puckli**	Jr.	MB	5-11	Leesburg, Va.	Loudoun Co.
12	Allison Wolfe	Jr.	OH	6-0	Yorktown, Va.	Grafton
13	Brittany Collins***	Sr.	S	5-6	Richmond, Va.	Mills Godwin
14	Mary Horner	Fr.	DS	5-8	Springfield, Va.	R.E. Lee
15	Virginia Bangit	So.	DS	5-8	Williamsburg, Va.	Lafayette

\*previous CNU experience

Head Coach: Lindsay Birch

Assistant Coaches: Sara Kohout, Melissa Bakian

Student Assistant Coach: Casey Martin

Manager: Kristen Mourie

### Alphabetical

No.	Name	Class	Pos.	Ht.	Hometown	High School
15	Virginia Bangit	So.	DS	5-8	Williamsburg, Va.	Lafayette
9	Sarah Brown**	Jr.	MB	5-11	Williamsburg, Va.	Jamestown
7	Liz Bush**	Jr.	RS	6-1	Springfield, Va.	West Springfield
6	Sarah Coffey*	So.	OH	5-9	Waynesboro, Va.	Waynesboro
13	Brittany Collins***	Sr.	S	5-6	Richmond, Va.	Mills Godwin
14	Mary Horner	Fr.	DS	5-8	Springfield, Va.	R.E. Lee
1	Sarah Hunkele*	So.	OH	5-11	Providence Forge, Va.	New Kent
8	Caitlyn Jansen	Fr.	MB	6-0	Lorton, Va.	Robinson
3	Christie Kirby*	So.	DS	5-3	Manassas, va.	Osborn Park
5	Ellen Koch**	Jr.	OH	5-10	Crozet, Va.	Western Albemarle
4	Ryann Lowery	Fr.	S	5-7	Centreville, Va.	Centreville
10	Meghan Puckli**	Jr.	MB	5-11	Leesburg, Va.	Loudoun Co.
2	Michelle Puckli	Fr.	DS	5-4	Leesburg, Va.	Loudoun Co.
12	Allison Wolfe	Jr.	OH	6-0	Yorktown, Va.	Grafton

\*previous CNU experience

### Squad Breakdown

#### By Class

Senior -	1
Junior -	5
Sophomores -	4
Freshmen -	4

#### By Major

Art Education	Sarah Coffey
Business	Virginia Bangit, Allison Wolfe
Communications	Liz Bush, Sarah Hunkele, Christie Kirby, Meghan Puckli
Education	Sarah Coffey
History	Ellen Koch, Allison Wolfe
Marketing	Sarah Brown, Brittany Collins, Michelle Puckli
Undecided	Mary Horner, Caitlyn Jansen, Ryann Lowery

### How to say it

Melissa Bakian	BAH-key-un
Virginia Bangit	BANG-it
Sarah Hunkele	HUNK-lee
Ellen Koch	COOK
Sara Kohout	kuh-HOOT
Meghan Puckli	PUCK-lee
Michelle Puckli	PUCK-lee





## TEAM ACTIVITIES



CNU's annual Halloween practice - 2006



Team dinner



Reading at Yates Elementary School



Annual Secret Santa party



Secret Santa party



First Annual Captains Volleyball Camp



## Brown at a Glance

### Coach Birch on Brown

*"Sarah is once again ready for another strong season. She has been an anchor for us in the middle the past two seasons and we will be relying on her again very heavily. We expect her to again be a top middle for our league."*

### 2006 Season Highs

Kills	15 vs. Gallaudet, 10/7
Attempts	38 vs. Averett, 11/4
Aces	4 vs. Gallaudet, 10/7
	4 vs. Piedmont, 10/14
Block solo	2 three times
Block assist	6 vs. Shenandoah, 10/11
Digs	5 vs. Greensboro, 9/23
	5 vs. Shenandoah, 9/26
Assists	3 vs. Va. Wesleyan, 9/5
	3 vs. N.C. Wesleyan, 9/19

### Career Highs

Kills	15 vs. Gallaudet, 10/7/06
Attempts	38 vs. Averett, 11/4/06
Aces	4 three times
Block solo	3 vs. Guilford, 10/7/05
Block assist	6 vs. Shenandoah, 10/11/06
Digs	6 vs. E. Texas Baptist, 10/1/05
Assists	3 vs. Va. Wesleyan, 9/5/06
	3 vs. N.C. Wesleyan, 9/19/06

# Sarah Brown

Junior - 5-11 - Middle Blocker

Williamsburg, Va. - Jamestown H.S.

9

### 2006 - Sophomore Season -

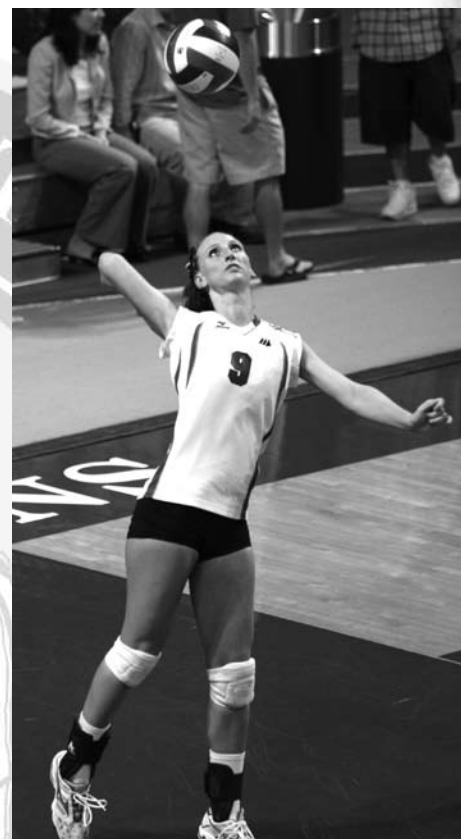
Made a great leap in her career by being named second team all-USA South in just her sophomore season...Ranked second on the team with a total of 86 blocks with a high of seven against Gallaudet...She was also fourth in kills with 287 including 11 matches with at least ten...Her top effort was 15 vs. Shenandoah and she added 14 in the Gallaudet match...Had a .243 attack percentage, tenth best in the conference...Added 40 service aces.

### 2005 - Freshman Season -

Stepped right in and contributed in a major way in her freshman year...Had a season-high 13 kills in CNU's NCAA match against Trinity (Tx.) and added 11 each against Greensboro and Randolph-Macon...Ranked third on the squad in blocking with a total of 76, with a high of four each versus Randolph-Macon twice, Guilford, Bridgewater and Methodist...Had six digs in the East Texas Baptist match.

**AT JAMESTOWN** - Earned second team all-state, first team all-region and All-Bay Rivers District honors as a senior...Also a Virginia Gazette Fall Athlete and first team Daily Press All-Star...Second team all-conference as a junior...Played for coach Krista Carpenedo, who was a former CNU assistant...Participated in the Virginia High School Coaches Association East-West All-Star Game, that was played in CNU's Freeman Center, where she led the East team with ten blocks...Won the Athletic Scholarship Award...A member of the Spanish Club, Key Club and a tutor...Played for the Richmond Volleyball Club...Won the USA National Invitational in 2003 with the Wisconsin Select Volleyball Club.

**PERSONAL** - Sarah Christine Brown was born May 31, 1987 in Washington, D.C...She is the daughter of Curtis and Sheryl Brown and is majoring in Business...Has a brother Eric, 10 and a sister Rebecca, 15...Likes to go rock climbing and boating and is a big Green Bay Packer fan.



### BROWN'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	97	182	1.88	87	491	.193	20	0.21	4	0.04	22	54	0.78	38	0.39
2006	120	287	2.39	103	758	.243	40	0.33	33	0.28	18	68	0.72	56	0.47
Career	217	469	2.16	190	1249	.223	60	0.28	37	0.17	40	122	0.75	94	0.43





### Bush at a Glance Coach Birch on Bush

*"We expect another big season from Liz. Having her on the right side last year was a big improvement for our team offensively and defensively for the right side position. Having another quick hitter, other than the middle blockers, is a unique dimension to our offense that most team's don't have."*

#### 2006 Season Highs

Kills	16 vs. Gallaudet, 10/7
	16 vs. Greensboro, 10/28
Attempts	42 vs. Concordia-Moorhead, 9/8
	42 vs. Washington & Lee, 9/15
Aces	5 vs. Waynesburg, 10/14
Block solo	2 vs. Peace, 9/13
Block assist	5 three times
Digs	4 three times
Assists	1 six times

#### Career Highs

Kills	16 vs. Gallaudet, 10/7/06
	16 vs. Greensboro, 10/28/06
Attempts	42 vs. Concordia-Moorhead, 9/8/06
	42 vs. Washington & Lee, 9/15/06
Aces	5 vs. Waynesburg, 10/14/06
Block solo	2 several times
Block assist	6 vs. E. Texas Baptist, 10/1/05
Digs	4 several times
Assists	1 several times

# Liz Bush

Junior - 6-1 - Right Side  
Springfield, Va. - West Springfield H.S.

7

#### 2006 - Sophomore Season -

Established herself as one of the top players in the USA South when she was selected first team all-conference...In addition, she was a second team all-Virginia Division II-III choice and was named to the USA South all-academic team...Led CNU with 342 kills including 17 matches in double figures...Banged home 16 against both Gallaudet and Greensboro and added 14 vs. Washington & Lee...Also had 75 total blocks led by seven in a match with Peace.

#### 2005 - Freshman Season -

One of the top freshman seasons in school history...Named second team All-USA South and the league's Rookie of the Year...Ranked fourth on the team in kills with 265 including 14 against Shenandoah and 13 versus Ferrum...Also second among the Lady Captains in blocking with a total of 77...Had six blocks against East Texas Baptist and four each in matches with Methodist, Greensboro and Averett.

**AT WEST SPRINGFIELD** - A second team all-region and first team All-Patriot District choice as a senior playing for coach Rick Dunetz...She was the team MVP as a senior and won the Coaches Award...Played for the Metro America Volleyball Club under coach Fran DuVall.

**PERSONAL** - Elizabeth Chapin Bush was born July 8, 1987 in Alexandria, Va...She is a Communications major and the daughter of Joe and Janet Bush...Has a sister Megan, 21, who participates in crew at West Virginia University.



#### BUSH'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	104	265	2.55	93	579	.297	26	0.25	5	0.05	17	60	0.74	25	0.24
2006	119	342	2.87	132	914	.230	31	0.26	6	0.05	7	68	0.63	36	0.30
Career	223	607	2.72	225	1493	.256	57	0.26	11	0.05	24	128	0.68	61	0.27



## Coffey at a Glance

### Coch Coach Birch on Coffey

"Sarah is one of our best servers and passers --- something we put a lot of emphasis on. Furthermore, she really improved this past spring season as she developed into a better all-around player. I believe this will show on the court this year as she gives us better depth at the outside hitter position."

### Season & Career Highs

Kills	11 vs. Muskingum, 9/1
Attempts	40 vs. Muskingum, 9/1
Aces	6 vs. Greensboro, 10/28
Block solo	1 vs. Methodist, 9/16
	1 vs. Shenandoah, 10/11
Block assist	2 vs. Averett, 10/28
Digs	12 vs. Muskingum, 9/1
Assists	2 three times

# Sarah Coffey

Sophomore - 5-9 - Outside Hitter

Waynesboro, Va. - Waynesboro H.S.

6

**2006 - Freshman Year** - Became a starter in her first year with CNU... Contributed 196 digs, with a high of 12 against Muskingum on opening day...Also added ten each versus Gettysburg and Methodist...Also one of the team's top servers with 56 aces, ranking third on the club...She had six in a match with Greensboro and five each against Ferrum and Hanover.

**AT WAYNESBORO** - Earned Second Team all-state honors as a senior playing for coach Candice Kimmitt... Also first team all-region and first team All-Valley District...Played in the Virginia High School Coaches Association All-Star Game, that was played in the Freeman Center...She was the team captain as a senior as well as in softball where she was also an all-district performer...A member of the National Art Honor Society, on the Principal's Honor Roll and attended the Art Governor's School. In addition, she was a member of the YoungLife Club, and Key Club.

**PERSONAL** - Sarah Elizabeth Coffey was born Dec. 10, 1987 in Waynesboro, Va...She's majoring in Art Education and is the daughter of Dale and Tammy Coffey...Has a brother Josh, 23, who played baseball at Concord University...Enjoys going to the beach, shopping and camping with her friends.



### COFFEY'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2006	116	37	0.32	42	161	-.031	56	0.48	11	0.09	2	6	0.07	196	1.69





### Collins at a Glance Coach Birch on Collins

*"Brittany is poised to finish her career on a high note. She has improved so much in four years and has high expectations for herself and this team for this season. If Brittany can once again take her game to a higher level, we should be an even stronger team this year."*

#### 2006 Season Highs

Kills	9 vs. Muskingum, 9/1
Attempts	23 vs. Muskingum, 9/1
Aces	12 vs. N.C. Wesleyan, 10/18
Block solo	2 vs. Wisc.-Oshkosh, 9/8
Block assist	2 vs. Hardin-Simmons, 9/9
Digs	5 vs. Gallaudet, 10/7
	25 vs. Concordia-Moorhead, 9/8
Assists	56 vs. Averett, 11/4

#### Career Highs

Kills	13 vs. Virginia Wesleyan, 10/4/05
Attempts	26 vs. Shenandoah, 10/11/05
Aces	12 vs. N.C. Wesleyan, 10/18/06
Block solo	2 vs. Wisc.-Oshkosh, 9/8/06
	2 vs. Hardin-Simmons, 9/9/06
Block assist	6 vs. Randolph-Macon, 9/21/04
Digs	26 vs. Washington & Lee, 9/10/04
Assists	56 vs. Hanover, 9/2/06
	56 vs. Greensboro, 10/29/05
	56 vs. Averett, 11/4

# Brittany Collins

Senior - 5-6 - Setter

Richmond, Va. - Mills Godwin H.S.

13

**2006 - Junior Season** - Became CNU's first volleyball All-American when she was named honorable mention by the American Volleyball Coaches Association (AVCA)... She was also CNU's first-ever all-South Region choice...Joined coach Lindsay Birch as CNU's second USA South Player of the Year...In addition, she was chosen to the all-Virginia Division II-III first team and was state Player of the Year...Also named to the USA South all-tournament team...Vaulted all the way to second on CNU's career list of assists (3826, just 156 short of Nina Richardson's school record of 3982) and second in service aces (318, only 47 behind Amber Bradshaw's school mark of 365)...She is also fifth all-time in digs with 1161...Her average of 0.89 aces per game led the USA South and her 10.05 assists were second in the conference...Posted a season-high of 56 assists against Averett and had 51 in a match with Gallaudet...Slammed 12 service aces against N.C. Wesleyan and led the team for the year with a total of 108... Also had 17 matches with at least ten digs, including four that were over 20...Posted 25 versus Concordia-Moorhead and 24 in the Gallaudet match.

**2005 - Sophomore Season** - Bloomed into one of the top players in the USA South and the South Region...A first team all-conference choice and second team All-Virginia Division II-III...Also named the USA South Tournament MVP for the second year in a row...Once again proved to be one of the top setters around with a 9.50 average topped by 56 each against Hanover and Greensboro... Also added 55 assists versus East Texas Baptist, 53 in CNU's NCAA match against Trinity (Tx.) and 52 versus Randolph-Macon...Added another great season in terms of serving with a team-high 93 aces including nine in a match with Virginia Wesleyan... Also ranked second on the squad in digs with 359 including 20 matches in double figures...Had 19 against Randolph-Macon and in the East Texas Baptist match...Fourth on the team in blocks with 63...Contributed six against Catholic.

**2004 - Freshman Season** - An outstanding first year...Second team All-USA South... MVP of the USA South Championship Tournament...MVP of the Comfort Inn/Captains Classic...All-tournament at the Washington & Lee Tournament...Twice USA South Rookie of the Week...Made the American Volleyball Coaches Association (AVCA) triple-double list three times - against Bridgewater (11 kills, 46 assists, 21 digs), Randolph-Macon (11 kills, 36 assists, 20 digs) and Averett (10 kills, 44 assists, 14 digs)...Set the school record for assists in one year with 1356...Fell just two short of the season



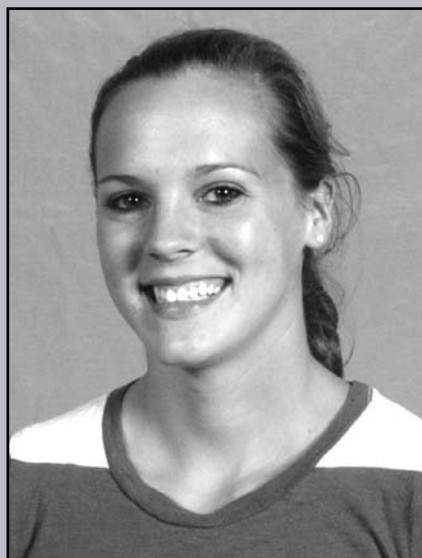
record for service aces with 117...Had a season high of 55 assists against Averett... Recorded ten service aces each against N.C. Wesleyan and Chowan...Produced 19 games of double-figure digs with 26 versus Washington & Lee.

**AT MILLS GODWIN** - A second team All-Central Region and first team All-Colonial District choice as a senior while playing for coach Skip Weston...She was also second team All-Metro as a senior...In addition, she was an All-Academic team member... In her junior year she earned second team All-Metro honors and was Honorable Mention All-District...As a sophomore she was named the team's Most Improved Player... The team reached the state quarter-finals in her senior year and was third in the state in her junior season...She was an Honor Roll student, a member of the National BETA Club and tutored middle school students...Played for the Richmond Volleyball Club.

**PERSONAL** - Brittany Anne Collins was born April 7, 1986 in Richmond, Va...The daughter of Debbie Collins and the late Tommy Collins is majoring in Marketing...A member of Alpha Kappa Psi and is the Vice President of the Direct Marketing Association...She has a brother Chris, 18 and a sister Courtney, 25... Would like to go into sports marketing.

#### COLLINS' CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2004	137	183	1.34	30	443	.345	117	0.85	1356	9.90	7	53	0.39	432	3.15
2005	132	186	1.41	65	428	.283	93	0.70	1254	9.50	9	54	0.48	359	2.72
2006	121	114	0.94	26	227	.388	108	0.89	1216	10.05	12	34	0.38	370	3.06
Career	390	483	1.24	121	1098	.330	318	0.82	3826	9.81	28	141	0.43	1161	2.98



## Hunkele at a Glance

### Coach Birch on Hunkele

*"Sarah had a fine freshman season. If she can build on that and continue to improve as an attacker for us, we should be in great shape. She provides us with a strong attacker capable of hitting a variety of shots."*

### Season & Career Highs

Kills	18 vs. Averett, 11/4
Attempts	55 vs. Averett, 11/4
Aces	2 vs. Gettysburg, 9/2
Block solo	1 six times
Block assist	3 vs. Salisbury, 10/20
	3 vs. Ferrum, 10/21
Digs	9 vs. Gettysburg, 9/2
Assists	1 five times

# Sarah Hunkele

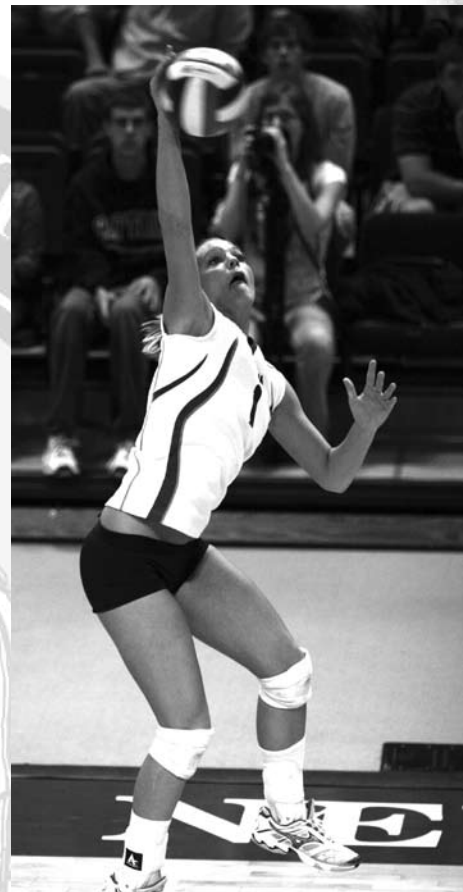
Sophomore - 5-11 - Outside Hitter  
Providence Forge, Va. - New Kent H.S.

1

**2006 - Freshman Year** - Earned honorable mention all-USA South honors in her first year, and was chosen to the conference all-tournament team...Paced CNU with an average of 2.97 kills per game, with the third highest kill total (294) on the team...Banged out 18 kills in the USA South championship match with Averett and had 17 against Salisbury...Had a total of 13 matches in double figures with 15 each versus Gettysburg and Concordia-Moorhead...Added nine digs in the Gettysburg match and helped out with 28 block assists.

**AT NEW KENT** - Second team all-state as well as first team all-region and first team All-Bay Rivers District as a senior...Totally re-wrote the New Kent record book while playing for coach Cindy Burnett...Among her records were 701 career kills, with a school mark of 444 in one season and 30 in a single, four-game, match...She also finished third in career digs and fifth in blocking...A member of the Beta Club as well as SCA, FCA, FBLA and Big Buddy.

**PERSONAL** - Sarah Ann Hunkele was born Jan. 29, 1988 in Williamsburg, Va...She's the daughter of Tim and Sandy Hunkele and is majoring in Communications...Has a brother Ryan, 17...Enjoys hunting, fishing and being outdoors.



# PTAINS

### HUNKELE'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2006	99	294	2/97	148	832	.175	2	0.02	5	0.05	6	28	0.34	63	0.64





## Kirby at a Glance

### Coach Birch on Kirby

*"I couldn't be happier to have Christie back on this team. In 2005, she was one of our best ball control players and she has quickly regained that status. As she improves her defense, she could become a dominant backrow player...something we'll need for a great season."*

### Season & Career Highs

Kills	1 vs. Peace, 9/14/05 1 vs. Averett, 11/4/05
Attempts	2 three times
Aces	3 vs. Ohio St.-Newark, 9/3/05
Block solo	0
Block assist	0
Digs	11 vs. East Texas Baptist, 10/1/05 11 vs. Va. Wesleyan, 10/25/05
Assists	2 vs. Averett, 9/24/05 2 vs. East Texas Baptist, 10/1/05

# Christie Kirby

Sophomore - 5-3 - Defensive Specialist  
Manassas, Va. - Osbourn Park H.S.

3

**2006** - Did not play.

### 2005 - Freshman Season -

Played in almost every game as a defensive specialist, picking up a total of 203 digs, fifth highest on the team...Had 11 digs each against East Texas Baptist and Virginia Wesleyan and added ten in a match with Greensboro.

**AT OSBOURN PARK** - Named second team all-region as a senior... Also first team all-area...First team all-Cedar Run District for two years... Coach Kate Southcott's team captain as a senior.

**PERSONAL** - Christie Lee Kirby was born July 28, 1987 in Fairfax, Va...She is the daughter of Curtis and Linda Kirby and is majoring in Communications...Has a brother Curt, 22, who is also a CNU student, and a sister Jaime, 24...Enjoys being outdoors, hunting and shopping.



CAPTAINS

### KIRBY'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	124	2	0.02	1	9	.111	6	0.05	13	0.10	0	0	0.0	203	1.64



## Koch at a Glance

### Coach Birch on Koch

*"Ellen is one of the players I've been most impressed with so far this season. She has really matured and developed over the past year. She has a great deal of playing experience for a junior and we expect her to 'turn the corner' and begin to become a great player."*

### 2006 Season Highs

Kills	21 vs. Averett, 11/4
Attempts	55 vs. Averett, 11/4
Aces	4 vs. Washington & Lee, 9/15
Block solo	1 five times
Block assist	3 vs. Averett, 10/28
Digs	13 four times
Assists	2 vs. Greensboro, 10/28
	2 vs. Averett, 10/28

### Career Highs

Kills	21 vs. Averett, 11/4/06
Attempts	55 vs. Averett, 11/4/06
Aces	4 vs. Washington & Lee, 9/15/06
Block solo	1 several times
Block assist	3 three times
Digs	13 four times
Assists	2 vs. Greensboro, 10/28/06
	2 vs. Averett, 10/28/06

# Ellen Koch

Junior - 5-10 - Outside Hitter

Crozet, Va. - Western Albemarle H.S.

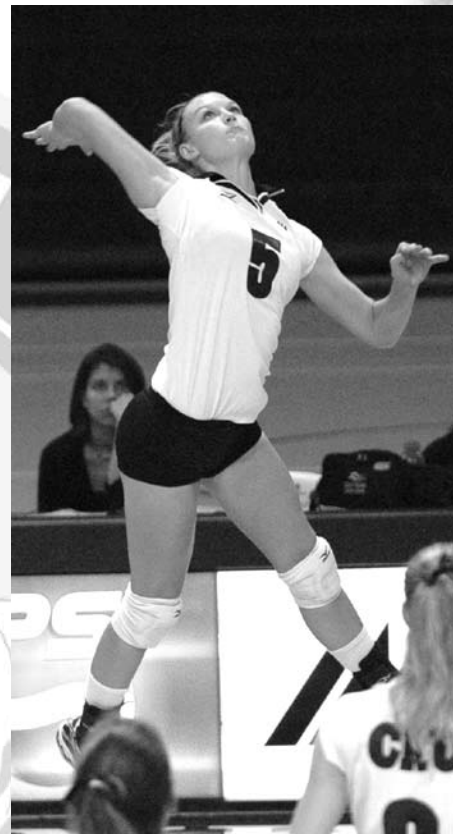
5

**2006 - Sophomore Season** - An honorable mention all-USA South selection and a member of the all-tournament team at the conference tournament...Second on the team with 334 kills, including at least ten in 17 matches...Her top kill figure for the year was 21 against Averett in the conference championship match, but she also had 16 versus Greensboro and 14 in a match with Virginia Wesleyan...In addition, she was third on the team in digs with 246 including 13 each against Catholic, Capital, Virginia Wesleyan and Averett...

**2005 - Freshman Season** - Another freshman who made a major impact in her first season at CNU... Chosen Honorable Mention All-USA South after a season in which she was second on the squad in kills with 303...Had a season-high 20 against Southwestern and added 18 against Averett and 16 in CNU's NCAA match with Trinity (Tx.) as well as in a match with Greensboro...Those were the best among her 11 matches in double figures...Also contributed four blocks against Bridgewater and three each in matches with Randolph-Macon, Virginia Wesleyan and Peace... Also had eight digs versus Ferrum and six against N.C. Wesleyan.

**AT WESTERN ALBEMARLE** - Named second team all-state as a senior after gaining first team All-Region II honors and being named Jefferson District Player of the Year... Also first team All-Central Virginia and team captain...Played in the Virginia High School Coaches Association East-West All-Star Game in the Freeman Center...As a junior she was first team all-district and second team all-region and set a school record for kills in a season with 235...Played for coach Lance Rogers...The team won three district regular season titles and two tournament crowns...Also a cheerleader for two years...Does volunteer work at a church summer camp every year.

**PERSONAL** - Ellen Marie Koch was born Aug. 20, 1987 in Annapolis, Md. She is majoring in History...Daughter



of Mike and Robin Koch...Has two brothers, Steve, 24 and Chris, 22.

### KOCH'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	127	303	2.39	162	886	.159	8	0.06	2	0.02	6	35	0.32	64	0.50
2006	114	334	2.93	182	986	.154	21	0.18	13	0.11	5	20	0.22	246	2.16
Career	241	637	2.64	344	1872	0.57	29	0.12	15	0.06	11	55	0.27	310	1.29





## Puckli at a Glance

### Coach Birch on Puckli

*"Meghan has made huge strides since spring season. We expect her to become a serious offensive threat this year. Add this newfound confidence on offense with her stellar blocking and Meghan could become one of the top middles in the USA South."*

### 2006 Season Highs

Kills	9 four times
Attempts	26 vs. Gallaudet, 10/7
Aces	3 vs. Methodist, 9/16
	3 vs. Greensboro, 10/28
Block solo	2 three times
Block assist	7 vs. Hardin-Simmons, 9/9
Digs	5 vs. Salisbury, 10/20
Assists	5 vs. Concordia Moorhead, 9/8

### Season & Career Highs

Kills	10 vs. Ohio St.-Newark, 9/2/05
Attempts	26 vs. Gallaudet, 10/7/06
Aces	3 vs. Methodist, 9/16/06
	3 vs. Greensboro, 10/28/06
Block solo	2 three times
Block assist	7 vs. Hardin-Simmons, 9/9/06
Digs	7 four times
Assists	5 vs. Concordia Moorhead, 9/8/06

# Meghan Puckli

Junior - 5-11 - Middle Blocker

Leesburg, Va. - Loudoun Co. H.S.

10

**2006 - Sophomore Season** - Led CNU in blocking with a total of 109... Was very consistent with a high of seven block assists against Hardin-Simmons and at least five blocks in eight total matches...Added six each versus Salisbury and Ferrum...Also ranked fifth on the squad with 160 kills, topped by nine in matches with Virginia Wesleyan, Methodist twice and Shenandoah.

**2005 - Freshman Season** - Put up some fine numbers coming off the bench...Had ten kills against Ohio St.-Newark in the season's second match and added six each versus Shenandoah and Methodist...Had a total of 47 digs in her 37 games with seven each in matches with Ohio St.-Newark, Methodist, Guilford and Ferrum...Also had six in the season-opener with Johnson Bible.

**AT LOUDOUN CO.** - First team All-Dulles District and team MVP as a senior for coach Jenica Brown... Washington Post Loudoun All-Extra Team Honorable Mention...Won the 110% Award as a junior and was co-captain in her senior season...A National Honor Society member...Also worked on the school newspaper and with Young Life...A volunteer assistant coach at a local middle school.

**PERSONAL** - Meghan Catherine Puckli was born July 19, 1987 in Tampa, Fla...She is the daughter of Paul and Patti Puckli and is majoring in Communications...Has a brother Mike, 23 and a sister Michelle, 19, who is also a member of the CNU volleyball team. Mike played baseball at George Mason University and Marist College.



### PUCKLI'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
2005	37	66	1.78	48	210	.086	4	0.11	8	0.22	3	8	0.30	47	1.27
2006	120	160	1.33	77	452	.184	17	0.14	47	0.39	15	94	0.91	34	0.28
Career	157	226	1.44	125	662	.153	21	0.13	55	0.35	18	102	0.76	81	0.52



# Allison Wolfe

Junior - 6-0 - Outside Hitter  
Yorktown, Va. - Grafton H.S.

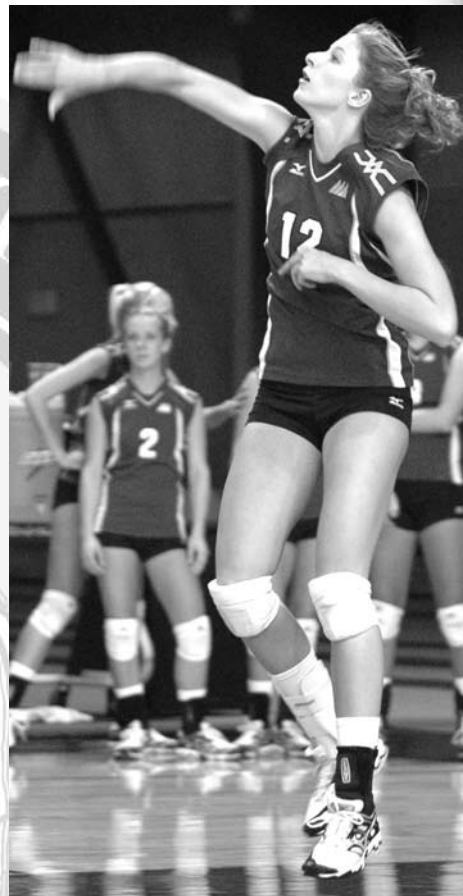
12

**AT NORTH FLORIDA - Sophomore Season** - Appeared in 22 matches and 61 games...Had eight kills against Bethune Cookman and seven versus Coastal Carolina...A total of six games with double-figure kills paced by 15 versus Jacksonville...On the Atlantic Sun all-academic team.

**AT ALBANY - Freshman Season** - Played in 23 matches with four starts...Had 38 kills with a .231 attack percentage...Also had 29 digs and nine blocks...Had eight kills each against Penn and Morgan St.

**AT GRAFTON** - As a senior she was a first team all-state, all-region and all-Bay Rivers District selection... Named Daily Press Player of the Year and was MVP of the Virginia High School Coaches Association all-star game in CNU's Freeman Center who she was teammates with CNU's Sarah and Ellen Koch...In her junior year she was district and region Player of the Year and earned the same honor from the Daily Press...First team all-district and region as a sophomore and won the first of her three Daily Press Player of the Year awards...A second team all-district selection as a freshman for coach Dena Montini... Set state records for kills (1,015 with a .357 hitting percentage), blocks (228) and digs (703)...A member of the National Honor Society, the Key Club, Keyettes and FCA.

**PERSONAL** - Allison R. Wolfe was born May 4, 1987 in Weurzburg, Germany...She is a History major and is the daughter of Mark and Marcia Wolfe...Her sister Lauren played volleyball at USC-Aiken, cousin Ian is playing football at Kansas and uncle Jack played basketball at Ohio State.



## Wolfe at a Glance

### Coach Birch on Wolfe

*"Allie is a huge addition to this team. She provides us with so much --- smart and aggressive attacking from the outside hitter position and very solid ball control and defense. Having already played two seasons of college volleyball, we expect Allie to contribute at a very high level right away."*

### Career Highs (at Albany & UNF)

Kills	8 three times
Attempts	N/A
Aces	1 several times
Block solo	N/A
Block assist	N/A
Digs	14 vs. Coastal Carolina
Assists	N/A

### WOLFE'S CNU CAREER

Year	G	K	K/G	E	TA	PCT.	SA	SA/G	ASST	A/G	BS	BA	B/G	DIG	D/G
*2005	46	38	0.83	11	117	.231	0	0.0	2	0.04	2	7	0.20	29	0.63
^2006	61	38	0.62	24	186	.075	4	0.07	10	0.16	0	3	0.02	137	2.25
Career	107	76	0.71	35	303	.135	4	0.04	12	0.11	2	10	0.11	166	1.55
*at Univ. at Albany															
^at North Florida															



## Virginia Bangit

So. - 5-8 - DS  
Williamsburg, Va.  
Lafayette H.S.  
**15**

**AT EMORY & HENRY - Freshman Season** - Started for the Wasps, averaging 1.40 kills per game with a .204 attack percentage...Had a total of 39 blocks and 66 digs.

**AT LAFAYETTE** - Honorable mention all-Bay Rivers District...She was team captain as a senior and cracked the starting lineup in her freshman year...A member of the German and Key Clubs and worked with Big Brothers/Big Sisters...Did volunteer work with the Salvation Army, was an Awana Leader and active in church activities.

**PERSONAL** - Virginia M. Bangit was born in Williamsburg, Va...She is a Business Management major and the daughter of John and Janice Bangit...Has a brother David, 28.

### **Coach Birch on Bangit**

"Virginia has been a very pleasant addition to this team, providing us with solid ball control, defense, and very strong serving. As Virginia continues to improve, I expect her to develop into an integral role-player with this team."

## Mary Horner

Fr. - 5-8 - DS  
Springfield, Va.  
R.E. Lee H.S.  
**14**

**AT R.E. LEE** - As a senior she was second team all-Patriot District, team MVP and captain...In her junior year she was named honorable mention all-region after picking up first team all-district honors, as well as being coach Rebecca Waters' MVP and captain...Even earned honorable mention all-district honors as a sophomore...Set school records for most kills and digs in a season and career, as well as match records for kills and aces...Secretary of the National Honor Society and a member of the German Honor Society...She was also a Peer Mediator...Was selected to CNU's President's Leadership Program and the Honors Program.

**PERSONAL** - Mary C. Horner was born March 16, 1989 in Alexandria, Va...The daughter of Colin and Chris Horner has not yet chosen a major...She has four brothers; Matthew, 28, James, 26, Colin, 23 and David, 20 and an identical twin sister, Pam, 18, who will begin playing volleyball at Franklin & Marshall this season.

### **Coach Birch on Horner**

"We expect Mary to have a significant impact on this team right away with her play as a defensive specialist. She is very skilled and capable of helping us as a stabilizer in the backrow."

## Caitlyn Jansen

Fr. - 6-0 - MB  
Lorton, Va.  
Robinson H.S.  
**8**

**AT ROBINSON** - A second team all-Northern Region and first team all-Concorde District selection for coach Jill Pearson as a senior...Previously she had been second team all-Patriot District as a sophomore and honorable mention all-Concorde District in her junior year...She was team captain and MVP as a senior and was second in the district in kills...Won the Robinson Athletic Boosters' Award...Named All-Met all-Extra in her final year and was a scholar-athlete...Took AP classes and was a member of FCA, DECA and worked in Sports Medicine...Also a Peer Mediator.

**PERSONAL** - Caitlyn Michelle Jansen was born June 15, 1989 in Fairfax, Va...She is the daughter of Paul and Melissa Jansen and has chosen Marketing as her major...Has a sister Regan, 13.

### **Coach Birch on Jansen**

"CJ is a great addition to our middle blocking corps. With experience at so many positions, CJ provides us with a very well-rounded middle that is good at many things. We feel we have greatly improved our depth at middle blocker by adding a player of CJ's caliber."





# Ryann Lowery

Fr. - 5-7 - S  
Centreville, Va.  
Centreville H.S.

4

**AT CENTREVILLE** - Earned second team all-state honors in her senior season, after capturing first team all-region and Concorde District MVP accolades... She was the district finals MVP and on the all-tournament team...As a junior she was honorable mention all-state, first team all-region and all-district...District tournament MVP...She was also first team all-Examiner as a senior and honorable mention all-Examiner in her junior year... Played for coach Ken Moser.

**PERSONAL** - Ryann Alexandra Lowery was born Sept. 25, 1989 in Centreville, Va...She is the daughter of Darlene and Patrick Lowery and has a sister Staci, 27...She has not yet selected a major.

## Coach Birch on Lowery

*"The impact Ryann has made on this program has been immediate. Having a second setter on the team that is capable of playing at very high level has made practices very competitive and intense. We expect Ryann to become the next great setter for our program."*



# Michelle Puckli

Fr. - 5-4 - DS  
Leesburg, Va.  
Loudoun Co. H.S.

2

**AT LOUDOUN CO.** - Named all-Met honorable mention in her senior year playing for coach Jenica Mattias...She was also team captain that year and won the 110% Award for three years in a row... First team Washington Post Loudoun Extra...Won an Academic Letter for two years and was an Honor Roll student all four years.

**PERSONAL** - Michelle LeAnne Puckli was born March 14, 1989 in Tampa, Fla... The Marketing major is the daughter of Paul and Patti Puckli. She has a brother Michael, 23, who played baseball at George Mason and Marist and a sister Meghan, 20, who currently plays volleyball at CNU.

## Coach Birch on Puckli

*"Michelle gives us great depth at the defensive specialist position. She is a solid defender that is quickly becoming a reliable serve receiver. We expect her to continue to progress into a very solid player for our team."*







## CNU's Top 5 Wins of 2006

1. Washington & Lee University – CNU recorded its biggest win of 2006 in front of a huge crowd of nearly 500 fans in the Freeman Center. W & L, which finished 2006 ranked #29 in the final National Poll, came into the match with a 5-0 record and picked as the preseason favorite to win the Old Dominion Athletic Conference, which they ended up accomplishing by season's end. CNU's win extended their home win streak to 29 matches and ended up being one of the most emotional wins for CNU in recent history as CNU won despite a serious injury to a teammate in the middle of game 2. CNU's Casey Martin (#2) collided with a teammate and ended up losing consciousness (which she eventually regained minutes later) and was carted off by paramedics. Struggling to control emotions and regain composure, CNU players and coaches united together for one of the most special moments in recent history for CNU Athletics. Later that evening, Casey Martin was awarded the "game ball" from the match, the first time such an honor has been given to a CNU Volleyball player.

\*Match scores: 30-17, 28-30, 30-26, 30-25.

\*Highlights for CNU: Brittany Collins – 42 assists, 7 aces, 13 digs; Jenna Williams – 20 digs; Liz Bush – 14 kills; Sarah Hunkele – 12 kills; Sarah Brown – 10 kills.

2. Averett University – CNU avenged an early season loss to Averett by taking care of business the second time around. Averett, which ended up winning the USA South Tournament title, had beaten CNU earlier in the 06' season on CNU's home floor to end a 30 match home winning streak for CNU. By claiming the win, CNU tied Averett for the USA South Regular Season title, CNU's fifth in six years.

\*Match scores: 30-26, 33-31, 30-19.

\*Highlights for CNU: Jenna Williams – 19 digs; Ellen Koch – 12 kills, 11 digs; Sarah Coffey – 9 digs; Sarah Brown – 10 kills, 5 blocks; Brittany Collins – 23 assists, 7 digs.

3. Salisbury University – CNU claimed a victory over Salisbury University for the first time in program history. The Captains were previously 0-13 against the Sea Gulls. Salisbury, one of the strongest teams in the Mid-Atlantic Region, came to the Freeman Center on Homecoming Weekend resulting again in one of the bigger crowds in CNU Volleyball history with 400+ fans in attendance.

\*Match scores: 28-30, 30-14, 30-20, 30-18.

\*Highlights for CNU: Sarah Hunkele – 17 kills; Jenna Williams – 23 digs; Ellen Koch – 12 kills, 9 digs; Kenzie Lockie – 15 digs; Meghan Puckli – 6 blocks; Brittany Collins – 46 assists, 10 digs, 4 blocks; Liz Bush – 9 kills, 3 blocks; Sarah Brown – 8 kills, 3 blocks.

4. Hanover College - Rivalries are normally established with teams in the same conference or even region. However, the match-up between CNU and Hanover has become an intense rivalry over the past few years despite their locations (Hanover is located in Indiana). Both teams have squared off in long 5-game battles in the Maryville College Tournament in 2004 and 2005 – with CNU taking both victories. The two teams squared off at the Thomas More (KY) Tournament in 2006. CNU claimed the victory in 3 games this time but the match-up still remained intense and back-and-forth throughout.

\*Match scores: 30-24, 30-28, 30-27.

\*Highlights for CNU: Sarah Hunkele – 13 kills; Jenna Williams – 15 digs; Sarah Coffey – 5 aces; Sarah Brown – 8 kills; Meghan Puckli – 6 kills, 4 blocks; Brittany Collins – 41 assists.

5. Greensboro College – Typically early season wins aren't considered as big as late-season wins but CNU made a statement to the USA South with a convincing win over conference rival Greensboro in their first match-up of the season. Game 1 was owned by CNU as Greensboro was only able to record 1 kill and 4 points. CNU recorded 7 aces and 11 kills for a .400 hitting percentage in game 1. CNU went on to win the match in three games but more importantly continued their 30 match home winning streak and set the tone for a successful conference season, again.

\*Match scores: 30-4, 30-21, 30-26.

\*Highlights for CNU: Jenna Williams – 11 digs; Liz Bush – 9 kills; Brittany Collins – 31 assists, 7 aces, 11 digs; Kenzie Lockie – 7 kills; Ellen Koch – 7 kills.



CNU celebrates another service ace



## NCAA PLAYOFFS



Allison Castillo - ETBU



Leslie Fischbeck - W &amp; L



Jenna Jones - Maryville

### 2001 NCAA South Region Championship



Lindsay Sheppard - CNU



Amy Hyman - Emory



Brianna Iversen - Trinity

The Lady Captains made their first-ever NCAA appearance after sweeping to a perfect Dixie Conference season. CNU went 14-0 in the regular season and won the post-season tournament to gain the league's NCAA automatic bid.

Playing at Trinity University in Texas, CNU fell to in-state rival Washington & Lee, 30-21, 30-15, 30-15.

Lindsay Sheppard led the way for the Lady Captains with seven kills and six digs, while Amy Johnson and Jenny Steele had four kills each and Nina Richardson added 18 assists.



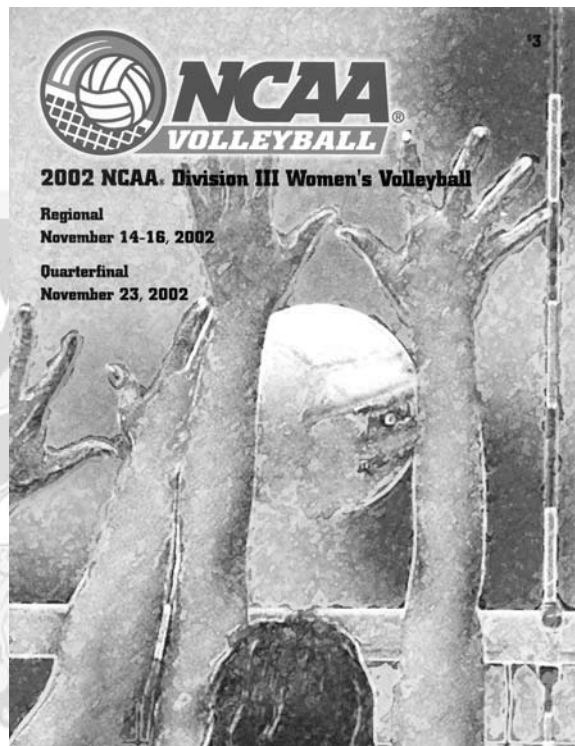
### 2002 NCAA. Division III Women's Volleyball

Regional

November 14-16, 2002

Quarterfinal

November 23, 2002



In its second NCAA appearance CNU again faced Washington & Lee and was much better prepared. The Lady Captains lost the first game, 30-19 and barely fell in the second, 30-27. They then won their first game in NCAA competition, 30-28, before falling 30-20 to end the match.

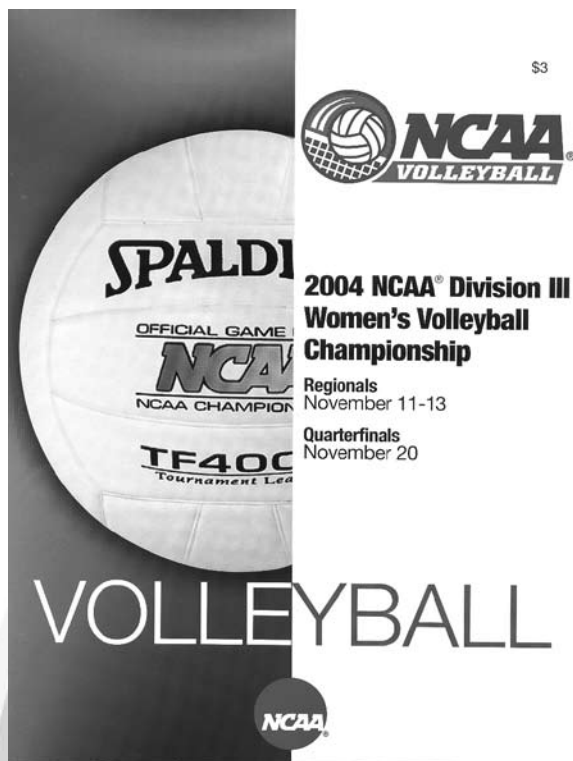
Mary Whiting and Amber Bradshaw each had 12 kills in the match and Oksana Boukhtina added 11. Bradshaw also had 16 digs, Whiting 15 and Boukhtina 12, while Nina Richardson also had 40 assists.





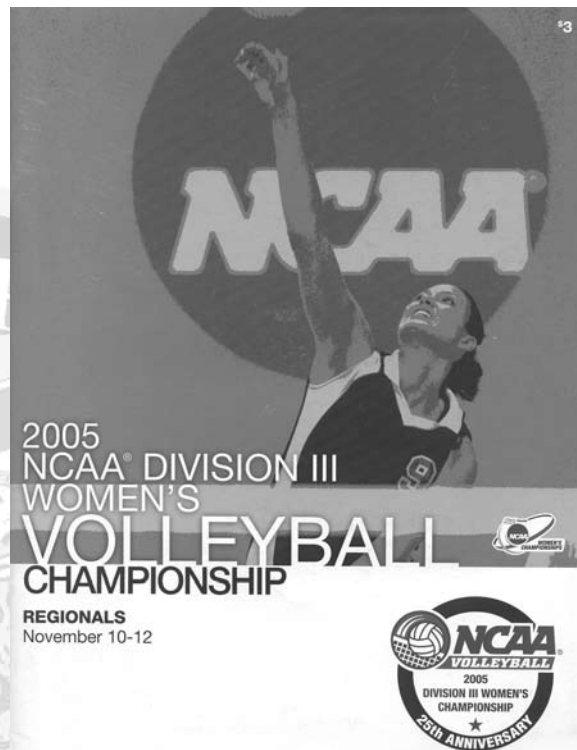


## NCAA PLAYOFFS



The Lady Captains made their third NCAA appearance in the last four years, playing in the South Regional against No. 4 ranked Texas Lutheran. CNU fell, 30-20, 30-27 and 30-24.

Freshman Tricia Nelsen led CNU with nine kills, while junior Amber Bradshaw had seven kills and ten digs. In addition, freshman Brittany Collins contributed 16 digs and 25 assists and sophomore Jenna Williams had 12 digs.



For the fourth time in the last five years, CNU was back in the NCAA Tournament following another USA South conference title.

The Lady Captains fell to third-ranked Trinity (Tx.), in a classic battle, 30-28, 35-33, 18-30, 25-30, 16-18, coming within a match point of winning first the first time in NCAA play.

Freshman Ellen Koch had 16 kills, senior Amber Bradshaw 15, freshman Sarah Brown 13 and senior Erin Bradshaw 13. Sophomore Brittany Collins added 53 assists and junior Jenna Williams had 20 digs.





## THE FREEMAN CENTER

### Freeman Center Matches Played by CNU

Greensboro* <sup>2</sup>	10/28	2000 (2-1)	L 8-15, 15-17, 7-15
Methodist* <sup>2</sup>	10/28	W 15-9, 15-9, 15-6	
N.C. Wesleyan*	10/31	W 15-5, 15-10, 15-7	
N.C. Wesleyan*	9/18	2001 (9-0)	W 30-22, 30-20, 30-10
Shenandoah*	10/3	W 30-16, 30-20, 30-16	
Methodist*	10/8	W 30-21, 30-19, 30-21	
Greensboro*	10/8	W 30-26, 30-18, 30-19	
Randolph-Macon	10/24	W 30-24, 30-27, 30-19	
Chowan*	10/30	W 30-20, 30-20, 30-20	
Chowan <sup>1</sup>	11/2	W 30-24, 30-20, 30-20	
Ferrum <sup>1</sup>	11/3	W 30-17, 30-20, 30-20	
Methodist <sup>1</sup>	11/3	W 30-12, 30-24, 30-17	
Va. Wesleyan	8/31	2002 (9-1)	W 30-10, 30-11, 30-12
Hollins	8/31	W 30-20, 30-26, 30-16	
Bridgewater	8/31	L 27-30, 27-30, 30-11, 30-25, 11-15	
Shenandoah*	9/17	W 30-16, 30-19, 29-31, 30-18	
Ferrum* <sup>2</sup>	9/28	W 30-17, 26-30, 30-12, 30-12	
Averett* <sup>2</sup>	9/28	W 30-25, 30-19, 30-17	
Chowan*	10/3	W 30-23, 30-18, 30-23	
Washington & Lee	10/10	W 21-30, 30-27, 19-30, 30-28, 15-6	
N.C. Wesleyan*	10/23	W 30-12, 32-34, 30-9, 30-27	
Randolph-Macon	10/28	W 32-34, 32-30, 30-28, 24-30, 15-13	
Ursinus <sup>3</sup>	8/30	2003 (11-4)	W 30-26, 22-30, 30-19, 30-28
Mary Washington <sup>3</sup>	8/30	W 30-23, 30-24, 31-29	
Bridgewater <sup>3</sup>	8/30	L 20-30, 24-30, 16-30	
N.C. Wesleyan*	10/8	W 30-17, 30-19, 30-18	
Nazareth <sup>4</sup>	10/10	L 19-30, 30-21, 25-30, 12-30	
Ramapo <sup>4</sup>	10/10	W 30-25, 30-18, 30-25	
Maryville <sup>4</sup>	10/11	L 25-30, 10-30, 18-30	
Ramapo <sup>4</sup>	10/11	W 30-24, 30-23, 30-20	
Washington & Lee	10/16	L 29-31, 28-30, 20-30	
Peace*	10/24	W 30-25, 30-24, 30-24	
Peace*	10/24	W 30-15, 30-21, 32-30	
Ferrum* <sup>2</sup>	10/25	W 30-9, 24-30, 30-21, 30-25	
Greensboro* <sup>2</sup>	10/25	W 28-30, 23-30, 30-21, 31-29, 15-11	
Chowan*	10/27	W 30-20, 30-24, 30-27	
Shenandoah*	10/29	W 30-19, 30-21, 30-28	
N.C. Wesleyan*	9/8	2004 (13-0)	W 30-21, 30-10, 30-28
Randolph-Macon	9/21	W 30-26, 30-19, 25-30, 28-30, 15-13	
Averett*	9/25	W 27-30, 25-30, 30-26, 30-22, 15-11	
Methodist*	9/25	W 30-23, 30-21, 30-19	
Ferrum*	9/26	W 30-12, 30-8, 30-9	
Greensboro*	9/26	W 30-21, 30-21, 30-28	
Shenandoah*	9/29	W 30-16, 30-14, 30-21	
Salem <sup>5</sup>	10/1	W 30-15, 30-14, 30-12	
Southern Virginia <sup>5</sup>	10/1	W 30-21, 32-30, 30-22	
Elizabethtown <sup>5</sup>	10/2	W 30-27, 30-22, 30-27	
Elizabethtown <sup>5</sup>	10/2	W 27-30, 30-27, 30-24, 32-30	
Chowan	10/13	W 30-12, 30-10, 30-19	
Va. Wesleyan	11/2	W 30-15, 30-22, 30-23	
Peace*	9/14	2005 (8-0)	W 30-21, 30-17, 30-21
Greensboro*	9/24	W 30-23, 29-31, 22-30, 30-25, 15-6	
Averett*	9/24	W 30-23, 30-20, 30-22	
Shenandoah*	9/27	W 30-26, 31-29, 30-23	
N.C. Wesleyan*	10/18	W 30-18, 30-20, 18-30, 30-24	
Randolph-Macon	10/21	W 20-30, 30-21, 24-30, 30-28, 16-14	
Va. Wesleyan	10/25	W 30-12, 30-23, 19-30, 30-18	
Shenandoah <sup>1</sup>	11/1	W 30-15, 30-23, 30-15	
Va. Wesleyan	9/5	2006 (9-1)	W 30-25, 30-20, 26-30, 30-18
Washington & Lee	9/15	W 30-17, 28-30, 30-26, 30-25	
N.C. Wesleyan*	9/19	W 30-18, 30-20, 30-24	
Greensboro* <sup>2</sup>	9/23	W 30-4, 30-21, 30-26	
Averett* <sup>2</sup>	9/23	L 25-30, 21-30, 26-30	
Shenandoah*	10/11	W 30-23, 28-30, 30-27, 30-14	
Salisbury	10/20	W 28-30, 30-14, 30-20, 30-18	
Methodist*	10/21	W 30-23, 30-22, 30-16	
Peace*	10/24	W 30-18, 30-11, 31-29	
Shenandoah <sup>1</sup>	10/31	W 30-19, 30-21, 30-24	

Va. Wesleyan	9/5	W 30-25, 30-20, 26-30, 30-18
Washington & Lee	9/15	W 30-17, 28-30, 30-26, 30-25
N.C. Wesleyan*	9/19	W 30-18, 30-20, 30-24
Greensboro* <sup>2</sup>	9/23	W 30-4, 30-21, 30-26
Averett* <sup>2</sup>	9/23	L 25-30, 21-30, 26-30
Shenandoah*	10/11	W 30-23, 28-30, 30-27, 30-14
Salisbury	10/20	W 28-30, 30-14, 30-20, 30-18
Methodist*	10/21	W 30-23, 30-22, 30-16
Peace*	10/24	W 30-18, 30-11, 31-29
Shenandoah <sup>1</sup>	10/31	W 30-19, 30-21, 30-24

\*USA South matches

<sup>1</sup> USA South Tournament

<sup>2</sup> USA South Round Robins

<sup>3</sup> CNU Early Bird Tournament

<sup>4</sup> Captains Classic

<sup>5</sup> CNU/Comfort Inn Classic

### Freeman Center Year-By-Year Records

Year	Overall		USA South	
	Record	Pct.	Record	Pct.
2000	2-1	.667	2-1	.667
2001	9-0	1.000	8-0	1.000
2002	9-1	.900	5-0	1.000
2003	11-4	.733	7-0	1.000
2004	13-0	1.000	7-0	1.000
2005	8-0	1.000	5-0	1.000
2006	9-1	.900	5-1	.833
Total	61-7	.897	39-2	.951



### Freeman Center Records

<b>Kills</b>	30 Tricia Nelsen vs. Averett, 9/26/04
<b>Total Attempts</b>	73 Tricia Nelsen vs. Averett, 9/26/04
<b>Attack Percentage</b>	.786 Brittany Collins vs. Va. Wesleyan, 11/2/04
<b>Service Aces</b>	16 Amber Bradshaw vs. N.C. Wesleyan, 10/23/02
<b>Block solo</b>	4 Nicole Kendra vs. Bridgewater, 8/31/02
<b>Block Assists</b>	7 Jessica O'Neal vs. Randolph-Macon, 10/21/04
<b>Digs</b>	30 Jenna Williams vs. Randolph-Macon, 10/21/04
<b>Setting Assists</b>	56 Erin Bradshaw vs. Greensboro, 10/25/03
<b>Kills</b>	114 vs. Averett, 9/26/04
<b>Total Attempts</b>	222 vs. Randolph-Macon, 10/28/02
<b>Attack Percentage</b>	.391 vs. Shenandoah (53/10/110), 11/1/05
<b>Service Aces</b>	27 vs. Ferrum, 9/28/02
<b>Block Solo</b>	5 vs. Chowan, 10/30/01
<b>Block Assists</b>	19 vs. Randolph-Macon, 10/24/01
<b>Digs</b>	110 vs. Washington & Lee, 10/10/02
<b>Setting Assists</b>	104 vs. Washington & Lee, 10/10/02
<b>Most Victories</b>	13 in 2004
<b>Fewest Victories</b>	8 in 2005
<b>Most Losses</b>	4 in 2003
<b>Fewest Losses</b>	0 in 2001, 2004 & 2005
<b>Most Consecutive Wins</b>	27 (Oct. 24, 2003-Sept. 23, 2006)
<b>Most Consecutive Home Conference Wins</b>	34 (Oct. 28, 2000-Sept. 23, 2006)
<b>Most Consecutive Losses</b>	1 several times

### Freeman Center Records vs. All Opponents

Opponent	Record	Streak	First Met	Last Met	Last CNU Win	Last Opp. Win
Averett	3-1	-1	2002	2006	2005	2006
Bridgewater (Va.)	0-2	-2	2002	2003	---	2003
Chowan (N.C.)	5-0	+5	2001	2004	2004	---
Elizabethtown (Pa.)	2-0	+2	2004	2004	2004	---
Ferrum	4-0	+4	2001	2004	2004	---
Greensboro	5-1	+5	2000	2006	2006	2000
Hollins (Va.)	1-0	+1	2002	2002	2002	---
Maryville (Tenn.)	0-1	-1	2003	2003	---	2003
Mary Washington (Va.)	1-0	+1	2003	2003	2003	---
Methodist	5-0	+5	2000	2006	2006	---
Nazareth (N.Y.)	0-1	-1	2003	2003	---	2003
N.C. Wesleyan	7-0	+7	2000	2006	2006	---
Peace	4-0	+4	2003	2006	2006	---
Ramapo (N.J.)	2-0	+2	2003	2003	2003	---
Randolph-Macon (Va.)	4-0	+4	2001	2005	2005	---
Salem (W.Va.)	1-0	+1	2004	2004	2004	---
Salisbury	1-0	+1	2006	2006	2006	---
Shenandoah	8-0	+8	2001	2006	2006	---
Southern Virginia	1-0	+1	2004	2004	2004	---
Ursinus (Pa.)	1-0	+1	2003	2003	2003	---
Va. Wesleyan	3-0	+3	2002	2006	2006	---
Washington & Lee (Va.)	3-1	+2	2002	2006	2006	2003





## Directions to The Freeman Center

### From Chesapeake, Suffolk and Portsmouth

Follow routes to the Monitor-Merrimack Bridge Tunnel (I-664).

Cross the tunnel into Newport News and take Exit 5 to 35th Street and Warwick Blvd. (Route 60 West).

After about five miles on Warwick Blvd. (Route 60) you will pass the entrance to the Mariner's Museum on the left.

At the third light after the Museum entrance, University Place, go left. The Freeman Center is on your left as you enter the campus.

### From Norfolk and Virginia Beach

Take I-64 West across the Hampton Roads Bridge Tunnel. About 10 miles west of the tunnel take Exit 258B (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

### From Richmond and Northern Virginia

Take I-64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

### From Northwestern Virginia

Travel to I-95 South the head South around Richmond

on I-295 until it meets I-64. Then take I 64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

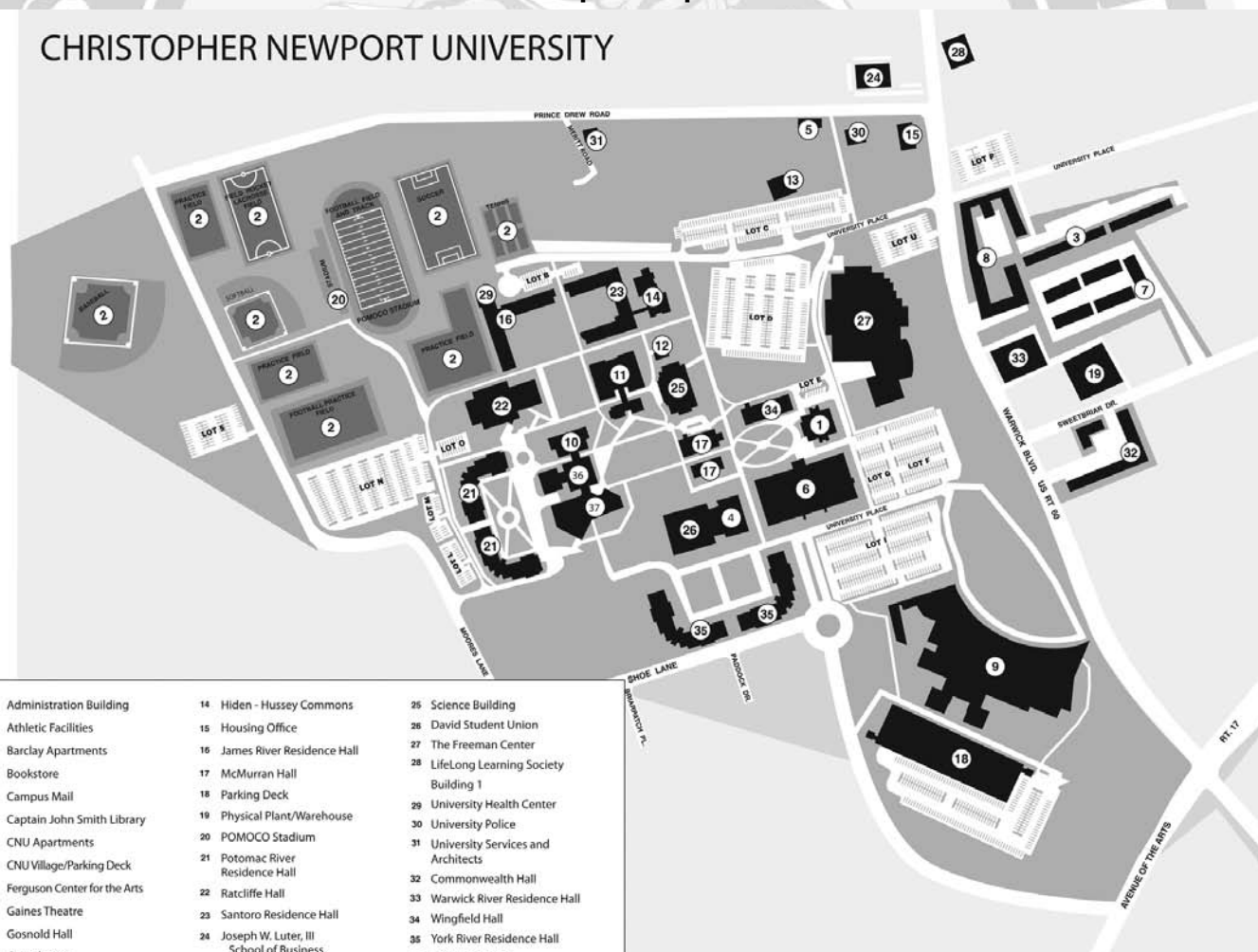
### From Western Virginia

Depending upon your location travel to I-81 North until it meets I-64 East and then follow I-64 around Richmond (you may elect to take the by-pass I-295 in case of heavy traffic in downtown Richmond). Then take I 64 East. Exit at Exit 258 A (Route 17 South, J. Clyde Morris Blvd.). Continue on J. Clyde Morris Blvd. to the entrance to the Mariner's Museum at Warwick Blvd. (Route 60). Go right and follow the directions in last paragraph of directions from Chesapeake.

If you are nearer to U.S. 58, take it East until it meets I-664 heading toward the Monitor Merrimack Bridge Tunnel. Cross the tunnel into Newport News and take Exit 5 to 35th Street and Warwick Blvd. (Route 60 West). Then follow last two paragraphs of directions from Chesapeake

## Campus Map

### CHRISTOPHER NEWPORT UNIVERSITY



- |                                |                                            |                                         |
|--------------------------------|--------------------------------------------|-----------------------------------------|
| 1 Administration Building      | 14 Hiden - Hussey Commons                  | 26 Science Building                     |
| 2 Athletic Facilities          | 15 Housing Office                          | 26 David Student Union                  |
| 3 Barclay Apartments           | 16 James River Residence Hall              | 27 The Freeman Center                   |
| 4 Bookstore                    | 17 McMullan Hall                           | 28 LifeLong Learning Society Building 1 |
| 5 Campus Mail                  | 18 Parking Deck                            | 29 University Health Center             |
| 6 Captain John Smith Library   | 19 Physical Plant/Warehouse                | 30 University Police                    |
| 7 CNU Apartments               | 20 POMOCO Stadium                          | 31 University Services and Architects   |
| 8 CNU Village/Parking Deck     | 21 Potomac River Residence Hall            | 32 Commonwealth Hall                    |
| 9 Ferguson Center for the Arts | 22 Ratcliffe Hall                          | 33 Warwick River Residence Hall         |
| 10 Gaines Theatre              | 23 Santoro Residence Hall                  | 34 Wingfield Hall                       |
| 11 Gosnold Hall                | 24 Joseph W. Luter, III School of Business | 35 York River Residence Hall            |
| 12 Greenhouse                  | Human Resources                            | 36 Library Services                     |
| 13 Grounds Department          | Purchasing                                 | 37 Counseling, Coaching and Consulting  |





## USA SOUTH OPPONENTS - 2007

### Averett

Sat. Sept. 22 at Rocky Mount, N.C.  
Fri. Oct. 26 at Danville, Va.  
Averett leads series 33-25

Location: Danville, Va.  
Enrollment: 900  
President: Dr. Richard Pfau  
Interim Athletic Director: Sam Ferguson  
Conference: USA South  
Nickname: Cougars  
Colors: Gold & Navy  
Arena: Grant Center, Capacity: 1,500  
Head Coach: Danny Miller  
2006 Record: 29-7, 13-1 (T1st)  
Letterwinners Returning/Lost: 9/5  
Starters Returning/Lost: 3/3  
Top Returning Players:  
Samantha Kirby, So., MH, 6-2  
Kasey Carpenter, Sr., S, 5-6  
SID: Sam Ferguson (434) 791-5876  
Website: <http://www.averett.edu/html/athletics.html>

### Mary Baldwin

Wed. Sept. 12 at Staunton, Va.  
Wed. Oct. 10 at The Freeman Center  
CNU leads series: 7-0

Location: Staunton, Va.  
Enrollment: 850  
President: Pamela Fox  
Athletic Director: Sharon Spalding  
Conference: USA South  
Nickname: Squirrels  
Colors: Yellow, White & Hunter Green  
Arena: Physical Activity Center (300)  
Head Coach: Paul Yee  
2006 Record: 17-18  
Letterwinners Returning/Lost: 8/3  
Starters Returning/Lost: 5/1  
Top Returning Players:  
Kim Clum, So., S, 5-7  
Colena Roberts, So., OH, 5-11  
SID: Donna Miller (540) 887-7160  
Website: <http://www.mbc.edu/athletics>

### N.C. Wesleyan

Tue. Sept. 18 at The Freeman Center  
Wed. Oct. 17 at Rocky Mount, N.C.  
CNU leads series 41-18

Location: Rocky Mount, N.C.  
Enrollment: 2000  
President: Dr. Ian Newbould  
Athletic Director: John Thompson  
Conference: USA South  
Nickname: Bishops  
Colors: Navy Blue & Vegas Gold  
Arena: Everett Gym, Capacity: 1,200  
Head Coach: Robin Pietryk  
2006 Record: 12-19, 3-11 (T6th)  
Letterwinners Returning/Lost: 5/5  
Starters Returning/Lost: 3/3  
Top Returning Players:  
Brittany Insley, So., MH, 5-9  
Sydney Bens, Jr., OH, 5-9  
April Wilson, Sr., MH, 5-11  
SID: Rikki Rich (252) 985-5271  
Website: <http://annex.ncwc.edu/Athletics>

### Ferrum

Sat. Sept. 22 at Rocky Mount, N.C.  
Fri. Oct. 26 at Danville, Va.  
CNU leads series 25-24

Location: Ferrum, Va.  
Enrollment: 1,000  
President: Dr. Jennifer L. Braaten  
Athletic Director: Abe Naff  
Conference: USA South  
Nickname: Panthers  
Colors: Black & Gold  
Arena: Swartz Gym, Capacity: 1,200  
Head Coach: Nancy Howlett  
2006 Record: 17-15, 7-7 (4th)  
Letterwinners Returning/Lost:  
Starters Returning/Lost: 9/3  
Top Returning Players: 5/1  
Mindy Altice, Sr., OH, 6-1  
Jessica Flanigan, So., OH, 5-7  
SID: Gary Holden (540) 365-4306  
Website: <http://www.ferrum.edu/athletics>

### Meredith

Sat. Sept. 15 at The Freeman Center  
Sat. Oct. 20 at Ferrum, Va.  
CNU leads series: 7-1

Location: Raleigh, N.C.  
Enrollment: 2,000  
President: Maureen Hartford  
Athletic Director: Jackie Myers  
Conference: USA South  
Nickname: Avenging Angels  
Colors: Maroon & White  
Arena: Weatherspoon Gym, Capacity 500  
Head Coach: Fiona Barkley  
2006 Record: 12-15  
Letterwinners Returning/Lost: 5/4  
Starters Returning/Lost: 4/2  
Top Returning Players:  
Morgan White, So., OH, 5-10  
Laura Sayabouth, Jr., S, 5-4  
SID: Greg Jarvis (919) 760-8811  
Website: <http://www.meredith.edu/athletics>

### Peace

Sat. Sept. 15 at The Freeman Center  
Sat. Oct. 20 at The Ferrum, Va.  
CNU leads series 10-0

Location: Raleigh, N.C.  
Enrollment: 650  
President: Dr. Laura Bingham  
Athletic Director: Kelly Johnson  
Conference: USA South  
Nickname: Pacers  
Colors: Green & White  
Arena: Hermann Center, Capacity: 500  
Head Coach: Heather Sulkowski  
2006 Record: 12-20, 1-13 (8th)  
Letterwinners Returning/Lost: 7/9  
Starters Returning/Lost: 5/1  
Bridget Corbitt, Sr., S, 5-4  
Nicole Corn, Jr., OH, 5-8  
SID: Heather Sulkowski (919) 508-2331  
Website: <http://www.gopeacepride.org>

### Greensboro

Fri. Sept. 21 at Fayetteville, N.C.  
Sat. Sept. 29 at Greensboro, N.C.  
Greensboro leads series 44-17

Location: Greensboro, N.C.  
Enrollment: 1,302  
President: Dr. Craven E. Williams  
Athletic Director: Kim Strable  
Conference: USA South  
Nickname: Pride  
Colors: Green, White & Silver  
Arena: Hanes Gym, Capacity: 800  
Head Coach: Jean Lojko  
2006 Record: 24-12, 10-4 (3rd)  
Letterwinners Returning/Lost: 7/6  
Starters Returning/Lost: 4/2  
Top Returning Players:  
Allison Weavil, Sr., MH, 6-0  
Michelle Lemmons, So., S, 5-6  
SID: Bob Lowe (336) 272-7102 Ext. 279  
Website: <http://www.gborocollege.edu/athletics.html>

### Methodist

Fri. Sept. 21 at Fayetteville, N.C.  
Sat. Sept. 29 at Greensboro, N.C.  
CNU leads series: 33-29

Location: Fayetteville, N.C.  
Enrollment: 2,277  
President: Dr. M. Elton Hendricks  
Athletic Director: Bob McEvoy  
Conference: USA South  
Nickname: Monarchs  
Colors: Greens & Gold  
Arena: March F. Riddle Center, Capacity: 1,500  
Head Coach: Eddie Matthews  
2006 Record: 15-17, 6-8 (5th)  
Letterwinners Returning/Lost: 8/9  
Starters Returning/Lost: 5/1  
Top Returning Players:  
Sara Yeatman, Jr., OH, 5-8  
Laura Gilbert, So., MB, 6-0  
SID: Kirbie Britt (910) 630-7172  
Website: <http://www.methodist.edu/Athletics>

### Shenandoah

Wed. Sept. 26 at Winchester, Va.  
Wed. Oct. 24 at The Freeman Center  
CNU leads series 27-9

Location: Winchester, Va.  
Enrollment: 1,700  
President: Dr. James A. Davis  
Athletic Director: John Hill  
Conference: USA South  
Nickname: Hornets  
Colors: Red, White & Midnight Blue  
Arena: Shingleton Gym, Capacity: 680  
Head Coach: Sarah Pelster  
2006 Record: 14-14, 3-11 (T6th)  
Letterwinners Returning/Lost: 6/2  
Starters Returning/Lost: 4/2  
Top Returning Players:  
Michelle Chandler, Sr., MH/S, 5-10  
Jennifer Thompson, Sr., OH, 5-9  
SID: Scott Musa (540) 665-5417  
Website: <http://www.su.edu/athletics>





## NON-CONFERENCE OPPONENTS - 2007

### Berry

Fri. Aug. 31 at Atlanta, Ga.  
First meeting

Location: Mount Berry, Ga.  
Enrollment: 1,800  
President: Stephen Briggs  
Athletic Director: Todd Brooks  
Conference: Southern States A.C.  
Nickname: Lady Vikings  
Colors: Navy & Silver  
Arena: Ford Gym (1,500)  
Head Coach: Brianne Smedley  
2006 Record: 35-9  
SID: Scott Dunford, 706-290-2146  
e-mail: wdunford@berry.edu  
Website: <http://berry.edu/athletics>

### Gallaudet

Sat. Oct. 12 at The Freeman Center  
Gallaudet leads series 6-1

Location: Washington, D.C.  
Enrollment: 2,200  
President:  
Athletic Director: James DeStefano  
Conference: Capital A.C.  
Nickname: Bison  
Colors: Buff & Blue  
Arena: Field House (1,500)  
Head Coach: Lynn Ray Boren  
2006 Record: 30-10  
SID: Oscar Ocuto, 202-651-5274  
e-mail: oscar.ocuto@gallaudet.edu  
Website: <http://athletics.gallaudet.edu>

### Nazareth

Sat. Oct. 13 at The Freeman Center  
Nazareth leads series 1-0

Location: Rochester, N.Y.  
Enrollment: 1,638  
President: Dean Braveman  
Athletic Director: Peter Bothner  
Conference: Empire 8  
Nickname: Golden Flyers  
Colors: Purple & Gold  
Arena: Robert A. Kiddera Gym (1,200)  
Head Coach: Nagy Abdelrazek  
2005 Record: 13-21  
SID: Joe Seil, 585-389-2452  
e-mail: jseil2@naz.edu  
Website: [www.naz.edu/dept/athletics](http://www.naz.edu/dept/athletics)

### Elizabethtown

Sat. Oct. 13 at The Freeman Center  
CNU leads series 2-0

Location: Elizabethtown, Pa.  
Enrollment: 1,800  
President: Theodore E. Long  
Athletic Director: Nancy Latimore  
Conference: Middle Atlantic Conf/Commonwealth  
Nickname: Blue Jays  
Colors: Royal Blue & Gray  
Arena: Thompson Gym (2,400)  
Head Coach: Randall Kreider  
2006 Record: 26-7  
SID: Ian Showalter, 717-361-1311  
e-mail: showalih@etown.edu  
Website: <http://www.etwon.edu/sports>

### Hampton

Fri. Oct. 19 at The Freeman Center  
Hampton leads series 14-9

Location: Hampton, Va.  
Enrollment: 6,000  
President: William R. Harvey  
Athletic Director: Joseph Taylor  
Conference: Mid-Eastern A.C.  
Nickname: Lady Pirates  
Colors: Royal Blue & White  
Arena: Convocation Center (7,200)  
Head Coach: Pedro Gonzalez  
2006 Record: 8-20  
SID: Maurice Williams, 757-727-5757  
e-mail: maurice.williams@hamptonu.edu  
Website: <http://www.hamptonpirates.com>

### Puget Sound

Sat. Sept. 1 at Atlanta, Ga.  
First meeting

Location: Tacoma, Wash.  
Enrollment: 2,500  
President: Ron Thomas  
Athletic Director: Amy Hackett  
Conference: Northwest  
Nickname: Loggers  
Colors: Maroon & White  
Arena: Memorial Field House (4,000)  
Head Coach: Mark Massey  
2006 Record: 16-7  
SID: Chris Thompson, 253-879-3974  
e-mail: cpthompson@ups.edu  
Website: [www.ups.edu/athletics.xml](http://www.ups.edu/athletics.xml)

### Emory

Fri. Aug. 31 at Atlanta, Ga.  
Emory leads series 6-0

Location: Atlanta, Ga.  
Enrollment: 11,500  
President: James W. Wagner  
Athletic Director:  
Conference: University Athletic Assoc.  
Nickname: Eagles  
Colors: Blue & Gold  
Arena: Emory Gym (4,000)  
Head Coach: Jennifer McDowell  
2006 Record: 28-11  
SID: John Farina, 404-727-6553  
e-mail: jfarina@emory.edu  
Website: <http://www.go.emory.edu>

### McDaniel

Sat. Sept. 8 at Lexington, Va.  
First meeting

Location: Westminster, Md.  
Enrollment: 1,600  
President: Joan Coley  
Athletic Director: James M. Smith  
Conference: Centennial  
Nickname: Green Terror  
Colors: Green & Gold  
Arena: Gill Center (2,000)  
Head Coach: Carole Molloy  
2006 Record: 18-10  
SID: Luke Stillson, 410-857-2291  
e-mail: sid@mcdaniel.edu  
Website: <http://www.mcdaniel.edu/athletics>

### Randolph-Macon

Tue. Sept. 4 at The Freeman Center  
CNU leads series 8-5

Location: Ashland, Va.  
Enrollment: 1,100  
President: Robert Lindgren  
Athletic Director: Denis Kanach  
Conference: Old Dominion A.C.  
Nickname: Yellow Jackets  
Colors: Lemon & Black  
Arena: Crenshaw Gym (1,300)  
Head Coach: Bill Rogers  
2006 Record: 24-11  
SID: Chris Kilcoyne, 804-752-7387  
e-mail: christopherkilcoyne@rmc.edu  
Website: <http://www.rmc.edu/athletics>

### Pre-Season American Volleyball Coaches Association (AVCA) National Rankings Of CNU Opponents

- 5. Emory
- 11. St. Thomas (Minn.)
- 19 Southwestern (Tex)
- ORV Washington & Lee
- ORV Puget Sound



## NON-CONFERENCE OPPONENTS - 2007

### Salisbury

Wed. Oct. 3 at Salisbury, Md.  
Sat. Oct. 27 at Virginia Beach, Va.  
Salisbury leads series 13-1

Location: Salisbury, Md.  
Enrollment: 6,700  
President: Dr. Janet Dudley-Eshbach  
Athletic Director: Michael Vienna  
Conference: Capital A.C.  
Nickname: Sea Gulls  
Colors: Maroon & gold  
Arena: Maggs PA Center (2,000)  
Head Coach: Margie Knight  
2006 Record: 22-13  
SID: Sam Atkinson, 410-543-6016  
e-mail: satkinson@salisbury.edu  
Website: <http://www.salisbury.edu/athletics>

### Southwestern (Tx.)

Fri. Sept. 7 at Lexington, Va.  
Southwestern leads series 3-0

Location: Georgetown, Texas  
Enrollment: 1,265  
President: Jake B. Schrum  
Athletic Director: Glada Munt  
Conference: SCAC  
Nickname: Pirates  
Colors: Black & Gold  
Arena: Corbin J. Robertson Center (1,200)  
Head Coach: Hannah Long  
2006 Record: 30-9  
SID: Jeff Sutton, 512-863-1254  
e-mail: suttonj@southwestern.edu  
Website: <http://southwesternpirates.cstv.com>

### St. Thomas (Minn.)

Sat. Sept. 1 at Atlanta, Ga.  
First meeting

Location: St. Paul, Minn.  
Enrollment: 5,000  
President: Dennis Dease  
Athletic Director: Steve Fritz  
Conference: Minnesota Intercollegiate A.C.  
Nickname: Tommies  
Colors: Purple & Gray  
Arena: Schoenecker Gym (2,000)  
Head Coach: Stephanie Szabo  
2006 Record: 21-13  
SID: Gene McGivern, 651-962-5903  
e-mail: ejmcgivern@stthomas.edu  
Website: <http://www.tommiesports.com>

### Susquehanna

Fri. Oct. 12 at The Freeman Center  
First meeting

Location: Selinsgrove, Pa.  
Enrollment: 1,900  
President: L. Jay Lemons  
Athletic Director: Pam Samuelson  
Conference: Middle Atlantic Conf/Commowwealth  
Nickname: Crusaders  
Colors: Orange & Maroon  
Arena: O.W. Houts Gym (1,700)  
Head Coach: John Tom  
2006 Record: 18-21  
SID: Jennifer Botchie, 570-372-4432  
e-mail: botchiej@susqu.edu  
Website: <http://www.susqu.edu/athletics>

### Virginia Wesleyan

Sat. Oct. 13 at The Freeman Center  
Sat. Oct. 27 at Virginia Beach, Va.  
CNU leads series 6-0

Location: Virginia Beach, Va.  
Enrollment: 1,400  
President: Dr. William T. Greer  
Athletic Director: Sonny Travis  
Conference: Old Dominion AC  
Nickname: Blue Marlins  
Colors: Navy blue & silver  
Arena: Batten Center (1,120)  
Head Coach: Andrea Hoover  
2006 Record: 19-9  
SID: Joe Wasiluk, 757-455-3393  
e-mail: jwasiluk@vwc.edu  
Website: [www.vwc.edu/athletics](http://www.vwc.edu/athletics)

### Virginia-Wise

Sat. Sept. 8 at Lexington, Va.  
First meeting

Location: Wise, Va.  
Enrollment: 1,900  
President: Dr. David Prior  
Athletic Director: Ray Spenilla  
Conference: Appalachian AC  
Nickname: Cavaliers  
Colors: Cardinal, Silver & Gray  
Arena: Fred B. Greear (1,500)  
Head Coach: Steve Dallman  
2006 Record: 11-17  
SID: Chris Myers, 276-328-0188  
e-mail: csm62@uvawise.edu  
Website: <http://www.wise.virginia.edu/athletics>

### Washington & Lee

Sat. Oct. 13 at The Freeman Center  
W&L leads series 12-5

Location: Lexington, Va.  
Enrollment: 1,700  
President: Ken Ruscio  
Athletic Director: Michael Walsh  
Conference: Old Dominion AC  
Nickname: Generals  
Colors: Royal blue & white  
Arena: Warner Center (2,500)  
Head Coach: Bryan Snyder  
2006 Record: 29-8  
SID: Brian Laubscher, 540-458-8668  
e-mail: blaubsc@wlu.edu  
Website: <http://www.athletics.wlu.edu>

### West Virginia Wesleyan

Sat. Oct. 13 at The Freeman Center  
First meeting

Location: Buckhannon, W.Va.  
Enrollment: 1,650  
President: Pamela Balch  
Athletic Director: George Klebez  
Conference: West Virginia Intercollegiate AC  
Nickname: Lady Bobcats  
Colors: Orange & Black  
Arena: J.D. Rockefeller Gym (3,500)  
Head Coach: April DeCoste  
2006 Record: 16-13  
SID: Hailey Noble, 304-473-8102  
e-mail: noble\_hm@wvwc.edu  
Website: <http://bobcats.wvwc.edu>



The Captains huddle during a timeout



## REVIEW OF 2006

### WINNING HAS BECOME A HABIT

A look at the list of Christopher Newport won-lost records over the years makes it obvious that winning wasn't always the normal way of things. No more.

CNU produced another outstanding season in 2006, a 27-10 record, and did it against easily the toughest schedule the Lady Captains have ever faced, one that included matches against six nationally-ranked opponents.

It was all part of a more recent trend that has seen CNU post a record of 205-84 over the last eight years.

During that period the Lady Captains have won four USA South championships (actually in the last six years) and made four NCAA appearances.

### CONFERENCE FINALS AGAIN - PART 6

Make it six years in a row that CNU has reached the championship match of the USA South Tournament.

CNU breezed through the first two rounds, topping Shenandoah, 30-19, 30-21, 30-24, at the Freeman Center and then ousting Greensboro, 30-23, 30-28, 30-26, in the semi-finals.

But in a great battle in Danville, Va., homestanding Averett edged Christopher Newport, 30-26, 20-30, 30-26, 22-30, 15-11, to take the title.

It came after the two teams had finished in a regular season first place tie with 13-1 records, but for the second year in a row CNU had lost a coin flip for the right to host the conference championship tournament. The previous year the Lady Captains had staged a furious rally to defeat Greensboro in five games on the Pride's home court to capture the conference crown.

In the championship match at Averett, CNU had four players record double figures in kills, led by sophomore Ellen Koch with 21. Freshman Sarah Hunkele added 18, while sophomore Sarah Brown had 12 and sophomore Liz Bush added 10, showcasing some of CNU's outstanding young talent.

Junior Brittany Collins added 56 assists and 20 digs, while the team's only senior starter, Jenna Williams, had 20 digs. In her last game as a senior she finished with 2001 digs.

### ALL-AMERICA

Junior Brittany Collins became the first CNU player to ever earn All-America honors, after completing her outstanding junior year.

Collins was honored by the American Volleyball Coaches Association as an Honorable Mention All-American.

That came after Collins was named first team all-South Region by the AVCA. That, too, was a first for CNU.

In addition, Collins was also Player of the Year on the Virginia Sports Information Director's (VaSID) all-state Division II-III team, as well as in the USA South.

### ALL-USA SOUTH

In addition to Collins' USA South Player of the Year honor, CNU did quite well when the conference released its post-season honors.

Joining Collins on the all-conference first team was sophomore Liz Bush.

Named to the second team were senior Jenna Williams and sophomore Sarah Brown.

Receiving honorable mention all-conference honors were sophomore Ellen Koch and freshman Sarah Hunkele.

In addition, Williams was named Libero of the Year for the second straight season.

### ALL-STATE

With Collins leading the way as state Player of the Year, CNU also had a second player on the list, sophomore Liz Bush.

Collins was a first team selection, and Bush was chosen to the second team.

### ALL-TOURNAMENT

Several CNU players were honored for their play at regular season tournaments.

At the Trinity National Invitational Tournament Sarah Brown was included on the all-tournament team.

Brittany Collins received the same honor at the Gallaudet Tournament, as well as at the Thomas More Tournament. Brown was also a member of the team at the Thomas More

Tournament and Liz Bush earned the honor at Gallaudet.

### REGIONALLY RANKED

The Captains spent all season in the American Volleyball Coaches Association regional rankings, placing as high as sixth on three different occasions and holding the No. 8 spot at the end of the year.

### RECORDS FALLING

Jenna Williams completed her outstanding career by setting a new school record for digs with 2001, more than 500 above the old mark set by now-coach Lindsay Sheppard.

Williams also set a new single season mark with 577, giving her the three highest season totals ever.

In addition, she wound up playing in 527 games, also a school career mark.

Brittany Collins barely missed setting a career assist record, closing her junior year with 3,826, just 156 off the record held by Nina Richardson.

### OUTSTANDING EFFORTS

Two CNU players earned spots in the American Volleyball Coaches Association single-match performance clubs.

Jenna Williams reached the 30-dig club with 32 against Allegheny. Brittany Collins had a triple double against N.C. Wesleyan with 28 assists, 12 aces and 11 digs.

### ACADEMICALLY STRONG

Three players were included on the USA South all-academic team.

Meghan Puckli, Nicole Sperlazza and Kenzie Lockie all received the honor.

In addition, Sperlazza was a Dean's List student in the Spring semester.



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## 2006 OVERALL STATISTICS

Ranked by kills per game

##	PLAYER	ATTACK					SET		SERVE			DIG		BLOCKING					Points			
		G	K	K/G	E	TA	Pct	A	Pct	SA	SE	Pct	RE	DIG	Dig/G	BS	BA	Total		B/G	BE	BHE
1	HUNKELE, Sarah	99	294	2.97	148	832	.175	5	.312	2	12	.727	14	63	0.64	6	28	34	0.34	3	1	316.0
5	KOCH, Ellen	114	334	2.93	182	986	.154	13	.228	21	47	.754	42	246	2.16	5	20	25	0.22	8	1	370.0
7	BUSH, Liz	119	342	2.87	132	914	.230	6	.545	31	45	.863	1	36	0.30	7	68	75	0.63	7	2	414.0
9	BROWN, Sarah	120	287	2.39	103	758	.243	33	1.941	40	66	.841	1	56	0.47	18	68	86	0.72	11	7	379.0
3	LOCKIE, Kenzie	96	149	1.55	76	499	.146	15	.259	66	40	.901	28	198	2.06	1	25	26	0.27	3	2	228.5
10	PUCKLI, Meghan	120	160	1.33	77	452	.184	47	2.350	17	32	.875	2	34	0.28	15	94	109	0.91	12	5	239.0
13	COLLINS, Brittany	121	114	0.94	26	227	.388	1216	.378	108	69	.875	2	370	3.06	12	34	46	0.38	12	31	251.0
16	PARMELY, Katie	26	15	0.58	16	54	-.019	5	1.000	6	6	.887	0	6	0.23	2	11	13	0.50	0	0	28.5
6	COFFEY, Sarah	116	37	0.32	42	161	-.031	11	.175	56	57	.893	32	196	1.69	2	6	8	0.07	0	0	98.0
8	GWALTNEY, Jessie	25	8	0.32	5	19	.158	140	.909	9	8	.875	0	31	1.24	0	4	4	0.16	0	17	19.0
4	WILLIAMS, Jenna	124	5	0.04	6	24	-.042	36	.310	22	24	.884	57	577	4.65	0	0	0	0.00	0	8	27.0
14	SPERLAZZA, Nicole	102	2	0.02	1	7	.143	3	.300	32	33	.909	1	47	0.46	0	0	0	0.00	0	0	34.0
2	MARTIN, Casey	30	0	0.00	5	7	-.714	6	2.000	0	2	.500	15	44	1.47	0	0	0	0.00	0	0	0.0
12	KNOLL, Katie	73	0	0.00	4	8	-.500	5	.263	0	0	.000	14	121	1.66	0	1	1	0.01	0	2	0.5
TEAM													1									
CNU		129	1747	13.54	823	4948	.187	1541	.409	410	441	.871	210	2025	15.70	68	359	247.5	1.92	56	76	2404.5

## 2006 USA SOUTH CONFERENCE MATCHES

Ranked by kills per game

#	STATS SUMMARY	G	ATTACK			TA	Pct	A	Pct	SA	SE	Pct	RE	DIG	Dig/G	GBS	BA	Total	B/G	BE	BHE	Points
			K	K/G	E																	
5	KOCH, Ellen	39	126	3.23	59	334	.201	7	.152	8	16	.754	8	77	1.97	2	10	12	0.31	1	0	141.0
7	BUSH, Liz	42	120	2.86	40	307	.261	4	.571	9	9	.913	1	13	0.31	5	26	31	0.74	4	0	147.0
1	HUNKELE, Sarah	35	86	2.46	56	246	.122	1	.071	0	0	1.000	4	16	0.46	1	12	13	0.37	0	0	93.0
9	BROWN, Sarah	41	95	2.32	42	273	.194	12	.857	7	25	.820	0	28	0.68	4	32	36	0.88	4	0	122.0
10	PUCKLI, Meghan	40	74	1.85	28	166	.277	9	.600	12	13	.895	2	17	0.43	6	23	29	0.73	4	0	103.5
3	LOCKIE, Kenzie	41	69	1.68	31	189	.201	9	.196	34	18	.899	10	66	1.61	0	8	8	0.20	0	0	107.0
13	COLLINS, Brittany	40	38	0.95	9	78	.372	362	.362	44	28	.853	2	102	2.55	3	9	12	0.30	2	7	89.5
16	PARMELY, Katie	20	13	0.65	16	51	-.059	5	1.000	6	6	.878	0	5	0.25	2	9	11	0.55	0	0	25.5
8	GWALTNEY, Jessie	18	7	0.39	4	17	.176	110	.714	8	6	.887	0	24	1.33	0	1	1	0.06	0	11	15.5
6	COFFEY, Sarah	41	14	0.34	21	61	-.115	4	.074	20	28	.844	13	66	1.61	2	5	7	0.17	0	0	38.5
14	SPERLAZZA, Nicole	36	2	0.06	1	5	.200	3	.333	20	7	.957	1	24	0.67	0	0	0	0.00	0	0	22.0
4	WILLIAMS, Jenna	42	2	0.05	4	12	-.167	16	.170	5	9	.857	9	178	4.24	0	0	0	0.00	0	3	7.0
2	MARTIN, Casey	3	0	0.00	2	2	-1.000	0	.000	0	1	.500	1	9	3.00	0	0	0	0.00	0	0	0.0
12	KNOLL, Katie	31	0	0.00	4	7	-.571	3	.176	0	0	.000	2	52	1.68	0	1	1	0.03	0	2	0.5
TEAM													1									
CHRISTOPHER NEWPORT		47	646	13.74	317	1748	.188	545	.369	173	166	.873	54	677	14.40	25	136	93.0	1.98	15	23	912.0

## 2006 RESULTS

Date	Opponent	Score	Score-by-game	Overall	Conf
Sep 1	at #1 Juniata	0-3	L 17-30,18-30,37-39	0-1	0-0
Sep 1	vs Muskingum	2-3	L 19-30,30-28,23-30,30-25,12-15	0-2	0-0
Sep 2	vs #2 Wittenberg	0-3	L 25-30,18-30,20-30	0-3	0-0
Sep 2	vs Gettysburg	W 3-1	30-27,30-24,25-30,30-25	1-3	0-0
Sep 5	VA WESLEYAN COLLEGE	W 3-1	30-25,30-20,26-30,30-18	2-3	0-0
Sep 8	vs #11 Concordia-Moorhead	1-3	L 30-24,28-30,19-30,30-32	2-4	0-0
Sep 8	vs #9 Wisconsin-Oshkosh	1-3	L 20-30,30-25,20-30,25-30	2-5	0-0
Sep 9	at Trinity (TX)	0-3	L 29-31,22-30,20-30	2-6	0-0
Sep 9	vs Hardin-Simmons	W 3-1	23-30,30-22,30-20,30-28	3-6	0-0
*Sep 13	at Peace College	W 3-0	30-19,30-27,30-24	4-6	1-0
Sep 15	WASHINGTON & LEE	W 3-1	30-17,28-30,30-26,30-25	5-6	1-0
*Sep 16	at Methodist	W 3-1	30-17,27-30,30-13,30-23	6-6	2-0
*Sep 16	vs Ferrum	W 3-0	30-13,30-26,30-16	7-6	3-0
*Sep 19	NC WESLEYAN BISHOPS	W 3-0	30-18,30-20,30-24	8-6	4-0
*Sep 23	GREENSBORO COLLEGE	W 3-0	30-4,30-21,30-26	9-6	5-0
*Sep 23	AVERETT UNIVERSITY	0-3	L 25-30,21-30,26-30	9-7	5-1
*Sep 26	at Shenandoah Hornets	W 3-0	30-19,35-33,30-22	10-7	6-1
Oct 6	vs Catholic University	W 3-0	30-24,31-29,30-21	11-7	6-1
Oct 6	vs Allegheny	W 3-0	30-24,30-27,30-21	12-7	6-1
Oct 7	vs Oneonta St.	W 3-0	30-26,30-19,30-15	13-7	6-1
Oct 7	at Gallaudet	2-3	L 29-31,30-25,30-26,18-30,11-15	13-8	6-1
*Oct 11	SHENANDOAH HORNETS	W 3-1	30-23,28-30,30-27,30-14	14-8	7-1
Oct 14	vs Waynesburg (PA)	W 3-0	30-13,30-25,30-14	15-8	7-1
Oct 14	vs Piedmont (GA)	W 3-0	30-25,30-24,30-27	16-8	7-1
Oct 15	vs #22 Capital (OH)	0-3	L 20-30,24-30,29-31	16-9	7-1
Oct 15	vs Hanover (IN)	W 3-0	30-24,30-28,30-27	17-9	7-1
*Oct 18	at NC Wesleyan Bishops	W 3-1	30-19,24-30,30-17,30-24	18-9	8-1
Oct 20	SALISBURY SEA GULLS	W 3-1	28-30,30-14,30-20,30-18	19-9	8-1
*Oct 21	at Ferrum	W 3-0	30-11,30-25,30-15	20-9	9-1
*Oct 21	METHODIST	W 3-0	30-23,30-22,30-16	21-9	10-1
*Oct 24	PEACE COLLEGE	W 3-0	30-18,30-11,31-29	22-9	11-1
Oct 25	at VA Wesleyan College	W 3-0	30-28,30-27,31-29	23-9	11-1
*Oct 28	at Greensboro College	W 3-1	30-21,30-27,30-32,30-21,0-0	24-9	12-1
*Oct 28	vs Averett University	W 3-0	30-26,33-31,30-19	25-9	13-1
#Oct 31	SHENANDOAH HORNETS	W 3-0	30-19,30-21,30-24	26-9	13-1
#Nov 3	vs #3 Greensboro College	W 3-0	30-23,30-28,30-26	27-9	13-1
#Nov 4	at Averett University	2-3	L 26-30,30-20,26-30,30-22,11-15	27-10	13-1

\* USA South Matches  
# USA South Tournament Matches

RECORD:	OVERALL	HOME	AWAY	NEUTRAL
ALL MATCHES	27-10	9-1	7-4	11-5
CONFERENCE	13-1	5-1	6-0	2-0
NON-CONFERENCE	14-9	4-0	1-4	9-5



## CATEGORY LEADERS

##	ATTACK (by K)	G	K	K/Game	E	TA	Pct
7	BUSH, Liz	119	342	2.87	132	914	.230
5	KOCH, Ellen	114	334	2.93	182	986	.154
1	HUNKELE, Sarah	99	294	2.97	148	832	.175
9	BROWN, Sarah	120	287	2.39	103	758	.243
10	PUCKLI, Meghan	120	160	1.33	77	452	.184

##	SET (by A)	G	A	A/Game
13	COLLINS, Brittany	121	1216	10.05
8	GWALTNEY, Jessie	25	140	5.60
10	PUCKLI, Meghan	120	47	0.39
4	WILLIAMS, Jenna	124	36	0.29
9	BROWN, Sarah	120	33	0.28

##	BLOCK (by Total)	G	BS	BA	Total	B/Game	BE
10	PUCKLI, Meghan	120	15	94	109.0	0.91	12
9	BROWN, Sarah	120	18	68	86.0	0.72	11
7	BUSH, Liz	119	7	68	75.0	0.63	7
13	COLLINS, Brittany	121	12	34	46.0	0.38	12
1	HUNKELE, Sarah	99	6	28	34.0	0.34	3

##	KILL (by K)	G	K	K/Game
7	BUSH, Liz	119	342	2.87
5	KOCH, Ellen	114	334	2.93
1	HUNKELE, Sarah	99	294	2.97
9	BROWN, Sarah	120	287	2.39
10	PUCKLI, Meghan	120	160	1.33

##	SERVE (by SA)	G	SA	SE	TA	Pct	SA/G
13	COLLINS, Brittany	121	108	69	552	.875	0.89
3	LOCKIE, Kenzie	96	66	40	406	.901	0.69
6	COFFEY, Sarah	116	56	57	531	.893	0.48
9	BROWN, Sarah	120	40	66	415	.841	0.33
14	SPERLAZZA, Nicole	102	32	33	363	.909	0.31

##	DEFENSE (by Dig)	G	DIG	Dig/G	BHE
4	WILLIAMS, Jenna	124	577	4.65	8
13	COLLINS, Brittany	121	370	3.06	31
5	KOCH, Ellen	114	246	2.16	1
3	LOCKIE, Kenzie	96	198	2.06	2
6	COFFEY, Sarah	116	196	1.69	0

## TEAM STATISTICS

ATTACK	
Kills	1747
Errors	823
Total Attacks	4948
Attack Pct	.187
Kills/Game	13.5

SET	
Assists	1541
Attempts	3767
Assist Pct	.409
Assists/Game	11.9

SERVE	
Aces	410
Errors	441
Attempts	3416
Serve Pct	.871
Aces/Game	3.2

SERVE RECEPTIONS	
Errors	210
Errors/Game	1.6
Attempts	2570
Reception Pct	.918

DEFENSE	
Digs	2025
Digs/Game	15.7

BLOCKING	
Block Solo	68
Block Assist	359
Total Blocks	247.5
Blocks Per Game	1.9
Block Errors	56

## BALL HANDLING ERRORS

ATTENDANCE	
Total	1970
Dates/Avg Per Date	10/197
Neutral site #/Avg	16/73
Current win streak	0 -
Home win streak	5 -

MATCH WINS BY #GAMES	1	2	3	4	5	Total
Christopher Newport	0	0	18	8	1	27
Opponents	0	0	5	2	3	10

GAMES WON BY GAME	1	2	3	4	5	Total
Christopher Newport	26	27	25	11	0	89
Opponents	11	10	12	3	3	39

POINTS BY GAME	1	2	3	4	5	Total
Christopher Newport	1041	1057	1053	403	34	3588
Opponents	862	949	916	335	45	3107

## NATIONAL STATISTICAL LEADERS

Category	Player	Statistic	Rank
Aces per game	Brittany Collins	0.89	24th
Aces per game	Kenzie Lockie	0.69	98th
Assists per game	Brittany Collins	10.05	99th

Category	Team	Statistic	Rank
Aces per game	CNU	31.8	41st
W-L Pct.	CNU	.73	51st

## CNU's LONGEST WINNING STREAKS

Streak	No.	Specifics
Consecutive Wins	16	Oct. 2, 1985 (def. Longwood, 2-1) to Oct. 20, 1985 (def. Longwood, 2-0)
	16	Sept. 17, 2002 (def. Shenandoah, 3-0) to Nov. 2, 2002 (def. Ferrum, 3-1)
Consecutive Home Wins	31	Oct. 24, 2003 (def. Peace, 3-0) to Sept. 23, 2006 (def. Greensboro, 3-0)
Consecutive conference wins	29	Oct. 28, 2000 (def. Methodist, 3-0) to Nov. 2, 2002 (def. Ferrum, 3-1)
Consecutive Home conference wins	36	Oct. 28, 2000 (def. Methodist, 3-0) to Sept. 23, 2006 (def. Greensboro, 3-0)

## Longest overall winning streaks

No.	Start (Opponent)	Last Win (Opponent)
16	Oct. 2, 1985 (Longwood)	Oct. 20, 1985 (Longwood)
16	Sept. 17, 2002 (Shenandoah)	Nov. 2, 2002 (Ferrum)
15	Sept. 15, 2004 (Chowan)	Oct. 10, 2004 (Chowan)
10	Sept. 8, 2001 (Shenandoah)	Oct. 8, 2001 (Greensboro)

End (Opponent)
Oct. 20, 1985 (Methodist)
Nov. 2, 2002 (Averett)
Oct. 10, 2004 (Bridgewater)
Oct. 12, 2001 (Monmouth)



## 2006 INDIVIDUAL MATCH HIGHS

### ATTACK PERCENT (K-E-TA) minimum 12 kills

.769 (13- 3-13) BUSH, Liz vs Catholic (Oct 6)  
.750 (12- 0-16) BROWN, Sarah vs Oneonta St. (Oct 7)  
.571 (12- 0-21) BROWN, Sarah vs VA Wesleyan (Sep 5)  
.500 (12- 2-20) HUNKELE, Sarah at VA Wesleyan (Oct 25)  
.500 (12- 0-24) BUSH, Liz vs NC Wesleyan (Sep 19)  
.444 (12- 4-18) KOCH, Ellen vs Peace (Oct 24)  
.435 (12- 2-23) BROWN, Sarah vs Concordia-Moorhead (Sep 8)  
.429 (14- 2-28) BROWN, Sarah at Gallaudet (Oct 7)  
.387 (13- 1-31) LOCKIE, Kenzie vs Ferrum (Sep 16)  
.385 (12- 2-26) HUNKELE, Sarah vs Washington & Lee (Sep 15)

### KILLS (K-E-TA)

21 (21- 5-55) 5g KOCH, Ellen at Averett (Nov 4)  
18 (18- 7-55) 5g HUNKELE, Sarah at Averett (Nov 4)  
17 (17- 5-36) 4g HUNKELE, Sarah vs Salisbury (Oct 20)  
16 (16- 6-37) 5g BUSH, Liz at Greensboro (Oct 28)  
16 (16- 5-36) 4g KOCH, Ellen vs Shenandoah (Oct 11)  
16 (16- 5-38) 5g BUSH, Liz at Gallaudet (Oct 7)  
15 (15- 6-39) 4g HUNKELE, Sarah vs Concordia-Moorhead (Sep 8)  
15 (15- 2-46) 4g HUNKELE, Sarah vs Gettysburg (Sep 2)  
15 (15- 7-35) 4g BROWN, Sarah vs Shenandoah (Oct 11)  
14 (14- 7-42) 4g BUSH, Liz vs Washington & Lee (Sep 15)

### TOTAL ATTEMPTS (K-E-TA)

55 (21- 5-55) 5g KOCH, Ellen at Averett (Nov 4)  
55 (18- 7-55) 5g HUNKELE, Sarah at Averett (Nov 4)  
53 (13- 5-53) 3g HUNKELE, Sarah vs Greensboro (Nov 3)  
50 (11- 3-50) 5g LOCKIE, Kenzie vs Muskingum (Sep 1)  
47 (11- 7-47) 5g KOCH, Ellen at Gallaudet (Oct 7)  
46 (15- 2-46) 4g HUNKELE, Sarah vs Gettysburg (Sep 2)  
43 (12- 5-43) 4g LOCKIE, Kenzie vs Hardin-Simmons (Sep 9)  
42 (14- 7-42) 4g BUSH, Liz vs Washington & Lee (Sep 15)  
42 (13- 8-42) 4g BUSH, Liz vs Concordia-Moorhead (Sep 8)  
40 (12-12-40) 3g KOCH, Ellen vs Capital (OH) (Oct 15)

### POINTS

22.5 (14- 4- 4.5) 5g BROWN, Sarah at Gallaudet (Oct 7)  
21.5 (16- 3- 2.5) 5g BUSH, Liz at Gallaudet (Oct 7)  
21.0 (21- 0- 0.0) 5g KOCH, Ellen at Averett (Nov 4)  
20.0 (16- 2- 2.0) 4g KOCH, Ellen vs Shenandoah (Oct 11)  
18.5 (18- 0- 0.5) 5g HUNKELE, Sarah at Averett (Nov 4)

### ASSISTS

56 (5g) COLLINS, Brittany at Averett (Nov 4)  
51 (5g) COLLINS, Brittany at Gallaudet (Oct 7)  
47 (4g) COLLINS, Brittany vs Gettysburg (Sep 2)  
47 (4g) COLLINS, Brittany vs Concordia-Moorhead (Sep 8)  
46 (4g) COLLINS, Brittany vs Salisbury (Oct 20)

### DIGS

32 (3g) WILLIAMS, Jenna vs Allegheny (Oct 6)  
25 (4g) COLLINS, Brittany vs Concordia-Moorhead (Sep 8)  
25 (5g) WILLIAMS, Jenna vs Muskingum (Sep 1)  
24 (5g) COLLINS, Brittany at Gallaudet (Oct 7)  
24 (5g) WILLIAMS, Jenna at Gallaudet (Oct 7)

### ACES

12 COLLINS, Brittany at NC Wesleyan (Oct 18)  
7 COLLINS, Brittany vs Washington & Lee (Sep 15)  
7 COLLINS, Brittany vs Greensboro (Nov 3)  
7 COLLINS, Brittany vs Greensboro (Sep 23)  
6 COFFEY, Sarah at Greensboro (Oct 28)

### BLOCKS (BS-BA)

7 ( 2- 5) BROWN, Sarah at Gallaudet (Oct 7)  
7 ( 2- 5) PUCKLI, Meghan at Gallaudet (Oct 7)  
7 ( 2- 5) BUSH, Liz at Peace (Sep 13)  
7 ( 2- 5) PUCKLI, Meghan vs Allegheny (Oct 6)  
7 ( 2- 5) PUCKLI, Meghan vs Shenandoah (Oct 31)  
7 ( 0- 7) PUCKLI, Meghan vs Hardin-Simmons (Sep 9)  
6 ( 0- 6) PUCKLI, Meghan at Ferrum (Oct 21)  
6 ( 0- 6) PUCKLI, Meghan vs Salisbury (Oct 20)  
6 ( 0- 6) BROWN, Sarah vs Shenandoah (Oct 11)  
5 ( 2- 3) COLLINS, Brittany vs Hardin-Simmons (Sep 9)

## 2006 TEAM MATCH HIGHS

### ATTACK PERCENT (K-E-TA)

.306 (38- 8- 98) vs Ferrum (Sep 16)  
.293 (53-17-123) vs Peace (Oct 24)  
.277 (50-14-130) vs Piedmont (GA) (Oct 14)  
.277 (37-11- 94) at Ferrum (Oct 21)  
.270 (46-15-115) vs Allegheny (Oct 06)

### KILLS (K-E-TA)

70 (70-32-214) 5g at Averett (Nov 4)  
69 (69-35-168) 4g vs Shenandoah (Oct 11)  
63 (63-24-186) 5g at Gallaudet (Oct 7)  
61 (61-33-220) 5g vs Muskingum (Sep 1)  
59 (59-28-171) 4g vs Concordia-Moorhead (Sep 8)

### TOTAL ATTEMPTS (K-E-TA)

220 (61-33-220) 5g vs Muskingum (Sep 1)  
214 (70-32-214) 5g at Averett (Nov 4)  
186 (63-24-186) 5g at Gallaudet (Oct 7)  
171 (59-28-171) 4g vs Concordia-Moorhead (Sep 8)  
168 (69-35-168) 4g vs Shenandoah (Oct 11)  
162 (49-23-162) 4g vs Hardin-Simmons (Sep 9)

### ASSISTS

62 (5g) at Averett (Nov 4)  
56 (5g) vs Muskingum (Sep 1)  
56 (4g) vs Concordia-Moorhead (Sep 8)  
56 (5g) at Gallaudet (Oct 7)  
55 (4g) vs Shenandoah (Oct 11)

### DIGS

94 (5g) at Gallaudet (Oct 7)  
88 (5g) vs Muskingum (Sep 1)  
85 (5g) at Averett (Nov 4)  
74 (4g) vs Salisbury Sea (Oct 20)  
71 (4g) vs Concordia-Moorhead (Sep 8)

### ACES

22 at NC Wesleyan (Oct 18)  
20 vs Washington & Lee (Sep 15)  
19 vs Waynesburg (PA) (Oct 14)  
18 at Greensboro (Oct 28)  
18 at Methodist (Sep 16)

### BLOCKS

15.0 at Gallaudet (Oct 7)  
12.0 vs Hardin-Simmons (Sep 9)  
11.0 vs Shenandoah (Oct 11)  
11.0 vs Salisbury (Oct 20)  
10.0 vs Shenandoah (Oct 31)



Jenna Williams  
2006 USA South Libero of the Year

Stacy Whiting



## SEASON LEADERS

## Kills

1.	Lindsay Sheppard	2001	612
2.	Tricia Nelsen	2004	523
3.	Lindsay Sheppard	2000	498
4.	Amber Bradshaw	2003	464
5.	Oksana Boukhtina	2000	449
	Amber Bradshaw	2004	449
7.	Amanda Adkins	1997	404
8.	Tiffany Libeu	1995	387
	Jenna Williams	2003	387
10.	Heather Vaden	2000	384

## Attempts

1.	Lindsay Sheppard	2001	1488
2.	Amber Bradshaw	2004	1451
3.	Tricia Nelsen	2004	1353
4.	Lindsay Sheppard	2000	1314
5.	Amber Bradshaw	2003	1309
6.	Amber Bradshaw	2005	1204
7.	Jenna Williams	2003	1191
8.	Heather Vaden	1999	1068
9.	Amanda Adkins	1997	1031
10.	<b>Ellen Koch</b>	<b>2006</b>	<b>986</b>

## Assists

1.	Brittany Collins	2004	1356
2.	Nina Richardson	2000	1337
3.	Nina Richardson	2001	1271
4.	Brittany Collins	2005	1254
5.	<b>Brittany Collins</b>	<b>2006</b>	<b>1216</b>
6.	Rachel Hull	1997	1179
7.	Nina Richardson	2002	1114
8.	Erin Bradshaw	2003	1102
9.	Heidi Jackson	1999	1004
10.	Heidi Jackson	1998	917

## Service Aces

1.	Lindsay Sheppard	2001	119
2.	Brittany Collins	2004	117
3.	<b>Brittany Collins</b>	<b>2006</b>	<b>108</b>
4.	Amber Bradshaw	2002	96
	Amber Bradshaw	2003	96
6.	Amber Bradshaw	2004	95
7.	Brittany Collins	2005	93
8.	Lou Long	1986	87
	Erin Bradshaw	2003	87
10.	Dawn Terry	1986	84
	Heather Vaden	1997	84

## Digs

1.	<b>Jenna Williams</b>	<b>2006</b>	<b>577</b>
2.	Jenna Williams	2005	553
3.	Jenna Williams	2004	532
4.	Jessica DeWitt	1995	486
5.	Amber Bradshaw	2004	444
6.	Brittany Collins	2004	432
7.	Lindsay Sheppard	2000	413
8.	Jennifer McDaniel	1990	393
9.	Courtney Barnett	2003	390
10.	Lindsay Sheppard	1999	387

## Block Solo

1.	Angie Cook	1985	100
2.	Dawn Terry	1985	82
3.	Dawn Terry	1984	66
4.	Dawn Terry	1986	60
	Tina Sage	1985	60
6.	Beth Spurell	1989	53
7.	Lou Long	1985	49
8.	Beth Spurell	1986	47
9.	Angie Cook	1985	46
10.	Sandy Miller	1987	45

## Block Assist

1.	Oksana Boukhtina	2000	126
2.	<b>Meghan Puckli</b>	<b>2006</b>	<b>94</b>
3.	Nina Richardson	2000	78
4.	Oksana Boukhtina	1998	74
5.	Nicole Kendra	2001	73
6.	Miranda Swaim	1997	70
7.	Oksana Boukhtina	1999	69
8.	<b>Liz Bush</b>	<b>2006</b>	<b>68</b>
9.	<b>Sarah Brown</b>	<b>2006</b>	<b>68</b>
10.	Melissa Noble	2000	67

## Total Blocks

1.	Oksana Boukhtina	2000	148
2.	Angie Cook	1985	122
3.	Miranda Swaim	1997	112
4.	<b>Meghan Puckli</b>	<b>2006</b>	<b>109</b>
5.	Oksana Boukhtina	1999	101
6.	Nicole Kendra	2001	100
7.	Oksana Boukhtina	1999	99
8.	Oksana Boukhtina	1998	97
	Jessica O'Neal	2004	97
10.	Dawn Terry	1985	96

## Games Played

1.	Amanda Adkins	1997	141
2.	Miranda Swaim	1997	140
3.	Jenna Williams	2005	139
4.	Heather Vaden	1997	138
	Rachel Hull	1997	138
6.	Amber Bradshaw	2004	137
	Brittany Collins	2004	137
8.	Nicole Sperlazza	2005	136
9.	Heidi Jackson	1997	132
	Brittany Collins	2005	132

2006 performances in bold



Ellen Koch, left, and Sarah Brown



Meghan Puckli



Sarah Coffey



## CAREER LEADERS

### Kills

1.	Lindsay Sheppard	1998-01	1632
2.	Amber Bradshaw	2002-05	1554
3.	Oksana Boukhtina	1998-00, 02	1464
4.	Heather Vaden	1997-00	1187
5.	Dawn Terry	1983-86	966
6.	Erin Bradshaw	2002-05	871
7.	Ruth Castellon	1986-89	738
8.	Amanda Adkins	1996-97	710
9.	Hollie Fuller	1995-98	677
10.	Jennifer Martin	1990-92	640

### Attempts

1.	Amber Bradshaw	2002-05	4809
2.	Lindsay Sheppard	1998-01	4425
3.	Oksana Boukhtina	1998-00,02	3436
4.	Heather Vaden	1997-00	3391
5.	Erin Bradshaw	2002-05	2770
6.	Jennifer Martin	1990-92	2126
7.	Ruth Castellon	1986-89	2048
8.	Hollie Fuller	1995-98	2044
9.	Dawn Terry	1983-86	1974
10.	Amanda Adkins	1996-97	1883

### Assists

1.	Nina Richardson	1999-02	3982
2.	<b>Brittany Collins</b>	<b>2004-05</b>	<b>3826</b>
3.	Heidi Jackson	1996-99	2234
4.	Rachel Hull	1995-97	2085
5.	Erin Bradshaw	2002-05	1436
6.	Michelle Masco	1985-86	1248
7.	Angie Crandal	1989-92	1014
8.	Linda Machie	1988-90	537
9.	Paul Hockster	1988-89	518
10.	Patty Patenaude	1986-87	484

### Service Aces

1.	Amber Bradshaw	2002-05	365
2.	<b>Brittany Collins</b>	<b>2004-</b>	<b>318</b>
3.	Lindsay Sheppard	1998-01	288
4.	Erin Bradshaw	2002-05	268
5.	Ruth Castellon	1986-89	226
6.	Dawn Terry	1983-86	218
7.	Heidi Jackson	1996-99	201
8.	Heather Vaden	1997-00	200
9.	<b>Nicole Sperlazza</b>	<b>2003-06</b>	<b>185</b>
10.	Oksana Boukhtina	1998-00,02	165

### Digs

1.	<b>Jenna Williams</b>	<b>2003-06</b>	<b>2001</b>
2.	Lindsay Sheppard	1998-01	1495
3.	Heather Vaden	1997-00	1371
4.	Amber Bradshaw	2002-05	1320
5.	<b>Brittany Collins</b>	<b>2004-</b>	<b>1161</b>
6.	Holly Umstead	1991-94	1051
7.	Jennifer McDaniel	1988-91	988
8.	Jennifer Martin	1990-92	934
9.	Ruth Castellon	1986-89	925
10.	Oksana Boukhtina	1998-00,02	900

2006 performances in bold

### Block Solo

1.	Dawn Terry	1983-86	245
2.	Angie Cook	1982-85	155
3.	Beth Spurell	1985-86,89	104
4.	Oksana Boukhtina	1998-00,02	93
5.	Ruth Castellon	1986-89	82
6.	Lou Long	1985-86	72
7.	Holly Umstead	1991-94	70
8.	Jennifer Martin	1990-92	66
9.	Mitchell Whitmore	1983-84	65
10.	Dana Forrest	1994-97	64

### Block Assists

1.	Oksana Boukhtina	1998-00,02	335
2.	Nina Richardson	1999-02	247
3.	Lindsay Sheppard	1998-01	179
4.	Nicole Kendra	2000-03	175
5.	Jenny Steele	1999-01	168
6.	Heather Vaden	1997-00	160
7.	Melissa Noble	2000-02	151
8.	<b>Brittany Collins</b>	<b>2004</b>	<b>141</b>
9.	<b>Liz Bush</b>	<b>2005-</b>	<b>128</b>
10.	<b>Sarah Brown</b>	<b>2005-</b>	<b>122</b>

### Total Blocks

1.	Oksana Boukhtina	1998-00,02	428
2.	Dawn Terry	1983-86	321
3.	Lindsay Sheppard	1998-01	237
4.	Nina Richardson	1999-02	231
5.	Angie Cook	1982-85	218
6.	Jenny Steele	1999-01	208
7.	Melissa Noble	2000-02	201
8.	Heather Vaden	1997-00	196
9.	Jessica O'Neal	2004-05	182
10.	<b>Brittany Collins</b>	<b>2004-</b>	<b>169</b>

### Games Played

1.	<b>Jenna Williams</b>	<b>2003-06</b>	<b>527</b>
2.	Amber Bradshaw	2002-05	499
3.	Erin Bradshaw	2002-05	485
4.	Lindsay Sheppard	1998-01	484
5.	<b>Nicole Sperlazza</b>	<b>2003-06</b>	<b>483</b>
6.	Heather Vaden	1997-00	475
7.	Nina Richardson	1999-02	466
8.	Oksana Boukhtina	1998-00,02	416
9.	Heidi Jackson	1996-99	419
10.	Rebecca Hammack	1998-01	414



Nina Richardson



Lindsay Sheppard



Dawn Terry



Amber Bradshaw



Erin Bradshaw



Heather Vaden



Oksana Boukhtina



Ruth Castellon



Jenna Williams



Tiffany Libeu



Jennifer Martin



## ELITE PERFORMANCE CLUBS

### Kills (25 minimum)

35 -	Lindsay Sheppard	Averett	10/27/01
34 -	Lindsay Sheppard	Ursinus	9/01/00
31 -	Lindsay Sheppard	Averett	10/21/00
30 -	Tricia Nelsen	Averett	9/26/04
29 -	Oksana Boukhtina	Averett	10/21/00
29 -	Oksana Boukhtina	Randolph Macon	10/14/00
29 -	Oksana Boukhtina	Averett	9/21/00
29 -	Heather Vaden	Shenandoah	11/05/99
28 -	Lindsay Sheppard	Shenandoah	10/19/01
28 -	Lindsay Sheppard	Ferrum	9/22/01
27 -	Oksana Boukhtina	Shenandoah	11/05/99
27 -	Angie Cook	St Andrews	11/2/85
27 -	Tricia Nelsen	Frostburg St.	9/11/04
26 -	Heather Vaden	N.C. Wesleyan	11/06/99
25 -	Lindsay Sheppard	Chowan	11/02/01
25 -	Lindsay Sheppard	Randolph Macon	10/06/01
25 -	Lindsay Sheppard	Hollins	10/06/01
25 -	Amanda Adkins	Chowan	10/30/96
25 -	Andrea Spurell	N.C. Wesleyan	11/4/89

### Total Attempts (60 minimum)

91 -	Amber Bradshaw	Bridgewater	10/10/04
82 -	Dawn Terry	Greensboro	10/27/84
78 -	Lindsay Sheppard	Averett	10/21/00
74 -	Lindsay Sheppard	Southwestern	10/13/01
73 -	Tricia Nelsen	Averett	9/26/04
68 -	Tricia Nelsen	Bridgewater	10/10/04
67 -	Amber Bradshaw	Randolph Macon	10/28/02
67 -	Lindsay Sheppard	Averett	10/27/01
67 -	Amanda Adkins	Averett	11/9/96
66 -	Tricia Nelsen	Frostburg St.	9/11/04
65 -	Lindsay Sheppard	Shenandoah	10/19/01
65 -	Lindsay Sheppard	Ferrum	9/22/01
65 -	Lindsay Sheppard	Shenandoah	9/08/01
65 -	Oksana Boukhtina	Averett	10/21/00
65 -	Oksana Boukhtina	Averett	9/21/00
64 -	Lindsay Sheppard	Ursinus	9/01/00
64 -	Lindsay Sheppard	Averett	9/22/01
62 -	Lindsay Sheppard	Greensboro	9/23/00
62 -	Andrea Spurell	N.C. Wesleyan	11/4/89
62 -	Amber Bradshaw	Randolph-Macon	9/6/05
61 -	Lindsay Sheppard	Randolph Macon	10/14/00
61 -	Amber Bradshaw	Southwestern (Tx)	9/3/04
61 -	Amber Bradshaw	Trinity (Tx.)	11/10/05
60 -	Lindsay Sheppard	Monmouth	10/12/01

### Attack % (.500% with 15 attempts minimum)

.778	Liz Bush	Shenandoah	11/1/05
.765	Tiffany Libeu	N.C. Wesleyan	10/31/95
.750	Sarah Brown	Oneonta St.	10/7/06
.692	Tiffany Libeu	Greensboro	10/14/95
.687	Amanda Adkins	Barton	9/6/97
.680	Tiffany Libeu	Allentown	9/29/95
.667	Amanda Adkins	Meredith	9/20/97
.652	Heather Vaden	Eastern Mennonite	9/23/97
.650	Tiffany Libeu	Dickinson	9/29/95
.611	Angie Cook	Mary Washington	10/2/85
.606	Lindsay Sheppard	Methodist	10/20/01
.600	Dana Forrest	Averett	9/21/96
.588	Jenny Steele	Methodist	11/03/01
.579	Mary Whiting	St. Mary's	9/06/02
.571	Mary Whiting	Averett	9/28/02
.571	Ruth Castellon	Sweetbriar	10/25/86
.571	Sarah Brown	Va. Wesleyan	9/5/06
.565	Tiffany Libeu	Greensboro	9/23/95
.560	Dawn Terry	Maryland E. Shore	9/16/86
.560	Dawn Terry	St. Andrews	10/5/85
.556	Jacqui Rollandini	Ferrum	10/05/03
.550	Andrea Spurell	Greensboro	10/25/86
.545	Oksana Boukhtina	Ferrum	10/23/99
.542	Heather Vaden	Methodist	10/25/98
.531	Mary Whiting	Ferrum	9/28/02
.529	Tiffany Libeu	N.C. Wesleyan	10/7/95
.529	Tiffany Libeu	Mary Washington	9/30/95
.520	Rachel Hull	Greensboro	11/03/95
.519	Oksana Boukhtina	Southern Virginia	10/17/00
.517	Amber Bradshaw	Shenandoah	9/29/04
.516	Jenny Steele	Mary Washington	9/30/00

### Aces (8 minimum)

16 -	Amber Bradshaw	N.C. Wesleyan	10/23/02
12 -	Lu Long	Elizabeth City	9/11/86
12	Brittany Collins	N.C. Wesleyan	10/18/06
11 -	Lindsay Sheppard	St. Mary's	9/7/01
11 -	Jennifer McDaniel	N.C. Wesleyan	9/24/91
11 -	Dawn Terry	Hampton	10/21/86
10 -	Amber Bradshaw	Randolph Macon	10/28/02
10 -	Holly Umstead	N.C. Wesleyan	11/3/92
10 -	Lu Long	Averett	9/12/86
10 -	Brittany Collins	N.C. Wesleyan	9/8/04
10 -	Brittany Collins	Chowan	10/13/04
9 -	Lu Long	Mount Olive	9/19/86
9 -	Kim Wagner	N.C. Wesleyan	10/3/84
9 -	Brittany Collins	Virginia Wesleyan	10/25/05
8 -	Amber Bradshaw	Ursinus	8/30/03
8 -	Amber Bradshaw	Shenandoah	9/30/03
8 -	Amber Bradshaw	Methodist	10/07/03
8 -	Nicole Kendra	Ferrum	11/2/02
8 -	Amber Bradshaw	Chowan	10/03/02
8 -	Nina Richardson	Ferrum	9/28/02
8 -	Lindsay Sheppard	Greensboro	10/08/01
8 -	Colleen O'Neil	Greensboro	10/17/92
8 -	Dawn Terry	Washington	10/17/86
8 -	Dawn Terry	UNC Greensboro	10/20/84
8 -	Amber Bradshaw	Shenandoah	10/26/04
8 -	Brittany Collins	Piedmont	10/7/05

### Block Solo

11 -	Andrea Spurell	N.C. Wesleyan	11/4/89
9 -	Courtney Barnett	Bridgewater	8/30/03
9 -	Beth Ann Pauler	Chowan	9/29/93
8 -	Lu Long	Greensboro	9/28/86
8 -	Andrea Spurell	Randolph Macon	10/27/89
7 -	Andrea Spurell	Averett	10/20/89
7 -	Angie Cook	Greensboro	9/28/1985
6 -	Oksana Boukhtina	Ferrum	9/18/99
6 -	Angie Cook	Greensboro	10/12/85
6 -	Dawn Terry	UNC Greensboro	10/20/84
6 -	Dawn Terry	Greensboro	10/27/84
6 -	Angie Cook	Greensboro	10/27/84

### Block Assists

10 -	Nicole Kendra	Randolph Macon	10/06/01
10 -	Angie Cook	N.C. Wesleyan	9/15/84
8 -	Oksana Boukhtina	N.C. Wesleyan	10/03/00
8 -	Oksana Boukhtina	Greensboro	9/23/00
7 -	Oksana Boukhtina	Methodist	9/21/02
7 -	Nicole Kendra	Averett	10/27/01
7 -	Oksana Boukhtina	Averett	10/21/00
7 -	Nicole Kendra	Rowan	10/14/00
7 -	Oksana Boukhtina	Averett	9/21/00
7 -	Nina Richardson	Averett	9/21/00
7 -	Oksana Boukhtina	N.C. Wesleyan	10/06/99
7 -	Jenny Steele	Oglethorpe	10/02/99
7 -	Oksana Boukhtina	Chowan	9/15/98
7 -	Donna Fudella	N.C. Wesleyan	11/8/96
7 -	Jessica O'Neal	Randolph-Macon	9/21/04
7 -	Meghan Puckli	Hardin-Simmons	9/9/06

### Digs (30 minimum)

44 -	Ruth Castellon	N.C. Wesleyan	11/4/89
32 -	Heather Vaden	Greensboro	9/23/00
32 -	Linda Machie	Ferrum	10/26/90
32 -	Linda Machie	Ferrum	10/19/90
32 -	Janna Williams	Allegheny	10/6/06
31 -	Jennifer Wood	Frostburg State	10/08/99
31 -	Holly Umstead	Greensboro	10/16/93
30 -	Jennifer McDaniel	Ferrum	10/26/90
30 -	Jenna Williams	Randolph-Macon	9/21/04
30 -	Jenna Williams	Averett	9/10/05

### Assists (60 minimum)

74 -	Nina Richardson	Averett	10/21/00
74 -	Nina Richardson	Averett	9/21/00
74 -	Michelle Masco	St. Andrews	9/20/86
74 -	Michelle Masco	Maryland E. Shore	9/16/86
64 -	Nina Richardson	Shenandoah	9/08/01
63 -	Nina Richardson	Ursinus	9/01/00
63 -	Heidi Jackson	N.C. Wesleyan	10/06/99



## YEARLY LEADERS

### Attack Percentage

Year	Name	Class	Pct.
1982	Vicki Gunn		.236
1983	Dawn Terry	Fr.	.264
1984	Dawn Terry	So.	.303
1985	Dawn Terry	Jr.	.377
1986	Dawn Terry	Sr.	.326
1987	Ruth Castellon	So.	.147
1988	Ruth Castellon	Jr.	.206
1989	Beth Spurell	Sr.	.243
1990	Jennifer Martin	So.	.120
1991	Jennifer McDaniel	Sr.	.112
1992	Jennifer Martin	Sr.	.179
1993	Beth Ann Pauler	Fr.	.151
1994	Holly Umstead	Sr.	.161
1995	Tiffany Libeu	Sr.	.409
1996	Amanda Adkins	Fr.	.217
1997	Miranda Swaim	Fr.	.263
1998	Oksana Boukhtina	Fr.	.212
1999	Oksana Boukhtina	So.	.241
2000	Oksana Boukhtina	Jr.	.329
2001	Amy Johnson	Fr.	.314
2002	Oksana Boukhtina	Sr.	.254
2003	Nicole Sperlazza	Fr.	.199
2004	Brittany Collins	Fr.	.345
2005	Liz Bush	Fr.	.297
2006	Brittany Collins	Jr.	.388

### Kills

Year	Name	Class	Kills
1982	Vicki Gunn		22
1983	Mitchell Whitmore	Jr.	113
1984	Dawn Terry	So.	243
1985	Tina Sage	Sr.	191
1986	Dawn Terry	Sr.	329
1987	Ruth Castellon	So.	166
1988	Ruth Castellon	Jr.	162
1989	Ruth Castellon	Sr.	278
1990	Jennifer Martin	So.	232
1991	Jennifer Martin	Jr.	203
1992	Jennifer Martin	Sr.	205
1993	Holly Umstead	Jr.	123
1994	Holly Umstead	Sr.	186
1995	Tiffany Libeu	Sr.	387
1996	Amanda Adkins	Fr.	306
1997	Amanda Adkins	So.	404
1998	Oksana Boukhtina	Fr.	297
1999	Heather Vaden	Jr.	384
2000	Lindsay Sheppard	Jr.	498
2001	Lindsay Sheppard	Sr.	612
2002	Oksana Boukhtina	Sr.	357
2003	Amber Bradshaw	So.	464
2004	Tricia Nelsen	Fr.	523
2005	Amber Bradshaw	Sr.	368
2006	Liz Bush	So.	342

### Assists

Year	Name	Class	Assists
1986	Michelle Masco	Sr.	681
1987	Patty Patenaude	Jr.	279
1988	Patty Patenaude	Sr.	203
1989	Paula Hockster	Sr.	337
1990	Angie Crandol	So.	334
1991	Angie Crandol	Jr.	295
1992	Dana Kirts	Jr.	205
1993	Kim Lee	So.	353
1994	Nicole Antkiewicz	Fr.	422
1995	Rachel Hull	So.	528
1996	Faith McGovern	Fr.	396
1997	Rachel Hull	Sr.	1197
1998	Heidi Jackson	Jr.	917
1999	Heidi Jackson	Sr.	1004
2000	Nina Richardson	So.	1337
2001	Nina Richardson	Jr.	1271
2002	Nina Richardson	Sr.	1114
2003	Erin Bradshaw	So.	1102
2004	Brittany Collins	Fr.	1355
2005	Brittany Collins	So.	1254
2006	Brittany Collins	Jr.	1216

### Digs

Year	Name	Class	Digs
1982	Vicki Gunn		12

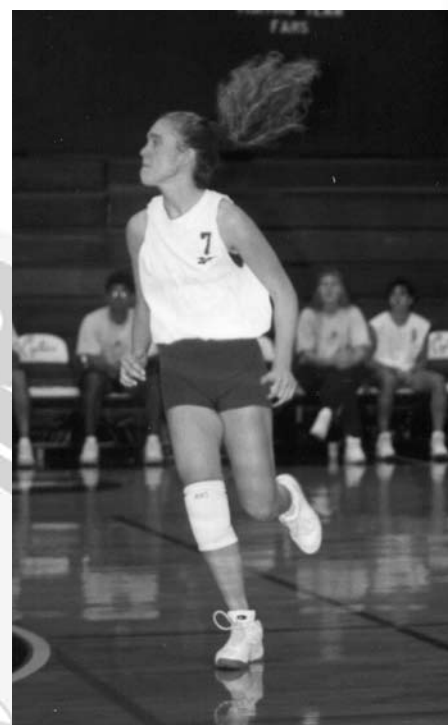
1983	Shelly Pidgeon		12
1984	Kim Wagner	Fr.	39
1985	Kim Wagner	So.	136
1986	Tina Sage	Sr.	210
1987	Dawn Terry	Sr.	210
1988	Sandy Miller	Jr.	255
1989	Missy Crawley	Fr.	221
1990	Ruth Castellon	Sr.	301
1991	Jennifer McDaniel	Jr.	393
1992	Jennifer Martin	Jr.	304
1993	Jennifer Martin	Sr.	341
1994	Holly Umstead	Jr.	343
1995	Holly Umstead	Sr.	296
1996	Jessica DeWitt	Fr.	486
1997	Rochelle Bailey	Fr.	275
1998	Amanda Adkins	So.	333
1999	Lindsay Sheppard	Fr.	362
2000	Lindsay Sheppard	So.	387
2001	Lindsay Sheppard	Jr.	413
2002	Lindsay Sheppard	Sr.	333
2003	Mary Whiting	Fr.	246
2004	Courtney Barnett	Jr.	390
2005	Jenna Williams	So.	532
2006	Jenna Williams	Jr.	553
	Jenna Williams	Sr.	577

### Total Blocks

Year	Name	Class	Blks
1982	Shelley Pidgeon		19
1983	Mitchell Whitmore	Jr.	84
1984	Dawn Terry	So.	83
1985	Angie Cook	Sr.	122
1986	Dawn Terry	Sr.	74
1987	Sandy Miller	Jr.	47
1988	Missy Crawley	Fr.	26
1989	Beth Spurell	Sr.	70
1990	Jennifer Martin	So.	29
1991	Jennifer Martin	Jr.	27
1992	Jennifer Martin	Sr.	44
1993	Beth Ann Pauler	Fr.	46
1994	Holly Umstead	Sr.	36
1995	Michelle Hirsch	Fr.	61
	Nicole Antkiewicz	Fr.	61
1996	Dana Forrest	Jr.	60
1997	Miranda Swaim	Fr.	112
1998	Oksana Boukhtina	Fr.	97
1999	Oksana Boukhtina	So.	101
2000	Oksana Boukhtina	Jr.	148
2001	Nicole Kendra	So.	100
2002	Oksana Boukhtina	Sr.	82
2003	Nicole Kendra	Sr.	48
2004	Jesica O'Neal	So.	97
2005	Jesica O'Neal	Jr.	85
2006	Meghan Puckli	So.	109

### Service Aces

Year	Name	Class	Aces
1982	Ervin		7
	Shelly Pidgeon		7
1983	Kim Wagner	Fr.	67
1984	Kim Wagner	So.	70
1985	Dawn Terry	Jr.	57
1986	Lu Long	Sr.	87
1987	Patty Patenaude	Jr.	80
1988	Ruth Castellon	Jr.	53
1989	Ruth Castellon	Sr.	70
1990	Angie Crandol	So.	52
1991	Jennifer McDaniel	Sr.	45
1992	Colleen O'Neill	Fr.	59
1993	Dana Kirts	Sr.	46
1994	Holly Umstead	Sr.	34
1995	Tiffany Libeu	Sr.	53
1996	Heidi Jackson	Fr.	50
1997	Heather Vaden	Fr.	84
1998	Heidi Jackson	Jr.	52
1999	Lindsay Sheppard	So.	60
2000	Lindsay Sheppard	Jr.	65
2001	Lindsay Sheppard	Sr.	119
2002	Amber Bradshaw	Fr.	93
2003	Amber Bradshaw	So.	96
2004	Brittany Collins	Fr.	117
2005	Brittany Collins	So.	93
2006	Brittany Collins	Jr.	108



Amanda Adkins



Ruth Castellon



## COACHING RECORDS

### BERT JONES (16-57, .219, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1977	no record						
1978	6	16	.273	---	---	---	---
1979	8	18	.306	---	---	---	---
1980	2	23	.080	---	---	---	---

### ROE RUSSO (19-37, .339, 2 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1982	0	21	.000	0	10	.000	6th
1983	19	16	.543	5	7	.417	4th

### JOHN BAUMANN (57-42, .576, 3 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1984	12	15	.444	4	8	.333	T5th
1985	32	9	.780	9	3	.750	T1st
1986	13	19	.406	3	9	.250	5th

### COCO HOFMANN (47-164, .223, 7 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1987	1	35	.028	0	12	.000	7th
1988	9	20	.310	3	7	.310	T4th
1989	14	17	.452	5	5	.500	3rd
1990	10	21	.323	6	4	.600	T2nd
1991	6	22	.214	3	7	.300	5th
1992	4	25	.138	2	8	.200	5th
1993	3	24	.111	1	11	.083	T6th

### ART THATCHER (54-81, .400, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1994	3	31	.088	2	10	.167	6th
1995	14	19	.424	7	5	.583	4th
1996	19	13	.594	7	5	.583	4th
1997	18	18	.500	5	7	.417	T4th

### KEN SHIBUYA (77-59, .566, 4 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
1998	7	26	.212	1	11	.083	7th
1999	20	13	.606	6	6	.500	3rd
2000	26	9	.743	8	4	.667	3rd
2001	24	11	.686	14	0	1.000	1st

### LINDSAY BIRCH (135-51, .726, 5 YEARS)

Season	Overall			Conf.			Conf. Finish
	W	L	PCT.	W	L	PCT.	
2002	24	8	.750	13	1	.929	1st
2003	20	19	.513	13	3	.813	3rd
2004	32	8	.800	12	2	.857	T1st
2005	32	6	.842	13	1	.929	T1st
2006	27	10	.730	13	1	.929	T1st



CNU's first Dixie Conference champions, the 1985 Lady Captains

## VOLLEYBALL RECORD BOOK

### Individual

#### KILLS

Match	35 Lindsay Sheppard vs. Averett, 10/27/01
Season	612 Lindsay Sheppard, 2001
Career	1632 Lindsay Sheppard, 1998-01

#### TOTAL ATTEMPTS

Match	91 Amber Bradshaw vs. Bridgewater, 10/9/04
Season	1488 Lindsay Sheppard, 2001
Career	4805 Amber Bradshaw, 2002-05

#### ATTACK PERCENTAGE

Match	.765 Tiffany Libeu, vs. N.C. Wesleyan, 10/31/95, (14-1-17)
Season	.409 Tiffany Libeu, 1995
Career	.327 Dawn Terry, 1983-86

#### SERVICE ACES

Match	16 Amber Bradshaw vs. N.C. Wesleyan, 10/23/02
Season	119 Lindsay Sheppard, 2001
Career	365 Amber Bradshaw, 2002-05

#### BLOCK SOLO

Match	11 Beth Spurell vs. N.C. Wesleyan, 11/4/89
Season	100 Angie Cook, 1985
Career	245 Dawn Terry, 1983-86

#### BLOCK ASSISTS

Match	10 Nicole Kendra vs. Randolph-Macon, 10/6/01
Season	148 Oksana Boukhtina, 2000
Career	335 Oksana Boukhtina, 1998-00, 02

#### DIGS

Match	44 Ruth Castellon vs. NC Wesleyan, 11/4/89
Season	<b>577 Jenna Williams, 2006</b>
Career	<b>2001 Jenna Williams, 2003-06</b>

#### SETTING ASSISTS

Match	74 Nina Richardson vs. Averett, 10/21/00
	74 Nina Richardson vs. Averett, 9/21/00
	74 Michelle Masco vs. St. Andrews, 9/20/86
Season	1355 Brittany Collins, 2004
Career	3982 Nina Richardson, 1999-02

### Team

#### KILLS

Match	96 vs. Greensboro, 10/27/84
Season	1885 in 2005

#### TOTAL ATTEMPTS

Match	244 vs. Averett, 10/21/2000
Season	5558 in 2004

#### ATTACK PERCENTAGE

Match	.533 vs. Bennett, 9/28/85
Season	.300 in 1985

#### SERVICE ACES

Match	30 vs. Greensboro, 10/12/85
Season	538 in 2004

#### BLOCK SOLO

Match	23 vs. Methodist, 10/11/85
Season	321 in 1985

#### BLOCK ASSISTS

Match	23 vs. N.C. Wesleyan, 9/15/84
Season	461 in 2000

#### DIGS

Match	159 vs. N.C. Wesleyan, 11/4/89
Season	2509 in 2004

#### SETTING ASSISTS

Match	83 vs. Averett 10/21/2000
Season	1666 in 2005

#### Misc.

Most Victories	32 in 1985, 2004 & 2005
Fewest Victories	0 in 1982
Most Losses	35 in 1987
Fewest Losses	<b>6 in 2005</b>
Most Consecutive Wins	16 in 1985 & 2002
Most Consecutive Losses	24 in 1982-83
Most Consecutive Conf. Wins	30 - 2000-2002
Most Consecutive Home Wins	<b>31 10/23/04 to 9/23/06</b>
Most Consecutive Home Conf. Wins	<b>33 10/28/00 to 9/23/06</b>
Most Home Victories	13 in 2004
<b>2006 performances bold</b>	



## ALL-TIME ROSTER

<b>A</b>	Adkins, Amanda, 96, 97 Antkiewicz, Nicole, 94, 95 Ashe, Wendy, 95 Ayers, Misty, 95	<b>B</b>	Bailey, Rochelle, 96 Barnett, Courtney 02,03,04 Bocrie, Donna, 85 Bookwalter, Evonne, 87 Boukhmina, Oksana, 98,99,00,02 Bradshaw, Amber 02,03,04,05 Bradshaw, Erin 02,03,04,05 Brown, Dawn, 92 Brown, Francis, 82 Brown, Sarah 05,06 Bullock, Julie, 78 Bush, Liz 05,06	<b>C</b>	Castellon, Ruth 86, 87, 88, 89 Claiborne, Kristen, 00 Coburn, Laurie, 89 Coffey, Sarah 06 Coker, Benita, 82 Collins, Brittany 04,05,06 Collins, Kim, 94 Cook, Angie, 82, 83, 84, 85 Coviello, Roberta, 88 Crandal, Angie, 89, 90, 91, 92 Crawley, Missy, 88 Creech, Jessie, 01,02 Curran, Connie, 80, 84	<b>D</b>	D'Ambro, Katie, 01 Davis, Beverly, 84 Dean, Tina, 92 DeWitt, Jessica, 95, 96 Diggs, Teresa, 90 Dirska, Donnajean, 79 Drewry, Gwynn, 78, 79, 80	<b>E</b>	Elliott, Julie, 78 Ervin, Joanne, 82	<b>F</b>	Farino, Joy, 96 Farmer, Beth, 93, 94, 95 Fields, Sandra, 85 Fleming, Kim, 94 Fletcher, Lisa, 87 Foard, Karen, 78 Forrest, Dana, 94, 95, 96, 97 French, Alexis, 01 Fudella, Donna, 96, 97,98 Fuller, Hollie, 95, 96, 97,98	<b>G</b>	Geesaman, Angeliq, 87 Gibson, Lisa, 95 Glasheen, Peggy, 80 Gordon, Nancy, 98 Gunn, Vicky, 82, 83 Gwaltney, Jessie 05,06	<b>H</b>	Hammack, Kim, 98,99,00,01 Hammack, Rebecca, 98,99,00,01 Hanna, Christi, 92 Hastings, Karen, 82 Henson, Sheila, 78 Herrington, Melanie 04 Hill, Amy, 93 Hinz, Jessi 03,04 Hirsch, Michelle, 95 Hockster, Paula, 88, 89 Holland, Susan, 95, 96 Hooyer, Shelley, 01 Houser, Leslie, 94 Hull, Rachel, 95, 96, 97 Hunkele, Sarah 06	<b>J</b>	Jackson, Heidi, 96, 97,98,99 Jango, May, 87 Jensen, Adrienne, 94 Jensen, Katie 04 Johnson, Amy, 01 Johnson, Gigi, 78 Jones, Kim, 99 Joyner, Karen, 83	<b>K</b>	Kautz, Cheri, 79, 80 Keeter, Lori, 78	<b>L</b>	Keeter, Tracy, 78 Kendra, Nicole, 00,01,02,03 Kirby, Christie 05 Kirts, Dana, 90, 91, 92, 93 Knoll, Katie 05,06 Koch, Ellen 05,06 Kundrat, Ginny, 80	<b>M</b>	LeCount, Dawn, 87, 88, 89, 91 Lee, Kim, 92, 93 Libeu, Tiffany, 95 Lippus, Dawn, 88 Lockie, Kenzie 06 Loftheim, Anja, 96 Long, Lou, 85, 86 Luoto, Ellen, 78	<b>N</b>	Machie, Linda, 88, 89, 90 Martin, Casey 05,06 Martin, Jennifer, 90, 91, 92 Masco, Michelle, 85, 86 Matthews, Laura 03 McCalley, Meghan, 99,00 McCannon, Chrissy 02 McDaniel, Jennifer, 88, 89, 90, 91 McGovern, Faith, 96 Miller, Michelle, 96 Miller, Miranda, 95 Miller, Sandy, 86, 87 Morgan, Becky, 78, 79, 80 Morris, Jaci, 96	<b>O</b>	Noble, Melissa, 00,01,02 O'Neal, Jessica 04,05 O'Neill, Colleen, 92 Osborn, Cathy, 87, 89 Otterness, Teresa, 90	<b>P</b>	Parent, Stephanie, 96, 97 Parmely, Katie 06 Patenaude, Patty, 86, 87, 88 Pauler, Beth Ann, 93 Percival, Sandi, 80 Pidgeon, Shelly, 82, 83 Pimblett, Mary, 78, 80 Pinckney, Sonya, 79 Plunkett, Tricia, 88 Powell, Jennifer, 93 Puckli, Megan 05,06	<b>R</b>	Rangel, Betty, 82 Re, Debbie, 84, 85, 86 Rhodes, Kendall, 00 Richardson, Nina, 99,00,01,02 Rockey, Mary, 78, 80, 82 Rollandini, Jacqui 03,04	<b>S</b>	Sage, Tina, 85 Samuelson, Heidi, 89 Schrock, Georgia, 82, 83 Schulman, Shannon, 90, 91 Severin, Kristy 02 Sheppard, Lindsay, 98,99,00,01 Skillman, Pam, 78 Smith, Cindy, 84, 86	<b>T</b>	Sperlazza, Nicole 03,04,05,06 Spiller, Kathy, 78, 79 Sprinkle, Barbie, 91 Spurell, Beth, 85, 86, 89 Standish, Liz, 99,00,01,02 Steele, Jenny, 99,00,01 Stokes, Alicia, 94 Swaim, Miranda, 97	<b>U</b>	Taylor, Amy, 95, 96 Terry, Dawn, 83, 84, 85, 86 Thibault, Leslie, 78 Tracey, Bonnie, 80	<b>V</b>	Umstead, Holly, 91, 92, 93, 94	<b>W</b>	Vaden, Heather, 97,98,99,00 Waddy, Janet, 78, 79, 80 Wagner, Kim, 83, 84 Walker, Elyse 03 Walsh, Amanda 04 Walsh, Anne, 83, 84 Wells, Kim, 91, 92 Whiting, Mary 02 Whitley, Ammie, 91 Whitmore, Mitchell, 83, 84 Williams, Jenna 03,04,05,06 Williams, Sandy, 78, 79 Witham, Tina, 93 Wood, Jennifer, 99 Wright, Jessica 03,04	<b>Z</b>	Zoric, Sarah 02
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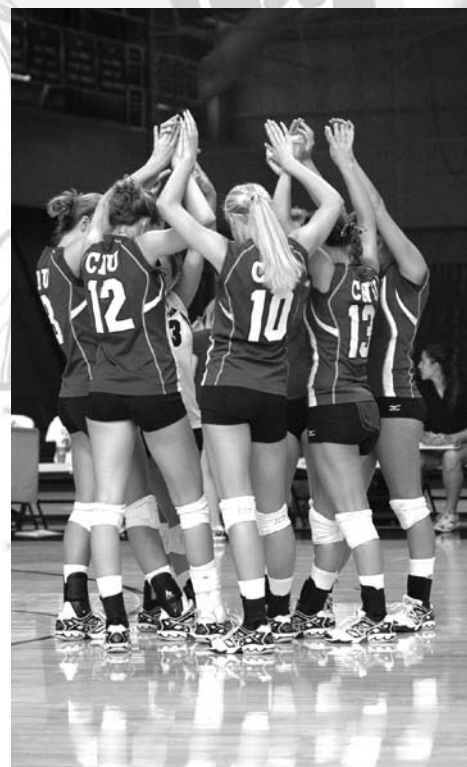
## VOLLEYBALL HISTORY

Year	Record	Pct.	DIAC	Pct.	Place	Coach	Post Season
1977	No record avail.					Bert Jones	
1978	6-16	.273				Bert Jones	
1979	8-18	.308				Bert Jones	
1980	2-23	.080					
1981	No team						
1982	0-21	.000	0-10	.000	6th	Roe Russo	
1983	19-16	.543	5-7	.417	4th	Roe Russo	
1984	12-15	.444	4-8	.333	T5th	JohnBauman	
1985	32-9	.780	9-3	.750	T1st	John Bauman	
1986	13-19	.406	3-9	.250	5th	John Bauman	
1987	1-35	.028	0-12	.000	7th	Coco Hofmann	
1988	9-20	.310	3-7	.300	T4th	Coco Hofmann	
1989	14-17	.452	5-5	.500	3rd	Coco Hofmann	
1990	10-21	.323	6-4	.600	T2nd	Coco Hofmann	
1991	6-22	.214	3-7	.300	5th	Coco Hofmann	
1992	4-25	.138	2-8	.200	5th	Coco Hofmann	
1993	3-24	.111	1-11	.083	T6th	Coco Hofmann	
1994	3-31	.088	2-10	.167	6th	Art Thatcher	
1995	14-19	.424	7-5	.583	4th	Art Thatcher	
1996	19-13	.594	7-5	.583	4th	Art Thatcher	
1997	18-18	.500	5-7	.417	T4th	Art Thatcher	
1998	7-26	.212	1-11	.083	7th	Ken Shibuya	
1999	20-13	.606	6-6	.500	3rd	Ken Shibuya	
2000	26-9	.743	8-4	.667	3rd	Ken Shibuya	
2001	24-11	.686	14-0	1.000	1st	Ken Shibuya	NCAA
2002	24-8	.750	13-1	.929	1st	Lindsay Sheppard	NCAA
2003	20-19	.513	13-3	.813	3rd	Lindsay Sheppard	
2004	32-8	.800	12-2	.857	T1st	Lindsay Sheppard	NCAA
2005	32-6	.842	13-1	.929	T1st	Lindsay Sheppard	NCAA
2006	27-10	.730	13-1	.929	T1st	Lindsay Birch	
Total	399-476	.456	154-147	.512			



## NUMBER HISTORY

<b>1</b>	Ruth Castellon	1988	Oksana Boukhtina	2002	Beth Ann Pauler	1993
	Cathy Osborn	1989	Jessica Wright	2003-04	Kim Collins	1994
	Dawn LeCount	1991	Jessie Gwaltney	2005	Rachel Hull	1995-97
	Dawn Brown	1992	Sarah Coffey	2006	Jenny Steele	1999-01
	Alicia Stokes	1994			Courtney Barnett	2002-04
	Susan Holland	1995-96	<b>7</b>	Cindy Smith	Katie Knoll	2005-06
	Oksana Boukhtina	1998-00		Sandra Fields		
	Mandy Cox	2001		Sandra Self (Miller)		
	Chrissy McCannon	2002		Roberta Coviello		
	Elyse Walker	2003		Jennifer Martin		
	Jesica O'Neal	2004-05		Tina Witham		
	Sarah Hunkele	2006		Nicole Antkiewicz		
				Michelle Hirsch		
<b>2</b>	Michelle Masco	1985-86		Amanda Adkins		
	Cathy Osborn	1987		Nina Richardson		
	Dawn Lippus	1988		Mindy Newman		
	Laurie Doburn	1989		Liz Bush		
	Linda Machie	1990	<b>8</b>	Mitchell Whitmore		
	Kim Fleming	1994		Lu Long		
	Jaci Morris	1996		Debbie Re		
	Liz Standish	1999-02		Tricia Plunkett		
	Melanie Herrington	2004		Paula Hockster		
	Casey Martin	2005-06		Teresa Otterness		
<b>3</b>	Angie Cook	1984-85		Ammie Whitley		
	Ruth Castellon	1986-87		Colleen O'Neill		
	Paula Hockster	1988		Kim Lee		
	Ruth Castellon	1988		Tiffany Libeu		
	Shannon Schulman	1990-91		Amy Taylor		
	Kim Wells	1992		Nancy Gordon		
	Dana Forrest	1994-97		Brandy Henry		
	Kim Hammack	1998-01		Shelley Hooyer		
	Kristy Severin	2002		Erin Bradshaw		
	Jacqui Rollandini	2003-04		Jessie Gwaltney		
	Christie Kirby	2005	<b>9</b>	Connie Curran		
	Kenzie Lockie	2006		Teresa Diggs		
<b>4</b>	Patty Patenaude	1984		Christi Hanna		
	Sandra Fields	1985		Amy Hill		
	Sandy Self (Miller)	1986-87		Leslie Houser		
	Roberta Coviello	1988		Lisa Gibson		
	Jennifer Martin	1991-92		Michelle Miller		
	Beth Farmer	1993-95		Miranda Swaim		
	Anja Loftheim	1996		Donna Fudella		
	Heather Vaden	1997-00		Meghan McCalley		
	Jessie Creech	2002		Amy Johnson		
	Jenna Williams	2003-06		Sarah Zoric		
<b>5</b>	Beverly Davis	1984		Amber Bradshaw		
	Debbie Re	1985		Sarah Brown		
	Cindy Smith	1986	<b>10</b>	Debbie Re		
	May Jango	1987		Tina Sage		
	Linda Machie	1988		Dawn LeCount		
	Angie Crandal	1989		Dana Kirts		
	Kim Lee	1992		Adrienne Jensen		
	Jennifer Powell	1993		Hollie Fuller		
	Wendy Ashe	1995		Jennifer Wood		
	Rochelle Bailey	1996		Nicole Kendra		
	Rebecca Hammack	1998-01		Tricia Nelsen		
	Mary Whiting	2002		Meghan Puckli		
	Jessi Hinz	2003-04	<b>11</b>	Anne Walsh		
	Ellen Koch	2005-06		Donna Bocrie		
<b>6</b>	Kim Wagner	1984		Lu Long		
	Beth Spurell	1985-86		Evonne Bookwalter		
	Lisa Fletcher	1987		Angie Crandal		
	Missi Crawley	1988		Misty Ayers		
	Linda Machie	1989		Faith McGovern		
	Holly Umstead	1991-94		Lindsay Sheppard		
	Heidi Jackson	1996-99	<b>12</b>	Dawn Terry		
	Kristin Claiborne	2000		Tina Dean		
	Alexis French	2001				



Ready to play



# ALL-TIME RESULTS



**1977 (no record available)**  
**Coach: Bert Jones**  
No results available

at George Mason Tr.  
at Mary Washington  
vs. Lynchburg @MWC  
at Chowan  
vs. Meredith @Chowan  
at Bridgewater  
at Eastern Mennonite  
vs. Lynchburg at EMU  
George Mason  
at N.C. Wesleyan  
vs. Chowan @ NCW  
at William & Mary  
vs. Peace @WMC  
at William & Mary  
vs. Longwood at WMC  
Chowan

**1978 (6-16)**  
**Coach: Bert Jones**  
No results available

**1979 (8-18)**  
**Coach: Bert Jones**

N.C. Wesleyan  
Randolph-Mac. W.C.  
Mary Washington  
Hampton  
Roanoke  
Virginia Intermont  
Bridgewater  
E. Mennonite  
Messiah  
William & Mary  
Hampton  
N.C. Wesleyan  
Chowan  
Va. Commonwealth  
Virginia  
Longwood  
E. Mennonite JV  
William & Mary  
Chowan  
Meredith  
Lynchburg  
E. Mennonite  
Hampton  
Virginia Intermont  
Mary Washington  
Lynchburg

**1980 (2-23)**  
**Coach: Bert Jones**  
Partial results available

Randolph-Macon WC  
Ferrum  
Longwood  
Hampton  
Louisburg J.C.  
Roanoke  
Hampton  
Mary Washington  
Bridgewater  
N.C. Wesleyan  
Eastern Mennonite  
Ferrum  
at N.C. Wesleyan  
William & Mary  
Chowan  
at Chowan  
vs. UNC-Wilm. at Cho.  
at Lynchburg  
vs. Emory & Enry @Lyn.11/1  
Div. III Tr. @ Mary Wash.11/7-8

**1981 - No team**



**1982 (0-21)**  
**Coach: Roe Russo**

Greensboro\*  
St. Andrews\*  
Atlantic Christian  
Coker  
N.C. Wesleyan\*  
Atlantic Christian  
UNC-Greensboro\*  
Elon  
Lynchburg  
St. Andrews\*  
William & Mary  
Methodist\*  
UNC-Greensboro\*  
Va. Commonwealth  
N.C. Wesleyan\*  
Hampton  
St. Mary's (Md.)  
Methodist\*  
Greensboro\*  
Lynchburg

**1983 (19-16)**  
**Coach: Roe Russo**

Methodist\*  
Mary Washington  
St. Andrews\*  
Lynchburg  
Norfolk St.  
Averett  
Mary Baldwin  
Greensboro\*  
Hampton  
N.C. Wesleyan\*  
16-14, 11-15, 15-10, 14-16, 15-13  
Elon  
Longwood  
Sweet Briar  
William & Mary  
UNC-Wilmington  
Salisbury St.  
Mary Washington  
St. Mary's (Md.)  
Liberty  
Methodist\*  
St. Andrews\*  
Newberry  
N.C. Wesleyan\*  
Norfolk St.  
UNC-Greensboro\*  
Averett\*  
Maryland-E. Shore  
Norfolk St.  
Greensboro\*  
UNC-Greensboro\*  
Mary Washington  
Longwood  
N.C. Wesleyan\*  
UNC-Greensboro\*



**1984 (12-15)**  
**Coach: John Bauman**

Methodist\*  
Mary Washington  
N.C. Wesleyan\*  
Norfolk St.  
Hampton  
Methodist\*  
Bennett  
St. Andrews\*

St. Andrews\*  
Pembroke St.  
Averett\*  
Greensboro\*  
UNC-Greensboro\*  
N.C. Wesleyan\*  
Norfolk St.  
Catholic\*  
Liberty\*  
Rosemont\*  
UNC-Greensboro\*  
Randolph-Mac. W.C.\*  
UNC-Greensboro\*  
Radford\*  
Averett\*  
Greensboro\*  
Longwood  
Mary Washington  
Methodist\*

**1985 (32-9)**  
**Coach: John Bauman**

Averett\*  
Norfolk St.  
Methodist\*  
Fayetteville St.  
St. Andrews\*  
Pembroke St.  
Hampton  
Maryland-E. Shore  
N.C. Wesleyan\*  
Averett\*  
Greensboro\*  
Bennett  
UNC-Greensboro\*  
Mary Washington  
Longwood  
Norfolk St.  
St. Andrews\*  
Hampton  
Elizabeth City St.  
N.C. Wesleyan\*  
Methodist\*  
Greensboro\*  
Lynchburg  
Longwood  
Sweet Briar  
Southern Seminary  
Longwood Tourn. @ Farmville, Va., 10/19-20  
Ferrum\*  
Sweet Briar\*  
Randolph-Macon W.C.\*  
Longwood\*  
Methodist\*  
Randolph-Macon W.C.\*  
Methodist\*  
Eastern Mennonite  
Mary Baldwin  
UNC-Greensboro\*  
Maryland E-Shore  
Morgan St.  
Dixie Conf. Tourn. @Laurinburg, N.C., 11/1-2  
N.C. Wesleyan\*  
UNC-Greensboro\*  
St. Andrews\*

**1986 (13-19)**  
**Coach: John Bauman**

Elizabeth City St.  
Averett\*  
Longwood  
Maryland E-Shore  
Methodist\*  
Mt. Olive  
St. Andrews\*  
Pembroke St.  
Mary Washington  
Hampton  
Averett\*  
UNC-Greensboro\*  
Greensboro\*  
N.C. Wesleyan\*  
Norfolk St.  
Elizabeth City St.  
Maryland E-Shore  
Salisbury St.  
St. Andrews\*  
Washington (Md.)  
Catholic\*  
Glassboro St.\*  
Methodist\*  
Hampton  
UNC-Greensboro\*



Greensboro*	10/25	H/L	3-15, 3-15, 14-16
Sweet Briar	10/25	H/L	15-9, 11-15, 10-15
N.C. Wesleyan*	10/30	A/W	15-6, 15-1, 9-15, 18-16
Methodist*	11/1	H/L	11-15, 12-15, 15-10, 2-15
Longwood	11/5	A/L	15-7, 10-15, 2-15
Randolph-Macon W.C.	11/5	N/W	8-15, 15-7, 15-12
<i>Dixie Conf. Tour @ Newport News, Va., 11/7-8</i>			
UNC-Greensboro*		H/L	5-15, 9-15, 1-15



**1987 (1-35)**  
**Coach: Coco Hofmann**

Atlantic Christian	9/9	A/L	1-15, 4-15
N.C. Central	9/9	N/L	10-15, 5-15
Averett*	9/12	H/L	15-12, 16-14, 11-15, 14-16, 4-15
St. Paul's	9/13	N/L	2-15, 7-15
Elizabeth City St.	9/13	A/L	8-15, 11-15
Mt. Olive	9/14	N/L	13-15, 6-15
Norfolk St.	9/15	H/L	15-7, 8-15, 11-15, 8-15
Methodist*	9/18	A/L	1-15, 2-15, 5-15
Mt. Olive	9/18	N/L	15-11, 2-15, 9-15
St. Andrews*	9/19	A/L	5-15, 0-15, 11-15
Pembroke St.	9/19	N/L	14-16, 5-15
Elizabeth City St.	9/21	H/L	8-15, 6-15, 13-15
Hampton	9/23	H/L	7-15, 15-10, 6-15, 11-15
Averett*	9/25	A/L	7-15, 10-15, 11-15, 10-15
Greensboro*	9/26	A/L	4-15, 6-15, 3-15
UNC-Greensboro*	9/27	A/L	7-15, 3-15, 4-15
N.C. Wesleyan*	9/30	H/L	13-15, 10-15, 5-15
St. Andrews*	10/3	H/L	3-15, 8-15, 1-15
Hampton	10/7	A/L	6-15, 2-15, 6-15

*Dickinson Tour. @ Carlisle, Pa., 10/9-10*

Franklin & Marshall*		N/W	9-15, 15-6, 15-11
Glassboro St.*		N/L	1-15, 8-15
Messiah*		N/L	2-15, 6-15
Moravian*		N/L	9-15, 1-15
N.C. Wesleyan*	10/14	A/L	3-15, 10-15, 5-15
<i>Gallaudet Tour. @ Washington, D.C., 10/16-17</i>			
Glassboro St.*		N/L	2-15, 1-15
Catholic*		N/L	12-15, 5-15
Salisbury St.*		N/L	4-15, 2-15
Norfolk St.	10/21	A/L	12-15, 15-7, 14-16
UNC-Greensboro*	10/22	H/L	4-15, 4-15, 6-15
Methodist*	10/24	H/L	7-15, 0-15, 7-15
Catholic	10/27	A/L	8-15, 9-15
Marymount	10/27	N/L	12-15, 13-15
Greensboro*	10/31	H/L	7-15, 7-15, 8-15
Mary Washington	11/1	A/L	1-15, 5-15
Ferrum*	11/1	N/L	15-17, 10-15

*Dixie Conf. Tour. @ Rocky Mount, N.C.*

UNC-Greensboro*		N/L	3-15, 1-15, 9-15
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**1988 (9-20)**  
**Coach: Coco Hofmann**

Elon	9/11	N/L	15-13, 6-15, 4-15
Methodist*	9/11	A/L	2-15, 3-15, 11-15
E. Mennonite	9/16	A/L	4-15, 3-15
Lynchburg	9/16	N/W	15-0, 8-15, 15-4
Averett*	9/17	H/W	15-8, 15-10, 15-6
Marymount	9/17	H/L	10-15, 8-15
Elizabeth City St.	9/21	N/L	14-16, 9-15
Ferrum*	9/23	A/L	4-15, 8-15, 15-12, 8-15
Hollins	9/23	N/W	15-11, 15-13
N.C. Wesleyan*	9/28	H/L	3-15, 7-15, 15-12, 0-15
Greensboro*	10/1	H/L	15-8, 7-15, 14-16, 4-15
Catholic	10/2	H/W	15-10, 6-15, 15-12
Ferrum*	10/2	H/W	15-8, 3-15, 15-6, 10-15, 15-10
Hampton	10/5	H/L	14-16, 15-9, 6-15
Norfolk St.	10/7	A/W	15-1, 15-7
Hampton	10/7	N/L	15-8, 11-15, 4-15
Methodist*	10/13	H/L	11-15, 1-15, 15-12, 5-15
Mary Washington	10/13	H/W	9-15, 15-11, 16-14
<i>Gallaudet Tour. @ Washington, D.C., 10/14-15</i>			
Western Maryland*		N/L	9-15, 7-15
Greensboro*		N/L	8-15, 6-15
Catholic*		N/L	9-15, 7-15
Salisbury St.*		N/L	13-15, 9-15
Salisbury St.	10/22	A/L	8-15, 5-15, 15-9, 3-15
Roanoke	10/25	N/L	9-15, 8-15
Randolph-Macon W.C.	10/25	A/W	15-7, 12-15, 15-10
Averett*	10/28	A/W	8-15, 15-4, 5-15, 15-6, 15-11
Greensboro*	10/29	A/L	3-15, 8-15, 15-13, 5-15
N.C. Wesleyan*	10/30	A/L	11-15, 15-11, 12-15, 3-15

*Dixie Conf. Tour. @ Ferrum, Va., 11/4-5*

Ferrum*	11/4	A/L	9-15, 7-15, 12-15
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<b>1989 (14-17)</b>			
<b>Coach: Coco Hofmann</b>			
Methodist*	9/9	A/W	15-9, 14-16, 12-15, 15-12, 15-0
Atlantic Christian	9/9	N/W	15-11, 16-14
N.C. Wesleyan*	9/10	A/L	15-7, 9-15, 15-7, 12-15, 7-15
Norfolk St.	9/15	A/W	15-4, 15-5, 8-15, 15-2
Mary Washington	9/16	A/L	12-15, 11-15
Morgan St.	9/16	N/W	15-8, 15-8
Hampton	9/20	H/W	10-15, 15-12, 15-9, 15-12
Marymount	9/22	A/W	15-3, 8-15, 15-6
Notre Dame (O.)	9/22	N/W	12-15, 15-4, 15-8
Averett*	9/23	H/W	7-15, 15-3, 15-6, 15-12
Sweet Briar	9/23	H/L	3-15, 15-11, 7-15
N.C. Wesleyan*	9/26	H/L	15-6, 11-15, 10-15, 11-15
Greensboro*	9/30	H/L	12-15, 5-15, 15-13, 4-15
Ferrum*	10/1	H/W	15-6, 9-15, 12-15, 15-10, 15-12
Catholic	10/5	A/L	15-5, 14-16, 11-15, 7-15

*Dickinson Tour. @ Carlisle, Pa., 10/6-7*

High Point*		N/L	3-15, 5-15
Upsala*		N/L	6-15, 14-16
Gettysburg*		A/L	15-10, 3-15, 7-15
Methodist*		N/W	15-10, 4-15, 13-15, 15-12, 15-7
<i>Gallaudet Tour. @ Washington, D.C., 10/13-14</i>			
Guilford*		N/L	1-15, 12-15
Gallaudet*		A/L	9-15, 15-13, 8-15
Methodist*		N/L	13-15, 15-9, 0-15
Washington (Md.)*		N/L	0-15, 15-12, 10-15
Averett*	10/20	A/W	8-15, 15-7, 18-16, 15-17, 15-5
Ferrum*	10/21	A/L	14-16, 15-17
Greensboro*	10/22	A/L	11-15, 14-16, 12-15
Hampton	10/25	N/L	15-13, 12-15, 11-15
Randolph-Macon W.C.	10/27	H/W	15-8, 11-15, 15-3, 9-15, 15-3
<i>Dixie Conf. Tour. @ Greensboro, N.C., 11/3-4</i>			
Averett*		N/W	15-12, 15-10, 15-8
N.C. Wesleyan*		N/W	14-16, 15-11, 7-15, 19-17, 15-11
Greensboro*		A/L	15-11, 10-15, 10-15, 13-15

**1990 (10-21)**

<b>Coach: Coco Hofmann</b>			
Greensboro*	9/8	H/L	13-15, 9-15, 6-15
Sweet Briar	9/14	N/L	15-9, 10-15, 7-15
Marymount	9/15	N/L	15-11, 6-15, 11-15
Gettysburg	9/15	N/L	8-15, 3-15
N.C. Wesleyan*	9/18	H/W	15-13, 13-15, 15-7, 15-9
Sweet Briar	9/24	A/W	15-10, 5-15, 15-10
Shenandoah	9/24	N/L	14-16, 16-14, 11-15
Salisbury St.	9/26	H/L	6-15, 6-15, 11-15
Atlantic Christian	9/28	A/L	3-15, 13-15, 3-15
N.C. Wesleyan*	9/29	A/W	15-13, 15-8, 14-15
Methodist*	9/30	A/W	15-5, 15-3, 13-15, 9-15, 15-2
Marymount	10/4	H/W	9-15, 15-13, 15-12
Mary Baldwin	10/4	H/W	15-11, 15-7
Averett*	10/6	H/W	3-15, 15-11, 15-10, 15-11
Methodist*	10/11	H/L	9-15, 15-13, 11-15, 15-17
<i>Gallaudet Tour. @ Washington, D.C., 10/12-13</i>			
Gallaudet*		A/L	15-2, 9-15, 9-15
Salisbury St.*		N/L	8-15, 7-15
Washington (Md.)*		N/L	15-9, 13-15, 9-15
Methodist*		N/L	11-15, 5-15
Bridgewater	10/18	N/L	0-15, 16-14, 3-15
Washington & Lee	10/18	A/L	8-15, 15-10, 4-15
Ferrum*	10/19	A/W	10-15, 15-13, 15-10, 0-15, 15-13
Catawba	10/19	N/L	0-15, 6-15
Averett*	10/20	A/L	11-15, 13-15, 6-15
Greensboro*	10/21	A/L	13-15, 4-15, 6-15
Hampton	10/25	A/L	2-15, 3-15, 12-15
Ferrum*	10/26	H/W	15-17, 16-14, 15-13, 12-15, 15-12
Mary Washington	10/27	A/L	9-15, 6-15, 5-15
Roanoke	10/29	N/W	15-7, 13-15, 15-2
<i>Dixie Conf. Tour. @ Newport News, Va., 11/3-4</i>			
Ferrum*	11/3	H/L	3-15, 12-15, 10-15

**1991 (6-22)**

<b>Coach: Coco Hofmann</b>			
Ferrum*	9/12	A/L	1-15, 0-15, 4-15
<i>Gettysburg Tour. @ Gettysburg, Pa., 9/13-14</i>			
Seton Hill*		N/L	6-15, 10-15
Marymount*		N/L	15-5, 7-15, 8-15
Salisbury St.*		N/L	9-15, 12-15
Western Maryland*		N/L	4-15, 3-15
Hampton	9/20	H/L	13-15, 16-14, 14-16
Barton	9/20	H/L	13-15, 10-15
Marymount	9/21	A/W	15-12, 15-8
St. Mary's (Md.)*	9/21	N/W	15-1, 16-14
N.C. Wesleyan*	9/24	H/W	15-2, 15-3, 7-15, 15-10
Sweet Briar	9/28	H/W	7-15, 15-9, 15-10, 15-13
Hampton	10/3	A/L	6-15, 15-11, 10-15, 11-15
N.C. Wesleyan*	10/4	A/W	15-8, 15-8, 15-2
Methodist*	10/5	A/L	15-13, 4-15, 11-15, 7-15
Methodist*	10/10	H/L	12-15, 14-16, 16-18
<i>Gallaudet Tour. @ Washington, D.C., 10/11-12</i>			
Gallaudet*		A/L	5-15, 11-15
Salisbury St.*		N/L	3-15, 3-15
Washington (Md.)*		N/L	5-15, 12-15
Methodist*		N/L	12-15, 8-15
Meredith	10/16	N/L	15-3, 5-15, 12-15

Averett*	10/18	A/L	5-15, 4-15, 6-15
Greensboro*	10/19	A/L	7-15, 1-15, 13-15
Ferrum*	10/22	H/L	4-15, 9-15, 6-15
Averett*	10/25	H/L	2-15, 4-15, 13-15
Greensboro*	10/26	H/W	15-8, 15-10, 15-11
Salisbury St.	11/2	A/L	3-15, 8-15, 15-11, 12-15
Mary Washington	11/2	N/L	1-15, 11-15, 5-15
<i>Dixie Conf. Tour. @ Fayetteville, N.C., 11/8-9</i>			
Greensboro*	11/8	N/L	7-15, 6-15, 12-15

**1992 (4-25)**

<b>Coach: Coco Hofmann</b>			
Washington & Lee	9/12	H/L	13-15, 14-16, 6-15
St. Mary's (Md.)	9/12	H/L	7-15, 6-15, 8-15
Sweet Briar	9/18	A/L	5-15, 15-4, 10-15, 11-15
Methodist*	9/19	H/L	9-15, 5-15, 13-15
Averett*	9/19	H/L	5-15, 9-15, 15-10, 15-9, 6-15
Marymount	9/23	H/W	11-15, 15-6, 15-7
Salisbury St.	9/23	H/L	10-15, 5-15
Greensboro*	9/26	A/L	4-15, 17-19, 15-5, 1-15
Ferrum*	9/27	A/L	7-15, 10-15, 12-15
Mary Baldwin	9/29	N/W	15-11, 15-12
Mary Washington	9/29	A/L	2-15, 1-15
<i>Emory Tour. @ Atlanta, Ga., 10/2-3</i>			
Rhodes*		N/L	7-15, 7-15
St. Catherine*		N/L	5-15, 5-15
Emory*		N/L	12-15, 11-15
Emory & Henry*		N/L	1-15, 10-15
Gordon*		N/L	15-10, 3-15, 4-15
N.C. Wesleyan*	10/6	A/W	15-11, 15-10, 14-16, 15-12
<i>Gallaudet Tour. @ Washington, D.C., 10/9-10</i>			
Eastern Mennonite*		N/L	6-15, 2-15
Western Maryland*		N/L	1-15, 8-15
Guilford*		N/L	3-15, 9-15
Catholic*		N/L	12-15, 11-15
Ferrum*	10/16	H/L	7-15, 6-15, 11-15
Greensboro*	10/17	H/L	7-15, 7-15, 15-13, 10-15
Hampton	10/21	H/L	8-15, 4-15, 11-15
Barton	10/30	A/L	10-15, 11-15, 8-15
Methodist*	10/31	A/L	12-15, 5-15, 9-15
Averett*	11/1	A/L	3-15, 7-15, 2-15
N.C. Wesleyan*	11/3	H/W	15-8, 20-18, 15-5
<i>Dixie Conf. Tour. @ Rocky Mount, N.C., 11/6-7</i>			
Greensboro*	11/6	N/L	8-15, 6-15, 9-15

**1993 (3-24)**

Coach: Coco Hofmann			
Washington & Lee	9/11	H/L	9-15, 4-15, 2-15
Marymount	9/11	H/L	15-13, 2-15, 3-15, 3-15
Methodist*	9/17	A/L	5-15, 8-15, 10-15
Averett*	9/18	A/L	3-15, 6-15, 7-15
Greensboro*	9/25	H/L	11-15, 6-15, 7-15
Ferrum*	9/25	H/L	8-15, 13-15, 3-15
Chowan	9/29	A/L	15-13, 4-15, 11-15
Chowan	9/29	A/L	15-10, 9-15, 3-15
Mary Baldwin	10/1	A/W	18-16, 15-4, 15-10
St. Mary's (Md.)	10/2	A/L	4-15, 10-15
Washington Bible	10/2	N/W	15-6, 15-10
N.C. Wesleyan*	10/4	H/L	9-15, 15-7, 5-15, 15-13, 14-16
Barton	10/5	H/L	4-15, 12-15
Chowan	10/5	H/L	15-5, 11-15, 7-15
Gallaudet Tour. @ Washington, D.C., 10-8/9			
Eastern Mennonite*	N/L		5-15, 7-15
Ferrum*	N/L		10-15, 11-15
Guilford*	N/L		4-15, 4-15
Catholic*	N/L		2-15, 2-15
Ferrum*	10/15	A/L	4-15, 4-15, 5-15
Greensboro*	10/16	A/L	5-15, 15-11, 9-15, 15-12, 5-15
Shenandoah*	10/21	H/L	13-15, 14-16, 15-7, 15-15
Shenandoah*	10/21	H/L	6-15, 15-10, 10-15, 11-15
Hampton	10/26	H/L	1-15, 0-15, 11-15
Methodist*	10/30	H/L	9-15, 5-15, 8-15
Averett*	10/31	H/L	7-15, 10-15, 5-15
N.C. Wesleyan*	11/2	A/W	15-10, 15-13, 15-7
Dixie Conf. Tour. @ Ferrum, Va., 11/5-6			
Ferrum <sup>1</sup>	11/5	A/L	12-15, 5-15, 6-16, 14-4, 15-5, 15-15



Roanoke <sup>8</sup>	N/L	6-15,5-15
Shepherd <sup>8</sup>	N/L	4-15,9-15
Averett <sup>1</sup>	9/18 H/L	1-15,6-15,3-15
Greensboro <sup>*</sup>	9/24 A/L	1-15,6-15,12-15
Roanoke	9/25 N/L	8-15,2-15,7-15
Ferrum <sup>*</sup>	9/25 A/L	6-15,9-15,6-15
Shenandoah <sup>*</sup>	9/28 H/L	15-8,4-15,7-15,8-15

Dickinson Tour. @ Carlisle, Pa., 9/30-10/1

Gettysburg <sup>5</sup>	A/L	0-15,10-15
Marymount <sup>5</sup>	N/L	13-15,9-15
Washington & Jefferson <sup>5</sup>	N/L	5-15,7-15
Westminster <sup>5</sup>	N/L	0-15,2-15
N.C. Wesleyan <sup>*</sup>	10/4 A/L	7-15,13-15,16-14,8-15

Gallaudet Tour. @ Washington, D.C., 10/7-8

Washington (Md.) <sup>4</sup>	N/L	5-15,5-15
Gallaudet <sup>4</sup>	A/L	6-15,2-15
Ferrum <sup>4</sup>	N/L	5-15,4-15
Greensboro <sup>4</sup>	N/L	1-15,11-15,3-15
Ferrum <sup>*</sup>	10/14 H/L	6-15,5-15,3-15
Greensboro <sup>*</sup>	10/15 H/L	1-15,11-15,3-15
Shenandoah <sup>*</sup>	10/19 A/L	3-15,11-15,5-15
Chowan	10/22 H/L	8-15,5-15,16-14,13-15
St. Mary's (Md.)	10/22 H/L	7-15,4-15,6-15
Methodist <sup>*</sup>	10/29 A/W	10-15,15-11,15-11,15-9
Averett <sup>*</sup>	10/30 A/L	2-15,0-15,6-15
N.C. Wesleyan <sup>*</sup>	11/1 H/W	16-14,15-2,7-15,15-8

Dixie Conf. Tour. @ Winchester, Va., 11/4-5

Ferrum <sup>1</sup>	11/4 N/L	6-15,9-15,10-15
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#### 1995 (14-19)

Coach: Art Thatcher

Chowan	9/1 H/L	2-12,12-15,15-17
Mary Washington	9/1 H/L	11-15,8-15,13-15
Barton	9/7 A/L	7-15,7-15,16-14,16-18
Washington & Lee	9/9 H/L	2-15,3-15,7-15
Randolph-Macon	9/12 H/W	15-7,15-12,13-15,10-15,15-13
Salisbury St.	9/13 A/L	13-15,9-15,11-15
Methodist <sup>*</sup>	9/16 A/W	15-5,15-4,18-16
Averett <sup>*</sup>	9/17 A/L	9-15,15-12,5-15,13-15
Mary Baldwin	9/20 H/W	15-7,14-16,15-3,15-7
Ferrum <sup>*</sup>	9/22 H/L	11-15,13-15,9-15
Greensboro <sup>*</sup>	9/23 H/L	15-17,8-15,6-15
Marymount	9/23 H/L	16-14,15-10,5-15,7-15,10-15
Shenandoah <sup>*</sup>	9/26 A/W	15-8,12-15,15-9,15-12

Dickinson Tour. @ Carlisle, Pa., 9/29-30

Rutgers-Newark <sup>5</sup>	N/L	4-15,10-15
Dickinson <sup>5</sup>	H/W	11-15,15-3,15-3
Allegheny <sup>5</sup>	N/L	6-15,5-15
Allentown <sup>5</sup>	N/L	17-15,8-15,4-15
Mary Washington <sup>5</sup>	N/L	11-15,3-15
N.C. Wesleyan <sup>*</sup>	10/3 H/W	14-16,15-9,16-14,15-1

Ferrum Tour. @ Ferrum, Va., 10/7

N.C. Wesleyan <sup>9</sup>	N/W	15-9,9-15,15-10
Randolph-Macon W.C. <sup>9</sup>	N/W	15-7,6-15,15-12
Lynchburg <sup>9</sup>	N/L	10-15,10-15
Meredith <sup>9</sup>	N/W	15-4,15-6
Ferrum <sup>*</sup>	10/13 A/L	4-15,11-15,6-15
Roanoke	10/13 A/L	4-15,15-12,15-7,13-15
Greensboro <sup>*</sup>	10/14 A/W	11-15,15-9,12-15,15-3,15-11
Shenandoah <sup>*</sup>	10/18 H/W	15-1,15-2,15-13
Methodist <sup>*</sup>	10/20 H/W	15-3,15-1,15-13
St. Mary's (Md.)	10/21 A/L	12-15,6-15,9-15
Averett <sup>*</sup>	10/29 H/L	15-12,15-8,14-16,4-15,12-15
N.C. Wesleyan <sup>*</sup>	10/31 A/W	15-5,15-6,15-7

Dixie Conf. Tour. @ Greensboro, N.C., 11/3-4

N.C. Wesleyan <sup>1</sup>	11/3 N/W	15-6,13-15,16-14
Averett <sup>1</sup>	11/4 N/L	1-15,9-15,12-15

#### 1996 (19-13)

Coach: Art Thatcher

Mary Washington	8/31 A/L	9-15,9-15,3-15
Marymount <sup>10</sup>	A/W	15-8,15-8,16-14
Washington (Md.) <sup>10</sup>	N/W	7-15,15-11,15-5,11-15,15-11
Johns Hopkins <sup>10</sup>	N/L	10-15,15-13,9-15,10-15
Bridgewater Tour. @ Bridgewater, Va., 9/7		
Randolph-Macon W.C. <sup>9</sup>	N/W	15-3,15-6,15-8
Hood <sup>9</sup>	N/W	15-6,15-1,15-4
Lynchburg <sup>9</sup>	A/L	9-15,6-15,15-13,8-15
Randolph-Macon	9/11 A/W	12-15,15-10,11-15,15-12,15-10
Mary Baldwin	9/17 A/W	15-6,15-10,15-6
Methodist <sup>*</sup>	9/21 H/W	15-7,15-2,15-7
Averett <sup>*</sup>	9/21 H/L	11-15,10-15,16-14,11-15

Gallaudet Tour. @ Washington, D.C., 9/27-28

Emory & Henry <sup>4</sup>	N/W	9-15,15-10,12-15,15-9,15-11
Hollins <sup>4</sup>	N/W	9-15,15-5,15-8,15-12
Marietta <sup>4</sup>	N/L	12-15,5-15,5-15
Randolph-Macon W.C. <sup>4</sup>	N/W	15-9,15-1,15-13
Marietta <sup>4</sup>	N/L	8-15,12-15,15-4,13-11
Shenandoah <sup>*</sup>	10/2 A/W	15-6,15-1,15-15,16-14
Ferrum <sup>*</sup>	10/5 N/L	15-10,15-8,12-15,8-15,9-15
Greensboro <sup>*</sup>	10/5 A/L	8-15,7-15,12-15
N.C. Wesleyan <sup>*</sup>	10/8 A/W	15-5,10-15,15-11,15-4
Meredith	10/16 A/W	15-12,10-15,15-2,14-16,15-12
Greensboro <sup>*</sup>	10/19 H/L	16-14,7-15,15-9,7-15,13-15
St. Mary's (Md.)	10/19 H/L	13-15,5-15,11-15

Shenandoah <sup>*</sup>	10/22 H/W	15-9,15-9,15-11
Ferrum <sup>*</sup>	10/25 H/W	15-12,17-15,12-15,15-9
Washington & Lee	10/26 H/L	6-15,8-15,9-15
Chowan	10/30 A/W	7-15,10-15,16-14,15-4,15-12
Methodist <sup>*</sup>	11/2 A/W	15-10,12-15,15-7,15-7
Averett <sup>*</sup>	11/2 A/L	9-15,1-15,1-15
N.C. Wesleyan <sup>*</sup>	11/3 H/W	15-7,15-5,8-15,15-9
N.C. Wesleyan <sup>1</sup>	11/8 H/W	12-15,5-15,15-5,8-15,17-15
Averett <sup>1</sup>	11/9 H/L	17-15,11-15,14-16,8-15

Dixie Conf. Tour. @ Newport News, Va., 11/8-9

#### 1997 (18-18)

Coach: Art Thatcher

Chowan	9/1 H/W	15-11,15-11,15-11
Mary Washington	9/1 H/L	3-15,6-15,15-11,12-15
Barton	9/6 H/L	7-15,9-15,15-17
Virginia St.	9/6 H/W	15-6,17-15,15-17,15-5
Randolph-Macon	9/11 H/W	15-5,10-15,5-15,15-7,19-17
Bridgewater Tour. @ Bridgewater, Va., 9/12-13		
Ursinus <sup>8</sup>	N/W	15-0,15-0,15-5
Roanoke <sup>8</sup>	N/W	15-8,11-15,10-15,15-13,15-8
Marymount <sup>8</sup>	N/L	9-15,9-15,5-15
Bridgewater <sup>8</sup>	A/L	13-15,13-15,16-14,15-11,8-15
Meredith	9/16 A/W	9-15,15-3,15-10,8-15,15-10
Peace	9/16 N/W	15-9,15-3,15-8
Meredith	9/20 N/W	15-4,15-5,15-8
Methodist <sup>*</sup>	9/20 A/W	15-9,16-14,15-13
Ferrum <sup>*</sup>	9/21 A/L	10-15,7-15,15-13,9-15
Eastern Mennonite	9/23 H/W	15-6,13-15,11-15,15-11,15-10
Greensboro <sup>*</sup>	9/27 H/L	4-15,15-17,15-8,4-15
Shenandoah <sup>*</sup>	9/30 A/L	17-15,15-9,10-15,14-16,11-15

Ferrum Tour. @ Ferrum, Va., 10/3-4

Lynchburg <sup>9</sup>	N/W	15-17,15-7,15-6,11-15,12-15
Shenandoah <sup>9</sup>	N/W	15-2,15-13,8-15,15-6
Hollins <sup>9</sup>	N/W	15-10,15-7,15-3
Ferrum <sup>9</sup>	A/L	13-15,15-12,13-15,14-16

Gallaudet Tour. @ Washington, D.C., 10/10-11

Chowan <sup>4</sup>	N/W	15-13,15-4,10-15,12-15,16-14
Gallaudet <sup>4</sup>	A/L	8-15,2-15,9-15
Kean <sup>4</sup>	N/W	15-11,15-17,10-15,15-11,15-11
Marymount <sup>4</sup>	N/W	15-6,15-8,3-15,15-10
Averett <sup>*</sup>	10/17 A/L	11-15,13-15,14-16
Greensboro <sup>*</sup>	10/18 A/L	11-15,6-15,12-15
N.C. Wesleyan <sup>*</sup>	10/18 N/W	14-16,16-14,10-15,11-15
Shenandoah <sup>*</sup>	10/22 H/W	15-7,6-15,16-14,15-10
Averett <sup>*</sup>	10/25 H/L	9-15,14-16,13-15
Washington & Lee	10/25 H/L	9-15,14-16,15-13,12-15
Ferrum <sup>*</sup>	10/26 H/W	9-15,15-2,15-13,15-13
Methodist <sup>*</sup>	10/26 H/W	11-15,15-9,15-11,15-7
St. Mary's (Md.)	11/1 A/L	7-15,15-13,13-15,15-10
N.C. Wesleyan <sup>*</sup>	11/4 A/W	6-15,15-11,5-15,15-10,15-10
N.C. Wesleyan <sup>1</sup>	11/7 N/L	9-15,9-15,13-15

Dixie Conf. Tour. @ Fayetteville, N.C., 11/7-8



#### 1998 (7-26)

Coach: Ken Shibuya

Mary Washington	9/1 A/L	10-15,10-15,8-15
Bridgewater Tour. @ Bridgewater, Va., 9/12		
Bridgewater <sup>9</sup>	N/L	6-15,5-15,6-15
Roanoke <sup>9</sup>	N/L	11-15,8-15,0-15
Sweet Briar <sup>9</sup>	N/W	15-10,15-12,10-15,15-9
Chowan	9/15 A/L	13-15,3-15,15-9,15-12,10-15
Methodist <sup>*</sup>	9/19 H/L	8-15,13-15,15-10,8-15
Averett <sup>*</sup>	9/19 H/L	7-15,7-15,7-15
Ferrum <sup>*</sup>	9/20 H/W	15-8,7-15,15-13,17-15
Randolph-Macon	9/24 A/L	10-15,15-8,4-15,15-9,8-15
Greensboro <sup>*</sup>	9/26 A/L	11-15,1-15,3-15
N.C. Wesleyan <sup>*</sup>	9/26 N/L	15-12,15-13,10-15,4-15,13-15
Shenandoah <sup>*</sup>	9/30 H/L	11-15,11-15,4-15

Ferrum Tour. @ Ferrum, Va., 10/2-3

Ferrum <sup>9</sup>	A/L	7-15,8-15,5-15
Emory & Henry <sup>9</sup>	N/L	5-15,15-12,15-4,12-15,7-15
Shenandoah <sup>9</sup>	N/L	15-5,14-16,10-15,3-15
Lynchburg <sup>9</sup>	N/L	15-12,1-15,7-15,10-15
Gallaudet Tour. @ Washington, D.C., 10/9-10		
Chowan <sup>4</sup>	N/W	8-15,16-14,10-15,15-12
Marymount <sup>4</sup>	N/L	4-15,12-15,4-15
Averett <sup>4</sup>	N/L	6-15,2-15,9-15
Methodist <sup>4</sup>	N/L	15-13,13-15,12-15,12-15
Sweet Briar	10/18 H/W	16-14,15-9,15-12
Meredith	10/18 H/W	9-15,15-7,18-16,15-7
Shenandoah <sup>*</sup>	10/20 A/L	15-10,12-15,7-15,12-15
Washington & Lee	10/22 A/L	3-15,8-15,10-15
Greensboro <sup>*</sup>	10/24 H/L	3-15,7-15,9-15
Methodist <sup>*</sup>	10/25 A/L	14-16,15-6,16-14,18-20
Averett <sup>10</sup>	A/L	5-15,6-15,11-15

Averett Tour. @ Danville, Va., 10/30-31

Emory & Henry <sup>10</sup>	N/L	14-16,16-14,15-7,15-10
Guilford <sup>10</sup>	N/W	15-12,15-9,15-11
Greensboro <sup>10</sup>	N/L	8-15,8-15,14-16
Thomas More <sup>10</sup>	N/L	1-15,11-15,2-15
N.C. Wesleyan <sup>*</sup>	11/3 H/L	13-15,13-1,15-5,15-7

Dixie Conf. Tour. @ Danville, Va., 11/6-7

Greensboro <sup>1</sup>	11/6 N/L	15-12,13-15,6-15,6-15
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#### 1999 (20-13)

Coach: Ken Shibuya

Mary Washington	9/1 H/L	2-15,13-15,15-17
Sweet Briar	9/4 H/W	15-6,15-4,15-11
St. Paul's	9/4 H/W	15-1,15-3,15-3
Chowan	9/7 H/W	15-11,15-6,15-9
Bridgewater Tour. @ Bridgewater, Va., 9/10-11		
Sweet Briar <sup>8</sup>	N/W	15-2,15-4,15-9
Marymount <sup>8</sup>	N/L	15-13,11-15,8-15,15-5,8-15
Southern Virginia <sup>8</sup>	N/L	12-15,11-15,6-15
Bridgewater <sup>8</sup>	A/W	15-8,15-7,15-11
Averett <sup>11</sup>	9/18 H/L	9-15,6-15,3-15
Ferrum <sup>11</sup>	9/18 H/L	8-15,15-7,4-15,13-15
Shenandoah <sup>11</sup>	9/19 H/W	16-14,15-9,15-10
Catholic	9/22 A/L	2-15,8-15,11-15
Greensboro <sup>11</sup>	9/25 N/L	6-15,16-14,0-15,6-15
Methodist <sup>11</sup>	9/25 N/W	15-11,15-8,11-15,13-15,15-13

Ferrum Tour. @ Ferrum, Va., 10/1-2

Shenandoah <sup>9</sup>	N/W	6-15,15-11,16-14,15-7
Southern Virginia <sup>9</sup>	N/L	11-15,6-15,14-16
Roanoke <sup>9</sup>	N/W	15-11,11-15,15-8,17-15
Emory & Henry <sup>9</sup>	N/W	15-12,15-10,15-6
Oglethorpe <sup>9</sup>	N/W	12-15,15-1,15-10,15-12
N.C. Wesleyan <sup>*</sup>	10/6 H/L	13-15,15-12,14-16,15-9,13-15

Gallaudet Tour. @ Washington, D.C., 10/8-9

Frostburg St. <sup>4</sup>	N/L	15-12,15-15,8-10,10-15,10-15
Marymount <sup>4</sup>	N/W	15-9,11-15,15-7,10-15,15-8
Catholic <sup>4</sup>	N/W	11-15,15-11,15-5,18-16
Kean (N.J.) St. <sup>4</sup>	N/W	15-10,15-12,7-15,8-15,15-12
Chowan	10/20 A/W	15-4,15-3,15-9
Ferrum <sup>11</sup>	10/23 N/W	16-14,15-10,15-7
Averett <sup>11</sup>	10/23 N/L	5-15,15-11,15-12,13-15
Shenandoah <sup>*</sup>	10/27 N/W	6-15,15-8,15-10,16-14
Methodist <sup>11</sup>	10/30 A/W	15-8,15-6,15-10
Greensboro <sup>11</sup>	10/30 N/L	12-15,7-15,2-15
N.C. Wesleyan <sup>*</sup>	11/2 A/W	13-15,15-9,15-5,15-12

Dixie Conf. Tour. @ Rocky Mount, N.C., 11/5-6

Shenandoah <sup>1</sup>	N/W	15-8,15-15,15-13,10-15,15-8
Greensboro <sup>1</sup>	N/L	9-15,9-15,9-15

#### 2000 (26-9)

Coach: Ken Shibuya

Ursinus	9/1 H/W	16-14,15-9,13-15,15-12
Chowan	9/1 H/W	15-1,15-8,15-9
Mary Washington	9/5 A/L	10-15,14-16,13-15
Sweet Briar	9/8 H/W	5-



Emory <sup>10</sup>	N/L	27-30, 18-30, 23-30
Austin <sup>10</sup>	N/L	22-30, 27-30, 16-30
Guilford <sup>10</sup>	N/W	30-28, 30-25, 30-22
<i>Washington &amp; Lee Tour. @ Lexington, Va., 9/7-8</i>		
St. Mary's <sup>14</sup>	N/W	30-20, 30-22, 30-17
Catholic <sup>14</sup>	N/L	22-30, 23-30, 33-31, 15-30
Washington & Lee <sup>14</sup>	A/L	23-30, 20-30, 30-21, 18-30
Shenandoah <sup>14</sup>	N/W33-30, 30-17, 28-30, 28-30, 15-13	
N.C. Wesleyan*	9/18 H/W	30-22, 30-20, 30-10
Averett <sup>11</sup>	9/22 N/W	30-25, 25-30, 30-23, 30-27
Ferrum <sup>11</sup>	9/22 N/W	30-27, 27-30, 30-24, 30-28
Chowan*	9/26 A/W	30-21, 30-26, 30-23
Shenandoah*	10/3 H/W	30-16, 30-20, 30-16
Hollins	10/6 N/W	27-30, 30-21, 30-19, 30-13
Randolph-Macon	10/6 A/W	30-18, 30-24, 25-30, 28-30, 15-6
Methodist*	10/8 H/W	30-21, 30-19, 30-21
Greensboro*	10/8 H/W	30-26, 30-18, 30-19
<i>Southwestern Tour. @ Georgetown, Texas, 10/12-13</i>		
Monmouth <sup>15</sup>	N/L	29-31, 24-30, 21-30
Mary Hardin-Baylor <sup>15</sup>	N/L	23-30, 20-30, 30-28, 18-30
Southwestern (Tx) <sup>15</sup>	N/L	33-31, 26-30, 27-30, 24-30
Cal Lutheran <sup>15</sup>	N/L	22-30, 27-30, 16-30
N.C. Wesleyan*	10/17 A/W	30-21, 30-19, 30-22
Shenandoah*	10/19 A/W	25-30, 30-22, 30-18, 30-22
Greensboro <sup>11</sup>	10/20 N/W	30-25, 30-20, 30-15
Methodist <sup>11</sup>	10/20 N/W	30-21, 31-29, 30-23
Catholic	10/22 A/L	21-30, 23-30, 20-30
Randolph-Macon	10/24 H/W	30-24, 30-27, 30-19
Ferrum <sup>11</sup>	10/26 N/W	30-22, 30-19, 30-19
Averett <sup>11</sup>	10/26 N/W	30-26, 30-25, 24-30, 28-30, 15-7
Chowan*	10/30 H/W	30-20, 30-20, 30-20
<i>Dixie Conf. Tour. @ Newport News, Va., 11/2-3</i>		
Chowan <sup>1</sup>	H/W	30-24, 30-20, 30-20
Ferrum <sup>1</sup>	H/W	30-17, 30-20, 30-20
Methodist <sup>1</sup>	H/W	30-12, 30-24, 30-17
<i>NCAA Tour. @ San Antonio, Texas, 11/8</i>		
Washington & Lee <sup>16</sup>	11/8 N/L	21-30, 15-30, 15-30



2002 (24-8)

Coach: Lindsay Sheppard

CNU Earlybird Tour. @ Newport News, Va., 8/31

Virginia Wesleyan <sup>17</sup>	H/W	30-10, 30-11, 30-12
Hollins <sup>17</sup>	H/W	30-20, 30-26, 30-16
Bridgewater <sup>17</sup>	H/L	27-30, 27-30, 30-11, 30-25, 11-15
<i>Washington &amp; Lee Tour. @ Lexington, Va., 9/6-7</i>		
St. Mary's <sup>14</sup>	N/W	30-15, 30-21, 30-22
Catholic <sup>14</sup>	N/L	30-26, 26-30, 24-30, 22-30
Washington & Lee <sup>14</sup>	A/W	21-30, 30-28, 30-25, 19-30, 15-12
Catholic <sup>14</sup>	N/L	24-30, 23-30, 20-30
<i>Emory Tour. @ Atlanta, Ga., 9/13-14</i>		
U. of the South <sup>7</sup>	N/W	30-19, 26-30, 30-27, 30-22
Emory <sup>7</sup>	A/L	19-30, 16-30, 30-27, 27-30
Maryville <sup>7</sup>	N/L	12-30, 33-35, 26-30
Shenandoah*	9/17 H/W	30-16, 30-19, 30-18
Randolph-Macon	9/18 A/W	30-24, 30-23, 33-31
Greensboro <sup>11</sup>	9/21 N/W	30-26, 23-30, 30-21, 30-25
Methodist <sup>11</sup>	9/21 A/W	30-21, 30-20, 30-17
N.C. Wesleyan*	9/25 A/W	30-15, 30-17, 30-16
Ferrum <sup>11</sup>	9/28 H/W	30-17, 26-30, 30-12, 30-12
Averett <sup>11</sup>	9/28 H/W	30-25, 30-19, 30-17
Chowan*	10/3 A/W	30-23, 30-18, 30-23
Shenandoah*	10/9 A/W	30-23, 30-11, 30-22
Washington & Lee	10/10 H/W	21-30, 30-27, 19-30, 30-28, 15-6
N.C. Wesleyan*	10/23 H/W	30-12, 32-34, 30-9, 30-27
Methodist <sup>11</sup>	10/26 N/W	30-26, 25-30, 30-25, 30-24
Greensboro <sup>11</sup>	10/26 A/W	30-27, 30-27, 21-30, 31-29
Randolph-Macon	10/28 H/W	32-34, 32-30, 30-28, 24-30, 15-13
Chowan*	10/30 A/W	30-14, 21-30, 33-31, 30-24
Ferrum <sup>11</sup>	11/2 A/W	27-30, 30-23, 30-20, 30-27
Averett <sup>11</sup>	11/2 N/L	20-30, 16-30, 23-30
Bridgewater	11/5 A/L	23-30, 19-30, 18-30
<i>Dixie Conf. Tour. @ Greensboro, N.C., 11/8-9</i>		
Chowan <sup>1</sup>	N/W	30-15, 30-24, 30-26
Methodist <sup>1</sup>	N/W	30-25, 30-21, 30-27
Averett <sup>1</sup>	N/W	30-19, 24-30, 30-24, 30-25
<i>NCAA Tour. @ Atlanta, Ga., 11/14</i>		
Washington & Lee <sup>16</sup>	N/L	19-30, 27-30, 30-28, 20-30
<b>2003 (20-19)</b>		
<b>Coach: Lindsay Sheppard</b>		
<i>CNU Earlybird Tour. @ Newport News, Va., 8/30</i>		
Ursinus <sup>17</sup>	H/W	30-26, 22-30, 30-19, 30-28
Mary Washington <sup>17</sup>	H/W	30-23, 30-24, 31-29
Bridgewater <sup>17</sup>	H/L	20-30, 24-30, 16-30
Frostburg St.	9/1 N/L	16-30, 30-28, 27-30, 24-30
Catholic	9/1 A/L	12-30, 21-30, 10-30
N.C. Wesleyan*	9/9 A/W	30-25, 30-22, 30-19
<i>Washington &amp; Lee Tour. @ Lexington, Va., 9/12-13</i>		
Emory <sup>14</sup>	N/L	21-30, 22-30, 22-30

Savannah A&D <sup>14</sup>	N/L	30-23, 15-30, 19-30, 17-30
Shenandoah <sup>14</sup>	N/W	30-27, 30-24, 30-17
Averett <sup>14</sup>	N/L	22-30, 15-30, 27-30
Methodist <sup>11</sup>	9/27 A/W	30-22, 33-35, 30-26, 30-21
Averett <sup>11</sup>	9/27 N/L	23-30, 30-26, 22-30, 26-30
Shenandoah*	9/30 A/W	30-25, 30-20, 21-30, 30-20
<i>Centre Tour. @ Danville, Ky., 10/3-4</i>		
Thomas More <sup>18</sup>	N/L	17-30, 23-30, 20-30
Centre <sup>18</sup>	A/L	11-30, 14-30, 13-30
Campbellsville <sup>18</sup>	N/L	17-30, 16-30, 9-30
Campbellsville <sup>18</sup>	N/L	23-30, 20-30, 25-30
Ferrum <sup>11</sup>	10/5 A/W	30-19, 28-30, 30-18, 30-18
Greensboro <sup>11</sup>	10/5 N/L	21-30, 23-30, 30-28, 25-30
N.C. Wesleyan*	10/8 H/W	30-17, 30-19, 30-18
<i>Captains Classic @ Newport News, Va., 10/10-11</i>		
Nazareth <sup>12</sup>	H/L	19-30, 30-21, 25-30, 12-30
Ramapo <sup>12</sup>	H/W	30-25, 30-18, 30-25
Maryville <sup>12</sup>	H/L	25-30, 10-30, 18-30
Ramapo <sup>12</sup>	H/W	30-24, 30-23, 30-20
Chowan*	10/15 A/W	30-20, 30-18, 30-26
Washington & Lee	10/16 H/L	29-31, 28-30, 20-30
Penn St.-Behrend	10/19 N/L	30-28, 27-30, 20-30, 22-30
Frostburg St.	10/19 A/L	13-30, 15-30, 28-30
Peace*	10/24 H/W	30-25, 30-24, 30-24
Peace*	10/24 H/W	30-15, 30-21, 32-30
Ferrum <sup>11</sup>	10/25 H/W	30-9, 24-30, 30-21, 30-25
Greensboro <sup>11</sup>	10/25 H/W	28-30, 23-30, 30-21, 31-29, 15-11
Chowan*	10/27 H/W	30-20, 30-24, 27-30
Shenandoah*	10/29 H/W	30-19, 30-21, 30-28
Averett <sup>11</sup>	11/1 A/L	31-29, 20-30, 12-30, 20-30
Methodist <sup>11</sup>	11/1 N/W	30-20, 30-18, 30-18
<i>USA South Conf. Tour. @ Winchester, Va., 11/7-8</i>		
Methodist <sup>1</sup>	11/7 N/W	30-12, 30-22, 30-19
Greensboro <sup>1</sup>	11/8 A/W	30-23, 30-28, 30-25
Averett <sup>1</sup>	11/8 N/L	21-30, 19-30, 21-30

2004 (32-8)

Coach: Lindsay Sheppard

Maryville Tour. @ Maryville, Tenn., 9/3-4

Guilford <sup>19</sup>	N/W	30-14, 30-18, 30-14
Southwestern (Tx) <sup>19</sup>	N/L	17-30, 30-21, 26-30, 29-31
Maryville <sup>19</sup>	A/L	30-23, 27-30, 27-30, 25-30
Hanover <sup>19</sup>	N/W	30-24, 26-30, 27-30, 22-15, 12
N.C. Wesleyan*	9/8 H/W	30-21, 30-10, 30-28
<i>Washington &amp; Lee Tour. @ Lexington, Va., 9/10-11</i>		
Catholic <sup>14</sup>	N/W	30-10, 30-12, 30-22
Washington & Lee <sup>14</sup>	A/W	30-23, 23-30, 30-26, 30-24
Averett <sup>14</sup>	N/W	30-16, 30-15, 30-10
Frostburg St. <sup>14</sup>	N/L	30-15, 25-30, 30-24, 26-30, 11-15
Chowan	9/15 A/W	30-14, 30-14, 32-30
Randolph-Macon	9/21 H/W	30-26, 30-19, 25-30, 28-30, 15-13
Averett <sup>1</sup>	9/25 H/W	27-30, 25-30, 30-26, 30-22, 15-11
Methodist*	9/25 H/W	30-23, 30-21, 30-19
Ferrum*	9/26 H/W	30-12, 30-8, 30-9
Greensboro*	9/26 H/W	30-21, 30-21, 30-28
Shenandoah*	9/29 H/W	30-16, 30-14, 30-21
<i>CNU/Comfort Inn Classic @ Newport News, Va., 10/1-2</i>		
Salem <sup>20</sup>	H/W	30-15, 30-14, 30-12
Southern Virginia <sup>20</sup>	H/W	30-21, 32-30, 30-22
Elizabethtown <sup>20</sup>	H/W	30-27, 30-22, 32-30
Elizabethtown <sup>20</sup>	H/W	27-30, 30-27, 30-24, 22-30
N.C. Wesleyan*	10/5 A/W	30-11, 30-24, 30-27
<i>Guilford Tour. @ Greensboro, N.C., 10/8-9</i>		
Methodist <sup>21</sup>	N/W	30-13, 30-24, 30-20
Guilford <sup>21</sup>	A/W	30-18, 30-18, 30-23
Chowan <sup>21</sup>	N/W	30-7, 30-23, 30-21
Bridgewater <sup>21</sup>	N/L	30-24, 30-27, 22-30, 30-32, 12-15
Chowan	10/13 H/W	30-12, 30-10, 30-19
Rutgers-Newark	10/17 H/W	30-20, 30-19, 30-24
Randolph-Macon	10/17 A/L	30-28, 30-32, 21-30, 30-20
Peace*	10/22 A/W	30-15, 30-28, 30-27
Peace*	10/22 A/W	32-30, 30-24, 32-30
Greensboro*	10/23 A/L	22-30, 28-30, 12-30
Ferrum*	10/23 N/W	30-15, 30-13, 30-16
Shenandoah*	10/26 A/W	30-16, 29-31, 30-18, 30-16
Averett <sup>1</sup>	10/30 A/L	30-28, 28-30, 22-30, 23-30
Methodist*	10/30 N/W	30-21, 30-13, 30-21
Va. Wesleyan	11/2 H/W	30-15, 30-22, 30-23
<i>USA South Conf. Tour. @ Fayetteville, N.C., 11/5-6</i>		
Peace <sup>1</sup>	N/W	30-16, 30-17, 30-13
Averett <sup>1</sup>	N/W	30-25, 31-33, 30-22, 30-27
Greensboro <sup>1</sup>	N/W	30-25, 30-19, 30-26
<i>NCAA Regionals @ Atlanta, Ga., 11/11</i>		
Texas Lutheran <sup>16</sup>	11/11 N/L	20-30, 27-30, 24-30

2005 (32-6)

Coach: Lindsay Sheppard

Maryville Tour. @ Lexington, Va., 9/9-10

Maryville Tour. @ Lexington, Va., 9/9-10		
Hanover (In.) <sup>19</sup>	NW	28-30, 32-30, 30-14, 26-30, 15-8
Johnson Bible <sup>19</sup>	NW	30-14, 30-10, 30-28
Ohio St.-Newark <sup>19</sup>	NW	30-15, 30-13, 30-19
Maryville <sup>19</sup>	AW	30-15, 30-21, 30-17
Randolph-Macon	9/6 A/L	30-26, 23-30, 24-30, 30-26, 10-15
Washington & Lee Inv. @ Maryville, Tenn., 9/2-3		
Washington & Lee <sup>14</sup>	AW	30-27, 21-30, 30-21, 30-17
Catholic <sup>14</sup>	NW	27-30, 30-19, 30-27, 30-24
Averett <sup>14</sup>	NW	25-30, 30-28, 30-19, 30-12
Emory	N/L	26-30, 29-31, 26-30

Peace*	9/14	H/W	30-21,30-17,30-21
Ferrum <sup>11</sup>	9/17	A/W	30-18,30-21,30-18
Methodist <sup>11</sup>	9/17	N/W	30-11,30-20,30-26
N.C. Wesleyan*	9/20	A/W	30-21,30-24,30-26
Greensboro <sup>11</sup>	9/24	H/W	30-23,29-31,22-30,25-15,6
Averett <sup>11</sup>	9/24	H/W	30-23,30-20,30-22
Shenandoah*	9/27	H/W	30-26,31-29,30-23
<i>Southwestern (Tx.) Tr. @ Georgetown, Tx., 9/30-10/1</i>			
Texas-Dallas <sup>15</sup>		N/W	30-26,30-19,30-22
Southwestern (Tx.) <sup>15</sup>		A/L	23-30,28-30,29-31
Dallas <sup>15</sup>		N/W	31-29,30-17,30-26
East Texas Baptist <sup>15</sup>		N/W	29-31,31-29,30-18,22-30,19-17
Va. Wesleyan	10/4	A/W	32-30,30-26,21-30,30-23
<i>Guilford Tr. @ Greensboro, N.C., 10/7-8</i>			
Piedmont <sup>21</sup>		N/W	30-19,30-19,30-18
Guilford <sup>21</sup>		N/W	30-14,32-30,30-24
Maryville <sup>21</sup>		N/W	30-26,31-29,30-24
Bridgewater <sup>21</sup>		N/L	29-31,30-19,30-26,26-30,13-15
Shenandoah*	10/11	A/W	30-19,30-21,30-28
N.C. Wesleyan*	10/18	H/W	30-18,30-20,18-30,30-26
Randolph-Macon	10/21	H/W	20-30,30-21,24-30,30-28,16-14
Methodist <sup>11</sup>	10/22	A/W	30-19,30-21,30-15
Ferrum <sup>11</sup>	10/22	N/W	30-11,30-23,30-19
Va. Wesleyan	10/25	H/W	30-12,30-23,19-30,30-18
Peace*	10/26	A/W	30-13,30-17,30-17
Averett <sup>11</sup>	10/29	A/W	26-30,30-20,30-27,27-30,17-15
Greensboro <sup>11</sup>	10/29	N/L	30-22,19-30,30-28,29-31,8-15
<i>USA South Conf. Tour. 1st Round @ Freeman Ctr., 11/1</i>			
Shenandoah <sup>1</sup>	11/1	H/W	30-15,30-23,30-15
<i>USA South Conf. Tour. @ Greensboro, N.C., 11/4-5</i>			
Averett <sup>1</sup>	11/4	N/W	30-23,30-25,30-14
Greensboro <sup>1</sup>	11/5	A/W	16-30,18-30,16-30,16-30,9-15,11
<i>NCAA Regionals @ Atlanta, Ga., 11/10</i>			
Trinity (Tx.) <sup>16</sup>	11/10	N/L30-28,35-33,18-30,25-30,16-18	
<b>2006 (27-10)</b>			

2006 (27-10)

Coach: Lindsay Birch

Juniata Tour. @ Huntingdon, Pa., 9/1-2



## HONORS

### All-American

2006 Brittany Collins AVCA Hon. Men.

### All-South Region

2006 Brittany Collins AVCA 1st team

### All-Conference

1985 Dawn Terry 1st team  
Tina Sage 2nd team  
1986 Dawn Terry 2nd team  
Michelle Masco 2nd team  
1988 Paula Hockster 2nd team  
1989 Ruth Castellon 1st team  
Paula Hockster 2nd team  
1990 Linda Machie 1st team  
Jennifer Martin 1st team  
1991 Jennifer Martin 1st team  
1992 Jennifer Martin 2nd team  
1995 Tiffany Libeu 1st team  
Rachel Hull 2nd team  
1996 Amanda Adkins 2nd team  
1997 Rachel Hull 2nd team  
1999 Oksana Boukhtina 1st team  
Heather Vaden 2nd team  
2000 Oksana Boukhtina 1st team  
Lindsay Sheppard 1st team  
2001 Lindsay Sheppard 1st team  
Nina Richardson 1st team  
Amy Johnson 2nd team  
2002 Oksana Boukhtina 1st team  
Nina Richardson 1st team  
Mary Whiting 2nd team  
2003 Amber Bradshaw 1st team  
Erin Bradshaw 1st team  
2004 Amber Bradshaw 1st team  
Tricia Nelsen 1st team  
Brittany Collins 2nd team  
Jessica O'Neal Hon. Men.  
Jenna Williams Hon. Men.  
2005 Amber Bradshaw 1st team  
Brittany Collins 1st team  
Liz Bush 2nd team  
Jenna Williams 2nd team  
Erin Bradshaw Hon. Men.  
Ellen Koch Hon. Men.  
2006 Brittany Collins 1st team  
Liz Bush 1st team  
Sarah Brown 2nd team  
Jenna Williams 2nd team  
Ellen Koch Hon. Men.  
Sarah Hunkele Hon. Men.

### Conference Player of the Year

2001 Lindsay Sheppard  
2006 Brittany Collins

### Conference Rookie of the Year

2001 Amy Johnson  
2004 Tricia Nelsen  
2005 Liz Bush

### Conference Libero of the Year

2005 Jenna Williams  
2006 Jenna Williams

### Conference Coach of the Year

1989 Coco Hofmann  
1999 Ken Shibuya  
2001 Ken Shibuya  
2002 Lindsay Sheppard  
2005 Lindsay Sheppard

### All-Conference Tournament

1985 Tina Sage  
Michelle Masco  
1989 Andrea Spurell  
Ruth Castellon  
1990 Linda Machie  
1996 Faith McGovern  
2001 Lindsay Sheppard  
Nina Richardson  
Amy Johnson  
2002 Mary Whiting  
Oksana Boukhtina  
Nina Richardson  
Erin Bradshaw  
2004 Amber Bradshaw  
Brittany Collins  
Tricia Nelsen  
2005 Brittany Collins  
Erin Bradshaw  
Amber Bradshaw  
2006 Brittany Collins  
Sarah Hunkele  
Ellen Koch

### Conference Tournament MVP

2001 Lindsay Sheppard  
2002 Mary Whiting  
2004 Brittany Collins  
2005 Brittany Collins

### CoSIDA Academic

### All-District

1989 Paula Hockster

### VaSID All-Virginia

1996 Amanda Adkins Hon. Mention  
1997 Rachel Hull Hon. Mention  
1998 Heidi Jackson Hon. Mention  
1999 Oksana Boukhtina 2nd team  
Heather Vaden 2nd team  
Heidi Jackson Hon. Mention  
2000 Oksana Boukhtina 1st team  
Lindsay Sheppard 2nd team  
2001 Lindsay Sheppard 1st team  
Nina Richardson 2nd team  
2002 Oksana Boukhtina 1st team  
Nina Richardson 1st team  
2003 Amber Bradshaw 2nd team  
Erin Bradshaw 2nd team  
Jenna Williams 2nd team  
2004 Tricia Nelsen 1st team  
Amber Bradshaw 2nd team  
2005 Amber Bradshaw 2nd team  
Brittany Collins 2nd team  
2006 Brittany Collins 1st team  
Liz Bush 2nd team

### VaSID All-Virginia All-Academic

1990 Teresa Otterness

### VaSID All-Virginia Coach of the Year

2004 Lindsay Sheppard  
2005 Lindsay Sheppard

### VaSID All-Virginia Player of the Year

2006 Brittany Collins

### Conference All-Academic

1982 Vicky Gunn  
Leanne Eyer  
1983 Dawn Terry  
Anne Walsh  
Karen Joyner  
1984 Dawn Terry  
Anne Walsh  
1985 Dawn Terry  
1986 Dawn Terry  
Sandy Miller  
Sandy Miller  
1987 Paula Hockster  
1988 Patty Patenaude  
Laurie Coburn  
1989 Teresa Otterness  
1990 Barbie Sprinkle  
1991 Dawn Brown  
1992 Colleen O'Neill  
1993 Dana Kirts  
1995 Michelle Hirsch  
Dana Forrest  
1998 Nancy Gordon  
Becca Hammack  
1999 Becca Hammack  
Kim Hammack  
Meghan McCalley  
Melissa Noble  
Nina Richardson  
Jenny Steele  
Jennifer Wood  
2000 Kim Hammack  
Becca Hammack  
Meghan McCalley  
Nina Richardson  
Jenny Steele  
2001 Rebecca Hammack  
Nina Richardson  
Lindsay Sheppard  
Jenny Steele  
2002 Nina Richardson  
Kristy Severin  
Liz Standish  
Sarah Zoric  
2003 Courtney Barnett  
Jessi Hinz  
Laura Mathews

Nicole Sperlazza  
Jenna Williams  
2004 Courtney Barnett  
Melanie Herrington  
Jessica Hinz  
Nicole Sperlazza  
Jessica Wright  
2005 Liz Bush  
Katie Knoll  
2006 Kenzie Lockie  
Meghan Puckli  
Nicole Sperlazza



The Captains after their victory  
over Salisbury



# USA SOUTH ATHLETIC CONFERENCE

## FINAL 2006 STANDINGS

SCHOOL	Conf. W-L	Games For Opp.	Pct.	Overall W-L	Games For Opp.	Pct.
<b>CNU</b>	<b>13-1</b>	<b>39 7</b>	<b>.929</b>	<b>27-10</b>	<b>89 39</b>	<b>.730</b>
Averett	13-1	39 7	.929	29-7	92 33	.806
Greensboro	10-4	33 15	.714	24-12	77 46	.667
Ferrum	7-7	23 26	.500	17-15	61 54	.531
Methodist	6-8	23 31	.429	15-17	53 62	.469
Shenandoah	3-11	14 37	.214	14-14	50 49	.500
N.C. Wesleyan	3-11	15 36	.214	12-19	44 65	.387
Peace	1-13	12 39	.071	12-20	48 63	.375

## ALL-TOURNAMENT TEAM

Christy Renegar	Averett	MVP
<b>Brittany Collins</b>	<b>CNU</b>	
<b>Sarah Hunkele</b>	<b>CNU</b>	
<b>Ellen Koch</b>	<b>CNU</b>	
Kris Dunn	Averett	
Samantha Kirby	Averett	
Lauren Wells	Averett	

## CONFERENCE STATISTICAL

### LEADERS

#### Attack Percentage (Min. .200, 3.0 attacks/game)

Player	Team	G	Kills	E	TA	Pct.
Kirby	AU	122	450	81	903	.409
Smith	GC	123	523	92	1185	.364
Dunn	AU	116	365	119	760	.324
Walker	FC	115	186	71	410	.280
Weavil	GC	118	176	58	421	.280
Altice	FC	112	485	153	1193	.278
Insley	NCW	105	456	177	1008	.277
Chandler	SU	99	308	78	867	.265
Clark	GC	111	240	96	560	.257
<b>Brown</b>	<b>CNU</b>	<b>120</b>	<b>287</b>	<b>103</b>	<b>758</b>	<b>.243</b>

#### First Team

**Brittany Collins**  
**Liz Bush**

Samantha Kirby  
Lauren Smith  
Christy Renegar  
Kasey Carpenter

**CNU**  
**CNU**

Averett  
Greensboro  
Averett  
Averett

## ALL-CONFERENCE TEAM

#### Second Team

**Sarah Brown**  
**Jenna Williams**

Mindy Altice  
Brittany Insley  
Ruthanne Clark  
Kris Dunn

**CNU**  
**CNU**

Ferrum  
N.C. Wesleyan  
Greensboro  
Averett

#### Honorable Mention

**Sarah Hunkele, CNU**

**Ellen Koch, CNU**

Sarah Yeatman, Methodist  
Lauren Wells, Averett  
Allison Weavil, Greensboro  
Joy Daniels, Greensboro  
Michelle Chandler, Shenandoah  
Jessica Flanagan, Ferrum

Player of the Year: **Brittany Collins, CNU**  
Rookie of the Year: Samantha Kirby, Averett  
Libero of the Year: **Jenna Williams**  
Coach of the Year: Danny Miller, Averett

#### Kills per Game (Min. 2.00 per game)

Player	School	G	Kills	Ave.
Insley	NCW	105	456	4.34
Altice	FC	112	485	4.33
Smith	GC	123	523	4.25
Renegar	AU	117	435	3.72
Kirby	AU	122	450	3.69
Dunn	AU	116	365	3.15
Chandler	SU	99	308	3.11
Thompson	SU	87	264	3.03
Bens	NCW	109	325	2.98
<b>Hunkele</b>	<b>CNU</b>	<b>99</b>	<b>294</b>	<b>2.97</b>

#### Blocks per Game (Min. 1.00 per game)

Player	School	G	BS	BA	BAVE.
Wilson	NCW	109	39	74	1.04
Weavil	GC	118	16	104	1.02
Clark	GC	111	19	93	1.01

#### Assists per Game (Min. 5.00/game)

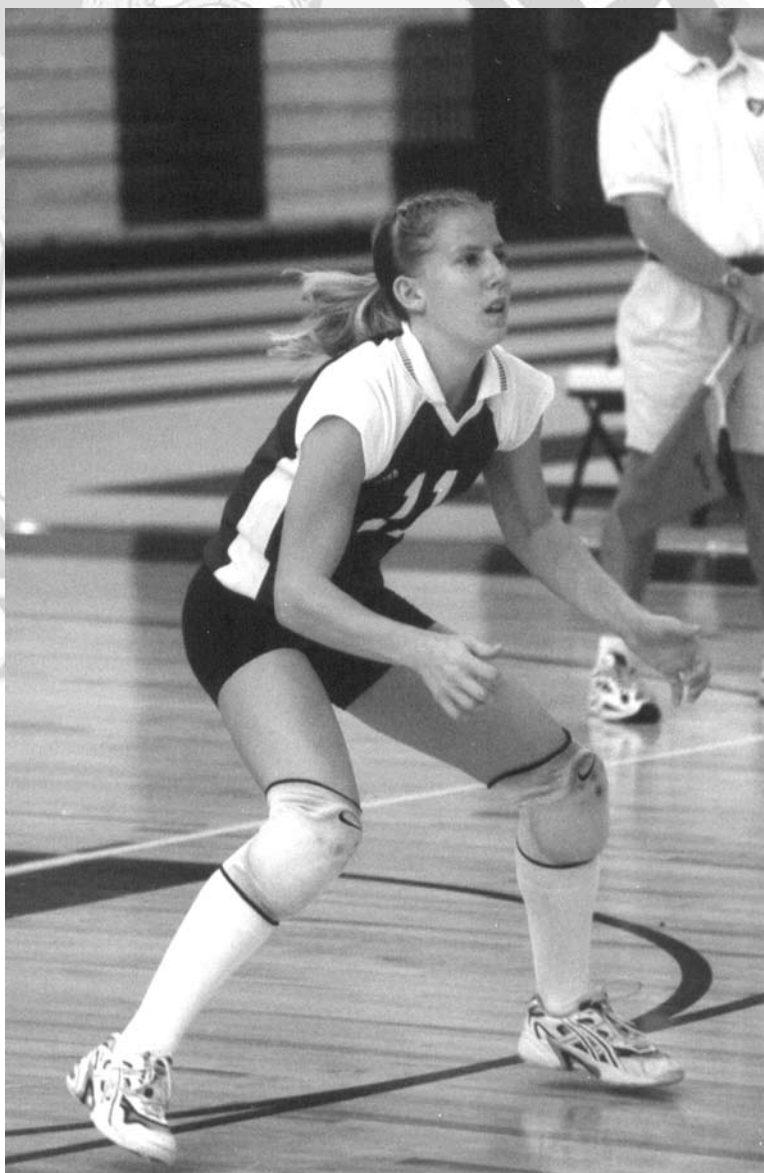
Player	School	G	Kills	Ave.
Carpenter	AU	125	1438	11.50
<b>Collins</b>	<b>CNU</b>	<b>121</b>	<b>1216</b>	<b>10.05</b>
George	NCW	109	996	9.14
Lemmons	GC	123	919	7.47
Walker	FC	115	706	6.14
Flaherty	MU	111	645	5.81

#### Digs per Game (Min. 1.00 per game)

Player	School	G	Digs	Ave.
Wells	AU	125	610	4.88
<b>Williams</b>	<b>CNU</b>	<b>124</b>	<b>577</b>	<b>4.65</b>
Morris	PC	105	423	4.03
Conner	SU	99	388	3.92
Thurman	FC	107	414	3.87
Daniels	GC	123	464	3.77
Yeatman	MU	114	410	3.60
Flanagan	FC	115	391	3.40
Corn	PC	105	340	3.24
Renegar	AU	117	370	3.16

#### Aces per Game (Min. 0.10/game)

Player	School	G	Aces	Ave.
<b>Collins</b>	<b>CNU</b>	<b>121</b>	<b>108</b>	<b>.89</b>
Thompson	SU	87	77	.89
Chandler	SU	99	71	.72
<b>Lockie</b>	<b>CNU</b>	<b>96</b>	<b>66</b>	<b>.69</b>
Carpenter	AU	125	76	.61
Flanagan	FC	115	69	.60
Dunn	AU	116	69	.59
Stringfellow	GC	120	71	.59
Corn	PC	105	60	.57
Smith	GC	123	68	.55



CNU Coach Lindsay Sheppard, in her playing days. She was conference Player of the Year as a senior



## USA SOUTH VOLLEYBALL HISTORY

Year	Regular Season Champ.	Tournament Champ.	Coach of Year	School
1981	NC Wesleyan	UNC Greensboro	Debbie Allison	NC Wesleyan
1982	UNC Greensboro	UNC Greensboro	Tere Dail	UNCG
1983	UNC Greensboro	UNC Greensboro	Jean Lojko	Greensboro
1984	UNC Greensboro	UNC Greensboro	Tere Dail	UNCG
1985	St. Andrews	St. Andrews	Tere Dail	UNCG
	<b>Christopher Newport</b>			
	UNC Greensboro			
1986	Greensboro	Methodist	Jean Lojko	Greensboro
1987	St. Andrews	St. Andrews	JoAnn Williams	St. Andrews
1988	Methodist	Methodist	Diane Scherzer	Methodist
			Jetanna McClain	NC Wesleyan
1989	Greensboro	Greensboro	<b>Coco Hofmann</b>	<b>Christopher Newport</b>
			Jean Lojko	Greensboro
			Jetanna McClain	NC Wesleyan
1990	Greensboro	Greensboro	Kelly Caputo	Ferrum
1991	Averett	Greensboro	Karen Smith	Methodist
1992	Averett	Averett	Barbara Kushubar	Averett
1993	Averett	Averett	Barbara Kushubar	Averett
1994	Averett	Averett	Barbara Kushubar	Averett
1995	Averett	Averett	Danny Miller	Averett
1996	Averett	Averett	Danny Miller	Averett
1997	Averett	Greensboro	Danny Miller	Averett
1998	Averett	Averett	Danny Miller	Averett
1999	Averett	Averett	<b>Ken Shibuya</b>	<b>Christopher Newport</b>
2000	Averett	Averett	Jean Miller	Averett
			Jean Lojko	Greensboro
2001	<b>Christopher Newport</b>	<b>Christopher Newport</b>	<b>Ken Shibuya</b>	<b>Christopher Newport</b>
2002	<b>Christopher Newport</b>	<b>Christopher Newport</b>	<b>Lindsay Sheppard</b>	<b>Christopher Newport</b>
2003	Averett	Averett	Danny Miller	Averett
2004	<b>Christopher Newport</b>	<b>Christopher Newport</b>	Jean Lojko	Greensboro
	Averett			
2005	<b>Christopher Newport</b>	<b>Christopher Newport</b>	<b>Lindsay Sheppard</b>	<b>Christopher Newport</b>
	Greensboro			
2006	<b>Christopher Newport</b>	Averett	Danny Miller	Averett
	Averett			

## THE HISTORY OF THE USA SOUTH

The USA South Athletic Conference might be one of the newest names in Division III athletics, but that doesn't mean the 11-team conference is new on the scene. One of the oldest Division III conferences in the nation, the USA South was born as the Dixie Intercollegiate Athletic Conference in 1963 when six institutions with similar philosophies of academics and athletics joined as founding members. Those colleges were: Charlotte College (now UNC-Charlotte), College of Charleston (S.C.), Methodist College (now Methodist University), North Carolina Wesleyan College, St. Andrews Presbyterian College, and Lynchburg College. The basis for the new athletic conference was that participation would be strictly amateur, and thus no athletically awarded financial aid or athletic scholarships would be awarded. That philosophy still exists today.

In February 2003, it was announced that the Dixie Intercollegiate Athletic Conference would change its name to the USA South Athletic Conference. The name change was made official on July 1, 2003 and the first USA South Athletic Conference championships were awarded in the fall of that year.

The Conference was originally affiliated with the National Association of Intercollegiate Athletics (NAIA) and remained with that affiliation until 1973. At that time the NCAA divided into three legislative and competitive divisions, with Division III allowing membership for non-athletic scholarship institutions only. The Dixie joined the NCAA, and in so doing, became one of the first conferences accepted into Division III. Since the inception of Division III, the USA South has been a leader in many areas, and has gained an outstanding regional and national reputation in a number of sports.

The Conference sponsored athletic programs for men only until 1981. In that year, the NCAA expanded its sponsorship to include women's sports, and the Dixie followed that lead by including women's sports. The Conference now sponsors championships in men's and women's cross country, men's and women's soccer, women's volleyball, football, men's and women's basketball, baseball, softball, men's and women's tennis, golf and women's lacrosse for a total of 14 sports.

Each year the Conference not only recognizes the participants for outstanding athletic achievements, but academic excellence as well. Student athletes who maintain academic averages of 3.0 or better on a 4.0 scale in both academic semesters are named to the Academic All-Conference team. This group annually averages well over 500 students.

Each year, the President's Cup is awarded to the school that accumulates the most points throughout the academic year in sports that are sponsored by the USA South. Points are awarded on a scale from 1-8 with each regular season conference champion receiving one point for every school sponsoring that sport. In 2004-05, the President's Cup was changed to have one winner for men's sports and one winner for women's. After a one-year hiatus, an overall men's and women's award returned. Christopher Newport won this overall award in 2006-07.

Presently, the Conference features 11 institutions, five in Virginia, five in North Carolina and one in Tennessee. The Tennessee institution, Maryville College, became a competing member of the Conference in the fall of 2005 as a football only member. Averett University, Christopher Newport University, Ferrum College, Greensboro College, Mary Baldwin College, Meredith College, Peace College and Shenandoah University have joined Methodist and N.C. Wesleyan to make up today's Conference membership.



Dawn Terry, jumping, with Michelle Masco

# Home of Champions

Few, if any, Division III schools have had the overall success of the Christopher Newport athletic program.

Through the end of the 2006-07 season, CNU teams had won 12 national championships, either won or shared 150 conference titles and have produced an amazing number of individual accomplishments.

CNU athletes have won All-America recognition an amazing 516 times and have captured 64 individual national championships.

In the USA South Athletic Conference, CNU has won ten consecutive President's Cups and 14 of the last 23. Statewide, in Virginia, Christopher Newport has had the best win-loss record of any school in the state for six of the last ten years.

Nationally, CNU teams have made 59 NCAA appearances since 1982, not counting hundreds of individuals in track, cross country and golf.



## ROSTER OF CHAMPIONSHIPS

### A LIST OF CHAMPIONSHIPS AND NCAA APPEARANCES BY CHRISTOPHER NEWPORT TEAMS OVER THE YEARS

#### FOOTBALL

2001	Dixie Conference
2001	NCAA
2002	Dixie Conference
2002	NCAA
2003	USA South
2003	NCAA
2004	USA South
2004	NCAA
2006	USA South
2006	NCAA

#### BASEBALL

2001	Dixie Conference
2001	NCAA Regional
2002	Dixie Conference
2002	NCAA 3rd place
2003	NCAA Regional
2003	NCAA 2nd place

#### MEN'S BASKETBALL

1986	Dixie Conference
1986	NCAA First Round
1988	Dixie Conference
1988	NCAA First Round
1989	Dixie Conference
1989	NCAA First Round
1990	NCAA First Round
1991	Dixie Conference
1991	NCAA Sweet 16
1993	Dixie Conference
1993	NCAA Sweet 16
1994	NCAA Second Round
1995	NCAA First Round
1996	Dixie Conference
1996	NCAA Sweet 16
1997	NCAA Second Round
1998	Dixie Conference
1998	NCAA Sweet 16
1999	Dixie Conference
1999	NCAA First Round
2000	Dixie Conference
2000	NCAA Second Round
2001	Dixie Conference
2001	NCAA Elite 8
2003	Dixie Conference
2003	NCAA First Round
2006	USA South
2006	NCAA First Round

#### WOMEN'S BASKETBALL

1980	AIAW Regionals
1982	NCAA First Round
1986	Dixie Conference
1986	NCAA Regional
1990	Dixie Conference
1992	NCAA Sweet 16
1993	Dixie Conference
1993	NCAA First Round
1995	NCAA First Round
1997	NCAA First Round
1998	Dixie Conference
1998	NCAA Second Round
2001	Dixie Conference
2001	NCAA First Round
2002	NCAA Second Round
2006	USA South
2006	NCAA Second Round

#### MEN'S CROSS COUNTRY

1980	Dixie Conference
1981	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1984	Dixie Conference
1984	NCAA Regionals
1985	Dixie Conference
1986	Dixie Conference
1988-92	No competition
1993	Dixie Conference
1993	Mason-Dixon Conf.
1994	Dixie Conference
1994	NCAA Regionals
1994	Mason-Dixon Conf.
1995	Dixie Conference
1996	Dixie Conference
1997	Dixie Conference
1998	Dixie Conference

1999	Dixie Conference
2000	Dixie Conference
2001	Dixie Conference
2001	Mason-Dixon Conf.
2002	Dixie Conference
2003	Mason-Dixon Conf.
2003	USA South
2004	Mason-Dixon Conf.
2004	USA South
2005	USA South
2006	USA South

#### WOMEN'S CROSS COUNTRY

1994	Dixie Conference
1995	Dixie Conference
1998	Dixie Conference
1999	Dixie Conference
2000	Dixie Conference
2001	Dixie Conference
2001	Mason-Dixon Conf.
2002	Dixie Conference
2003	Mason-Dixon Conf.
2003	USA South
2004	Mason-Dixon Conf.
2004	USA South
2005	USA South
2006	USA South

#### GOLF

1990	NCAA Regionals
1991	NCAA Regionals
1992	NCAA Regionals
1994	NCAA Regionals
1995	NCAA Regionals
1996	NCAA Regionals
2000	NCAA Regionals

#### FIELD HOCKEY

2006	NCAA Elite 8
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#### WOMEN'S SOCCER

2000	Dixie Conference
2000	NCAA First Round
2004	USA South
2004	NCAA Elite 8
2005	USA South
2005	NCAA
2006	USA South
2006	NCAA

#### MEN'S SOCCER

1986	NCAA First Round
2000	Dixie Conference
2000	NCAA Elite 8
2006	NCAA Second Round

#### SOFTBALL

1993	Dixie Conference
1993	NCAA Regionals
1994	Dixie Conference
1995	Dixie Conference
1995	NCAA Regionals
1997	Dixie Conference
1998	NCAA Regionals
2001	Dixie Conference
2001	NCAA Regionals
2006	NCAA Regionals

#### WOMEN'S LACROSSE

2006	USA South
2006	NCAA First Round
2006	USA South
2006	NCAA Regionals

#### MEN'S TENNIS

1976	Dixie Conference
1977	Dixie Conference
1978	Dixie Conference
1979	Dixie Conference
1980	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1990	Dixie Conference
1993	Dixie Conference
2006	USA South

#### WOMEN'S TENNIS

1993	Dixie Conference
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#### 2006 USA South

#### MEN'S TRACK & FIELD

1980	Dixie Conference
1981	Dixie Conference
1982	Dixie Conference
1983	Dixie Conference
1984	Dixie Conference
1985	Dixie Conference
1986	Dixie Conference
1986	Mason-Dixon Conf. Out.
1994	Mason-Dixon Conf. Ind.
1995	Mason-Dixon Conf. Ind.
1995	Mason-Dixon Conf. Out.
1996	Mason-Dixon Conf. Ind.
1998	Mason-Dixon Conf. Ind.
1999	Mason-Dixon Conf. Ind.
1999	Mason-Dixon Conf. Out.
2000	Mason-Dixon Conf. Ind.
2001	Mason-Dixon Conf. Ind.
2001	Mason-Dixon Conf. Out.
2002	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Out.
2003	Mason-Dixon Conf. Ind.
2003	Mason-Dixon Conf. Out.
2004	Mason-Dixon Conf. Ind.
2004	Mason-Dixon Conf. Out.
2005	Mason-Dixon Conf. Ind.
2005	Mason-Dixon Conf. Out.
2006	Mason-Dixon Conf. Ind.
2006	Mason-Dixon Conf. Out.
2007	Mason-Dixon Conf. Ind.
2007	Mason-Dixon Conf. Out.

#### WOMEN'S TRACK & FIELD

1987	Mason-Dixon Conf. Out.
1987	NCAA Outdoor Champs
1988	NCAA Indoor Champs
1988	NCAA Outdoor Champs
1989	NCAA Indoor Champs
1989	NCAA Outdoor Champs
1990	Mason-Dixon Conf. Ind.
1990	NCAA Indoor Champs
1990	Mason-Dixon Conf. Out.
1991	Mason-Dixon Conf. Ind.
1991	Mason-Dixon Conf. Out.
1992	Mason-Dixon Conf. Ind.
1992	NCAA Indoor Champs
1992	NCAA Outdoor Champs
1992	Mason-Dixon Conf. Out.
1994	Mason-Dixon Conf. Ind.
1994	Mason-Dixon Conf. Out.
1994	NCAA Outdoor Champs
1995	Mason-Dixon Conf. Ind.
1996	Mason-Dixon Conf. Ind.
1997	NCAA Indoor Champs
1998	Mason-Dixon Conf. Ind.
1998	Mason-Dixon Conf. Out.
1998	NCAA Indoor Champs
1998	NCAA Outdoor Champs
2000	Mason-Dixon Conf. Ind.
2000	Mason-Dixon Conf. Out.
2001	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Ind.
2002	Mason-Dixon Conf. Out.
2003	Mason-Dixon Conf. Ind.
2003	Mason-Dixon Conf. Out.
2004	Mason-Dixon Conf. Ind.
2004	Mason-Dixon Conf. Out.
2005	Mason-Dixon Conf. Ind.
2005	Mason-Dixon Conf. Out.
2006	Mason-Dixon Conf. Ind.
2006	Mason-Dixon Conf. Out.
2007	Mason-Dixon Conf. Ind.

#### VOLLEYBALL

2001	Dixie Conference
2001	NCAA Regionals
2002	Dixie Conference
2002	NCAA Regionals
2004	USA South
2004	NCAA Regionals
2005	USA South
2005	NCAA Regionals



# The Virginia Peninsula

## A Great Place To Live



The Virginia Peninsula is an exciting place to live with all kinds of entertainment and history right at your doorstep.

Some of the best entertainment in the world can be found in numerous venues, as well as on the CNU campus.

Then, of course, there are the beaches, many historical attractions, pro sports, theme parks such as Busch Gardens and Water Country and much more.

There's always lots to do on the Peninsula and in the Tidewater area.



# Christopher Newport University

## Fast Facts

Christopher Newport University is a small, selective public university. It offers baccalaureate programs through its College of Liberal Arts and Sciences and the Joseph W. Luter, III School of Business, which earned international accreditation in 2005 by the world's top business accrediting organization – the Association to Advance Collegiate Schools of Business. The University also offers a five-year bachelor's to masters program in teaching and graduate programs in applied physics and computer science and environmental science.

## Location

CNU's 260-acre campus is located in Newport News, Va., two and a half hours south of Washington, D.C., less than an hour from Williamsburg and Virginia Beach, and just a few blocks from where the tidal James River flows into the Chesapeake Bay.

## Student Profile

Forty-five percent of CNU's 4,800 students are male; 55 percent are female. Students come to CNU from every region in Virginia, 32 other states, and several foreign nations. The average high school GPA is 3.4 (on a 4.0 scale). The average SAT score is 1165 (critical reading and math sections).

## History

Founded in 1960 as a two-year branch of the College of William and Mary, CNU became independent in 1977 and gained university status in 1991. Today, CNU is the youngest comprehensive university in the Commonwealth.

## Class Size

With an average class size of 25 students, CNU has much smaller classes than most state universities. More than 90 percent of classes are seminars, and no classes are taught by graduate teaching assistants.

## Facilities

With a \$400 million building campaign nearly complete, CNU's campus is bursting with new buildings and



CNU's Residence Halls offer students the latest state-of-the-art accommodations.

improvements. Recent additions include state-of-the-art residential facilities, a \$16 million sports and convocation center, the new Ferguson Center for the Arts, and residential facility restaurants and stores. Opening in fall 2006 is a state-of-the-art student union; and an expansion project that will double the size of CNU's library is scheduled for completion in fall 2007.

## Ferguson Center for the Arts

The \$60 million Ferguson Center for the Arts is the crowning jewel of Christopher Newport University. Teaching and learning are celebrated in the 1,700-seat Concert Hall, 440-seat Music and Theatre Hall, 200-seat Studio Theatre, classrooms, sound-isolated music practice spaces, rehearsal halls, dance studios, costume shops, lighting labs and set design studios. The Center's inaugural season, which began in September 2005, included world-class classical, pop, Broadway and dance performances, attracting more than 120,000 patrons and ticket revenue in excess of \$3.2 million.

## Athletics

CNU athletes compete in 21 NCAA sports, including football, lacrosse and sailing. The University ranks fifth nationally in NCAA Division III Team Championships, and the school has produced 500 All-Americans.

## Residence Halls

Nearly 3,000 students are housed in the University's state-of-the-art residential facilities that include four new resi-

dence halls and two new apartment complexes that win raves from students and parents, as well as architectural awards. New residential living includes CNU Village, a unique mixed-use development on campus that houses restaurants and stores that serve the entire community as well as students, faculty and staff. Every residential room has high-speed Internet, basic satellite cable TV, digital local phone service, 24-hour security, and electronic room access. All rooms are equipped with a microwave and mini-refrigerator or have kitchen access.

## Faculty

Eighty-five percent of CNU's 932 faculty members hold the Ph.D. or highest degree in their fields. Fifty-five new faculty members have been added since 2003.

## Cost

For in-state, full-time undergraduates, tuition and fees are \$6,460, and room and board is \$8,100. Christopher Newport University offers a variety of financial aid programs to help students and their parents pay for college; 43 percent of students receive some form of aid.

## Campus Life

CNU's 100 clubs and organizations include academic organizations, fraternities and sororities, and special-interest groups. From Altered Xpressionz to Vibes of Our Vernacular, students are sure to find something to spark their interests.





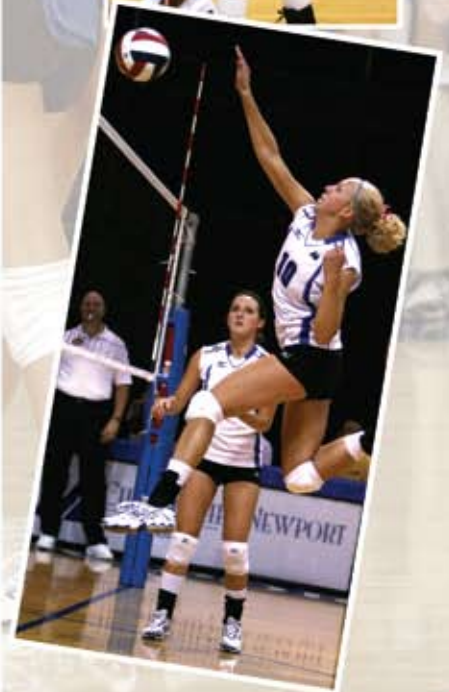
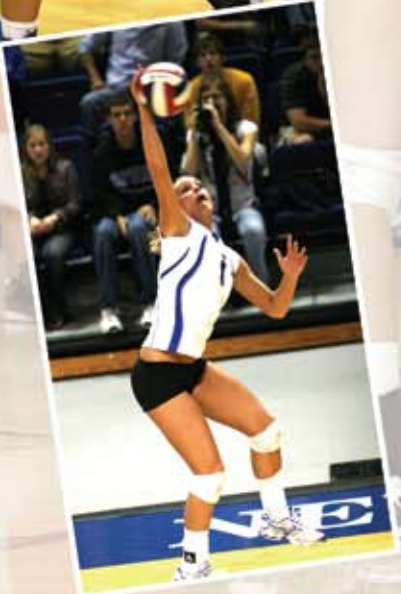
**Outstanding teaching with a strong commitment to undergraduate education and the liberal studies core are the hallmarks of Christopher Newport University. A dramatic transformation spanning the past decade has placed it among the United States' pre-eminent liberal arts universities. As the youngest university in the Commonwealth of Virginia's excellent system of higher education, CNU is getting better, not bigger.**

**CNU offers an unbeatable combination of great teaching, small classes and a commitment to placing students first, which means that the quality of teaching, advising and student life is the University's first concern. Classes average only 25 students, and are taught by faculty members – 85 percent of which hold a doctorate or the highest degree in their field – not teaching assistants. These scholars desire to engage and challenge students inside and outside the classroom and are committed to playing an active role in campus life.**

**[www.cnu.edu](http://www.cnu.edu)  
(757) 594-7000**

  
**CHRISTOPHER NEWPORT**  
UNIVERSITY





Date	Day	Opponent	Site	Time
<b>August</b>				
31-1	Fri.-Sat.	Emory (GA) Tournament	Atlanta, GA	
31	Fri.	Berry (GA)	Atlanta, GA	2:00
31	Fri.	Emory	Atlanta, GA	4:30
1	Sat.	Puget Sound (WA)	Atlanta, GA	11:30
1	Sat.	St. Thomas (MN)	Atlanta, GA	4:30
<b>September</b>				
4	Tue.	Randolph-Macon	Freeman Center	6:30
7-8	Fri.-Sat.	Washington & Lee Tr.	Lexington, VA	
7	Fri.	Southwestern (TX)	Lexington, VA	4:00
7	Fri.	Washington & Lee	Lexington, VA	8:00
8	Sat.	McDaniel	Lexington, VA	1:00
8	Sat.	UVA-Wise	Lexington, VA	3:30
12	Wed.	Mary Baldwin*	Staunton, VA	6:30
15	Sat.	USA South Quad Match	Freeman Center	11:00 am
15	Sat.	CNU vs. Meredith*	Freeman Center	5:00
15	Sat.	CNU vs. Peace*	Freeman Center	6:30
18	Tue.	NC Wesleyan*	Freeman Center	6:30
21	Fri.	USA South Tri-Match	Fayetteville, NC	
21	Fri.	Methodist*	Fayetteville, NC	1:30
21	Fri.	Greensboro*	Fayetteville, NC	3:30
22	Sat.	USA South Tri-Match	Rocky Mount, NC	
22	Sat.	Ferrum*	Rocky Mount, NC	1:30
22	Sat.	Averett*	Rocky Mount, NC	4:00
26	Wed.	Shenandoah*	Winchester, VA	6:30
28	Fri.	Hampton	Freeman Center	6:00
29	Sat.	USA South Tri-Match	Greensboro, NC	10:00 am
29	Sat.	Greensboro*	Greensboro, NC	12:00
29	Sat.	Methodist*	Greensboro, NC	
<b>October</b>				
3	Wed.	Salisbury	Salisbury, MD	7:00
10	Wed.	Mary Baldwin*	Freeman Center	6:30
12	Fri.	CNU Invitational	Freeman Center	
12	Fri.	Gallaudet - Pool A	Freeman Center	1:00
12	Fri.	Susquehanna - Pool A	Freeman Center	7:00
13	Sat.	WV Wesleyan - Pool A	Freeman Center	11:00 am
13	Sat.	Playoffs/TBD	Freeman Center	3:00 or 5:00
<b>November</b>				
17	Wed.	NC Wesleyan*	Rocky Mount, NC	6:30
20	Sat.	USA South Tri-Match	Ferrum, VA	
20	Sat.	Peace*	Ferrum, VA	1:00
20	Sat.	Meredith*	Ferrum, VA	3:00
24	Wed.	Shenandoah*	Freeman Center	6:30
26	Fri.	USA South Tri-Match	Danville, VA	
26	Fri.	Ferrum*	Danville, VA	5:30
26	Fri.	Averett*	Danville, VA	7:30
27	Sat.	VA Wesleyan Tri-Match	VA Beach, VA	
27	Sat.	Salisbury	VA Beach, VA	3:00
27	Sat.	VA Wesleyan	VA Beach, VA	5:00
30	Tue.	USA South Quarterfinals	TBD	TBD
<b>November</b>				
2-3	Fri.-Sat.	USA South Final Four	TBD	TBD

Home matches in bold  
\* USA South matches